

Cause-Effect vs. Intention-Manifestation

October 17th, 2005 by Steve Pavlina

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One of the key models for goal achievement is that of cause and effect. This model says that your goal is an effect to be achieved, and your task is to identify and then create the cause that will produce the desired effect, thereby achieving your goal.

Sounds simple enough, right?

However, the main problem with this model is that nearly everyone seriously misunderstands it. And that misunderstanding comes from not knowing what a “cause” really is.

You might assume that the cause of an effect would be a series of physical and mental actions leading up to that effect. Action-reaction. If your goal is to make dinner, then you might think the cause would be the series of preparation steps.

To an outside observer, that certainly appears to be the case. The scientific method would suggest that this is how things work, based on a purely objective observation.

However, within your own consciousness, you know that the series of action steps is not the real cause. The actions are themselves an effect, aren't they?

What's the real cause? The real cause is the decision you made to create that effect in the first place. That's the moment you said to yourself, “Let it be” or “make it so.” At some point you decided to make dinner. That decision may

have been subconscious, but it was still a decision. Without that decision the dinner would never manifest. That decision ultimately caused the whole series of actions and finally the manifestation of your dinner.

Where does that decision arise from? It might arise from your subconscious, or in the case of conscious decisions, it arises from your consciousness. Ultimately your consciousness is the greater power, as it can override subconscious choices once it becomes aware of them.

Missing this very simple distinction has contributed to quite a number of failed goals.

If you want to achieve a goal you've set, the most crucial part is to DECIDE to manifest it. It doesn't matter if you feel it's outside your control to do so. It doesn't matter if you can't yet see how you'll get from A to B. Most of those resources will come online AFTER you've made the decision, not before.

If you don't understand this simple step, then you will waste a lot of time. Step 1 is to decide. Not to ruminate or to ponder or to ask around and see whether or not you can do it. If you want to start your own business, then decide to make it so. If you want to be married and have a family, then decide to attract a mate. If you want to change careers, then decide to do so.

It blows my mind that people think that something else has to come before the decision. People waste months trying to figure out, "Is this goal possible?" And this makes a lot of sense to do so if you're at a certain level of consciousness. But all you're really doing is creating delay, and you'll simply manifest evidence to suggest that the goal is both possible and not possible. You think doubt in your head, you find doubt in the world.

Time and again I've seen evidence that not only people, but the universe itself, can sense a lack of commitment to a goal. Have you ever heard someone tell you about a goal of theirs, and you can just sense how wishy-washy and uncertain they are about it? They say things like, "Well, I'm going to try this and see how it goes. Hopefully it will work out OK." Is that evidence that a clear decision has been made? Not remotely. Are you going to help this person? Probably not — who wants to waste their time on someone who isn't committed?

But what happens when you sense total certainty in the other person? Will you help them if they ask for it? You're far more likely to help a committed person because you can tell they're eventually going to succeed anyway, and you want to be part of that success. You even feel more energized and motivated yourself to contribute to the success of people who are very clearly committed to a goal that resonates with you and which is genuinely for the greatest good of all.

Don't you think this process works the same way within your own mind? If your consciousness is divided against itself, do you think it will commit all its internal resources to your goal? Will your subconscious give you all the energy and creativity it possibly could, or will it hold back? Think of your subconscious mind as a multi-tasking computer processor. What percentage of resources will it devote to a task that you've told it to execute with the words, "Run this for a little bit and see if it works, but quickly dump it if it seems too difficult"? Now what if you gave that CPU a process labeled, "Run this now"?

The universe itself works on the same principle. Think of it as the superconscious mind. When you've made a clear, committed decision, it will open the universal floodgates, bringing you all the resources you need, sometimes in seemingly mysterious or impossible ways.

Whenever you want to set a new goal for yourself, start by setting it. Take the time to become clear about what you want, but then just declare it.

Say to the universe, "Here is the goal. Make it so."

Do not ask the universe for what you want. Declare it. Don't ask. This is very similar to prayer, but you are not praying FOR what you want. You are praying WHAT you want. You are simply saying, "Here it is. Make it so." It is like planting a seed in the ground. You do not say to the ground, "Here is the seed. Please, can you make it grow?" You simply plant the seed, and it will grow as a natural consequence of your planting and tending to it. It is the same with your intentions. Simply plant them. There's no need to beg.

Intend that your goal manifest in such a manner that is for the greatest good of all. This is very important, as intentions that are created out of fear or a sense of lack will backfire. You may get what you want, but it will yield a bitter aftertaste. Or you may get the exact opposite of what you want. But intentions that are genuinely made for your own good and the greatest good of all will tend to manifest in a positive way.

After I declare my intention, I wait for the resources and synchronicities to arrive. Usually they begin to manifest in 24-48 hours, sometimes sooner. Sometimes these synchronicities appear to be the result of subconscious action. I just happen to notice things that may have been there all along, but now I see them in a new light, and they become resources for me that I never noticed until after I declared my intention. But many times it's nearly impossible to explain such synchronicities as the result of my own subconscious action, even if I step back and try to look at them purely objectively. Sometimes they come in such unusual avalanches that I can only explain them as the result of superconscious

action. On some level the universe itself is aware of my intention and is doing its part to help manifest it. I also find that the more inviting I am of these synchronicities, the more easily they flow. Right now I typically experience about 10 per week on average, and I think that's because I have many different intentions in the process of manifesting, so there's a constant flow of resources coming to me.

The mental and physical planning and action steps come later. That's how I organize the resources that have arrived. Once enough resources have come to me, I can begin to see how they all fit together to achieve the goal. But if the path seems too complicated or difficult and I don't like what I see, I put out some new intentions to make it the way I want it to be. I declare, "Let it be simpler." I again wait for the synchronicities to arrive, and a simpler approach becomes clear. Usually for an approach to be simpler, it means I have to get past some personal block within me. I have to grow on some level in order to be able to take advantage of a simpler solution. Or perhaps I have to learn a new skill first. So while it might be simpler, it might also be harder on a personal level. For example, by putting out the intention to do more to help people, I had to develop my communication skills. That makes the goal easier to achieve, but it's more work up front.

It took me a number of years to be able to trust this approach before I could begin to use it as my default manner of goal achievement. I have to be open to achieving goals in unusual ways sometimes. I get what I intend, but not always what I expect. So when the synchronicities begin dropping me clues, I do not always understand how they'll be part of the path to the goal. But invariably there's an intelligence at work, and if I trust it, it will work just fine. Usually it will bring me new information first, so I can raise my own awareness and knowledge to the level required to achieve the goal.

For example, if I you declare your goal to become wealthier, within a few days you might see all sorts of synchronicities related to spirituality. They may seem to have nothing to do with wealth whatsoever. So you figure it's just a coincidence, and the approach isn't working. But the approach is sound, and it is working. Most likely it's a signal that the path to wealth first requires you to improve your consciousness. This is especially true if your intention was for the highest good of all. If you become wealthy before your energy and consciousness have reached a certain level, then greater material wealth may only feed your problems — your goal cannot yet manifest for the greatest good of all. But if you first learn to use your energy and consciousness positively, then the greater resources that wealth provides you will be a positive manifestation instead of a negative one.

In truth this is a simple and direct process. But our minds are so cluttered with the flotsam and jetsam of social conditioning that we have a hard time thinking on this level. We get so attached to seeing our goals manifest a certain way because that's how they manifest in TV shows or in movies. Or maybe that's how our parents or friends did it. But this attachment to a particular "how" blocks us from allowing our goals to manifest far more easily. If we could loosen up a bit on the "how" and just learn to allow the manifestation to occur in its own perfect way, goal achievement would be far easier.

So often I see people sabotage their own goals because they do not understand the power of intention. Realize that EVERY thought is truly an intention. Every thought. So most people manifest a cluttered mish-mash of conflict in their lives because their thoughts are in conflict. They simultaneously set a goal and then unset it. "I want to start my own business." "I wonder if it will work." "I wonder if I'll succeed." "Maybe this won't work." "Maybe John is right, and this is a mistake." "No, I'm pretty sure it will work just fine."

If you are trying to achieve goals on the level of action-reaction, meaning that you're purely focused on the action steps, while at the higher level of intention-manifestation, you're putting out conflicting thoughts, then you're sabotaging yourself. If you go on a diet and exercise like crazy, while all the while thinking, "I'm fat. This is hopeless. This is taking too long," then your higher level intentions will override your actions, and negative or incongruent results will follow.

If you want to achieve a goal, you must clear out all the "hopefully" and "maybe" and "can't" nonsense from your consciousness. You cannot allow yourself the luxury of a negative thought, and that is an intention to manifest what you don't want. This takes practice of course, but it is the essential art of learning to use your consciousness to create what you want. When you are congruent in your thoughts, your goal will manifest with ease. But when you are incongruent in your thoughts, you will manifest conflict and obstacles. As within, so without.

Why is it you're able to do this? Because you have that power. Not believing in yourself simply means you're using your own power against yourself. You're like a god saying, "Let me be powerless," and you don't even realize it. If you think/intend weakness, you manifest weakness. If you project your power outside yourself and onto the external world, you lose your power.

You don't need anyone's permission to do this. It is a natural human ability. But it takes practice to develop your consciousness to the level where you can apply it and especially to learn to trust it.

What happens if you decide to manifest a really, really big goal, one that seems physically impossible? The process will still work. It's just that there will be a

lot more steps, and you may be led through various synchronicities for years before you've reached the point where your ultimate goal can manifest. It might take longer than your human lifetime if the goal is so big. But you will certainly make progress if you use this approach.

So what is your goal? Say it out loud right now, and let it be for the greatest good of all. Then say to the universe, "Make it so." Wait for the synchronicities and unusual coincidences to arrive. Follow them where they want to lead you, even if it seems strange at first. Allow your goal to manifest.

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37 Responses to "Cause-Effect vs. Intention-Manifestation"

Getting Things Done, GTD, Mac, Personal Productivity, Time Management, Motivation Says:

October 17th, 2005 at 10:48 pm

[...] As usual, Steve Pavlina hits the nail on the head in this excellent article about cause and effect. You know those times in your life when you have been truly, truly ready to make a change and that change seemed to flow out of you almost effortlessly. This concept of being "ready" or committed is clearly the key ingredient to success for any goal: "Time and again I've seen evidence that not only people, but the universe itself, can sense a lack of commitment to a goal. Have you ever heard someone tell you about a goal of theirs, and you can just sense how wishy-washy and uncertain they are about it? They say things like, "Well, I'm going to try this and see how it goes. Hopefully it will work out OK." Is that evidence that a clear decision has been made? Not remotely. Are you going to help this person? Probably not — who wants to waste their time on someone who isn't committed?" [...]

Humanyms » Blog Archive » Intend It So Says:

November 7th, 2005 at 7:04 pm

[...] ~ Steve Pavlina thoughts on Intention and Manifestation [...]

Online Business Tips at Metrobisnis » Your Intentions Affect your Goals Says:

November 18th, 2005 at 7:48 am

[...] This experiment is based on testing the intention-manifestation model of goal achievement, where the goal is to generate \$1 million of additional wealth for each person who chooses to participate. [...]

Starving Artist :: Million Dollar Experiment :: November :: 2005 Says:

November 19th, 2005 at 6:14 pm

[...] The million Dollar Experiment is based on the Intention-Manifestation model. Simply put your goal out there everyday for the universe to hear. That's everyday. Remain aware that it's out there. A candle burning brightly in cold, dark space. Watch for falling stars. You could get your wish! Comments » [...]

Screw The Man! Says:

November 20th, 2005 at 9:11 am

Intention-Manifestation

Have you ever fallen in or out of love and every song on the radio seems to apply to you? Have you ever wanted to buy a car and all of a sudden you see 5 of those cars a...

Can You Become Good at Everything?»Blog Archive » The Power of Positive Thinking Says:

December 15th, 2005 at 8:58 am

[...] Affirmations are basically sayings or thoughts that reinforce positive thoughts to accomplish goals. It's kind of like the power of intention-manifestation that Steve talks about and is employing in his Million Dollar Experiment. The idea that your mind is used as a

powerful tool and can essentially will your body and thus your actions to do whatever it is you set out to do. If you want to become a millionaire, then do it. Keep telling yourself daily that you will make the money and eventually you will see opportunities that you never knew existed. You WILL make the opportunities happen. Steve currently has over 440 people who have made more than \$60,000 in his million dollar experiment, and it's only been a month! [...]

Million Dollar Experiment Passes \$100,000 Says:

December 22nd, 2005 at 6:59 pm

[...] The Million Dollar Experiment is now up to \$112,628.84 in manifested money, spread across 484 public participants. As previously mentioned this is NOT a controlled scientific experiment. It is an exploration of the intention-manifestation process. [...]

Sampath's Mindspace » Blog Archive » Intention-Manifestation Says:

January 24th, 2006 at 2:26 am

[...] There is a terrific article by Steve Pavlina on Cause-Effect vs. Intention-Manifestation. This is a super article because this is an explanation about an aspect that is overlooked by modern science or the success coaches of our time. And the Million Dollar Experiment is a uncontrolled experiment of this theory. [...]

squeakytoy » Blog Archive » Steve Pavlina's Million Dollar Experiment Says:

January 25th, 2006 at 5:46 pm

[...] All kidding aside, his Million Dollar Experiment actually sounds quite fascinating. The whole purpose of this experiment is to test his idea of the intention-manifestation model of reality. I know it sounds complicated, but the idea is that the road to success is paved with good intentions, since intentions translate into actions. The purpose of this experiment is to see what happens when a large group of people all focus on the same intention - to have \$1,000,000 come into their lives and the lives of all others participating - for one minute daily,

and to observe and record the result. So far, the “manifested” total across 719 participants is \$164,530.72. This includes the value of things that people might find on the street, loose change found in the couch, or unexpected windfalls. [...]

The Power of Choice » The Power of Choice Part 1 Says:
February 28th, 2006 at 9:27 am

[...] In my opinion choice is the most powerful force in the Universe. Like I said I have been scouring the web and although not many people have referred to the phrase “The Power of Choice” there have been many people who have created very similar models based on their experience. An example of this is Steve Pavlina and his articles on Intention Manifestation. [...]

Spiralbound Pixels » links for 2006-04-11 Says:
April 11th, 2006 at 6:16 am

[...] Cause-Effect vs. Intention-Manifestation Declare to the universe your intention and simply say, “Make it so.” (I can’t help but imagine that I’m Picard and the universe is “Number One.”) (tags: inspiration productivity goals) [...]

Sam Snyder . com » Blog Archive » The road to heaven is paved with good intentions Says:
April 13th, 2006 at 9:55 pm

[...] Published authors like Wayne Dyer and notable bloggers such as Steve Pavlina have often mentioned the power of mentally broadcasting certain positive intentions outward as a way of becoming more in tune with the universe and the people around us. [...]

Manifesting Wealth · Personal Growth | Wellbeing and Health | Financial Freedom Says:
April 20th, 2006 at 8:14 pm

[...] Back in XXXXXX Steve Pavlina decided to try an experiment (if you follow his blog, then you will know that he is famous for his personal growth experiments) for individual people to manifest

\$1,000,000 using the intention-manifestation model. [...]

Heart storming a mirror neuron in the fog Says:

April 21st, 2006 at 9:47 am

[...] Cause-effect v. intention-manifestation: “What’s the real cause? The real cause is the decision you made to create that effect in the first place. That’s the moment you said to yourself, “Let it be” or “make it so.” At some point you decided to make dinner. That decision may have been subconscious, but it was still a decision. Without that decision the dinner would never manifest. That decision ultimately caused the whole series of actions and finally the manifestation of your dinner.” [...]

Level Up Development » On the intention-manifestation technique - or how to remove the blinkers to see the opportunity Says:

June 23rd, 2006 at 10:40 pm

[...] Last weekend we were at Inspired Seminar’s Millionaire Bootcamp. One of the speakers there, an NLP trainer named Andy Harrington, explained the intention-manifestation technique in a manner that finally made sense to me. Steve Pavlina is pretty big on this technique, but - although I greatly respect his other writings - his explanation of this subject has always seemed a little “hand wavy” and “mumbo jumbo” for me. [...]

OnlyOneMike.com » An Introduction and a Prologue Says:

July 4th, 2006 at 1:03 pm

[...] It’s important to remember that in February of 2006 I didn’t have any of this. I had no car, no job, no hope, no future, basically I was a failed college dropout who thought that little of myself. Now, through the power of thought and intention manifestation I am becoming and accomplishing all the things I set out to do in March 2006. Get ready for the ride, it’s gonna be a good one. I will teach you all I can as I learn and experience. All I ask from you is to be open to learn and change. And I will always be honest, truthful, up front, and straight

forward. That being said, my current weight is 421.00 pounds. As the blogs line up, the weight will drop down. I'm entertaining the thought of pictures, but I'm not sure yet about that. Come back real soon as I'll be updating furiously. [...]

» Blog Archive » On the Druid Path to Lughnasadh Says:
July 8th, 2006 at 6:10 am

[...] Magic. The AODA web site and Archdruid John Michael Greer's book (The Druidry Handbook) both have great lists of books on the magic employed by Revival Druids, but I'm starting with a slightly different take: neurolinguistic programming (NLP). Check out the Wikipedia article for some details. The Wikipedia article is locked for editing as of this writing, meaning one may safely say that the technique is controversial. Overall, Wikipedia is quite skeptical of the technique, but I will reserve judgment. I learned about this from the blog of Steve Pavlina; he has a number of interesting thoughts on it ("The Value of Confidence"; "Overcoming Negative Emotions and Boosting Motivation" . Steve is a big proponent of the "intention-manifestation" model of reality, in which reality is subjective and can be at least partially influenced by your thoughts. His thinking was influenced by the NLP movement, particularly in the matter of changing one's own beliefs by choice. Besides Steve's recommendation, I am especially intrigued about the link between NLP and linguistics. I am a linguist myself, and I am very curious to explore the connections between language and magic (see, for example, my previous posts on taboos in Proto-Indo-European). [...]

biz-story blog » The power of intention Says:
July 13th, 2006 at 8:12 am

[...] But lately, the universe has been sending out signals similar to this article by Steve Pavlinia indicating that all that is required of me is to clearly state the intention of this site and to ask for the traffic level I desire. Self help books often describe a state of being open to opportunity or success. Now I usually do not buy into the Karma or metaphysical stuff but for some reason this one keeps reappearing. So

Why not give it a try and let the cosmos do its thing. [...]

**Самосовершенствование » Blog Archive » Курица или все
таки яйцо? Says:**

July 26th, 2006 at 8:55 am

[...] Да, вот кстати оригинал статьи Steve Pavlina. "Cause-Effect vs. Intention-Manifestation" [...]

**Rupee Manager » Blog Archive » How much are you worth?
Says:**

August 8th, 2006 at 7:47 am

[...] Need for calculating net worth. I believe you would have heard about Intention - Manifestation concept. In short Whenever you want to set a new goal for yourself, start by setting it. Take the time to become clear about what you want, but then just declare it. [...]

The Myriad » Blog Archive » The Secret Says:

August 9th, 2006 at 8:42 am

[...] The company I work for is promoting a new movie called The Secret. Here's a review I just found. The intention-manifestation model is highly intriguing to me. Though at the same time, it terrifies me. As soon as I begin to believe that my thoughts affect my reality, I get paranoid and think terrible things. [...]

**Intention Manifestation « life: personal, business, social
Says:**

August 27th, 2006 at 11:57 pm

[...] I don't believe in reality, I believe in the Intention Manifestation model of life. Intention Manifestation basically states that, reality is merely a reflection of your perceptions. That may seem too simplistic, but my experience is that it really is just that: your own projections. And because reality is what you think it is, you can create your own reality by intending for things to happen. Intention Manifestation seems to good to be true, until you try it on for size. Steve Pavlina has quite a few exceptional posts on using this model. By concentrating on

what we want to manifest into the world (material success, romance, etc) and by avoiding any negative thoughts, we can turn our dreams into reality. Although I won't be devoting much of this blog to my philosophies, I just wanted to mention this story in Money Magazine, about the secrets of rich peoples: "In a classic study of nearly 3,000 entrepreneurs who had recently become business owners, 81 percent predicted that their odds of success were seven out of 10 or better, despite being fully aware that statistics put their chances far below that. (A hopeful 33 percent said their odds were 10 out of 10.) Most of the people I met told me that if you're going to take big risks, you must believe to your core that you're going to succeed. That's no guarantee that you will, of course, but without that faith, your chances are nil. "Intention Manifestation is an explanation of why that old saying is true: whether you think you can, or you think you can't, you're right. [...]"

So, I joined The Million Dollar experiment at The Positivity Blog - Put some personal development and positivity into your life Says:

October 8th, 2006 at 7:06 am

[...] "This experiment is based on the intention-manifestation model of reality, where the goal is to generate \$1 million of additional wealth for each person who chooses to participate. [...]"

satorimedia Says:

October 26th, 2006 at 8:56 am

Choosing...

(In case anyone's wondering, the last bit was an accidental double post that was supposed to go on my Fame or Famine blog. Sorry about the confusion. Go look at that blog. It's neat. And I get paid for it.)

Million Dollar Experiment « timeout Says:

November 14th, 2006 at 10:07 pm

[...] This experiment is really more about the intention-manifestation development model vs the more traditional cause-effect model. The

basic idea is to let the universe and your own intuition handle the manifestation while only actively maintaining the original intention. Here's more from Pavlina himself. [...]

LongCountdown - The blog of an ESL teacher in Japan.

Says:

December 1st, 2006 at 7:51 am

[...] Click here to read the whole of Steve Pavlina's "Cause-Effect vs. Intention-Manifestation" post. Bookmark to: [...]

No NonSense Internet Marketing » New Year's Resolution

Says:

January 1st, 2007 at 10:39 am

[...] I've grown to trust Steve over the past year that I have been reading his blog and this post really sends it home for me. You need to begin each year with a purpose. I've been wallowing lately and I've only recently decided to build my online business into a true business and leave the corporate world behind. I'm not sure exactly how I'm going to do that yet, but I'm going to just believe in the intention-manifestation model laid out by Steve and attract it to me. I have several websites, so are pretty good and some I need to just dump and spend my time on the ones who actually have a chance of turning into something prosperous. One way to do that is to focus my time and consider the consequences of certain actions. Time is a precious resource and when you must spend the majority of your time at a JOB then you are not going to have the time to work on tasks that are of the most benefit to your long term well being. [...]

Some ideas for achieving your goals in 2007 at Tobias S.

Buckell Online Says:

January 1st, 2007 at 10:31 pm

[...] I believe can see a more offbeat version of this in Steve Pavlina's 'Manifestation/Intention' ideas at his popular site (and his Million Dollar Experiment), and though I don't believe in changing the nature of the universe around me by declaring my intentions in public like Steve does, I find the use of Credible Threats to be extraordinarily

useful. [...]

Psalm 98:2 « A Neopagan Reads the Bible Says:

February 9th, 2007 at 9:10 am

[...] I believe in a process of intention-manifestation, often referred to as the Law of Attraction. Steve Pavlina puts it like this: Do not ask the universe for what you want. Declare it. Don't ask. This is very similar to prayer, but you are not praying FOR what you want. You are praying WHAT you want. You are simply saying, "Here it is. Make it so." It is like planting a seed in the ground. You do not say to the ground, "Here is the seed. Please, can you make it grow?" You simply plant the seed, and it will grow as a natural consequence of your planting and tending to it. It is the same with your intentions. Simply plant them. There's no need to beg. [...]

The Promise Made Manifest (Genesis 17) « A Neopagan Reads the Bible Says:

February 11th, 2007 at 4:13 am

[...] This makes me think about Steve Pavlina's intention-manifestation model. He says that it is our committed intention for something that results in its manifestation. [...]

REIOfficeSolutions.com » Blog Archive » Million Dollar Experiment Says:

February 16th, 2007 at 11:58 am

[...] I read an article from Steve Pavlina's site called "The Million Dollar Experiment" This experiment is based on the intention-manifestation model of reality, where the goal is to generate \$1 million of additional wealth for each person who chooses to participate. [...]

The Savvy Entrepreneur » Blog Archive » Conception to Delivery Says:

February 19th, 2007 at 6:28 am

[...] I had a profound dream this weekend — well, profound for me.

I'm sharing it to show what happens when you stop trying to 'force' an idea or solution. By remaining happy and positive, and by taking positive actions towards your intentions, you allow the law of attraction (or Intention-Manifestation as Steve Pavlina teaches it) to do it's thing. Here's an example of how it manifested with me. [...]

Want a Million Dollars? | MarieCasas.com Says:

March 12th, 2007 at 6:12 am

[...] One of the basic principles of personal development is see-do-get. You envision your goals first and clarify how you view the world or your paradigm. This affects what you do and subsequently what you get! You may think that you're able to get anyway just by doing and skipping the "see" part. Do you have what you want? Maybe you can think about fine-tuning how you see first before blaming your boss, the world, your parents, your boyfriend, the government, because you don't have what you want. You have a choice now. Just because I believe I can and will have a million dollars doesn't mean you can't. This is why I'm writing. I'm asking you to believe that you can. You have nothing to lose and a million dollars to gain by believing and manifesting your intention. If you think everything just happens because the fates decide it and you have no control about what happens, why bother go through every day? Yet you choose to wake up every day, don't you? [...]

pajamaprofessional.com - » Intention Creating Reality Says:

April 16th, 2007 at 6:05 pm

[...] If you're not familiar with the Law of Attraction or Intention/Manifestation or The Secret or whatever they're calling it this week, Steve does a great job of explaining it here. [...]

» The Power Of Intention With Action Says:

July 9th, 2007 at 8:11 pm

[...] You can change your circumstances or you can continue on the same path. The choice is yours. If you don't want the most from your life that you can possibly have, that is your personal choice. You CAN

have whatever you want however when you intend more and then take action on it. [...]

Firebones » Seven Tips You Must Follow to Win Glory on del.icio.us/popular/toread Says:

October 19th, 2007 at 5:10 pm

[...] Pavlina is the blogger-cum-guru who dishes out self-help and personal development tips. His articles range from the practical (How to Become an Early-Riser) to the transcendental (his intention-manifestation attempt to have his readership will their way to \$1 million). He's the Chuck Norris of motivational writers, only an alternate-universe Chuck Norris who, rather than dispensing roundhouse kicks, instead traveled around teaching Dale Carnegie courses to the bad guys. In addition, Pavlina is a polyphasic sleeper, an achievement not even Chuck Norris could claim. [...]

Success Soul » Making most of your life Says:

March 3rd, 2008 at 9:29 pm

[...] Steve Pavlina has a classic article cause-effect-vs-intention-manifestation on this subject of cause and effect of our imagination. I believe that there are three distinct steps to learn art of making most of your life though visualization or imagination. Once you master these four steps, imagination may become part of your daily life. Key is in practicing the art of imagination until the image you hold becomes a reality. [...]
