

Women's Clinics at Bear Creek

Realize your full potential on the slopes in a comprehensive, supportive learning environment
Learn in small, well-matched groups taught by specially trained women.

- Conquer fear and learn to ski "in the zone."
- Understand why women are not small men.
- Explore equipment related issues.
- Learn about tech. wear for the slopes.
- (Pre-registration recommended for all clinics.)
- 15% Discount Voucher for Pinnacle Sports
- Learn tactics for challenging terrain
- Become one with the mountain
- Ascend to a new level, whether you are a beginner, advanced, or in between
- Experience FUN
- CLINICS INCLUDE LIFT TICKETS

Progressive Thursday Ski Clinics

- Four consecutive Thursdays
- Five and a half hours of coaching per day with the same instructor
- Group discussions and information sessions during lunch break
- Practice time
- Several options available for those interested:
 - Gate skiing (in a non racing environment)
 - Video analysis
 - "Switch" (Give snowboarding a try!)

Session One:	January 8, 15, 22, 29	Cost:	\$ 210
Session Two:	February 5, 12, 19, 26	with rentals:	\$ 246
Check In time:	8:30-9:00	Single day:	\$ 87
Coaching:	9:00-2:30	with rentals:	\$ 103
Practice time:	2:30-Closing		

Weekend Ski Clinic

- Two full days of coaching
- Group discussions and information sessions during lunch break

Date:	Saturday, Feb 7 and Sunday, Feb 8	Cost:	\$ 195
Saturday:	Check-in 8:00	with rentals:	\$ 226
	Coaching 9:00-4:00		
Sunday:	Meet instructor on snow 8:00		
	Coaching 8:15-4:00		
	Wrap-up 4:00		

Weekend Snowboard Clinic

Date: Saturday, Jan 31 and Sunday, Feb 1

NOTE: All times and prices same as Weekend Ski Clinic

If you plan to stay at the hotel for either weekend event, early reservations are a must! There is a two-night stay minimum. The Inn at Bear Creek fills quickly!

Women's Ski Getaway

Whether you're rippin' down the blacks or cruisin' the greens, this getaway is for you. Discover (or rediscover) the thrill of skiing as you learn tactics and techniques to expand your comfort zone.

- Two night stay at The Inn at Bear Creek (based on double occupancy)
- Two days instruction in small groups
- Arrival reception
- Select meals
- Spa discount
- Indoor presentations and discussions
 - Tech. wear for slopes
 - Women are not small men (anatomy and equipment)
 - The Fear Factor

Date: January 26-28 **Cost:** \$ 295 per person (Dbl Occupancy, booked by 12/20/08)
\$ 345 per person (Dbl Occupancy, booked AFTER 12/20/08)

Limited space; early registration recommended.

Single Day Clinics Available on Thursdays.

Call 1-866-SKI-AT-BC ext. 325 (1-866-754-2822)