

# Championship Kart Racing School at FI Outdoors

## Class Outline

**Two Day programs are available.**

Classes run from 10 a.m. – 2 p.m.

### **DAY ONE: Learning the ropes - with 6 track sessions.**

- Day 1 begins in the classroom, with an overview of the basics involved in driving and operating a high performance kart.
- Next comes a track walk, where you'll learn about the racing line and braking points.
- The six track sessions start with lead/follows, where you'll follow an instructor at a medium pace and gain speed progressively, learn kart performance and reactions at different speeds.
- Lunch and a discussion of the morning's driving are held between the two sets of driving sessions.
- After lunch, high speed driving sessions focus on braking and passing, letting you get comfortable in overtaking situations.

## **DAY TWO: Advanced and Accelerated Skills**

- The day starts in the classroom with a recap of Day 1 training, then puts drivers on the track for a high speed lead/follow session.
- Session 2 on the track focuses on high speed passing drills, timed to gauge improvement through the session.
- Session 3 is all racing – a high speed open lapping session with passing allowed, with laps timed to see just how fast you can race with the training of champions.
- All the track time is followed by lunch and a discussion of the morning, covering what you've achieved... answering your questions...and getting you ready for your next race.
- After lunch, three more track sessions include timed high speed open lapping session with passing allowed, focusing on passing techniques.



For a class schedule and enrollment details

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