

5 Steps To Switching Consciousness (You may want to print this part out.)

Step 1. Accept as so, that you are the architect of your world. Accept as so, that as of this day you are willing to let your consciousness assume 'a state,' that is not yet so. As of this day you are building your world anew, with the consciousness of a God, not a victim held captive by anything currently suggested by outer appearances.

Step 2. Name and clearly define your desired state in writing. Define your desired state with care and heart, not mind and ego. Do not seek to assume a state to fix what you perceive to be broken. Nothing is broken. Remember you are crafting your resurrected state with the consciousness of a God. Nothing needs fixing. Consciousness simply needs to be switched.

Step 3. Now you must mystically marry the desired state. You are asked here to be in a definite and deeply felt state of assumed unconditioned consciousness.

Make a vow of acceptance to the state you have claimed. Close your eyes and take three slow and steady breaths into the center of your heart. Breathe out all tension.

Next, breathe in the feeling of your married state. Breathe out a sigh of relief. Breathe in the feeling of your desired state realized. Breathe out a sigh of relief. Breathe in the feeling of freedom, accepting this state as realized. Breathe out a sigh of relief. Finally breathe in a feeling of deep gratitude. Breathe out a sigh of peace.

With this step you are binding yourself in a vibrant, warm, alive state of feeling to your desired state. Take this marriage seriously and joyfully. Assume the attitude of a glorious lover bound to its partner. Doing so impregnates (impresses) the subconscious, the conductor and expresser of all conscious thought. Impressions cannot be made without sincere feeling. Be sure you feel your connection before moving forward.

Step 4. (The tricky part.) You are to hold this definite and deeply felt state of consciousness for six full days without ever once questioning how your desired state can or will be made manifest. This is the deepest meaning of surrender and faith. Each day you are diminishing the power of conditioned consciousness. Each day you are taking back more of your authentic power. Each day more of the switch in consciousness will be realized. Each day your are coming closer to the state in which God can deliver, unhindered by grace, in magical ways. Soon your mind will become your servant, rather than the reverse.

Step 5. On the seventh day, the Sabbath, rest and be still in order that your desired state can incubate. This day is as important as each day that preceded it. Don't lose the feeling, and please don't use this day to probe into anything. Simply be in the feeling of, "it is done, and so be it." Rest.

If you have been precise and diligent, you will witness a new world emerge for you, a world that you recognize you have control over. You will have made a sustainable psychological and spiritual adjustment. You will know the way to switch into God consciousness, regain your power, your dignity, and your freedom.

In closing, this is not a task that can be taken lightly or sporadically or it will not work. Once you use this formula as suggested, you will know that your capacities are infinite. This formula works. It is not magic. It is simply in accordance with Universal Law. Please do not stop using this formula until you have completely switched consciousness in every area of your life. Don't forget to

upgrade the consciousness you hold about yourself, as this is THE most important one.

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