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# The Challenge is On!

**Join us in Kansas City's first ever Raw Foods health challenge!**

Have you heard of the Raw and Living Foods Diet and wondered how to get more information? Could the Raw and Living Foods Diet be the answer to your health challenges? Have you struggled trying to incorporate more Raw Foods into your diet just to wonder where to begin?

Please join us as we challenge a typical high protein diet challenge group to determine not only weight-loss, but the winners in increased energy levels and improved health. We will give regular updates on the air and you could be interviewed to tell your personal story!

**Help us bring the Raw and Living Foods Diet to mainstream KC!**

Program Includes:	\$39 Enrollment Fee
<p>Twelve weekly support meetings teaching on a variety of topics</p> <p>Food preparation classes</p> <p>Unlimited support</p> <p>The latest news and information on Superfoods</p> <p>Exercise and Lifestyle tips and hints: How do you live healthy?</p> <p><b>HURRY! Classes start August 28th!</b></p>	<p>\$10 goes to <a href="http://www.gofitkids.org">www.gofitkids.org</a>, a childhood obesity awareness charity</p> <p>\$29 will be paid out to the 1st, 2nd, and 3rd place winners for the biggest percentage of body weight loss, not pounds and inches</p> <p>\$4 helps cover administrative expenses.</p>

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