Ocean Skills Training Day - Bar Harbor, ME
Saturday, November 1, 2014
8:30 - 4:00
Cost: $140 per person

This training can be arranged for our group while we are in Bar Harbor if anyone is interested. Open ONLY to participants in Alfresco Adventures Bar Harbor weekend.

One day of ocean skills training with Nate Hanson of Pinniped Kayak. Nate is one of the premier kayaking instructors in New England and has a strong reputation for being easy to work with. (in other words, he is a very patient instructor!) The training will be tailored to the abilities/desires of the group but will likely include basic rock gardening, boat control, rescues, and elementary surfing/surf zone techniques.

Required Equipment: Sea Kayak, PFD, Paddle, Spray Skirt, Pump, Helmet, Paddle Float. Tow belt recommended but not required.

Required Clothing: Drysuit or 3mm or better neoprene wetsuit/drytop combo (Pinniped Kayak has rental drysuits @ $40 per day, reservation in advance required. Pinniped can provide wetsuits at no-charge.

Interested? Contact me directly at cathyfoley@aol.com