9th Annual
Hudson River Valley

Ramble

September 13-14, 20-21, 27-28, 2008

Over 200 guided landscape walks, hikes, paddles and biking adventures, river and estuary explorations, heritage site tours and cultural events from the Capital Region to New York City.

www.hudsonrivervalley.com

A Celebration of the Hudson River Valley National Heritage Area and the NYSDEC Hudson River Estuary Program
NEW RAMBLES FOR 2008

2. Hike in Moreau State Park
3. Hudson Crossing Energy Festival
4. 231st Anniversary Celebration of the Battles of Saratoga
5. The Stillwater Blockhouse Encampment
6. Peebles Island Open House
7. “Seduced by Adventure” at Waterford Museum Open House
8. Visit the Pathmaster
9. Pittstown Forest to Grafton Lakes State Park Hike
10. Mountain Bike Festival
11. Cycle the Rensselaer Plateau
12. Hike to Perigo Mountain
13. Van Schaick Island Community Festival
14. Homing In On the Hudson
15. Fish Tales
16. Marquis de Lafayette Visits Troy
17. History Underfoot & Overhead Family Walking Tour
18. Schodack Island State Park Fall Festival
19. Albany Art Trail
20. Dutch East India Company Bike Tour
21. Hudson River “Birder’s Paddle”
22. “Murder of Lidiće” at Steepletop
23. Paddle Lake Tachkanic
24. “Rolling Ramble”
25. Barry Hopkins Run at Olana
26. Honoria McVitty Annual Croquet Tournament
27. By the Light of the Silvery Moon at Bronck Museum
28. Hudson River School Art Trail Hike
29. High Point
30. Be a Hudson River Otter Spotter
31. Belgian Festival on Huguensot Street
32. Hidden Treasures of Huguensot Street
33. Locust Lawn Candlelight Tour
34. Minnewaska Mossy Glen and Fire Line Walk
35. Walking and Talking Quaker History at Nine Partners
36. Ferncliff Forest Preserve Walk
37. A Walk in the Garden
38. Grand Walkabout Kickoff Celebration
39. FDR’s Excellent Streamside Adventure
40. Historic 1861 Anti-Slavery Sermon Re-enacted
41. Vassar College Campus Volkssport Walk
42. Sunset Hike at Peach Hill
43. Eastern Mountain Sports Geo-Cache Poker Run
44. LaOrange Wappinger Creek Greenway Trail Walk
45. Dutchess County Classic Ramble Run
46. Woodland Trail Walk
47. Fishkill Trinity Episcopal Church Tour
48. An Evening With Sojourner Truth
49. “A Society of Friends” Exhibit
50. Storm-Adirnace-Brinckerhoff House Tour
51. Denning’s Point Walk and Talk
52. Bannerman’s Castle Epee Open
53. Bannerman Island Photo Shoot/Workshop Fundraiser
54. Washington’s Headquarters State Historic Site Talks
55. Dutch in Bloom – Washington’s Headquarters
56. Historic Newburgh Paint Out
57. New Windsor Cantonment/National Purple Heart Hall of Honor
58. Bi-Yaking and Kayaking
59. Fuller Mountain Preserve Hike
60. West Hook Mountain Hike With the Supervisor
61. Paddling in Constitution Marsh
62. Hudson Valley and the American Revolution Symposium
63. Golden Apple Bicycle Tour
64. Searching for Sea Glass at Croton Point
65. Ride the River in a Police Boat!
66. Keeper’s House to Hillside Woods on the OCA Trail
67. Fall Scavenger Hunt
68. Lenoir Preserve Ramble
69. Exploring the Forest Floor
70. Gowanus Canal-Erie Basin Eco-Cruise
71. Harlem River Ecology Center Open House/Harlem River Eco-Cruise
72. Harlem River Ecology Center Open
73. Gowanus Canal-Erie Basin Eco-Cruise
74. Exploring the Forest Floor
75. Harlem River Ecology Center Open
76. Gowanus Canal-Erie Basin Eco-Cruise

9th ANNUAL HUDSON RIVER VALLEY RAMBLE

Sponsored by
THE HUDSON RIVER VALLEY NATIONAL HERITAGE AREA
and
HUDSON RIVER VALLEY GREENWAY

In partnership with
THE HUDSON RIVER ESTUARY PROGRAM, NYSDEC

Barnabas McHenry, Co-Chair, Hudson River Valley National Heritage Area
Kevin Plunkett, Co-Chair, Hudson River Valley National Heritage Area
Mark Castiglione, Acting Executive Director, Hudson River Valley National Heritage Area
Pete Grannis, Commissioner, New York State Department of Environmental Conservation
With Fran Dunwell, Special Assistant and Hudson River Estuary Coordinator, NYSDEC

Ramble Coordinators: Patricia Murphy and Marian McCorkle

Photos by participating organizations.

FOR MORE INFORMATION

Hudson River Valley Ramble
800.453.6665/845.334.9574
www.hudsonrivervalley.com/ramble

Hudson River Valley National Heritage Area
Hudson River Valley Greenway
518.473.3835
www.hudsonrivervalley.com
www.hudsongreenway.state.ny.us

NYSDEC Estuary Program
845.256.3016
www.dec.ny.gov/lands/4920.html

Hudson Valley Tourism
(800) 232-4782 or (845) 291-2136
www.travelhudsonvalley.org
Saratoga County Tourism
www.saratoga.org
New York State Tourism Information
www.iloveny.com

Cover photo credit: View from Bull Hill in Hudson Highlands State Park, part of the Greenway Trail System.
9th Annual HUDSON RIVER VALLEY Ramble

September 13-14, 20-21, 27-28, 2008

Over the river and through the woods... 4 million acres of beauty, history and adventure!

U.S. Senator Charles E. Schumer:

“The Hudson River Ramble is a terrific opportunity for residents and tourists alike to experience both the stunning beauty of the Hudson River Valley and the rich New York heritage the area has to offer. It also is a consistent economic shot in the arm for the entire region, injecting thousands of tourism dollars into the local economy every year. I have fought hard over the years to continue securing federal funding to preserve and protect the irreplaceable river and the trails that surround it for generations to come.”

U.S. Senator Hillary Rodham Clinton:

“The Hudson River Valley is one of New York’s treasures – breathtaking in natural beauty and rich in history. In 2009, the Hudson River Valley will celebrate the 400th anniversary of Dutch explorer Henry Hudson’s historic voyage up the river. Over those four centuries the magnificent Hudson has inspired artists, spurred prosperity, and provided the setting for key moments in American history. Attracting thousands of visitors, the Hudson River Ramble showcases the region’s ecological, cultural and historical treasures.”

Congressman John Hall:

“The Hudson River Valley Ramble provides a wonderful opportunity for us to get outside, remember our state’s important historical events, and celebrate the stunning natural resources of our home – natural resources that we often take for granted. I’m proud to serve as the Congressman from the 19th District, which sits at the heart of the Hudson Valley National Heritage Area. As a member of the House Select Committee on Energy Independence and Global Warming, maintaining our country’s natural resources for future generations is very important to me. As you participate in this year’s River Ramble events, please join me in celebrating a commitment to the Hudson Valley National Heritage Area.”

Congresswoman Kirsten E. Gillibrand:

“For nearly 400 years, the mighty Hudson River and the communities that have grown along her shores have witnessed and played pivotal roles in our state and nation’s history of development. The natural beauty of the Hudson River is unparalleled and inspired the Hudson River School of Painters and countless others. Through the great efforts of public and private partnerships, I encourage all families to enjoy the Hudson Valley Ramble as your guide to discovering New York’s Hudson Valley.”

Congresswoman Nita Lowey:

“The Hudson River Valley National Heritage Area and New York State’s Hudson River Valley Greenway are invaluable to our efforts to protect and promote the Hudson River, one of our most precious natural resources. The Hudson River Valley Ramble exposes residents and tourists to the river and educates them about all the resources and benefits the Hudson has to offer. As a co-founder of the bipartisan Hudson River Caucus, I will continue fighting in Congress to ensure that our community has the resources it needs to preserve the river for current and future generations and promote awareness about the many resources it provides.”

Congressman Eliot Engel:

“One of the most beautiful areas of the United States is along the Hudson River. And one of the best ways to see this beauty is through the Hudson River Valley Ramble. From Hendrik Hudson, the first European to see it, through Washington Irving, whose stories of Rip Van Winkle and the Headless Horseman still resonate, through the painters of the Hudson River, to the Robber Barons who built their magnificent estates along its banks, you will see, as they did, the beauty and glory of this magnificent entrance to America.”

Congressman Michael McNulty:

“The Hudson Valley offers tremendous natural, historical, and cultural resources that I have been fortunate to enjoy as a lifelong resident of a Hudson River community. I am proud to support the Hudson River Valley National Heritage Area and pleased to be a part of the Hudson River Valley Ramble. Events such as these will ensure that this is a historic and recreational area that future generations will be able to enjoy for many years to come.”

Saratoga County Tourism
www.travelhudsonvalley.org
855-256-3016

NYSDEC Estuary Program
www.hudsongreenway.state.ny.us
www.hudsonrivervalley.com

Hudson River Valley Greenway
Hudson River Valley National Heritage Area
www.hudsonrivervalley.com/ramble
800-453-6665/845-334-9574

Hudson River Valley Ramble
199. Gowanus Canal-Erie Basin Eco-Cruise
195. Lenoir Preserve Ramble
191. Keeper’s House to Hillside Woods
183. Ride the River in a Police Boat!
178. Searching for Sea Glass at Croton Point
173. Golden Apple Bicycle Tour
156. Fuller Mountain Preserve Hike
148. Bi-Yaking and Kayaking
142. Dutch in Bloom – Washington’s
140. Bannerman Island Photo
134. Bannerman’s Castle Epee Open
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122. Fishkill Trinity Episcopal Church Tour
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114. LaGrange Wappinger Creek Greenway
112. Sunset Hike at Peach Hill

94. Walking and Talking Quaker History at
81. Locust Lawn Candlelit Tour
74. Historic 1861 Anti-Slavery Sermon
64. Hike #5 With The Authors – Ashokan
57. Hudson River School Art Trail Hike
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G Ivanhoe/Steve Stinne/NYSDEC
Haverstraw Bay/Steve Stinne/NYSDEC
Hudson River Valley National Heritage Area

Discover an American Legacy

Acclaimed as "the landscape that defined America" by the National Park Service, the Hudson River Valley National Heritage Area was established by Congress in 1996 to recognize, preserve and interpret the nationally significant historical, cultural and natural resources of the region. Extending from Waterford, just north of Albany, to the northern border of New York City, the Hudson River Valley National Heritage Area encompasses over 4 million acres. The region is home to five National Historic Sites, 73 National Historic Landmarks, 89 historic districts, and over 1,000 sites listed on the National Register of Historic Places.

Explore more than 400 hundred years of history by traveling the valley to see the villages where Dutch and Huguenot immigrants settled, crucial battles of the American Revolution were fought, magnificent landscapes were immortalized by the Hudson River School artists, grand mansions were built along the riverbanks, and the Roosevelt’s dedication to democracy and human rights established a lasting legacy.

For a convenient and easy way to plan your visit to the Hudson River Valley National Heritage Area, visit: www.hudsonrivervalley.com. The website offers a wealth of information about the over 90 designated heritage sites, and upcoming events and celebrations throughout the region.

The Hudson River Valley National Heritage Area is managed by the Hudson River Valley Greenway with technical and financial support from the National Park Service.

2008 Hudson River Valley National Heritage Area Events

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<td>Eighth Annual Great Hudson River Paddle</td>
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<td>Ninth Annual Hudson River Valley Ramble</td>
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For more information: www.hudsonrivervalley.com; www.hudsongreenway.state.ny.us

Congressman Maurice Hinchey

"As it has for the past eight years, the Hudson River Valley Ramble highlights the historical, cultural, and natural wonders of the Hudson River Valley in a unique way that helps New York residents and visitors truly enjoy the region to the fullest. This part of our state has unparalleled beauty and a very rich history and I encourage everyone to explore the entire region. As the author of the legislation that created the Hudson River Valley National Heritage Area, I am so pleased to see more and more people enjoying the great wonders of the Hudson River Valley."

Olana/NYS Office of Parks, Recreation and Historic Preservation
The Hudson River Valley Ramble highlights the scenic, natural, cultural and historical riches and resources that earned the region its designation as a National Heritage Area. The event series listed below offer the opportunity to explore several Hudson River Valley National Heritage Area themes in depth over three weekends.

**REVOLUTIONARY WAR TRAIL**

The Hudson River Valley was the centerpiece of the British strategy for victory in the American Revolution. One third of the war’s battles were fought on the banks of the Hudson River in the British attempt to conquer New York and split the colonies.

In 2008, of particular interest is the 231st Anniversary of the Battles of Saratoga on September 20-21 at Saratoga National Historical Park. (See event # 4.) The annual observance of “Twin Forts Day,” commemorating the battle at Forts Clinton and Montgomery in 1777, will be held at Fort Montgomery State Historic Site on Saturday, October 4, 10-5. For more details: www.hudsonrivervalley.org; (845) 575-3052.

**HUDSON RIVER SCHOOL ART TRAIL**

The landscapes and vistas of the Hudson River Valley gave rise to America’s first school of art in the 19th century, the Hudson River School. You can see the same vistas immortalized by noted painters such as Thomas Cole, Frederic Church, Asher Durand, Jasper Cropsey and Sanford Gifford on the “Hudson River School Art Trail Hike” (#57), sponsored by the Thomas Cole National Historic Site, and on “Geological Visions and Unplanned Views” (#49), a landscape walk sponsored by Olana State Historic Site. Several other hikes in the Catskill Mountains also offer Hudson River School scenery.

**Hudson Valley Great Estates**

The Hudson River Valley was the birthplace of movements that helped shape our National identity. It was here that Andrew Jackson Downing, Calvert Vaux, Frederick Law Olmsted, Beatrix Farrand and others shaped landscapes to create something uniquely American. Splendid examples of these treasured landscapes can be seen at Montgomery Place (#95), Wilderstein (#98) and Bellefield (#103), and are also featured on many other Rambles.

The year 2009 will be an important one for the Empire State as we commemorate 400 years of New York’s progress as part of the Hudson-Fulton-Champlain Quadricentennial. During this year-long celebration, citizens of all backgrounds, from New York City to the Canadian border, will have an opportunity to participate in events designed to explore the state’s incomparable history and highlight its natural beauty. The Hudson-Fulton-Champlain Quadricentennial organizers are, indeed, grateful to the Hudson River Valley Greenway and National Heritage Area for its tireless efforts to create a system of ongoing programs and events that commemorate the events of 1609 and all that has taken place since that marks New York’s epic journey. Whether it is through the creation of the Quadricentennial Legacy Trail System, or the conduct of the Greenway’s Great Champlain-Hudson Sojourn, Pedal, or Ramble, we thank the Hudson River Valley Greenway and National Heritage Area for its leadership and encourage all New Yorkers to use the Greenway’s system of events to experience the wonder of our great state, firsthand. For more information on the Hudson-Fulton-Champlain Quadricentennial, please visit www.exploreny400.com.

The Great Champlain-Hudson Sojourn, June 24 - July 19, 2009
THE HUDSON RIVER ESTUARY
An American Heritage River

For nearly half its 315 mile length, the Hudson River is an estuary, an arm of the sea where the ocean’s salt water meets fresh water from the river’s Adirondack headwaters and the numerous tributaries which collect water running off the land. From New York Harbor, the Hudson River Estuary reaches 153 miles north to Troy, creating a rich ecosystem pulsing with life vital for much of the Atlantic coast. Its waters and tidal marshes provide a habitat for more than 200 species of fish, and a nursery for key commercial and recreational species such as striped bass, American shad, bluefish and blue crab. Bald eagles, herons and other waterfowl feed on the Hudson’s bounty while nesting and in migration.

NEW YORK STATE DEPARTMENT OF ENVIRONMENTAL CONSERVATION’S HUDSON RIVER ESTUARY PROGRAM
leads a regional partnership to restore the tidal waters of the Hudson and the surrounding valley that forms the estuary watershed. Its mission is to conserve the region’s world-renowned heritage of fish, wildlife, streams and scenery and to provide places for people to use and enjoy them. The program is guided by the Estuary Action Agenda, a blueprint founded in science and carried out to support the quality of life of the valley’s residents. For information on the NYSDEC Estuary Program, visit: http://www.dec.ny.gov/lands/4920html.

NATIONAL ESTUARIES DAY
September 27, 2008
An annual celebration of the magical places where fresh water from rivers mixes with salt water from the ocean is held each year on the last Saturday in September. These important coastal habitats are used as spawning grounds and nurseries for at least two-thirds of the nation’s commercial fish and shell fish. The wetlands associated with estuaries buffer uplands from flooding. Estuaries such as the Hudson and New York Harbor also provide many recreational opportunities such as swimming, boating and bird watching. http://www.estuaries.gov.

A DAY IN THE LIFE OF THE HUDSON RIVER
HUDSON RIVER SNAPSHOT DAY
October 7, 2008
A Day in the Life of the Hudson River Estuary – a.k.a. Hudson River Snapshot Day – is designed to celebrate the Hudson and educate participants about the uniqueness of our estuary as part of the annual recognition of National Estuaries Week. The event is coordinated by the Hudson River Estuary Program of the New York State Department of Environmental Conservation and Hudson River Basin Watch. Each fall, environmental educators team with school classes along the Hudson River to collect data that will create an ecological day-in-the-life picture of the estuary from the Troy Dam to New York Harbor. This year’s event will take place on Tuesday, October 7, 2008 at approximately 50 sites throughout the estuary. For more information, visit www.ldeo.columbia.edu/edu/k12/snapshotday or contact the Hudson River Estuary Program at (845) 256-3016.
HUDSON RIVER ESTUARY
THEMED SERIES

In celebration of National Estuaries Day on September 27, the Hudson River Valley Ramble highlights the wetlands, wildlife and water resources that make the Hudson a world-famous estuary. The Hudson River Estuary Program, administered by the New York State Department of Environmental Conservation, presents this series of land and water explorations that will open your eyes to the wonders of “the river that flows both ways.”

BOATING AND PADDLING
Experience the Hudson River close up!
1. Spier Falls Paddle
11. Dyken Pond Paddle
32. Hudson River Estuary 3-Day Paddle/Campout
35. Half Moon Dockside Tours
40. Hudson River Birder’s Paddle
45. Paddle Lake Taghkanic
56. RamsHorn-Livingston Sanctuary Paddle
71. Kingston Shoreline Paddle
106. Sloop Clearwater Tour and Sail
135. 4th Annual Go Zero Kayak Race
136. Beacon Sloop Club Sail
140. Bannerman Island Photography Shoot/Workshop
148. Bi-Yaking and Kayaking
164. Bannerman’s Castle Kayak and Hard Hat Tour
166. Hudson Highlands Greenway Triathlon
167. Paddling in Constitution Marsh
177. ferry-Go-Round
182. Explore the Hudson By Sail
183. Ride the River In a Police Boat!
199. Gowanus Canal-Erie Basin Eco-Cruise
200. Harlem River Eco-Cruise
201. “Walk-up” Kayaking
202. Public Paddling with Red Hook Boaters

EXPLORING LIFE ON THE EDGE
Learn about life along the shore and in the marshes.
27. Popscancan Island Nature Preserve Walk
41. Mill Creek Boardwalk Exploration
70. Esopus Bend Nature Preserve Hike
72. Kingston Point River Adventure
88. Esopus Meadows “Walk and Wade”
100. Mills-Norrie River Trail Walk
132. Denning’s Point Walk and Talk
147. Kowawese Hands-On Seining Adventure
178. Searching for Sea Glass at Croton Point Park
179. Fall Warbler Migration Meadow Walk at Croton Point Park
180. Fall Seining By the Bay at Croton Point Park
194. Lenoir Preserve Hawk Watch

THE FAR REACHES

Discover the Hudson River Estuary inland.
73. Rondout National Historic District Ramble
75. Five Locks Walk
93. Forest Ecology Walk on the Wappinger Creek Trail
114. LaGrange Wappinger Creek Greenway Trail
137. Beacon Challenge: Shore to Summit
184. Inside View of the Aqueduct
191. Keeper’s House to Hillside Woods on the OCA Trail
197. Nepperhan-Saw Mill Heritage Trail Walk

NYSDEC Commissioner Pete Grannis

“DEC is happy to be a partner again this year in the Hudson River Valley Ramble. This annual event is an excellent opportunity for everyone to come out and enjoy the outdoors and all that the Hudson River and its surroundings has to offer. The Hudson River Estuary is made up of more than 300 miles and is continually being revitalized with new and ongoing projects and the River now offers more access points and waterfront enjoyment opportunities than ever before. This event is a perfect time to visit the river for fishing, boating, or sightseeing along one of New York’s most valuable natural resources.”

TOURS, FESTIVALS AND EXHIBITS
Get to know the estuary from every angle.
19. Homing In On The Hudson
20. Fish Tales
34. Five Rivers Fall Festival
36. Half Moon Virtual Voyage
68. Saugerties Lighthouse Tour
69. Be A Hudson River Otter Spotter
99. Celebrate Science on the River
159. Stony Point Lighthouse Walk and Tour
198. Hudson Riverama
1. SPIER FALLS PADDLE Enjoy a paddling adventure on the beautiful and remote Spier Falls section of the Hudson River, the only stretch that runs east to west as it cuts through the rugged Adirondack foothills. The 5.5-mile reach is dammed at both ends, ensuring calm waters and excellent flatwater paddling. We might spot river otter, muskrat, beaver and warblers and, on the way, we’ll pull over and enjoy a picnic lunch along the shoreline. The paddle is led by staff from the Open Space Institute, a naturalist from Moreau Lake State Park and professional kayak guide and instructor, Johnny Miller. Fee: $90 boat rental/lunch; $30 with own boat. 11 mi. (4-5 hrs.) Moderate. Sun. 9/14, 10 am. From Saratoga Springs, Rt. 9 north 6.5 mi. to L turn at light onto Corinth Mountain Rd. (Rt. 101) (becomes Wilton Mt. Rd.); at stop sign and T intersection, turn R onto Spier Falls Rd. Go downhill to boat launch on left. Meet in parking lot. Group limit 15. Pre-registration required by 9/5: (518) 427-1564 x 21; kstone@osiny.org.

2. HIKE IN MOREAU LAKE STATE PARK Enjoy a moderate hike with a park naturalist on the Western Ridge Trail up to spectacular scenic overlooks that offer some of the most beautiful views of the Hudson River in New York State. Your guide will ID trees you pass and give local history information. Bring lunch/water; hiking boots recommended. 3.5 mi. Moderately difficult (stEEP ascent-descent, uneven rocky surface; not suited for child under 5). Sat. 9/27, 10 am. I-87 (Northway) to Exit 17S; R onto Old Saratoga Rd. to next R onto Mountain Rd. to next L onto Spier Falls Rd. down to the river. Meet at second park boat launch on right. Pre-register by 9/14: (518) 793-0511; David.Alfred@ophp.state.ny.us.

3. HUDDSON CROSSING PARK ENERGY FESTIVAL Enjoy a day of music, events and speakers at this festival to promote awareness of renewable energy sources and sustained living. Sponsored by Hudson Crossing Park, Inc., the festival offers direct access to leading renewable energy industry representatives and information on healthy living alternatives. Suggested donation at gate $5. Sat. 9/13, 11-6. I-87 (Northway) to Rt. 29 E to Rt. 32 N to R into Champlain Canal Lock 5 over causeway onto island. (518) 207-5788.

4. 231st ANNIVERSARY CELEBRATION OF THE BATTLES OF SARATOGA Cannons booming, muskets firing, music and interactive living history activities are just part of this Heritage Weekend celebration of one of the Revolutionary War’s most historic battles. Over 50 American, British, German and Oneida Indian men, women and children re-enactors will bring to life the 1777 events that forged American independence. Watch open hearth cooking and an authentic court-martial. Discuss battle strategy with re-enactors. Watch cannon firings every hour on the half hour, 10:30-3:30; take a guided tour of Freeman’s Farm. At 1 pm, join a 5-mile guided biking tour to visit the encampment. At 6 pm that evening, enjoy a campfire with live fiddle music and a witty and wry portrayal of Thomas Paine by British actor Howard Burnham. Bring blanket or chair. Park admission: $5 per vehicle; $3 motorcycle, hiker, bike, horseback rider. Camps open Sat. 9/20, 10-4; Sun. 9/21, 10-3. I-87 (Northway) to Exit 12. Follow signs to Saratoga National Historical Park. (518) 664-9821 x 224; sara_info@nps.gov. 

5. THE STILLWATER BLOCKHOUSE Joining with Saratoga National Historical Park in celebrating Heritage Weekend, the Stillwater Blockhouse hosts an encampment of the 13th Albany County Militia. View open hearth cooking, troop drills, cannon and musket firing. Take part in a mock drill yourself, or go on a reconnaissance party. Sat. 9/20, 10-3. I-87 (Northway) to Exit 9 to Rt. 146 to Mechanicville, to Rt. 4/32 north to Stillwater Blockhouse on Hudson River. (518) 664-1847 x 39; lindap@nyccap.rr.com.

6. PEEBLES ISLAND OPEN HOUSE Don’t miss this once-a-year chance to visit the state’s center for historic preservation, conservation and heritage services. Meet conservators who restore furniture, textiles, paintings and other items from New York’s 37 State Historic Sites, plus get preservation advice for your historic building. Discover why preservationists are documenting 1950s prefabricated Lustron houses and why historic preservation is the original approach to “green building.” Enjoy tours and talks on how historic resources are adapted to new uses and enhance the quality and character of our hometowns. Take a stroll on our riverfront park where the Hudson and Mohawk Rivers meet – and where art, history and nature come together. Sat. 9/13, 11-4. From south: I-87 north to Cohoes; at 4th light, R onto Ontario St. (Rt. 470); after 2nd light, take 2nd L onto Delaware Ave. (before bridge over Hudson); proceed to event parking. From north: I-87 (Northway) south to Exit 7 to Rt. 7 E toward Troy/Cohoes; merge onto I-878 N toward Cohoes. Follow above directions. (518) 237-8643 x 3224.

7. HISTORIC HARMONY MILLS AND ERIE CANAL WALKING TOUR Enjoy a 90-minute walking tour of the Harmony Mills Historic District, one of the best preserved 19th century textile mill complexes in the U.S. Starting in Power Canal Park, you’ll learn why the Erie Canal and the mills forged the development of Cohoes. Visit the interior of Harmony Mill #3 for a close-up look at the Boyden turbine room (non-accessible) and be one of the first visitors to the new Falls View Park at the Cohoes Falls. Peebles Island Open House event. Approx. 0.5 mi. Easy. Sat. 9/13, 11:30 am. I-878 north from Albany to Cohoes; cross Rt. 32 (Saratoga Ave.) onto Mohawk St. Meet in Harmony Mills parking lot on east side of street. Pre-registration required by 9/12: (518) 237-6843 x 0.

8. “SEDUCED BY ADVENTURE” AT WATERFORD HISTORICAL MUSEUM & CULTURAL CENTER View the new exhibit that explores the true story of a young 19th century Waterford man who seeks excitement as a sailor and disappears in 1853, his fate a mystery. Discover the answer to this still-intriguing story, and also tour the museum’s permanent exhibits on Waterford history including two Victorian period
9. VISIT THE PATHMASTER Meet the Pathmaster and walk with him along the Old Champlain Canal in Waterford. Learn how pathmasters walked the towpath daily, enforcing the canal rules and looking for potential problems. On this scenic walk, you’ll hear about the history of the canal system in the area as well as Lock #4, a river or guard lock. Less than 0.25 mi. Easy. Sat. 9/13, 10 am & 1 pm. 2 mi. Moderate; hiking boots recommended. Free. Dykenpond@fairpoint.net.

10. DEVIL’S CHIMNEY WALK Hike through the historic “Vale of Peace,” the original Schaghticoke settlement, to Devil’s Chimney, a Native American shrine. Guide Jon Stevens of the Knickerbocker Historical Society will interpret numerous historical features on this off-trail hike through cornfields and along the Hoosick River. 4.2 mi. Moderate (some uneven surfaces; hiking boots recommended). Sat. 9/20, 10 am; Sun. 9/21, 10 am. 187 north to Exit 9; R onto Rt. 146 east to Mechanicville; R at Rt. 67 east toward Schaghticoke; cross Hudson River; go 3 mi.; L on Knickerbocker Rd. for 0.5 mi. to Knickerbocker Mansion on right. Meet at Visitor Center. Harvest Festival Sat. 9/20 & Sun. 9/21: pancake breakfast 8-11 am; $6 adult, $3 child under 12; chicken and biscuit dinner noon - 4 pm, $8 adult, $4 child under 12; house and cemetery tours. (518) 692-9310; knickinfo@aol.com.

11. DYKEN POND PADDLE Enjoy a pleasant 2-hour paddle on the placid waters of Dyken Pond with certified guides from the Dyken Pond Environmental Education Center. During the paddle, your guides will tell you about the lake’s ecology and history, including its historic dam. Bring a bag lunch/water; personal flotation device and paddle with own boat. Free with own boat; canoe/kayak rental fee $10. 2mi. Easy. Sat. 9/13, 10 am. From Troy, east on Rt. 2. Watch for Tamamco School on left and Tamamco Plaza on right; go 0.5 mi., look for Dyken Pond sign and turn R onto Rt. 79; go 2 mi. and turn L at Dyken Pond sign onto Rt. 80; bear right at fork; bear right again at Dyken Pond sign onto Dyken Pond Rd. (dir); go 2.5 mi. to end. Meet at canoe launch. Pre-registration by 9/10: (518) 658-2055; dykenpond@fairpoint.net.

12. LONG POND TRAIL HIKE – GRAFTON LAKES STATE PARK Enjoy a tranquil hike that winds around Long Pond, home for many waterfowl including blue herons. The forested trails take us through deciduous and hardwood forests with picturesque views of the lake. Learn about the Grafton area and see stone walls built more than 100 years ago. While we tread lightly, we may even see signs of the wildlife that leave their tracks and trails throughout the woods. Bring water. 2.5 mi.

13. PITTSTOWN STATE FOREST TO GRAFTON LAKES STATE PARK AND BACK Hike from Pittstown State Forest up the escarpment of the Rensselaer Plateau to Grafton Lakes State Park at the top. Led by Nick Conrad of the Rensselaer Land Trust, this hike via the Long Pond Trail extension passes through oaks and maples and by boulders and stone walls. The descent via steep and rocky Ward Hollow passes through a hemlock ravine with a tumbling brook and water-fall. Bring lunch/water. 6.5 mi. Difficult (steep ascent/descent; rocky, uneven surface; not suited for child under 10). Sat. 9/27, 9 am. I-787 to Exit 9E (Troy); R 7 east approx. 13 mi. to Pittstown (2 mi. past Tomhannock Reservoir); R onto Parker School Rd. to end of paved road at intersection with Tamarac Rd.; go straight across to Edelman Rd.; in 0.4 mi follow Edelman Rd. left; at 0.3 mi. stay straight at intersection; go 1 mi. to Pittstown State Forest to parking area 1 mi. on right (meeting place). (518) 279-1963; nbcroadrmd@msn.com.


15. CYCLE THE RENSSELAER PLATEAU Climb the roads of the Rensselaer Plateau with Shari Gibbs of the Mohawk-Hudson Cycling Club. Shari will lead you on a challenging 50-mile loop of the plateau during which you’ll pass natural and historic sites such as the Old Dutch Church, Dyken Pond Dam, Grafton Peace Pagoda, Dickinson Hill Fire Tower and Barberville Falls. Bring 3-hour supply of snacks/energy drinks to carry on-board. Store stop late in ride for additional food/hydration. 50 mi. (5-6 hrs.) Very difficult. Child under 16 must have parent sign and accompany on ride. Sun. 9/14, 10 am. I-187 (NY Thruway) to Exit 24; I-90 east over Hudson River to Exit 8 to Rt. 43 to Sand Lake; at intersection with Rt. 66, turn L to Miller Elementary School on left. Pre-registration required. (518) 283-0155; cell: (518) 928-8877; sdbgibs@nycaprr.com.

16. HIKE TO PERIGO MOUNTAIN View a short presentation about the Rensselaer Plateau, then hike with a Rensselaer Land Trust guide to Perigo Mountain, the highest elevation in the Town of Poestenkill and offering views as far away as Albany. Hike along cross country ski trails and through woodlands, view the old Troy to Hoosick Road used by horses in the 1700s and 1800s, and visit a small farm of the early 1800s. Bring food/water. 4-6 mi. Moderate; hiking boots required; (not suited for child under 10). Sat. 9/20, 9:30 am. I-187 (NY Thruway) to Exit 24 to I-90 east across Hudson River to Exit 8 to Rt. 43 thru West Sand Lake to L on Rt. 351 to Poestenkill to R on Plank Rd. (Cty. Rt. 40) for 6 mi. to Pineridge Cross Country Ski Area. More directions: www.pineridgeexc.com. Information: TerBK@aol.com.

17. VAN SCHAICK ISLAND COMMUNITY FESTIVAL Historic Cohoes hosts an old-fashioned family festival including pony rides, carnival rides, craft vendors and lots of great homemade food. A youth fishing tournament will be held on the pond on Saturday morning and an AAU youth boxing tournament on Saturday afternoon. Saturday night will feature live entertainment with a huge fireworks display lighting up the sky at 9 pm. Maps of historic Cohoes will be available for self-guided tours such as a visit to the Van Schaaick Mansion within walking distance of the festival. Free parking. Sat. 9/20, noon-10. I-787 north to Cohoes; at 3rd traffic light, R onto Bridge Ave. to Van Schaaick Pond. (518) 237-0507.

18. TIFFANY WINDOWS, WATERFALLS AND 100-MILE VIEWS Enjoy an old roads walk through Oakwood Cemetery, one of the country’s oldest rural cemeteries (1848), sited on a 250-foot bluff with 100-mile Hudson Valley views. Pass by ponds, waterfalls and the gravesites of notables such as “Uncle Sam” and robber baron Russell Sage. Led by Theresa Page, president of the Troy Cemetery Association, a highlight of the 2-hour tour is a visit to the Earl Memorial Chapel with its eight exquisite Tiffany windows and columns of Brazilian onyx. Bring water. Fee paid at door: $15 adult; $7 ages 6-17; free 5 and under. Approx. 2 mi. Moderate (sturdy walking shoes advised). Sat. 9/13, 9 am. From I-787 or I-90; Rt. 7 east toward Troy/Beninger over Collar City Bridge; at 2nd light, L onto Rt. 40 north; go 2 mi. to cemetery entrance on left. Meet in front of Earl Chapel. Pre-register: (800) 556-6273.

19. HOMING IN ON THE HUDSON Join us on a journey from the Adirondack Mountains to New York Harbor as we travel along the 800-foot “Living Hudson River” exhibit at The Children’s Museum of Science and Technology. We’ll learn about biotic vs. abiotic characteristics of the Hudson, experiment with water quality and meet some of the river’s fascinating inhabitants. Then we’ll head outdoors to investigate a tributary of the Hudson that runs along side our interpretive trail. Non-museum members admission $5/tour fee $2. Sat. 9/13, 1 pm. I-90 to Exit 8 (DeFreestville); at 2nd light, L on Rt. 4 approx. 1.5 mi. to L into Rensselaer Technology Park onto Jordan Rd. to 3rd driveway on left (Museum sign at entrance); park in rear of building closest to the 3rd set
20. FISH TALES Join us at The Children's Museum of Science and Technology for a fishy education! With more than 200 kinds of fish, the Hudson River is full of fabulous species. Explore the different kinds of fish and their habitats, and how water quality affects their lives. Become an expert on fins and swim bladders. Then we'll journey outdoors to explore a local tributary of the Hudson River that runs along our interpretive trail. Non-museum members admission $5/tour fee $2. Sun. 9/14, 1 pm. Follow directions for #19 above. Pre-register by 9/12; (518) 235-2120; info@cmost.org.

21. WASHINGTON PARK WALKING TOUR Enjoy a 2-hour walking tour of Washington Park, one of only two privately owned urban ornamental parks in New York State. Laid out in 1840, the park is rimmed by elegant row houses, once the homes of the Gilded Age magnates of Troy, an industrial center in the late nineteenth century. So like the fashionable homes of the wealthy in New York City, it provided the “old New York” backdrop in Martin Scorsese’s Age of Innocence, and was mentioned in The New York Times. View the interiors of several homes, including ones undergoing rehabilitation. Suggested donation $10. 1 mi. Easy. Sat. 9/13, 1 p.m. I-787 to Exit 8 [23rd St./WaterVie]; follow signs for Rt. 2 East; cross bridge over the Hudson to Troy; take underpass; R onto 3rd St. to Adams St. (Park is on your right); R onto Adams St.; go 1 block; R onto Second St. (Park is on right); park on Second St. Meet at 195 Second St. Pre-register: (518) 274-6434; ilkopka@earthlink.net.

22. TROY’S TIFFANY TREASURES Hear a brief talk on the life’s work of Louis Comfort Tiffany, then take a narrated “walk and sit” to view the abundant Tiffany windows and Tiffany interiors at the palatial homes of the Gilded Age magnates of Troy, an industrial center in the late nineteenth century. So like the fashionable homes of the wealthy in New York City, it provided the “old New York” backdrop in Martin Scorsese’s Age of Innocence, and was mentioned in The New York Times. View the interiors of several homes, including ones undergoing rehabilitation. Suggested donation $10. 1 mi. Easy. Sat. 9/13, 1 p.m. I-787 to Exit 8 [23rd St./WaterVie]; follow signs for Rt. 2 East; cross bridge over the Hudson to Troy; take underpass; R onto 3rd St. to Adams St. (Park is on your right); R onto Adams St.; go 1 block; R onto Second St. (Park is on right); park on Second St. Meet at 195 Second St. Pre-register: (518) 274-6434; ilkopka@earthlink.net.

23. MARQUIS DE LAFAYETTE VISITS TROY For much of 1824 and into 1825, this hero of the American Revolution was touring the United States, stopping at Troy twice on his return triumphal visit. On this Rensselaer County Historical Society walking tour, follow in his footsteps as he was shown the bustling city that Troy had become under the influence of liberty and freedom. $5 per person. 2 mi. Easy. (Not suited for child under 12.) Sat. 9/13, 10:30 am. I-787 north to Rt. 7 East (Troy-Bennington) across Hudson River staying in right hand lane; follow Downtown Troy signs to ramp; stay in left lane of ramp and enter 6th Ave.; continue to end; R. on Congress St. to R. on 2nd St. RCHS is 4th building on left, #57 2nd St. Public: Bus: CDTA bus #22 to Congress/2nd St.; walk 1/2 block north on 2nd St. AMTRAK train to Rensselaer; taxi to RCHS. (518) 272-7232; info@rchsonline.org.

24. RIVERS, ROADS & RAILS WALKING TOUR As Troy’s population and industrial base grew in the 19th century, the network of roads and railroads created neighborhoods, spawned industries and shaped the city’s look as we know it today. Highlights of this Rensselaer County Historical Society walking tour include the site of Union Station, the changing waterfront, and those almost forgotten, but all too important alleyways in Troy. As we stroll, historic photos will transport you back in time. $5 per person. 2 mi. Easy. (Not suited for child under 12.) Sat. 9/20, 10:30 am. Follow directions for #23 above. (518) 272-7232.

25. HISTORY UNDERFOOT & OVERHEAD FAMILY WALKING TOUR In Troy, history is everywhere – underfoot and overhead. Families with kids age 5 and up will enjoy this interactive walk through Troy’s past. You’ll come away saying, “I never knew that about Troy!” 1.5 mi. Easy. (Not suited for child under 5.) Sat. 9/27, 10:30 am. Follow directions for #23 above. (518) 272-7232; info@rchsonline.org.

26. CRAILO HARVEST FAIRE Come to the revival of an event held in the late 17th and 18th centuries at Crailo, the Van Rensselaer Homestead. The Harvest Faire festivities include a farmers market, period crafts and falconry demonstrations. View an 18th century bateau on the Hudson River and hear the crew in period dress talk about river travel back then. The house museum will also be open for tours (first floor accessible). Admission: $2 per person. Sat. 9/13, 10-5. Rain date: Sun. 9/14, 187 (NYS Thruway) Exit 23 [Albany] to I-787 north to Exit 3 (Rensselaer); cross Dunn Memorial Bridge; at bottom of ramp follow signs to Harvest Faire parking. (518) 463-8738; maryellen.grimaldi@oprhnp.state.ny.us.

27. PAPSCANEE ISLAND NATURE PRESERVE WALK Led by a guide from the Cornell Cooperative Extension, enjoy a 1-hour walk through the 156-acre preserve where Mohican [Mahican] Indians lived and farmed for thousands of years. Today, this riparian setting serves as a laboratory for learning and adventure. Discover the amazing number of trees, plants and animals that make their home in the variety of habitats – marsh, river bank and floodplain. In this bird watcher’s paradise, you may spot eagles, sandpipers, herons, hummingbirds and hawks! Over 30 acres of the Preserve are still farmed, giving these lands the distinction of being under active cultivation longer than any other in the U.S. The Preserve offers 6 miles of hiking trails and over 2 miles of Hudson River shoreline. 1 mi. Easy-moderate [some uneven surface]. Sat. 9/13, 9:30 am. I-787 to Exit 3 [Rensselaer]; continue toward Rensselaer on Rt. 95/20E; cross Hudson River; approx. 0.5 mi. after exit ramp, R onto Rt. 9 (Castleton); go 4.5 miles; turn R at Preserve “Summer Entrance” sign; go 0.25 mi., cross Amtrak tracks; turn R into Preserve parking lot. Pre-registration not required, but appreciated by 9/10; (518) 270-2888.

28. SCHODACK ISLAND STATE PARK FALL FESTIVAL Join us as we celebrate fall with games, events and activities for the entire family including pumpkin painting, wagon rides, a scarecrow building contest, exhibitors and vendors. Enjoy nature walks on this beautiful island with its abundant flora, wildlife and birds. You just may spot eagles who fish the wetlands here. $6 per vehicle park entry fee. Sat. 9/27, 11-4. I-787 to Rt. 20 east; after crossing Hudson River, continue to R. 9J and follow south for 8 mi. past Castleton-On-Hudson to park entrance on right. (518) 732-0187; http:nysparks.state.ny.us.

29. CIVIL WAR HERITAGE DAY Honoring the hundreds of Albany County residents who were killed in action during the Civil War and buried at Albany Rural Cemetery, this event includes Civil War music, Civil War military camps, exhibitors, demonstrations, a commemorative service and guided cemetery tours throughout the day. Look for “Tour Start” signs. Parking fee: $5 per vehicle. Sat. 9/13, 10-5. I-87 (NYS Thruway) to Exit 23 [Albany] to I-787 north to Exit 7 [Rt. 378/WaterVie] to WaterVie exit. At end of ramp, R onto Broadway; L onto Cemetery Ave. Sponsored by the Albany Heritage Area Visitors Center. (518) 434-0405.

30. ALBANY ART TRAIL Enjoy a leisurely self-guided art walk featuring four exhibits throughout downtown Albany. Sculpture in the Streets Public Art Exhibition: 20 large-scale contemporary sculptures created by leading regional artists adorn prominent outdoor locations. Hudson River Way: A series of original trompe l’oeil paintings illustrate Albany’s history along the magnificent walkway connecting downtown Albany to the Hudson River. Wonders of the Circus: A mixed media exhibit showcases works by award winning artists challenged by disabilities such as autism, mental retardation, cerebral palsy, neurological impairment and traumatic brain injuries. Albany Center Gallery: Contemporary works by regional artists Tatana Kellner, a photographer and printmaker, and Laura Von Rosk, a landscape painter. (9/27 only). A tour packet and maps are available at the Albany Heritage Area Visitors Center. 2 mi. Moderate [steep ascents in some locations; steps at approach to Hudson River Way but elevator available]. Sat. 9/13, Sat. 9/20, Sat. 9/27 noon-4. I-787 (NYS Thruway) to Exit 23 [Albany] to I-787 north to Exit 4 (Downtown Albany); at foot of exit ramp, follow signs for Clinton Ave.; at foot of Clinton Ave. ramp, R onto B’way; Visitors Center on immediate right. Parking: go past Visitors Center to 1st R onto Spencer St.; follow to end and signs for Visitor Center Parking. Paid parking in effect 24 hrs. per day, Mon-Sat. Short term parking reimbursed with receipt at Visitors Center. (518) 434-0405.

31. PEOPLE OF COURAGE: ALBANY’S UNDERGROUND RAILROAD STORY Learn about Albany’s involvement in the 19th century Underground Railroad movement on this 2-hour walking tour that visits locations in downtown Albany where abolitionists and freedom seekers worked, lived and gathered. The African American participation in this significant period of American history is highlighted with stories that celebrate Freedom Seekers and those who helped them in their search for liberty. Fee: $7; under age 16 free.
1 mi. Easy (Sidewalks. Tour not suited for child under 10.) Sun. 9/14, 1 pm. 187 (NYS Thruway) Exit 23 (Albany) to I-787 north to Exit 4 (Downtown Albany); follow signs for 9 North Clinton Ave.; turn R onto Broadway. Parking: drive past Visitor Center (tour meeting place) to R turn onto Spencer St. to R turn at end of street; go thru restaurant parking area to large parking area on left behind fence. From I-90E and I-90W, take ramp to I-787 south to Clinton Ave. exit; follow directions above. Public: CDTA bus information (518) 482-8822. (518) 432-4432; info@ugrworkshop.com.

32. HUDSON RIVER ESTUARY 3-DAY PADDLE/CAMPOUT A celebration of the Hudson River Greenway Water Trail, this paddle traverses the narrowest portion of the Hudson River Estuary from Albany south to Catskill. We will point out significant natural and cultural resources as we paddle by them, or they swim or fly by us. We can expect tidal currents to 2.0 knots and tidal rise/fall up to 4.5 feet. Our “overnight accommodations” for two nights will be on two islands in the Hudson. Paddlers must bring own boat and all safety gear including spray decks and PFDs, plus camping/cooking equipment and food for 3 days/ nights. Water replenishment available first night only.

36. HALF MOON DOCKSIDE TOURS Beat next year’s “quad crowd” by touring this replica of Henry Hudson’s ship on the 399th anniversary of the original voyage. In 1609, Henry Hudson and his crew sailed here in the Half Maen the first European vessel to explore the valley now named after Captain Hudson. Come aboard this full-scale replica to feel what life was like on 17th century ships. Learn about what they ate and drank, their navigation tools, Dutch exploration and more. $5 adult; $3 youth 12-18; under 12 free with adult. Docents available at ground level for “talking tours” for those unable to board the ship. Weekends/holidays 9/9 thru mid-October, 10-4. Weekday group tours by appointment: Albany County Visitor Bureau (518) 434-1217; From south: I-87 to Exit 23 (Albany) to I-787 north to Exit 4 (Rts. 9 north/20 west); L at first light; R onto B’way. Park on B’way; walk across Hudson River Way Pedestrian Bridge (at foot of Pine St.); turn R; near Riverfront Pumping Station, look for ship masts on left. From east/west/north: I-90 to I-787 south to Exit 4B (Clinton Ave.); L at first light onto B’way. Follow above directions. Public: City or Greyhound buses to Downtown Albany near B’way/State St. Walk north on B’way to pedestrian bridge and follow above directions. www.halfmoon.mus.ny.us; info@halfmoon.mus.ny.us.

39. INDIAN LADDER TRAIL At John Boyd Thacher State Park, take a walk back through time on the historic Indian Ladder Trail with park interpreter Nancy Engel. Learn about the geologic history of the Helderberg Escarpment while enjoying panoramic views of the Hudson-Mohawk Valley. Descend the 90’ cliff of fossil-rich limestone via staircases and walk along the base, passing caves, over underground streams and under waterfalls.

1 mi. Moderate. (Not suited for child under 5.) Sat. 9/20, 10 am. I-87 (NYS thruway) to Exit 24 to I-90 East to Exit 4 (Slingerlands/Rt. 85); follow Rt. 85 west approx. 12 mi., bear R on Rt. 157. Drive through park to park office entrance; stop at booth, then make immediate R to Indian Ladder picnic area. Meet at trail sign near restroom. Parking fee $6 per vehicle. Pre-register by 9/17: (518) 872-0800; Nancy.Engel@oprh.state.ny.us.

40. HUDSON RIVER “BIRDER’S PADDLE” Join the New Baltimore Land Conservancy for a Hudson River shoreline “birder’s paddle” that offers possible sightings of eagles and ospreys, a river view of New Baltimore’s National Historic District and more. We’ll take a break from paddling to enjoy lunch on a beach. Bring lunch/water, paddles, life vest, hat, sunscreen, bug spray. 2-3 mi. Moderate. Experienced paddlers only with own boat. Sat. 9/20, 10 am. From I-87 north (NYS Thruway) Exit 21B, R on Rt. 9W; R on Rt. 144 and follow into New Baltimore hamlet to brick church; R on Church St.; L on Main St.; quick R on Mill St to launch site at Cornell Park. From I-87 south (NYS Thruway) Exit 22 to R on Rt. 144; follow to New Baltimore; L on County Rt. 61; L on Mill St and Cornell Park. Pre-registration not needed. Information, call 9/16/9/19: (518) 756-6842.
41. MILL CREEK BOARDWALK EXPLORATION
Explore the freshwater tidal swamp at the Lewis A. Swyer Preserve from the vantage point of a half-mile long boardwalk. You’ll enjoy a close-up view of the tidal swamp and Mill Creek while your guides from The Nature Conservancy describe this rare natural community. An easy climb up a small tower at the boardwalk’s end reveals a fine view of the Hudson River. 1 mi. Easy. Sat. 9/13, 1 pm. After entering Columbia County from the north, go 3.3 miles south on Rt. 9J. From the south, take Rt. 9J to 2 miles north of blinker light at Stuyvesant Landing. Park in small area on west side (Preserve side) of Rt. 9J, or on road shoulder close to Preserve entrance. Meet at entrance sign. Pre-registration requested: (518) 690-7853; dsnell@nc.org.

42. KINDERHOOK VILLAGE RAMBLE
Walk in the footsteps of early Dutch settlers on streets that are more than 300 years old in this charming village founded circa 1697. Town and village historian Ruth Piwonka leads the 2-hour tour and will relate Kinderhook’s history as you ramble the historic district with more than 150 dwellings, shops and churches from the 18th and 19th century. See early Dutch houses, a Georgian mansion, and the birth site and grave site of Eighth U.S. President Martin Van Buren. 2 mi. Easy. Sun. 9/14, 10:00 am. from city of Hudson, take Rt. 9 north to Kinderhook. Meet on lawn opposite Village Square at intersection of Rt. 9 with Albany Ave./Hudson St. Pre-register: (518) 758-7605; rpiwonka@mycpc.parkrr.com.

43. HARVEST DAY AT LINDEWALD
Enjoy a day-long harvest festival that recalls the time when eighth U.S. President Martin Van Buren resided in his role as a gentleman farmer, cultivating 220 acres of cropland at Lindewald, his post-White House home for 21 years until his death in 1862. Learn about historic produce, observe farm crafts and skills such as horseshoeing, and enjoy cooking demonstrations, music, storytelling and hayrides. View exhibits along the Lindewald Wayside Trail. Visit the first floor of the opulent Van Buren home. Pre-registration requested: (518) 329-3993; fran.martino@oopherp.state.ny.us.

44. “THE MURDER OF LIDICE”
The Edna St. Vincent Millay Society presents a new exhibition at the Ellis Studio at Steepletop, the poet’s former home and now a National Historic Landmark. The Murder of Lidice examines one of Millay’s most intriguing and riveting long poems about the extermination of an entire town in Czechoslovakia during World War II. Recorded by three major male stars—Paul Muni, Basil Rathbone and Walter Huston—it brought the nation’s attention to this atrocity, but also brought the ire of other poets who accused Millay of writing propaganda for the U.S. war effort. Admission: $8. Sat. & Sun. 9/13-14, 9/20-21, 9/27-28, 11-3. Live performances TBA. Taconic Pkwy. north to exit to Rt. 203 – Chatham-Austerlitz; L onto Rt. 203; follow 7 mi. to end and R onto Rt. 22 to first (almost immediate) L onto East Hill Rd.; go 2 mi. to # 436, Ellis Studio. (518) 392-EDNA (3362).

45. PADDLE LAKE TAGHKNIC
Beginner canoeists and kayakers are invited to bring their boats to explore the placid waters of Lake Taghkanic. Enjoy a 2-hour guided paddle in a peaceful and secure environment where no motorized boats are permitted. Bring your own paddles and personal flotation device; water/snack. 3-5 mi. Moderate. Sun. 9/14, 2 pm. Taconic Pkwy. to Hudson-Ancram/Rt. 82 Exit; take Rt. 82 one mi. south to Park; or Taconic Pkwy. to Jackson Corners Exit; go 6 mi. north to park. Meet at West Beach. Maximum group: 8 boats. Pre-registration required by 9/10: (518) 329-3993; fran.martino@oopherp.state.ny.us.

46. COPAKE IRON WORKS TOUR
Founded in 1845, the Copake Iron Works was one of several hundred 19th century American iron manufacturing sites where blast furnaces roasted and charcoal kilns smoldered. Taconic State Park Environmental Educator Fran Martinos leads this 1.5-hour tour of the historic blast furnace, blowing engine house, machine shop, powder storage building, office, charcoal kiln model and the ironworkers’ housing that remain as an important chapter in Hudson Valley history. Tour includes a 10-minute one-way walk on a trail along Bash Bish Brook to view the charcoal kiln model. Less than 1 mi. Moderate (mostly gravel, dirt roads; some rocks on trail; hiking boots recommended. Not suited for child under 6.) Sun. 9/21, 2 pm. Taconic Pkwy. to Claverack-Ancram/Rt. 82 Exit; take Rt. 22 east for 8 mi. to Hillsdale; at intersection turn R onto Rt. 22 south for 4 mi. to Copake Falls; L onto Rt. 344 east; go past entrance to Taconic State Park on left; watch for “Copake Iron Works” sign; drive over bridge across Bash Bash Brook straight ahead to Iron Works parking lot (meet leader in lot). Pre-register by 9/19: (518) 329-3993; Fran.Martino@oopherp.state.ny.us.

47.“ROLLING RAMBLE”
This walk follows a wheelchair-accessible trail, allowing people of all physical abilities to enjoy the view and scenic landscape of the Hudson River right below and the Catskill Mountains rising to the west. Guides from the Columbia Land Conservancy Trust will talk about the early history of the site, the Greenport Conservation Area, as well as the three major ecological communities that exist on the 714 acres. Volunteers will be available to assist those in wheelchairs for a meander through the meadow where bobolinks, meadowlarks and other grassland birds thrive. A limited number of all-terrain wheelchairs are available for use at no charge. Families with young children in strollers are welcome to join the walk. 1 mi. Easy. Sat. 9/13, 2 pm. From the North: Rt. 9 to Greenport; veer R onto Joslen Blvd.; follow straight for 1.2 miles; R onto Daisy Hill Road at sign for Conservation Area; go to parking area at end; meet at kiosk. From the South: Rt. 9 to Greenport; pass Healy Blvd.; L at 2nd light onto Joslen Blvd.; at 0.9 miles, L onto Daisy Hill Rd. at sign for Conservation Area. Follow directions above. Pre-register by 9/11: (518) 392-5252 x 210; jenny@clctrust.org.

48. BARRY HOPKINS RUN AT OLANA
Just like the kindred spirits of Thomas Cole and Frederic Church who so inspired his life and work, Barry Hopkins was at once artist, explorer and naturalist. Whether teaching his students about the wonders of our local environment, leading adult groups on his famous hikes through the Kaaterskill Clove or traipsing through the wilds to sketch for his own pleasure, Barry experienced nature intimately and inspired others to do the same. This 7.6-mile double loop race (3.8-mile time estimation run – no watches allowed) on the carriage trails winding through the historic 250-acre Olana landscape is being held to honor Barry, who ran the loop so many times he could tell you how many footsteps it took! The runner finishing closest to the time he/she predicted wins this Onteora Runners Club Grand Prix event. Postrace, an oak tree will be planted in Barry’s honor. 7.6 mi. Difficult (Hills, uneven terrain. Not suited for child under 13.) Sun. 9/14, 9:30 am. Fee: $10/runner. Site admission: $5/vehicle. Optional house tour: $7/adult, $5 senior/student, child under 12 free. I-87 (NYS Thruway) to Exit 21 (Catskill); follow signs for Rts. 23 east/Hudson; cross Rip Van Winkle Bridge ($1 toll); bear R onto Rt. 9G for 1 mi. to L turn onto Olana entrance road. Public: Amtrak to Hudson; taxi to Olana: Pre-registration not required but encouraged: (518) 828-0135; carri@manchester@oopherp.state.ny.us.

49. GEOLOGICAL VISIONS AND UNPLANNED VIEWS AT OLANA
Noted Hudson River School artist Frederic Church spent decades designing a series of planned views at his Olana estate. These are landmarks in landscape architecture. Geologist Robert Titus, well-known for his columns in Kaatskill Life and published books on regional geology, will take you to a number of these sites. His goal is not to see the views that Church saw, however, but to take you back in time to see the forces that created our landscape. You’ll “view” it as it was during the Ice Age, or back 380 million years ago when this area was a tropical landscape like today’s Bangladesh. 2 mi. Moderate (some uneven terrain, hills. Not suited for child under 6.) Sun. 9/28, 1 pm. Site admission: $5/vehicle. Optional house tour: $7/adult, $5 senior/student, child under 12 free. Follow driving directions for #48. Limited size group. Pre-registration by 9/26: (518) 828-0135; carri@manchester@oopherp.state.ny.us.

50. CLERMONT CARRIAGE TRAILS WALK
Enjoy a light hike through the historic grounds at Clermont, the Livingston Family ancestral seat overlooking the Hudson River. You’ll be treated to attractive woodlands and views of the river and Catskill Mountains beyond. Guided by site educator Kjirsten Gustavson, your walk will be peppered with details of early life at Clermont, enhanced by the ruins of former buildings passed en route. 3 mi. Moderate (not suited for child under 7). Sun. 9/21, 9:30 am. Site admission: none before 10 am.
51. HONORIA MCVITTY ANNUAL CROQUET TOURNAMENT Now in its 21st year, the Croquet Tournament at Clermont, named after the last Livingston resident of the estate, is held on the historic croquet courts on the lawn behind the manor house. Both novice and advanced categories. Come with a partner or meet one here. Lunch is provided for all players. Entry fee $20 per person. Site admission: spectators $5; optional house tour $5. Sun. 9/21, 10-4. Follow driving directions for #50. Entrants required to register by 9/15: (518) 537-4240; Roberta.Nolan@oprh.state.ny.us.

52. CLERMONT ESTATE OPEN HOUSE Visitors are invited to take a self-guided tour of the estate's four historic outbuildings, open only once a year! Two cottages dating back to the late 18th century, a 19th century barn and the garden buildings will be open for viewing. Trail maps will be provided to visitors who wish to ramble the 500 acres of historic grounds and several ruins. Site admission: $5. Sun. 9/21, 12-4. Follow driving directions for #50. (518) 537-4240. 

53. TIVOLI VILLAGE WALK Join Mayor Cordier on a leisurely walk from the Village Hall through open fields and woodlands to a scenic outlook on the Hudson River. Options: Return by shuttle bus or road walk back. Post-walk: enjoy lunch in the village with discount tickets distributed before the walk. 3 mi. roundtrip. Moderate (not suited for child under 5). Sat. 9/20, 10 am. From east side of Kingston-Rhinecliff Bridge, Rt. 199 L to turn onto Rt. 9G north approx. 6 mi.; L onto Co. Rt. 78 (B’way) to L into Village Hall parking lot. Meet in parking lot. (845) 757-3371.

54. BY THE LIGHT OF THE SILVERY MOON Enjoy a candlelit stroll and experience period food, storytelling and live music by the light of a full harvest moon at an Early Dutch Farmstead. Admission: $6 adult; $2.50 child 5-15. Sat. 9/13, 7-30 pm. I-87 (NYS Thruway) to Exit 21B (Coxsackie); L onto Rt. 9W for 3.5 mi; at Red Barn, R onto Pieter Bronck Rd. From Catskill, north on Rt. 9W to L onto Rt. 42. Meet at Visitor Center Gallery. (518) 731-6490; www.gchistory.org.

55. EIGHTEENTH CENTURY “GREEN” Enjoy a special content tour at an early Dutch farmstead that explores the impact of the 18th century lifestyle on the environment and the people of the period. Participants will tour the Bronck family dwellings built in 1663 and 1738. Site admission: $5 adult; $2 child 5-15. (Small number of steps to access dwellings.) Sat. 9/20 & Sun. 9/21, 1 pm, 2 pm and 3 pm. I-87 (NYS Thruway) to Exit 21B (Coxsackie) L onto Rt. 9W for 3.5 mi; at Red Barn, R onto Pieter Bronck Rd. From Catskill, north on Rt. 9W to L onto Rt. 42. Meet at Visitor Center Gallery. (518) 731-6490; www.gchistory.org.

56. RAMSHORN-LIVINGSTON SANCTUARY PADDLE Join Audubon New York and Scenic Hudson, Inc. on a paddle by kayak or canoe through a prehistoric-looking landscape in the largest tidal swamp in the Hudson River estuary. As you float on the RamsHorn Creek, you’ll discover creatures great and small from bald eagles and great blue herons to sparrows and warblers, beaver, otter and muskrat. Bring own boat 12-foot or longer, PFD, extra paddle, spray skirt (kayaks), snack/water. 4 mi. Moderate. Sat. 9/13, noon. I-87 (NYS Thruway) to Exit 21 (Catskill); L on Rt. 23B approx. 1.8 mi. when it becomes Main St; follow Main St. almost to end; L into Dutchmen’s Landing. Meet near floating docks. Pre-registration required by 9/8: www.scenic Hudson.org/events (preferred) or (845) 473-4440 x 273.

57. HUDSON RIVER SCHOOL ART SCHOOL HIKE Walk in the footsteps of the painters who created the first great American Art Movement. This 3 to 4-hour guided tour starts at Cedar Grove, the historic home of Thomas Cole, the founder of the Hudson River School. Then participants carpool into the Catskill Mountains to hike to sites in the North-South Lakes and Kaaterskill Falls area made famous by Hudson River School artists such as Cole, Frederic Church, Asher Durand, Sanford Gifford, Jasper Cropsey and others. Bring lunch/water. Tour fee $7, 2-3 mi. (3-4 hrs.) Moderate (uneven terrain; hiking boots required). Sat. 9/27, 10 am. I-87 (NYS Thruway) to Exit 21 (Catskill); L onto Rt. 23B; go 1,000’ to L onto Rt. 23 East; at 1.5 mi. R onto Rt. 385 (Spring St.) to Cedar Grove on immediate left. Group limit: 12. Pre-registration by 9/20: (518) 943-7465 x 2; education@thomascole.org.

58. SIUSLAW FOREST WALK AND ONE-ROOM SCHOOLHOUSE Enjoy a visit to a one-room schoolhouse for a view of education long ago. Then ramble with a natural resource educator from the Cornell Cooperative Extension through the 1,422-acre Siuks Forest, designated a Model Demonstration Forest by the New York State Department of Conservation. The walk explores the forest’s different habitats such as ponds, meadows and various forest types. Panoramic views of the Northern Catskills offer the perfect start and finish to this delightful and informative 2-hour walk sponsored by the Agroforestry Resource Center (ARC) of the Cornell Cooperative Extension of Greene County. 3 mi. Moderate (not suited for child under 8). Sun. 9/21, 2 pm. From I-87 (NYS Thruway) Exit 21 (Catskill); L at first light after tollbooth to R onto Rt. 23 west for approx. 10 mi.; at fork with Rt. 145, bear left and continue on Rt. 23 west 4.5 mi.; look for ARC sign on left just past Lange’s Motel; meet guide at ARC Center. Pre-register by 9/19: (518) 622-9820; mfw10@cornell.edu.

59. HIKE #1 WITH THE AUTHORS Hike the Blackhead Mountain Loop with Carol and David White, authors of numerous hiking guides including their latest, Catskill Peak Experiences. Blackhead Mountain is the 4th highest peak in the Catskill Forest preserve. The loop over the summit via the Escarpment Trail and down between Black Dome Mountain and Blackhead offers splendid views in all directions. Bring lunch/water. 4.5 mi. (4-5 hrs.) Strenuous but at relaxed pace. (Sections have steep ascents/descents, uneven rocky surface, some rock scrambling; hiking boots required. Not suited for child under 10.) Sun. 9/20, 9 am. I-87 (NYS Thruway) to Exit 20 (Saugerties). Rt. 32 to L at junction to Rt. 32A to L at junction to Rt. 23A to Hunter; a few miles west in Lexington; L onto Rt. 42 over the Schoharie Bridge for 4 miles to village of West Kill. Meet at flagpole to spot cars. Pre-register between 9/15-18: (315) 853-6942; ccswhite@uno.com.

60. HIKE #2 WITH THE AUTHORS Trek the last 7 miles of the Catskill’s famous Devil’s Path with hiking guidebook authors Carol and David White of the Catskill 3500 Club. The trek over West Kill Mountain offers panoramic views in all directions from two outlooks near the summit. Bring lunch/water. 7.7 mi. (7 hrs.) Strenuous but at relaxed pace. (Sections have steep ascents/descents, uneven surface, some rock scrambling; hiking boots required. Not suited for child under 10.) Sat. 9/20, 9 am. I-87 (NYS Thruway) to Exit 20 (Saugerties). Rt. 32 to L at junction to Rt. 32A to L at junction to Rt. 23A to Hunter; a few miles west in Lexington; L onto Rt. 42 over the Schoharie Bridge for 4 miles to village of West Kill. Meet at flagpole to spot cars. Pre-register between 9/15-18: (315) 853-6942; ccswhite@uno.com.

61. HIKE #3 WITH THE AUTHORS Hike yet another section of the storied Devil’s Path to Hunter Mountain with guidebook authors Carol and David White. Experience a great variety of forest, streams, waterfalls and beautiful vistas. At the top, you’ll find one of the Catskills five historic fire towers. We’ll descend via an old woods road to Spruceton Valley. Bring lunch/water. 8 mi. (6-7 hrs.) Strenuous but at relaxed pace. (Sections have uneven, rocky surface, but very little rock scrambling or steep pitches; hiking boots required. Not suited for child under 10.) Sun. 9/21, 9 am. I-87 (NYS Thruway) to Exit 20 (Saugerties). Rt. 32 to L at junction to Rt. 32A to L at junction to Rt. 23A to Hunter; a few miles west in Lexington; L onto Rt. 42 over the Schoharie Bridge for 4 miles to West Kill village; L on Spruceton Rd. (Co. Rt. 6); turn L into first large DEC parking area. From I-87 (NYS Thruway) Exit 19 (Kingston), Rt. 28 west to Shandaken; R on Rt. 42 to West Kill to R on Co. Rt. 6 as above. Pre-register between 9/15-18: (315) 853-6942; ccswhite@uno.com.

62. MOUNTAIN TOP ARBORETUM WALK Learn about the variety of native and exotic trees, shrubs and wildflowers at the 21-acre Arboretum. Joan Kutcher, executive director, leads a one-hour walk through the collections in the West Meadow and along the Woodland Walk, and discusses plants suited to the Catskill region, as well as
66. HIKE SLIDE MOUNTAIN Leading off the ADK/Mid Hudson’s High Peaks Grand Walkabout series to commemorate the start of the Quadrcentennial Year is this hike of the highest peak in the Catskills — 4,180-foot Slide Mountain. Led by ADK guides Jean-Claude Fouere and Georgette Weir, the hike will go to the summit with its great views of all the Catskill peaks. On the summit, we’ll visit the Burroughs Plaque in recognition of the great naturalist and writer John Burroughs who wrote prolifically about trekking in the Catskills. Bring lunch/2 qts. water. 7 mi. Difficult. (Rocky surface; some steep ascents/descents. Not suited for child under 15. Hiking boots required.) Sat. 9/27, 9 am. Rain date Sun. 9/28. Limit 12 hikers. Pre-register by 9/25 for meeting place/car pool arrangements: (845) 462-0142; jcfouere@optonline.net or GEWeir@optonline.net.

67. HUCKLEBERRY POINT HIKE From the Catskill Center for Conservation and Development’s “little red cabin” in the majestic Catskill Forest Preserve, hike the Long Path to Huckleberry Point, one of the most dramatic outlooks in the Catskill Mountains. Aaron Bennett, Director of Education at the Catskill Center, will tell you about the natural and human history of the Catskill region. Optional 0.5 mile hike to the 60’ Plattekills follows. Bring lunch/water. 4.5 mi. Moderate-difficult. Sat. 9/27, 10 am. From I-87, exit 20 (Saugerties), L on Rt. 212 west; R on Co. Rt. 35 (Blue Mtn. Rd.) for 2 mi.; L on Co. Rt. 33 for 2 mi.; go straight through West Saugerties and uphill on Co. Rt. 16 (Platte Clove Rd.) for 2 mi. to DEC parking area on right (after road levels out). From Rt. 23A in Tannersville: south on Co. Rt. 16 approx. 6 mi. (passing other trailhead signs on right). At DEC trailhead sign on left, turn onto dirt road and park. (If road begins to descend quickly, you’ve gone too far.) Pre-register by 9/24: (845) 586-2611; abennett@catskillcenter.org.

68. SAUGERTIES LIGHTHOUSE TOUR Built in 1869 at the mouth of the Esopus Creek, the Saugerties Lighthouse is a landmark beacon on the Hudson River. Tour the interior of the restored lighthouse and enjoy the panoramic view from the tower. The half-mile access trail to the lighthouse offers a pleasant walk along the shoreline of the Hudson River. Suggested tour donation: $3 adult; $1 child. 1 mi. Easy. Sat. 9/13, Sun. 9/14, Sat. 9/20, Sun. 9/21, 20-min. tours noon-3. From I-87 [NYS Thruway] Exit 20 [Saugerties], R onto Rt. 32 to slight R onto Market St.; L onto Main St.; straight ahead on Rt. 9W north for 0.4 mi.; R onto Mynderse St.; slight L onto Lighthouse Dr. to parking lot at end on right. Bring $5 mi. on Lighthouse Trail. (518) 773-7318 x 3010; hrotter@gw.dec.state.ny.us.

70. ESOPUS BEND NATURE PRESERVE HIKE Take a leisurely 2.5-hour guided hike in one of New York’s newest nature preserves uniquely situated along a dramatic bend in the Esopus Creek. Enjoy wildflowers blooming in a recently restored meadow and hike a newly created trail to the edge of protected wetlands while watching for early fall migrating birds that stop over on their journey south. 1.5 mi. Easy Sat. 9/13, 8 am. I-87 (NYS Thruway) Exit 20 (Saugerties); follow Rt. 32 into Village of Saugerties; L onto Main St, one block to R onto Partition St. to Saugerties Beach at bottom of Partition St. just before bridge over Esopus Creek (meeting place to carpool to trailhead). (845) 246-5900; schovars@verizon.net.

71. KINGSTON SHORELINE PADDLE Enjoy a scenic 2-hour paddle from Kingston Point Beach, heading north on the Hudson River along the shoreline. You’ll learn basic kayaking skills and about the ecosystem along the Hudson River while exploring the various river habitats with Steve and Julie Noble, Forsyth Nature Center educators. Potential land use changes along Kingston’s last 1.5 miles of undeveloped shoreline will also be discussed. Bring own kayak with safety equipment, or limited number of boats available from Center. Paddle fee $10 2.5 mi. Moderate. Sat. 9/27, 9 am and 6 pm. I-87 (NYS Thruway) to Exit 19 (Kingston); exit traffic circle to I-587; go thru intersection to L on Rt. 32 south (B’way); follow B’way to end at waterfront; L on East Strand to red light; R on Delaware Ave. to end. Kingston Point Beach is on left.; proceed to Kayak Launch Area. Pre-register by 9/26 required: (845) 331-1682 x 132; forsytheducation@aol.com.

72. KINGSTON POINT RIVER ADVENTURE Get your hands and feet wet with educators Steve and Julie Noble of the Forsyth Nature Center on this 2-hour adventure as you learn firsthand what creatures live in your very own Hudson River. You’ll help identify fish species, test for water pollution, explore the shoreline ecosystem, collect old bricks, learn about the history of the local brickyards and much more. 0.5 mi. Easy. Sat. 9/27, 2 pm. I-87 (NYS Thruway) to Exit 19 (Kingston); exit traffic circle to I-587; go thru intersection to L on Rt. 32 south (B’way); follow B’way to end at waterfront; L on East Strand to red light; R on Delaware Ave. to end; Kingston Point Beach is on left; proceed to Kayak Center on left. Public: Kingston Citi Bus to North Street. Follow Delaware Ave. to beach. (845) 331-1682 x 132; forsytheducation@aol.com.
73. RONDOUT NATIONAL HISTORIC DISTRICT RAMBLE TOUR
Hear about the rise of Rondout in the 19th century as a prosperous mar-itime village and major Hudson River port. This walk of Kingston’s waterfront area views the rich legacy of commercial buildings, cast-iron store fronts, and home and churches built by the “melting pot” of national groups who emigrated here in the 19th century. Robert Sweepney, whose family roots are in Rondout, brings a personal touch to this Friends of Historic Kingston tour. Fee $5 adult; $2 child under 16. 1.5 mi. Moderate (some uphill). Sat. 9/27, 11 am. 1-877 [NYS Thruway] to Exit 19 (Kingston); exit traffic circle to I-587, go thru intersection to L on Rt. 32 south (B’way); drive to waterfront. Meet at Visitor Center, 20 B’way. [845] 39-0720. www.fohk.org.

74. OLD HURLEY HERITAGE WALK
Enjoy a guided stroll down the charming Main Street of Hurley, settled in 1661. View one of the oldest clusters of stone houses in the U.S., visit the Old Hurley Burying Ground where the graves of early settlers are found, and hear about Revolutionary War events in the village related by a member of the Hurley Heritage Society and Town Historian Deana Decker. No fee for Ramblers. 1 mi. Easy. Sun. 9/28, 2 pm. Before or after the walk, visit the Hurley Heritage Museum to view the new exhibit “Bluestone – A Quarryman’s Tale,” a history of the bluestone industry in Ulster County. Museum hours: Sat. 10-4, Sun. 1-4. 1-877 [NYS Thruway] to Exit 19 (Kingston) to Rt. 28 west to second exit right to Rt. 209 south to Hurley exit; R at first stop sign; L into Dutch Reformed Church parking lot; walk down Main St. to Hurley Heritage Museum on right (near Key Bank). Register by 9/26. [845] 338-2193; cooker.1@earthlink.net.

75. FIVE LOCKS WALK
Tread in the footsteps of mules and hoggies who pulled the canal boats along the towpath of the Delaware & Hudson Canal (1828-1898) and hear the fascinating story of America’s first private million-dollar enterprise now a National Historic Landmark. You’ll view locks 16-20, snubbing posts, a loading slip, lock tenders’ cottages, remnants of the Roelbing Aqueduct and the beautiful falls. No fee. 1 mi. Moderate. Sat. & Sun. 9/13 & 9/14, Sat. & Sun. 9/20 & 9/21, Sat. & Sun. 9/27 & 9/28, 2 pm. Optional: Tour museum with working lock model and special children’s exhibit. Museum admission: $4 adult; $2 child 12 and under. 1-877 [NYS Thruway] to Exit 19 (Kingston), Rt. 28 west to Rt. 209 south approx. 1 mi. to Stone Ridge, L on Rt. 213 east approx. 2 mi. to High Falls, R on Rt. 6A (Mohonk Rd.) to museum on left. Meet outside museum. [845] 687-9311. 

76. 18TH ANNUAL TASTE OF NEW PALZ
Savor the fruit of the vines and fields from restaurants, wineries, and bakeries in the New Paltz region. Enjoy the Crafts Expo, Business Expo, Wellness and Recreation Expo, and Kids Expo, plus “Artistic Tastes.” Live music all day. Sun. 9/14, 11-5 pm rain or shine; everything under tents. Admission $5; child 12 and under free. “Tastes” $2 and $3; all other exhibits free. 1-877 [NYS Thruway] to Exit 18 (New Paltz); L on Rt. 299 west to L on Libertyville Rd. to Ulster County Fairgrounds. [845] 255-0243; info@newpaltzchamber.org.

77. THE HUGUENOT PATH
Stroll past the historic 17th and 18th century stone houses and burying ground on Huguenot Street, a National Historic Landmark District and heart of the community founded by French Huguenot religious refugees in 1677. The walk continues on to the Huguenot Path along the Wallkill River, passing the old Huguenot Dam and oxbow. Explore the flood plain and enjoy the wilderness right at the edge of New Paltz village. Sneakers suggested. Fee $5. 1.5-2 mi. Moderate (dirty and grass path). Sun. 9/14, 1 pm. Optional guided stone house tours 10-4, $10 adult, $9 senior/student/AAA member; $5 child 6-17. 1-877 [NYS Thruway] to Exit 18 [New Paltz]; L on Rt. 299 west to intersection with Rt. 32 north; R on Rt. 32 north to L at second intersection onto Broad Ave. to parking lot on left. Meet at Dubois Fort Visitor Center. Public: Adirondack Trailways to New Paltz. Walk west on Rt. 299 and follow directions above. [845] 255-1660 x 300. info@huguenotstreet.org.

78. HIDDEN HUGUENOT STREET
With your guide, explore the not-so-obvious remnants of the past on this 2-hour stroll down Huguenot Street on which survive seven of the original 18th c. houses that formed the heart of this community founded by the French Huguenot religious refugees in 1677. Fee $5. 1 mi. Easy (Accessible; but tour not suited for child under 10). Sun. 9/21, 1 pm. Optional guided stone house tours 10-4, $10 adult, $9 senior/student/AAA member; $5 child 6-17. Follow directions for #77 above. [845] 255-1660 x300. info@huguenotstreet.org.

79. BELGIAN FESTIVAL
Join us for a day of all things Belgium – food, libations and fun – as we celebrate the special culture from which the New Paltz Huguenots came. Tour the historic stone houses from the 17th c. which they built on Huguenot Street and learn about the connection between Belgium and the French Huguenots of New Paltz. Admission free; donation requested. Sat. 9/27, 11-5. Follow directions for #77 above. [845] 255-1660 x 300. info@huguenotstreet.org.

80. HIDDEN TREASURES OF HUGUENOT STREET
Go underground with Historic Huguenot Street’s archive specialist and discover buried treasure. Enjoy a private viewing of some of the treasures in our Archives. Who knows what might be lurking there! Tour fee $5. Sun. 9/28, 11 am. Space limited. Pre-registration required: [845] 255-1660 x300; register@huguenotstreet.org. Follow directions for #77 above.

81. LOCUST LAWN CANDLELIT TOUR
Enjoy a candlelit tour of the Jeffersonian Mansion as it was in 1845, when the Rincker family lived in the early 19th century. Tour fee $7. Sun. 9/28, 7 pm. 1-877 [NYS Thruway] to Exit 18 [New Paltz]; L on Rt. 299 [Main St.] for 0.9 mi to L on Rt. 32 south for 3.7 mi. to Locust Lawn on left. [845] 255-1660 x300; info@huguenotstreet.org.

82. BAGELS ON THE BRIDGE
Everyone in the family will enjoy this leisurely nature walk on a beautiful and diverse section of the Wallkill Valley Rail Trail that passes through woodlands and by ponds and wetlands. You may see turtles basking in the sun and a variety of birds, including some fall migrants. We’llpause on the Steel Bridge over the Wallkill River for bagels, beverages and beautiful views before heading back. 2 mi. Easy. (Suitable for jogging strollers.) Sat. 9/20, 10 am. I-877 [NYS Thruway] to Exit 18 [New Paltz]; L onto Rt. 299 [Main St.] to 3rd light; R onto Rt. 32 approx. 1 mi. to L into Ulster BOCES to R into main parking lot. Public transportation: Adirondack Trailways to New Paltz. From bus terminal R onto Main St. one block to Elting Library. R on North Front St. 2 1/2 blocks (crossing Rte. 32) to Wallkill Valley Rail Trail. R on trail 1 mi to Huguenot St. into BOCES parking lot. Register by 9/18. [845] 255-4223; gorailtrail@yahoo.com.

83. HURD’S FAMILY FARM CORNMAZE CHALLENGE
Weave your way through our new Giant Corn Maze Challenge (1.5-2 mi. Moderate. Wheelchair-stroller accessible). Plus, follow the new Eco-Adventure Trail along which you’ll meet visual displays of the various ecosystems found on our farm: the Eastern Woodland Forest, Pond and Wetlands. Find your way out of an eco-friendly forest of evergreens, learning about survival techniques, as well as the benefits evergreens provide to humans and our environment. Hop on the Hurd’s Country Hayride and Cow Train Ride. Other attractions include the Hay Jump, Strawbale Maze, Apple Launchers and much more. Visit a historic Dutch threshing barn for food and gift items. Admission: $9 all activities; $5 corn maze only. Sat. & Sun. 9/20 & 9/21, 10 am. I-877 [NYS Thruway] to Exit 18 [New Paltz], Rt. 299 west to L onto Rt. 32 south for 4 mi; R at sign for Hurd’s Family Farm. [845] 883-7825; susan@hurdzfamfamilyfarm.com.

THE SHAWANGUNKS – Named “A Last Great Place on Earth” by The Nature Conservancy

84. HIKE TO TABLE ROCKS-BONTICOU CRAG
Quiet trails through the woods at the Mohonk Preserve take you to the spectacular giant slabs known as Table Rocks. Led by Preserve members Addie Hoas, Larry Brown and Ethan Pierce, the hike continues on the Northeast Trail to the top of Bonticou Crag. Along the way former Preserve research intern Ethan Pierce, forester, will answer your questions about the ecology and health of the forest. Come prepared with your camera to capture the splendid views from the top of these two favorite Preserve destinations. Bring lunch/water, camera binoculars. 7.5 mi. (4 hrs.) Moderate-difficult (uneven rocky terrain, some steep ascents/descents; hiking boots suggested. Not suited for child under 8.) Sat. 9/27, 10 am. I-877 [NYS Thruway] to Exit 18 [New Paltz] to R onto Rt. 299 through New Paltz; go over steel bridge to R onto Springtown Rd.; L onto Mountain Rest Rd; pass 1 mi. to R onto Upper Knolls Rd. to kiosk for Spring Farm Trailhead (meeting place). Register by 9/26. [845] 255-0919. 

Hudson River Valley Ramble 2008
RR15
TRAIL TIPS
1. Wear sturdy shoes: for hikes, an over-the-ankle boot. No flimsy flats, thongs, sandals or bare feet.
2. Long pants are recommended for walks/hikes in rural terrain.
3. Carry a water bottle.
4. Bring snacks/lunch for hikes lasting several hours.
5. Bring a rain jacket.
7. Never get out of sight of the guide.
8. If you have trouble finding the trail, notify the leader.
9. Don’t remove any foliage, flowers, rocks or other items.
10. Carry it in. Carry it out. Leave nothing behind but your footprints.

63. HIKE #4 WITH THE AUTHORS
64. HIKE #5 WITH THE AUTHORS
65. HIKE GIANT Ledge
66. HIKE SLIDE MOUNTAIN
67. HUCKLEBERRY POINT HIKE
68. SAUGERTIES LIGHTHOUSE TOUR
69. BE A HUDSON RIVER OTTER SPOTTER
70. ESOPUS BEND NATURE PRESERVE HIKE
71. KINGSTON SHORELINE PADDLE
72. KINGSTON POINT RIVER ADVENTURE
73. ROUNDTOWN NATIONAL HISTORIC DISTRICT RAMBLE TOUR
74. OLD HURLEY HERITAGE WALK
75. FIVE LICKS WALK
76. 18TH ANNUAL TASTE OF NEW PALTZ
77. THE HUGUENOT PATH
78. HIDDEN HUGUENOT STREET
79. BELGIAN FESTIVAL
80. HIDDEN TREASURES OF HUGUENOT STREET
81. LOCUST LAWN CANOE/TIP TOUR
82. BAGELS ON THE BRIDGE
83. HURD’S FAMILY FARM CORNMAZE CHALLENGE
84. HIKE TO TABLE ROCKS-BONTICOU CRAG
85. MININEWSKA MOSSY GLEN & FIRE LINE WALK
86. HIKE TO THE ICE CAVES
87. HIKE TO HIGH POINT
88. ESOPUS MEADOWS “WALK AND WADE”
89. JOHN BURROUGHS SANCTUARY RAMBLE
90. HARVEST MOON WALK
91. LOOKING BACK AND FORWARD
92. BUTTERCUP FARM AUDUBON CENTER AND SANCTUARY WALK
93. FOREST ECOLOGY WALK ON THE WAPPINGER CREEK TRAIL
94. WALKING AND TALKING QUAKER HISTORY
95. MONTGOMERY PLACE LANDSCAPE AND GARDENS TOUR
96. SUNSET READING AT POET’S WALK
97. ROMANTIC LANDSCAPE PARK
98. FERNCLIFF FOREST PRESERVE WALK
99. WILDERSTEIN GREAT ESTATES WALK
100. CELEBRATE SCIENCE ON THE RIVER
101. MILLS-NORRIS RIVER TRAIL TREK
102. A WALK IN THE GARDEN
103. GRAND WALKABOUT KICKOFF CELEBRATION
104. VISIT TO SABRETTE GARDEN
105. FDR’S EXCELLENT STREAMSIDE ADVENTURE
106. VAL-KILL TO TOP COTTAGE WALK
107. SLOOP CLEARWATER TOUR AND SAIL
108. 13TH ANNUAL HUDSON RIVER ARTS FESTIVAL
109. HISTORIC 1861 ANTI-SLAVERY SERMON RE-ENACTMENT
110. SPRINGSIDE LANDSCAPE STROLL
111. LOCUST GROVE NEW TRAILS RAMBLE

We strongly advise you to purchase a detailed road map for the places you plan to visit during the Ramble. Look for “Ramble” signs directing you to each trailhead.

FOR PUBLIC TRANSPORTATION INFORMATION CALL:
M Metro-North (800) METRO-INFO
In NYC (212) 532-4900 mta.nyc.ny.us
There are 40 Metro-North stations throughout Westchester County in nearly every city, town and village. They also are located up to Poughkeepsie in Dutchess County.
Amtrak (800) USA-RAIL amtrak.com
ShortLine/Coach USA (800) 631-8405 shortlinebus.com
Trailways (800) 858-8555
Transportation/lodging packages (800) 877-1868
If you've ever been curious about the geology of the Hudson Valley, join Fergus Bordewich, author of "The Magnificent 434 Dwarf Pitch Pine, Cliffs/Talus, and Hemlock-Northern..."
85. MINNEWASKA MOSSY GLEN AND FIRE LINE WALK If you’ve ever been curious about the impact of fire on a forest, this is your chance to witness the explosion of lush new growth that naturally occurs afterwards. A Minnewaska State Park Preserve naturalist will guide you on a 3-hour walk that goes right to the edge of a section of forest impacted by the fire this April at the Preserve. The walk also follows the Mossy Glen footpath, an intimate trail that wanders along the edge of the Peters Kill stream. Bring water/snacks. 3 mi. Moderate (some uneven, rocky and possibly slippery surfaces; hiking boots recommended. Not suited for child under 10.) Sun. 9/28, 10:30 am. 1.25 mi. Moderate. Sun. 9/13, 10:30 am. From south, I-87 (NYS Thruway) Exit 18 (New Paltz); L on Rt. 299 west thru round approx. 8 mi.; R on Rt. 44/45; go approx. 4 mi. to left turn into main entrance of Minnewaska State Park Preserve. Park entrance fee: $6 per vehicle. Park in Awosting Lot and meet at information kiosk. Register by 9/27: (845) 255-0752.

86. HIKE TO THE ICE CAVES Join naturalist and ADK volunteer Rich Forman on a hike to the Ice Caves to search for some of the 90 species of plants and animals depicted in the extraordinary mural at the Sam’s Point Conservation Center. Along the way, you’ll visit four natural communities on the Preserve – chestnut-oak forest, ridgetop dwarf pitch pine, cliffs/talus, and hemlock-northern forest – and look for Sam’s Point plants and animals that find suitable habitat within them. Bring lunch/water. 4 mi. Moderate (uneven rocky terrain. Not suited for child under 8). Sat. 9/13, 9:30 am. From north: 187 (NYS Thruway) to Exit 19 (Kingston) to Rt. 28 west to exit to Rt. 209 south; follow to Ellenville center; L on Rt. 52 approx 4 mi.; after green sign, turn L onto Cragsmoor Rd. for 1 mi. to Cragsmoor Post Office; R in front of post office; next R onto Sam’s Point Road to Preserve entrance. From south, 187 to Exit 16 (Harriman); Rt. 17 west to Exit 119/Rt. 302; R onto Rt. 302 to Pine Bush; L on Rt. 52 approx. 6 mi.; after green sign, turn R on Cragsmoor Rd. and follow directions above. Meet at Conservation Center. Registration required by 9/12: (845) 647-7989 x 101; hwagner@tnc.org.

87. HIKE TO HIGH POINT Enjoy a presentation on the geology of the Hudson Valley by Steven Schimmrich, Associate Professor of Geology at SUNY Ulster. Then hike to High Point where we’ll look for clues about what this area of New York was like over 400 million years ago and how the present landscape was formed during the last glacial ice age. Bring lunch/water. 5 mi. (4.5 hrs.) Difficult (uneven rocky surface; one steep hill. Not suited for child under 14.) Hiking boots recommended. Sat. 9/13, 10:30 am. From north: 187 (NYS Thruway) to Exit 19 (Kingston) to Rt. 28 west to exit to Rt. 209 south; follow to Ellenville center; L on Rt. 52 approx 4 mi.; after green sign, turn L onto Cragsmoor Rd. for 1 mi. to Cragsmoor Post Office; R in front of post office; next R onto Sam’s Point Road to Preserve entrance. From south, 187 to Exit 16 (Harriman); Rt. 17 west to Exit 119/Rt. 302; R onto Rt. 302 to Pine Bush; L on Rt. 52 approx. 6 mi.; after green sign, turn R on Cragsmoor Rd. and follow directions above. Meet at Conservation Center. Pre-registration required: (845) 647-7989 X 101; hwagner@tnc.org.

88. ESOPUS MEADOWS “WALK AND WADE” Enjoy a 2-hour “hands-on” exploration of both the aquatic wildlife and forest ecology at Scenic Hudson’s Esopus Meadows Point Preserve led by educators from the Hudson River Sloop Clearwater. Go on a one-hour moderate hike in the Preserve’s diverse woodlands to learn about tree species, vernal pools and forest ecology. Then strap on waders to see fish and crabs in the shallows of the Hudson River, populated in September by many juvenile fish migrating south. Collected fish and Hudson River ecology will be discussed. Bring snack or lunch to eat afterwards. 2 mi. Moderate. Sat. 9/13, 10:30 am. From south, take Rt. 9W north; R on River Rd. opposite El Paso Winery: follow for 1.5 mi. to Preserve on right. From north, 9W south thru Port Ewen; L on River Rd. just past cemetery: follow 2.5 mi. to Preserve on left. Pre-registration not required: (845) 454-7673.

89. JOHN BURROUGHS SANCTUARY RAMBLE From the gate of the Sanctuary, we will stroll to John Burroughs’ rustic cabin “Slabsides.” Built in 1895, this National Historic Landmark stands as a symbol of his legacy. After a tour of the cabin and a few brief readings from his writings, we’ll walk a trail to the spring he used for his water supply, then past a waterfall to Pond House where many photos of Burroughs and his family and friends are on display. $5 donation suggested. 1.5 mi. Moderate (trail somewhat rocky). Sat. 9/20, 10 am. Rain date: Sun. 9/21, 187 (NYS Thruway) Exit 18 (New Paltz), R onto Rt. 299 east; L onto Rt. 9W north for 4 mi.; L on Floyd Acker Rd. to Burroughs Dr. on left. Meet at Sanctuary gate. (845) 384-6320; inarco@bigpond.com.

90. HARVEST MOON WALK Stroll by the light of the silvery moon on the Hudson Valley Rail Trail from the trailhead on Old New Paltz Road over Black Creek to Tony Williams Park and back. Then enjoy cider, doughnuts, popcorn and camaraderie around the light of a bonfire, plus a storyteller and decorated pumpkin contest. Bring a flashlight. Admission: $5 per person; $20 family of 4 or more; child under 6 free. Children under 18 must be accompanied by adult. No bicycles or pets. Under 3 mi. Easy. Fri. 9/12, 7-9 pm. 187 (NYS Thruway) to Exit 18 (New Paltz); R on Rt. 299 east; at Hess Station, R onto New Paltz Rd.; go approx. 1 mi. past rail trail signs to pavilion. From junction of Rt. 9W/299, take Rt. 299 west for 2 mi. L onto Cragsmoor Rd. for 0.5 mi. L onto S. Chadkille Lake Rd.; at end, turn right. www.HudsonValleyRailTrail.com.

91. LOOKING BACK AND FORWARD Join Dick Herman, Harlem Valley Rail Trail Association chairman, on a walk down the rail trail as he points out historic buildings and interesting trail facts along the way. Dick will talk about the history of the railroad and the Millerton Station, as well as show walkers an undeveloped section where the rail trail will be expanded in the future. 1 mi. Easy (flat, mostly paved and accessible except for undeveloped section.) Sun. 9/28, 12 noon. At light on Rt. 22 in Millerton, turn onto Main St. Meet at Millerton trainhead across street from Railroad Plaza. (518) 789-9591; hvret@fairpoint.net.

92. BUTTERCUP FARM AUDUBON CENTER AND SANCTUARY WALK Enjoy a walk along the old railroad bed and gentle trails that thread through this 640-acre Audubon Sanctuary. An Audubon New York naturalist will tell about its natural history and ecology, and identify the flora and fauna you observe in the meadows and along the Wappinger Creek. Explore many more trails on your own. 2.5 mi. Easy. Sun. 9/21, 10 am. From Rt. 82 between Pine Plains and Stanfordville, turn west on Stissing Lane; at end of road, R on Mountain Rd.; go short distance to sanctuary entrance on right. Register: (518) 678-3248; birderlarry@verizon.net.

93. FOREST ECOLOGY WALK ON THE WAPPINGER CREEK TRAIL At the Cary Institute of Ecosystem Studies, learn about the ecology of land use on a 2-hour interpretive walk on the Wappinger Creek Trail with Forest Ecologist Dr. Charles Canham. Along the trail, Dr. Canham will show participants how plant life reflects past land use patterns such as farming and logging, which have transformed Hudson Valley landscapes over the centuries. The walk passes through a range of habitats from forests and old fields to wetlands. Wear long pants and sturdy shoes (no sandals). 1.25 mi. Moderate. Sun. 9/21, 10 am. After the walk, explore the Cary Institute’s trails on this 2,000-acre property including the Cary Pines Trail (1.3 mi.), which passes through open spaces, thickets and peaceful pine and hemlock forests. The Fern Glen Trail (0.25 mi.) features habitat displays containing over 150 species of trees, ferns and wildflowers native to the region. Trail maps available at Gifford House. Taconic Pkwy to Rte. 44- Poughkeepsie/ Millbrook Exit; go east on Rte. 44 for 2 mi.; L on Rte. 44A (Sharon Tp.) for 1 mi.; turn L into parking lot at Gifford House Visitor & Education Center; meet in parking lot. (845) 677-7600 x 203.

94. WALKING AND TALKING QUAKER HISTORY Join Fergus Bordewich, author of Bound for Canaan: The Epic Story of the Underground Railroad, for a 1-hour “walk and talk” on the extraordinary history of Nine Partners. Members of the Friends Meeting here were early conductors on the road to freedom, and also operated Nine Partners School, whose teachers included famous abolitionist Lucretia Coffin Matt. Sit in the silence of the c. 1780 meetinghouse, surrounded by the simple, unmarked graves of Friends who worshipped there. Hear the stories of men, women and children who liberated themselves from the bonds of slavery and the people of faith who helped them to freedom. Sun. 9/21, 3 pm. From Poughkeepsie, Rt. 44 east toward Millbrook to Rte. 44/82 to traffic circle to R onto Rt. 343 for 2 blocks L at Rte. 343/Church St. intersection; L onto Church St. to immediate R into cemetery; bear R to Meeting House. (845) 677-5767; ngreenw@aol.com.

95. MONTGOMERY PLACE LANDSCAPE AND GARDENS TOUR The magnificent 434-acre landscape of Montgomery Place is an extraordinary example of the Romantic style landscape influenced by A.J. Downing and now a National Historic Landmark. Walk with Landscape Director Sarah Price through the glorious gardens...
that grace this former country seat of the Livingston Family from 1804-1985. You'll visit the various style early 20th century gardens from the lush perennial, annual and herb gardens to the naturalistic “Rough Garden” and the “Ellipse” with a reflecting water lily pool, and gain a view into the colors, fragrances and designs popular during America's estate garden era. Meet on the Visitor Center Deck. Easy. Approx. 0.5 mi. Guided landscape tours: Sat. 9/13, 11 am. Enjoy a self-guided audio tour of the estate on which you can hear historical highlights on a handheld device. Hear about the A.J. Davis designed mansion and carriage house, sit on the mansion porch with its Hudson River vistas, walk the nature trail that winds down through woodlands to a waterfall, and picnic on the great lawn if you like. Self-guided tours: Sat.-Sun. 9/13-14, 20-21 & 27-28, 10-5. Site admission: $5 adult; $3 child 5-17; child under 5 free. 1.5 mi. (NYS Thruway) to Exit 19 (Kingston) to R to 209/199 east across Kingston-Rhinecliff Bridge (toll); proceed on Rt. 199 east at first traffic light on River Rd. for 2 mi. to estate entrance on left. (845) 758-5461; www.hudsonvalley.org.

96. SUNSET READING AT POETS' WALK ROMANTIC LANDSCAPE PARK Walk in spirit with Washington Irving who found inspiration ambling the paths that wind through the sunlit meadows and quiet woodlands at Poets’ Walk. Romantic Landscape Park, a 120-acre park owned by Scenic Hudson, Inc. Then gather at the gazebo by a bonfire, enjoy refreshments and listen to poets read their works while watching the sun set behind the Catskill Mountains and the Hudson River turn to gold. 1.5 mi. Easy (smooth wide path; accessible to poetry reading site). Bring flashlight. Sat. 9/20, 4:30-7. From east side of Kingston-Rhinecliff Bridge and Rt. 199, at first traffic light L on River Rd. 0.6 mi. to Poets’ Walk parking area on left. (845) 473-4440.

97. FERNCLIFF FOREST PRESERVE WALK Enjoy an easy woodland walk to a fire tower with Catskill 3500 Club hike leaders Tom and Laurie Rankin. Take in fabulous views of the Hudson River and Catskill Mountains and hear about fire tower history. Bring a lunch to picnic at the pavilion by the pond after the walk. 2 mi. Easy (Not suited for child under 6). Sat. 9/27, 11 am. From east side Kingston-Rhinecliff Bridge, Rt. 199 to 1st light, R onto River Rd.; bear L at fork onto Mt. Rutgers Rd.; R into Ferncliff parkinglot. Meet on the Ferncliff entrance road on the left. (845) 926-6209; trankin@hvc.rr.com.

98. WILDERSTEIN GREAT ESTATES WALK Calvert Vaux, designer of Central and Prospect Parks, created a Romantic style landscape at Wilderstein with winding carriage drives and nature paths. Rustic seats and gazebos invite you to pause at viewpoints Vaux created by cutting “windows” in the woods to frame Wilderstein’s extraordinary vistas of the Hudson River, Esopus Lighthouse and distant mountains. Hear about the history of this notable landscape and its plant material as horticulturist Meg Crawford leads you from the main lawn across a meadow and down through woodlands to a freshwater tidal marsh and the Hudson River. Guided landscape tours: $10. 1.5 mi. Moderate. Sat. 9/20, 11 am. Self-guided landscape tour: No fee. Sun. 9/21, noon-4. View the new exhibit in the Queen Anne style house: “Art Of, For and By Women,” an exploration of the social, cultural and economic impact generations of women had on the history of Wilderstein and the Hudson Valley. Admission $10 adult; $9 senior/student; child under 12 free. Thrus. thru Sun. noon-4 pm. From Rt. 308 in Rhinebeck, Rt. 9 south to first R on Mill Rd.; 2.2 mi. to R on Morton Rd. (Co. Rt. 85); 0.25 mi. to estate entrance on left. (845) 876-4818.

99. CELEBRATE SCIENCE ON THE RIVER Science has never been such fun! Join us for an afternoon of activities for all ages at Norri Point Environmental Center. Meet Hudson River scientists, check out their equipment and hear about their research. Seine for fish. See fascinating live river animals. Learn about invasive species. Enjoy refreshments and spectacular river views on the patio (facility is wheelchair accessible.) Weather permitting, join Hudson River Research Reserve staff on guided paddles to nearby Esopus Island (all equipment provided, but numbers limited). Special activities for children. Sun. 9/14, 2-5. From Rhinebeck Rt. 308 intersection, Rt. 9 south approx. 3.5 mi. to R on Old Post Rd. to Norri Point State Park entrance road to first L after bridge to next L; follow past marina to end; park on left of building. From light in Hyde Park, Rt. 9 north 3.5 mi. to L onto Old Post Rd.; follow directions above. (845) 889-4745.

100. MILLS-NORRIE RIVER TRAIL TREK Starting in Norri Point State Park, a former estate, walk with a naturalist on a trail that hugs the Hudson River all the way, dipping and rising from the water's edge to hemlock-covered heights above. Emerge from the woods on the great lawn of one of the Hudson Valley's noted Gilded Age estates, built by philanthropist Ogden Mills. Return to start point with your guide, or tour the mansion interior ($5 adult, $4 senior/student, child to age 12 free) and return on your own (maps provided). Bring lunch/water for picnic. 4.2 mi. Moderate. Sun. 9/28, 11 am. From traffic light in Rhinebeck, Rt. 9 south approx. 5.5 mi. to R onto Old Post Rd. to Norri Point Park entrance road to first left after bridge to next L; follow road to end past marina on right; park to left of building. From traffic light in Hyde Park, Rt. 9 north 3.5 mi. to L onto Old Post Rd.; follow directions above. Meet at Norri Point Environmental Center. (845) 889-4646.

101. A WALK IN THE GARDEN Enjoy an easy walk with a National Park Service Ranger that chronicles more than 200 years of history at the Vanderbilt National Historic Site. The walk begins just north of the mansion at the “Overlook” with its famous vistas of the Hudson River and Catskill Mountains, and ends in the beautiful tiered Italian garden. Though Frederick Vanderbilt was careful not to alter much of the Hyde Park estate landscape, he continued to tinker, in ways big and small, with his Italian Garden. Learn about this and much more about one of the most beautiful and historic landscapes in the Hudson Valley. 2 mi. Easy. (Flat paved and gravel paths). Sun. 9/21, 2 pm. 187 (NYS Thruway) to Exit 18 (New Paltz) to 299 east to 9W south; follow signs to Mid-Hudson Bridge (a.k.a. the Franklin Delano Roosevelt Bridge); cross bridge and follow signs to Hyde Park/Rt. 9 north; go approx. 7 miles north to Hyde Park (past FDR Home) to L turn into Vanderbilt Estate. Meet Park Ranger at the “Overlook.” (845) 229-7770.

102. GRAND WALKABOUT KICKOFF CELEBRATION 400 years...400 trails...400 miles...4 counties! Join your fellow trail enthusiasts at a festive event to kick off a year of exploring the network of trails that fan out across Dutchess, Ulster, Orange and Putnam Counties. This Hudson-Fulton-Champlain Quadracennial program celebrates the beautiful and diverse landscape of the Mid-Hudson Valley. Whether you’re a seasoned scrambler who scales the counties’ peaks or a casual stroller along rail trails and urban walks, come to the Kickoff Celebration to find out how you can earn awards during the upcoming year for traversing our trails on foot or by wheel chair. Pick up a Trails Resource Guide and start accumulating award credits doing two guided moderate level hikes that day: The Vanderbilt Estate Loop, 1:30-3 pm. and to scenic Crum Elbow, 3:45-4:30 pm. Free entertainment and refreshments. Sun. 9/14, 1-5. From Mid-Hudson Bridge at Poughkeepsie, north on Rt. 9 to Town of Hyde Park and L onto W. Market St. at intersection (with Town Hall, Hyde Park Motors, Post Office). Follow road down to Hudson River and Riverfront Park on your right. (845) 255-7742; trailwalker@grandwalkabout.com.

103. VISIT TO A SECRET GARDEN Stroll through the enclosed formal garden at Bellefield designed in 1912 by Beatrix Farrand (1872-1959), one of this nation’s finest landscape architects. A walk through its gates affords a glimpse of Farrand’s virtuoso talents and a view into the great country house era of turn-of-the-century America. Information will be available for self-guided tours. Donations gratefully accepted. Sat. 9/20 & Sun. 9/21, 10-4. From Mid-Hudson Bridge at Poughkeepsie, Rt. 9 north to Hyde Park approx. 5 mi.; turn L into entrance to Roosevelt Library and Museum; after sharp left turn, look for “Bellefield Park Offices” sign on left; go through side gate in garden. May also be viewed from Bellefield terrace. www.beatrixfarrand.org. Public: Duchess Loop Bus: (845) 485-4690; http://www.co.dutchess.ny.us.

104. FDR’S EXCELLENT STREAMSIDE ADVENTURE Let’s get our feet wet – that is, if you want to! President Roosevelt had a great love of the outdoors which he used in shaping our nation’s conservation programs. As a youth, Franklin played along Merches Kill Creek discovering many of the secrets nature had to reveal. Hike on an exploratory trip to Merches Kill Creek where we’ll take an in-depth look at this ecosystem. Wear long pants, hiking boots, hat; bring snack, water bottle, bug spray, sun lotion. 1.5 mi. Moderate. (Designed
for child 8 and up.) Sat. 9/13, 1 pm. I-87 (NYS Thruway) to Exit 18 [New Paltz] to 299 east to 9W south; follow signs to Mid-Hudson Bridge (also known as the Franklin Delano Roosevelt Bridge); cross bridge and follow signs to Hyde Park/ Rt. 9 north; go approx. 5 miles to L into FDR Home. Meet park ranger in Henry A. Wallace Visitor Center. Public: Dutchess Loop Bus: (845) 485-4690; http://www.co.dutchess.ny.us. Register by 9/6: (845) 229-0174.

105. VAL-KILL TO TOP COTTAGE WALK Hike with a National Park Service Ranger from Eleanor Roosevelt’s Val-Kill to FDR’s Top Cottage. At the top, enjoy the stunning panorama of the Hudson River Valley from the porch that enticed FDR to build his 1938 retreat home on the top of Dutchess Hill. Energy snacks and bottled water await you, compliments of the Roosevelt-Vanderbilt Historical Association. 2 mi. Moderate (Continual uphill. Not suited for child under 8). Sun. 9/14, 2 pm. Val-Kill and Top Cottage tours available for $8 per person; under 16 free; National Park Service Passports honored. I-87 (NYS Thruway) to Exit 18 [New Paltz] to Rt. 299 east to Rt. 9W south; follow signs to Mid-Hudson Bridge (also known as the Franklin Delano Roosevelt Bridge); cross bridge and follow signs to Hyde Park/ Rt. 9 north; approx. 3 mi. north, at first light past the Culinary Institute of American, turn R onto St. Andrews Rd.; at end, L onto 9G north; go 0.5 mi. to Val-Kill entrance on right. Meet Park Ranger in Visitor Center/Museum Shop. (845) 229-7770; www.nps.gov/elro. Public: Dutchess Loop Bus: (845) 485-4690; http://www.co.dutchess.ny.us. Register by 9/6: (845) 229-0174.

106. SLOOP CLEARWATER TOUR AND SAIL Enjoy a voyage of discovery as well as an ecological adventure aboard the sloop Clearwater. During your 3-hour boat tour and sail, you’ll learn about Hudson River history and ecology, and have the opportunity to take a turn at the tiller and help raise the 3,000-pound mainsail. The Clearwater has been plying the waters of the Hudson since 1969 as a moveable classroom and forum for environmental issues. Fee: adult $45; child 12 and under $15. Sun. 9/14, 2-5; Sat. 9/20, 2-10; Sat. 9/20, 4-7 at Hudson River Arts Festival. (See #107) Dock at Waryas Park on the Poughkeepsie waterfront. From the Mid-Hudson Bridge at Poughkeepsie, at first light, L onto Jefferson Ext.; at first intersection, L onto Union St.; at first light, L onto Main St. to end; parking at North Water St. lot (R off Main St. before park). Public: Metro-North Hudson Line to Poughkeepsie. (845) 473-2072 www.clearwater.org.

107. 13th ANNUAL HUDSON RIVER ARTS FESTIVAL This annual waterfront festival in Waryas Park features non-stop live music, ethnic foods, regional crafters’ tent and art exhibits, family activities and more. Festival admission free. Sail aboard the Clearwater. (See #106 above.) Sat. 9/20, 2-10. From the Mid-Hudson Bridge at Poughkeepsie, at first light, L onto Jefferson Ext.; at first intersection, L onto Union St.; at first light, L onto Main St.; Waryas Park is at end; parking avail. at North Water St. lot (R off Main St. before park). Public: Metro-North Hudson Line to Poughkeepsie. (845) 473-2072 www.bardavon.org.

108. HISTORIC 1861 ANTI-SLAVERY SERMON RE-ENACTMENT Lincoln is elected! Seven southern states have seceded! What should the north do? Hear excerpts from the passionate anti-slavery sermon preached by Rev. Moses Coit Tyler of the First Congregational Church on the eve of Lincoln’s inauguration. Re-enactors from the Mid-Hudson Anti-Slavery Project perform in the 1859 sanctuary and the Dutchess Anti-Slavery Chorus will present music of the era in period dress. Program free. Sat. 9/13, 4-5. Stay on for the Hudson Valley Harvest Dinner, a bountiful buffet of 19th century dishes made with local fare served up with more anti-slavery music and historical information on the election of 1860 and the abolitionist movement in Dutchess County.
County. Seatings 5:15 & 6:30 pm. $10 per person. Dinner reservations recommended by 9/10: (845) 454-2960; feepok@gmail.com. Rt. 9 north or south to Rt. 44/55 east exit; stay in left lane for 2 blocks to L turn onto Academy St. for 3 blocks to L on Mill St. to First Congregational Church on left. I-87 (NYS Thruway) to Exit 18 (New Paltz); R onto Rt. 299 east to R onto Rt. 9W to Rt. 44/55 east exit to Mid-Hudson Bridge (toll); stay in left land on Rt. 44/55 east and follow directions above.

109. SPRINGSIDE LANDSCAPE STROLL  A National Historic Landmark, Springside was designed in 1850-52 by America’s first landscape architect, A.J. Downing, for college founder Matthew Vassar as his summer pleasure grounds. Enjoy a one-hour guided stroll of this rare surviving A.J. Downing landscape design featuring grassy carriage roads that wind past rocky outcroppings, shady hollows and sunny meadows in a series of carefully composed romantic effects. Sponsored by Springside Landscape Restoration. Donation suggested 1 mi. Easy. (Accessible - wide mown paths). Sat. 9/13 & Sat. 9/20, 1 pm. Special tour led by Harvey Flad, Professor Emeritus, Vassar College. Sat. 9/27, 1 pm. From the Mid-Hudson Bridge at Poughkeepsie, take Rt. 9 south 1 mi.; exit onto Academy St. to Springside on immediate right. Meet in visitor parking area. (845) 454-2060; info@springsidepark.org.

110. LOCUST GROVE NEW TRAILS RAMBLE  Discover the new trails on the Edgehill and Southwood Estates that greatly expand the walking opportunities on our landscape. Locust Grove staff will lead you on this 2-hour ramble through tranquil groves of trees to scenic vistas, plus you’ll view rare photos of these three historic Hudson River estates located along South Road. Fee $3. 2 mi. Moderate (some rough terrain; sturdy walking shoes recommended; not suited for child under 10). Sat. 9/13, 10 am. Bring lunch to picnic post-walk on upper grounds of Locust Grove. Optional house tour $9. From east side of Mid-Hudson Bridge at Poughkeepsie, Rt. 9 south 2 mi. to R turn into Locust Grove. Meet at Visitor Center. Public: Dutchess Loop Bus (845) 485-4690; Metro-North Hudson line to Poughkeepsie; taxi to site. Registration suggested: (845) 454-4500 x 17; morgan@morsetleadership.org.

111. VASSAR COLLEGE CAMPUS VOLKSSPORT WALK  Join the Volkssport Club of West Point on a 5 km or 10 km (3.1 or 6.2 miles) self-guided, self-paced walk through Vassar College’s beautiful 1,000-acre campus. A trail guide and map will be provided. View and read about many of the historic buildings and attractions on the campus, which has over 100 buildings, as well as some on the surrounding streets in the Arlington section of Poughkeepsie. Internationally-sanctioned American Volkssport Association (AVA) walk. Fee $3 for enrolled AVA walkers desiring walk credit; free for others; $5 for “New Walker’s Kit” to join program. 3.1 or 6.2 mi. Moderate (mostly paved or gravel paths. Strollers for infants acceptable. Child under 12 must walk with adult.) Sat. 9/13, start bet. 10-11. I-87 (NYS Thruway) to Exit 18 (New Paltz); R onto Rt. 299 east to R onto Rt. 9W south to Rt. 44/55 east exit to Mid-Hudson Bridge (toll). Stay on Rt. 44/55 approx. 2 mi. to R onto Raymond Ave.; enter campus through stone archway on left; ask guard for directions to Walker Field House starting point. From Taconic Pkwy.: Exit to Rt. 55 west; go 6 mi. to L onto Rt. 376 Extension/Van Wagner Rd. (which becomes Raymond Ave.); go less than 1 mi. to Vassar campus. (845) 462-7539; volkssportclubofwestpoint@hotmail.com.

112. SUNSET HIKE AT PEACH HILL PARK  Watch the sun set from the highest point in the Town of Poughkeepsie at Peach Hill Park, once a 162-acre apple orchard, now the town’s newest park. The hike follows old farm roads to the top of Peach Hill where you’ll enjoy “golden” views in every direction – the Hudson River, Hudson Highlands, Mount Beacon, the Taconics, Gunks and Catskills. Bring water. Sponsored by Friends of Peach Hill and Town of Poughkeepsie. 1 mi. Moderate (steep hills, uneven surface; hiking boots required; not suited for child under 8). Sat. 9/13, 6 pm. If you miss the sunset hike, come the next Saturday. Same hike and vistas. Sat. 9/20, 10 am. From east side of Mid-Hudson Bridge, Rt. 44/55 east to L turn onto Rt. 115 north; go approx 2.5 mi. to R turn onto Edgewood Dr.; park along road. Meet guide at trailhead. (845) 485-3628.

113. EASTERN MOUNTAIN SPORTS GEO-CACHE POKER RUN  Get your team together, register to get a cue sheet with 5 GPS coordinates, then start hiking and hunting for decks of cards hidden in caches along trails in the Catskills, Ulster County near the Hudson River, the Shawangunks and Dutchess County. Pick a card at each location then bring your hand to the EMS store on or before October 4. Prizes are based on which team has the best standard poker hand. Take time while hiking to enjoy the Hudson Valley views and vistas! Limited to 25 teams. Event begins Sat. 9/13. Register by 9/1: (845) 463-3207; e013936t@ems.com.

114. LAGRANGE WAPPINGER CREEK GREENWAY TRAIL TREK  Enjoy a 1.5-hour walk in a serene woodland setting on a beautiful nature trail that winds along the banks of the Wappinger Creek under a canopy of sycamore, oak, maple and other trees. Bring water, insect repellent. 2.25 mi. Easy. (Long sleeve shirt and pants, sturdy footwear. Not suited for child under 6.) Sun. 9/14, 2 pm. From Poughkeepsie, Rt. 55 east, at light in front of H.G. Page & Sons, L onto Rt. 46 (Overlook Rd.) for 0.7 mi.; at first light turn R and stay on Rt. 46 for 0.5 mi.; L onto Sleight Plass Rd. for 0.8 mi. to trailhead sign on L. (meeting place). Register by 9/13: m2htoo@yahoo.com.

115. WAPPINGER GREENWAY TRAIL TREK  Hike the recently completed Wappinger Greenway Trail with Chris Iverson, horticulturist, and Greenway Committee members. Starting from the Market Street Industrial Park, the trail ascends stone steps and a series of switchbacks to a ridgeline. At the top, enjoy views of the surrounding area and a pleasant amble across the ridgeline following the Wappingers Creek. Bring water. 2 mi. Moderate (hiking boots required; not suited for child under 10). Sat. 9/27, 10 am. From Rt. 9,
take E. Main St. to Market St.; 2nd left after light at Rt. 9D. Follow the Falls to Market St. Industrial Park; turn at sign, cross bridge; park near smoke stack; meet at Greenway Trail sign just across bridge. 

116. DUTCHESS COUNTY CLASSIC RAMBLE RUN  Half marathon (13.1 mi) or 5K (3.1 mi) – take your choice, but do the Dutchess County Ramble Run. Course is wheelchair accessible. One-mile children’s race for family members under 16. Run, then enjoy post-race refreshments. Sun. 9/21, 8 am. Advance registration: Half marathon $32; 5K $18; Children’s race $7. Keith Axelrod (914) 452-0708; adgroupman@aol.com. Checks payable to: D.C. Classic, PO Box 538, Hopewell Junction, NY 12533. Discount with online registration: www.active.com. Race day: Half marathon $35; 5K $20; Children’s race $10. Rt. 9 to Wappingers Falls to east on Rt. 93, 4 mi. to R onto Rt. 376; 0.75 mi. to L onto Robinson Ln.; go 1 mi. to Wappingers Rec Area (left), start and finish point of Classic. From north: south on Taconic Pkwy. to Arthursburg Rd. exit; 2 mi. to L onto Robinson Ln.; proceed as above.

117. WAPPINGER GREENWAY TRAIL VILLAGE WALK  Starting at the historic Grinnell Library, walk a section of the Wappinger Greenway Trail with Village of Wappingers Falls Historian Brenda Von Burg. Less than 1 mi. Easy. Sat. 9/27, 2 pm. Take time to visit the 1867 Shingle Style Grinnell Library building and view the library’s collection of 19th century Wappingers Falls landscapes by local artist Clinton Clapp and ornithological exhibit of Hudson Valley birds. Maps are available at the library for a self-guided walk of the Wappinger Greenway Trail through the village. Library hours: Sat-Sun. 9:30 – 5 pm.; Sun. 1-4 pm. From Rt. 9, take E. Main St. west past Mesier Park to corner of E. Main & Spring Sts. (845) 297-3428.

118. MULLER POND TRAIL WALK  With fall wildflowers in view across the landscape, enjoy a pastoral ramble with a naturalist from Stony Kill Environmental Center through open fields, forest and wetlands, across footbridges and around a pond. You may glimpse deer, foxes, raccoons, opossums and woodpeckers along the trail, one of our more secluded. 0.75 mi. Moderate (Uneven surfaces; wear hiking boots. Not suited for child under 4.) Sat. 9/13, 2 pm-187 [NYS Thruway] to Exit 17 (Newburgh) to I-84 east across Newburgh-Beacon Bridge (toll); stay to right to take Exit 11 (Wappingers Falls/Beacon); L onto Rt. 9D north approx. 2.5 mi. to L at light onto Red Schoolhouse Rd.; quick R into Muller Pond parking lot. Taconic Pkwy; to I-84 west to Exit 11; R onto Rt. 9D; follow directions above. Public: Dutchess County Loop Bus; Metro-North to Beacon; taxi (845) 838-3605 approx. 4 mi. to trailhead. (845) 831-8780; skfarm@gw.dec.state.ny.us.

119. WOODLAND TRAIL WALK  This easy trail winds through a forest dominated by towering tulip trees and passes by a former wetland where four giant swamp white oaks, more than 200 years old, recall the original swamp, now pastureland. A naturalist from Stony Kill Environmental Center will interpret the landscape of this former historic farm, owned by the Verplanck Family for 300 years.
Trail is universally accessible: flat packed soil surface over crushed stone, 5 ft. wide with 114 ft. ramp 10 ft. wide (12 ft. at 2 wide turns); 3.5 ft. high double railings; ramp grade 8%. 0.5 mi. Easy (Not suited for child under 4.) Sat. 9/20, 2 pm. Follow directions for #118 above. (845) 831-8780; skfarm@gw.dec.state.ny.us.

120. FREEDOM TRAIL HIKE Join a naturalist from Stony Kill Farm Environmental Education Center for a hike that passes through diverse terrain – woodlands, fields and wetlands. Hear about plant species along the trail and view remnants of old stone walls and foundations on the landscape, formed by the Verplanck family for 300 years. Bring lunch/water. 2.5 mi. (3 hrs.) Moderate (Wear hiking boots. Not suited for child under 12.) Sat. 9/27, 10 am. Follow directions for #118 above. (845) 831-8780; skfarm@gw.dec.state.ny.us.

121. FISHKILL REVOLUTIONARY WAR TRAIL WALK Village Historian Karen Hitt leads this walk through Fishkill and tells about notable Revolutionary War sites such as the Fishkill Military Hospital, the Fishkill Supply Depot and Barracks, and the Reformed Church of Fishkill, meeting place of the New York State Provincial Congress in 1776-77 and the military prison that held James Fennimore Cooper’s “Spy.” See many patriots’ graves in the churchyard. Less than 1 mi. Easy (Accessible). Sat. 9/13, 11 am. I-84 to Exit 13 to Rt. 9 north; L onto Main St. (Rt. 52); meet at clock tower. (845) 896-9884; crocheta@roast.net.

122. FISHKILL TRINITY EPISCOPAL CHURCH TOUR Enjoy a guided tour of this September 1776 meeting place of the New York State Provincial Congress and military hospital until 1781. The churchyard holds many patriots’ graves. Sat. 9/13 & Sun. 9/14, 1-4 pm. I-84 to Exit 13 to Rt. 9 north; L onto Main St. (Rt. 52); meet at clock tower. (845) 896-9884; info@trinityfishkill.dioceseny.org.

123. VAN WYCK HOMESTEAD TOUR Enjoy a guided tour of the Dutch Colonial house that served as headquarters for the Fishkill Supply Depot and Barracks, the major repository of supplies for the northern branch of the Continental Army, and the site of area court marshals including that of James Fennimore Cooper’s “Spy.” View Colonial life demonstrations during the weekend. Site partially wheelchair-accessible. Sat. 9/13 & Sun. 9/14, noon-4 pm. At junction of I-84/Rt. 9, take Rt. 9 for 1 mi. south of Village of Fishkill; museum entrance on Snook Rd. (845) 896-9560; vanwyckhomestead@aol.com.

124. AN EVENING WITH SOJOURNER TRUTH Mount Gulian Historic Site hosts, “An Evening With Sojourner Truth,” a one-act play about the noted abolitionist and women’s rights activist, performed by actress Carlyn Evans in the Dutch barn. Enjoy wine on the riverside lawn before and after the play. $45 per person; prepaid reservations by 9/5. Sat. 9/13, 5:30 pm. I-84 to Exit 11 (Wappingers Falls/Beacon) to 9D north 0.10 mi.; turn L into Hudson View Park Apts.; make immediate L onto Lamplight St. (becomes Sterling St.); go to street end. (845) 831-8172; info@mountgulian.org.

125. A SOCIETY OF FRIENDS Tour Mount Gulian Historic Site, the reconstructed Dutch Colonial home of the Verplanck Family with its 18th century Dutch barn and gardens. During the Revolutionary War, the home served as headquarters for Gen. Von Steuben. See the exhibit, “A Society of Friends,” that explains the founding on this site of the Society of Cincinnati, our country’s first veteran’s organization formed by Revolutionary War officers. Site admission: $8 adult; $6 senior; $4 child; under 6 and members free. Partially wheelchair accessible. Sun. 9/14, 1-5 pm. Follow directions for #124 above. (845) 831-8172; info@mountgulian.org.

126. MADAM BRETT HOMESTEAD TOUR Visit Dutchess County’s oldest standing house, built by one of the earliest settlers and lived in by seven generations of Brett descendants from c.1709-1954. During the Revolutionary War, it was the home of Major Schenck of the Fishkill Supply Depot and Barracks who entertained dignitaries of the Continental Army. Be sure to see the Lafayette punch bowl. Stroll the gardens during your visit. Site admission: $5 adult; $2 student. Guided tours: Sat. 9/13, Sat. 9/20 & Sun. 9/21, 1-4 pm. I-84 to Exit 11 (Beacon/Wappinger Falls) to Rt. 9D south to L onto Main St. (Rt. 52) to R onto Teller Ave. to L onto Van Nydeck Ave. (845) 831-6533.

DUTCH COLONIAL LEGACY WEEKEND

127. STORM-ADRIANCE-BRINCKERHOFF HOUSE TOUR The private owners will personally guide you through this c.1759 authentically restored Dutch Colonial house where George Washington stayed in 1776 and greeted townsfolk from the porch. Sat. 9/20 & Sun. 9/21, noon-4 pm. I-84 to Exit 16 to Taconic Pkwy. north to Beekman Rd; turn east and just past Old Sylvan Lake Rd, look for house #451 Beekman Rd.

128. THE BRINCKERHOFF-PUDNEY-PALEN HOUSE Visit a 1750-85 Dutch style farm house that retains many 18th century architectural elements including small paneled windows, enclosed staircases, Dutch doors, built-in coat racks, wrought iron “HL” hinges and a gambrel roof. This architectural treasure, restored by the East Fishkill Historical Society, serves as the organization’s headquarters. While on site, visit the Van Wyck Carriage Barn and 1826 Old Hopewell One-Room Schoolhouse also. No fee. Donations appreciated. Sat. 9/20 & Sun. 9/21, 11-4 pm. From Rt. 9 in Fishkill, take Rt. 52 east; keep right past Blue Seal store; at main entrance to IBM turn L onto Palen Rd.; go 1.25 mi. to green sign and turn into N. Kensington Dr.; go to #68. (845) 227-4136.

129. FISHKILL VILLAGE WALKING TOUR Join village historian Karen Hitt on a walk of Fishkill that features the Dutch Reformed Church with its Dutch-inscribed headstones in the burying ground, the Mansion House, Van Wyck Hall and Trinity Episcopal Church with its grave markers.
from early settlers. The walk also includes an architectural tour of several side streets. Less than 1 mi. Easy. Sat. 9/20, 11 am. I-84 to Exit 13 Rt. 9 north 1 mi. to L onto Main St. (Rt. 52); go 2 blocks and park; meet at clock by Van Wyck Hall. (845) 896-8022.

130. CONCERT OF DUTCH MUSIC Enjoy a concert featuring Dutch music in the historic surroundings of the Dutch Reformed Church of Fishkill, founded in 1716. Sat. 9/20 & Sun. 9/21, 1 pm. After the concert, tour the churchyard with Dutch-inscribed headstones. I-84 to Exit 13 to Rt. 9 north to L onto Rt. 52 (Main St.) to 1153 Main St. (845) 896-9836; info@fishkillreformed.org.

131. ENCAMPMENT AT DUTCH HOMESTEAD Tour the reconstructed Dutch Colonial home of the Verplanck family, who arrived in the New World in the 1630s; also the Dutch barn and garden at Mt. Gulian Historic Site. Verplanck family artifacts on display. Enjoy the Civil War encampment on site featuring re-enactors and lectures. Event funded in part by New York Council for Humanities and Fishkill Rotary Club. Site admission: $9 adult; $8 senior; $5 child; $4 members. Partially wheelchair-accessible. Sun. 9/21, noon-5. Follow directions for #124.

See #139 and #142 also.

132. DENNING’S POINT WALK AND TALK Who better to lead a walk of Denning’s Point than Jim Heron, author of Denning’s Point, A Hudson River History and a volunteer project historian at The Beacon Institute. The walk will visit the site of the former Denning’s Point Brick Works, Denning’s Mansion, Washington’s landing and other historical landmarks, as well as pre-historical. Hear why this small piece of land is one of the most famous peninsulas in America! Bring water. 1.2 mi. Easy-moderate (Wild trail but steep descent to beach; wear sturdy walking shoes. Not suited for child under 10.) Sat. 9/13, 10 am. I-84 to Exit 11 (Beacon) to 9D south to R at 4th traffic light after light at exit ramp; bear R to Stop sign; L to dead end at recycling plant. Public: Metro-North Hudson Line to Beacon. Take Riverside Trail on west side of tracks at end of parking lot; wait at end of trail. (845) 838-1600; info@thebeaconinstitute.org.

133. MOUNT BEACON INCLINE RAILWAY TRAIL WALK In the spring of 1777, George Washington ordered that a system of flags and a long relay of fire beacons be established on Mount Beacon to signal the arrival of British warships off Sandy Hook. The fire beacons could be seen by militiamen on both sides of the Hudson River as far north as Poughkeepsie. On this 3-hour hike, Jim Bopp and Sandy Piccone, members of the Mount Beacon Incline Railway Restoration Society, will offer commentary as you walk, including the history of more recent structures such as the incline railroad, the Beaconcrest Hotel and casino ruins, and the fire tower. The views are still as far-reaching as they were in Washington’s day! Free. Donations accepted. Bring snack/water/insect repellant. 2 mi. Moderate-Difficult (steep uphill; some rocky surface; hiking boots recommended). Sun. 9/14, 9 am. I-84 to Exit 11 (Beacon) to Rt.
134. BANNEMER'S CASTLE ÉPÉE OPEN
A fencing tournament amidst the ruins of Bannerman Castle, precended by a medley of Scottish tunes performed by the NYSDOC Police Bagpipe Band – it's not a Hollywood set, but the actual setting for this unique fundraiser. Proceeds benefit the Bannerman Castle Trust which is working to stabilize the ruins of the castle that Francis Bannerman, a Scottish businessman, built in the early 1900s. Fencing will be épée only; semis and finals will be fenced wirelessly in the round. Spectators welcome. Some refreshments, but suggest you bring your own food (no alcohol). No pets. Wear sturdy shoes; "stripes" irregular and uneven. Fee: $50 fencers; $25 spectators. Sat. 9/29, 9:30 - 4:30. I-97 (NYS Thruway) to Exit 17 (Newburgh); I-84 east across Newburgh-Beacon Bridge (toll) to Exit 11 (Beacon); south on Rt. 9D; follow signs for Beacon Train Station. Park on river side of station. Boat departs 9:30 am from Beacon dock. Taconic Pkwy. to I-84 west to Exit 11 (Beacon) to Rt. 9D south. Follow directions above. Public: Metro-North Hudson line to Beacon. Space limited; sign up on a first come, first serve basis. Register www.fishkillfencers.com. (click on link for Bannerman's Castle); (845) 494-9786; jomara@hvcc.rr.com.

135. 4th ANNUAL GO ZERO KAYAK RACE
Take part in this low impact, zero emissions kayak race from Beacon Harbor to Bannerman's Island and back. Both men’s and women’s categories. 9 mi. Moderate (tides/current). Two-mile short race also, plus the free Free Rally Paddle for non-racing kayakers who want to paddle on the Hudson River and cheer on the racers. Sun. 9/21, 9-5. Racers must provide own boat and PFD; skirt required; not suited for child under 12).  Sun. 9/28, 9 am. -184 to Exit 11 (Beacon) to Rt. 9D south to R onto Beekamn St at light by City Hall; turn R to cross over the railroad bridge onto Red Flynn Dr. to first L onto Long Dock Rd. to parking at Long Dock Park. Meet at kiosk. Metro-North Hudson line to Beacon. Head toward river to Red Flynn Dr.; walk south on Red Flynn Dr. up hill to R onto Long Dock Rd. (845) 473-4440 x 273; aconescit@scenichudson.org

136. BEACON SLOOP CLUB SAIL
Ride the waves on the Hudson River on the 32-foot Woody Guthrie under full sail. This river adventure is offered by the Beacon Sloop Club, a non-profit volunteer membership environmental organization formed in 1969 to preserve and celebrate the Hudson River and its environs. Guests must sign up at the sloop club. First come, first served. Sun. 9/21, approx. 1-hour sails (weather permitting) ongoing noon – 5. Rain date: Mon.-Fri. 6 pm. Take in the Alternative Energy Festival on site featuring music, kids’ crafts, food, vendors, speakers and exhibits. 184 to Exit 11 (Beacon) to R onto 9D south; at 2nd light, R onto Beekman St. down to river side of train station. Meet at Beacon Harbor dock. Public: Metro-North Hudson line to Beacon.
10 to 9W north 5.2 mi. to R turn onto Mill House Rd. to first house on left. From west side of Mid-Hudson Bridge (Poughkeepsie), 9W south for 10 mi.; turn L onto Mill House Rd. (845) 236-3126; gomezmillhouse@juno.com.

140. BANNERMAN ISLAND PHOTOGRAPHY SHOOT AND WORKSHOP FUNDRAISER A photo shoot of the ruins of the mysterious Bannerman Castle on an island in the Hudson River – it doesn’t get any better than that! What’s more, you’ll be making a contribution to the fund to preserve Bannerman Castle. Enjoy a cruise out to the island, an instruction from photographer, artist and teacher Thom Johnson in traditional camera techniques, and a 3-hour photo workshop to capture pictures. Fee $100 (includes cruise, workshop, light lunch and donation to preservation fund). Wear sturdy walking shoes; terrain includes rough trails, hills, slopes and 72 steps. Sat. 9/13, 8-11:30. I-84 to exit 10 (Newburgh); R at light onto Rt. 9W/32 south to L at 2nd light (at Sonoco station) onto North St.; follow road to waterfront to board The Pollepel at Torches Landing. Register by 9/10: (845) 234-3204. neilcaplan@aol.com.

141. WASHINGTON’S HEADQUARTERS STATE HISTORIC SITE TALKS Hear what George Washington and his soldiers might expect to happen if a physician had to be summoned, including really “biting the bullet.” Sat. 9/13, 11:30 am; Sun. 9/14, 1 pm. Learn the truth about George Washington’s wooden teeth and why so many portraits of 18th c. folks show missing teeth or closed mouths. Programs free with museum admission: $4 adult; $3 senior/student; 12 and under free. Sat. 9/13, 2 pm; Sun. 9/14, 3 pm. I-87 (NYS Thruway) to Exit 17 (Newburgh) to Rte. 17K east (Broadway) for 2.75 mi. to R onto Liberty St. to 3rd L onto Lafayette St. (845) 562-1195; www.nysparks.state.ny.us/sites.

142. DUTCH IN BLOOM Early Dutch influence in the Hudson Valley shaped our taste for flowers, as can be seen in our public and private gardens throughout Newburgh. Attend “Dutch in Bloom,” a lecture and demonstration that illustrates this influence and shows ways the tradition can be continued. Free with museum admission: $4 adult; $3 senior/student; 12 and under free. Sat. 9/20 & Sun. 9/21, 2 pm. Guided tours with breathtaking views of the Hudson River. I-87 (NYS Thruway) to Exit 17 (Newburgh) to Rte. 17K east (Broadway) for 2.75 mi. to R onto Liberty St. to 3rd L onto Lafayette St. (845) 562-1195; www.nysparks.state.ny.us/sites.

143. HISTORIC NEWBURGH PAINT OUT Watch artists of today paint the same views that the Hudson River School and other resident artists painted in the mid-19th century. Starting at 9:30 a.m., artists will set up their easels to capture the same vistas from the City of Newburgh’s hills of the Hudson River and Hudson Highlands as those of George Inness, Thomas Pope, Jasper Cropsey, Rafael Hoyle, George Winfield and Rafael Weed. At 5 p.m., the paintings will be available for preview, followed by a live auction to benefit the City of Newburgh artist memorial fund, this year in memory of Peter Billman. Fee for participating

139. GOMEZ MILL HOUSE: A PATRIOT’S HOME Located in a scenic setting in the heart of rural Dutchess County, Gomez Mill House is significant for its role in the American Revolution. Here, on the evening of 9/11/01, the last American flag was raised over a foreign-owned factory. Today, Gomez Mill House serves as an educational center and environmental exhibit. I-87 (NYS Thruway) Exit 17 (Newburgh) to Rte. 9D south 2.5 mi. thru 7 lights to Rte. 9D/Howland Bridge (Poughkeepsie), 9W south for 10 mi.; turn L onto Mill House Rd. (845) 236-3126; gomezmillhouse@juno.com.

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artists/auction attendees. Sat. 9/27, 9:30 am – 7:30 pm. I-84 to Exit 10 (Newburgh); R onto Rt. 9W/32 south to first light; L at Sonoco station onto North St; go through 2 lights (passing Veteran’s Memorial on left); at “Stop” sign at Washington Ave., turn R uphill to light at Liberty St.; turn L onto Liberty St. and park. Information about artists’ locations available at Newburgh Art Supply, 87 Liberty St. Public: Metro-North to Beacon; taxi to Newburgh. Participating artists and auction attendees pre-register at: (845) 561-9374; HistoricPaintOut@mac.com. www.HistoricPaintOut.org.

144. NEWBURGH’S MUSEUM IN THE STREETS Follow Newburgh’s newly installed “history trail” through the downtown Heritage Corridor. The City Historian will lead this 2.5-hour walk to each of the descriptive and photographic signposts telling the story of each historic stop, several in view of the Hudson River. Bring water; no pets. 3.5 mi. Moderate. (Some uphill. Not suited for child under 10.) Sat. 9/27, 9:30-noon. I-84 to Exit 10 (Newburgh); R at light onto Rt. 9W/32 south to L at light (at Sonoco station) onto North St.; go through 2 lights and stay on road to waterfront neighborhood; R from MKL Blvd. onto Second St (at Library sign) and uphill 2 blocks beside public library; park in Municipal lot (fee); cross street to Newburgh Heritage Center, 123 Grand St. Pre-registration preferred: by 9/19 (845) 569-8090; NewburghHistory@usa.com.

145. NEWBURGH’S HISTORIC EAST END WALK The imprint of several of America’s most noted 19th century architects — Andrew Jackson Downing, Frederick Withers, Calvert Vaux, Thornton Niven and Frank Estabrook — can be seen along the streets of Newburgh. Enjoy a 3-hour in-depth tour of private and public buildings in Newburgh’s architecturally diverse historic east end and touch remnants of American history as you view our richest examples of their architectural heritage. A tour of the Captain David Crawford House precedes walk. Tour $15. 1.5 mi. Easy. (Sidewalks; accessible.) Sat. 9/27, 3 pm. I-84 to Exit 10 to Rt. 17K to L onto Rt. 300 south 3 mi. to site on left. I-84 to Exit 7S to Rt. 300 south 3 mi. to site on left (845) 561-1765; 1-877-28HONOR; www.nysparks.state.ny.us/sites.

146. NEW WINDSOR CANTONMENT STATE HISTORIC SITE View the site of the last encampment of Gen. Washington’s army of 7,000 troops in 1782. Period dress and demonstrations. Visit the new National Purple Heart Hall of Honor on site. Sat. 9/13 & Sun. 9/14, 10-5. I-87 (NYS Thruway) to Exit 17 (Newburgh) to R onto Rt. 17K to L onto Rt. 300 south 3 mi. to site on left. I-84 to Exit 7S to Rt. 300 south 3 mi. to site on left (845) 561-1765; 1-877-28HONOR; www.nysparks.state.ny.us/sites.

147. KOWAWESE HANDS-ON SEINING ADVENTURE Join NYSDEC Estuary Naturalist Tom Lake for an exciting seining program on the shoreline of the Hudson River. In a typical late summer setting, we can expect to see a great number of young-of-the-year shad, herring and striped bass.
migrating to sea. We might also see signs of summer salt water intrusion from the sea in fishes such as Atlantic menhaden and bluefish, as well as river life like shrimp and barnacles. We’ll display our catch in aquaria and discuss their life history. A Bald Eagle might even fly by. Bring your bathing suit and old sneakers or knee-high rubber boots and you can assist us with the net as we sample the shallows at low tide. Guaranteed you’ll see many interesting Hudson River creatures! Easy. Sun. 9/21, 11 am. I-84 to Exit 10(Shellowngh), R off ramp to 9W south for 8 mi. to New Windsor; L into Kowawese Unique Area/Plum Point Park; meet in parking lot. trlake7@aol.com.

148. “BI-YAKING” AND KAYAKING Enjoy an adventure that combines both biking and kayaking – bi-yaking! Led by Storm King Adventure Tours, your day begins with a 2-hour mountain bike ride in beautiful Black Rock Forest, followed by a picnic lunch and 2-hour paddle on the Hudson River. Six hours of exhilarating scenery and activity! Moderate. Sun. 9/21, 11 am. $85 fee (includes bike rental). Other beginner-intermediate level adventures include kayaking to Moodna Marsh and Bannerman’s Castle, sunset and full moon paddles. Register 2-3 days in advance: (845) 534-7800. Directions: www.stormkingadventures.com.

149. WILDLIFE OF THE HUDSON HIGHLANDS Join the environmental educators of the Hudson Highlands Nature Museum at our Outdoor Discovery Center in Cornwall for an exciting opportunity to meet the wild animals living along the Hudson River. We’ll discuss reptiles, birds, mammals and amphibians that live in our local environment. Representatives from the living animal exhibit will be present so we can get a first-hand look at some of their amazing adaptations for survival. Program fee $5; non-member; $3 Hudson Highlands Nature Museum Center member 0.5 mi. Easy (accessible). Sun. 9/14, 10 am. I-84 to Exit 10 (Newburgh) to R off ramp onto 9W south through Newburgh to Cornwall; continue on 9W under Angola Rd. overpass; after 200’ look for Outdoor Discovery Center signs immediately on right; R into driveway; meet leader in picnic area next to parking lot. (845) 534-7781.

150. WOODLAND QUEST TRAILS ADVENTURE All ages will enjoy a unique interpretive trail experience on the new Quest Trails at the Outdoor Discovery Center on Rt. 9W in Cornwall. Hike from post to post along one of four trails with our Quest Ranger who’ll tell you about the birds, mammals, reptiles, amphibians and plants that live in the woods and identifying the trees you see. Receive a copy of our specially created Woodland Quest Guidebook and solve puzzles and complete rhymes. Fee: $5 Hudson Highlands Nature Museum Center members; $8 non-members (includes a Woodland Quest guide book). 0.75 mi. Easy-Moderate (some uneven surface). Sun. 9/21, 10 am. I-84 to Exit 10 (Newburgh) to R off ramp onto 9W south through Newburgh to Cornwall; continue on 9W under Angola Rd. overpass; after 200’ look for Outdoor Discovery Center signs immediately on right; R into driveway; meet leader in picnic area next to parking lot. (845) 534-7781.
151. HIKING INTO HISTORY: RETRACING THE 1777 ATTACK ON FORT MONTGOMERY

Where were the first shots fired? Where did Captain Fenno post the American cannon to first receive the attacking British? Where is the rock where the British amassed before the final assault on the fort? On this 1.5 hour hike, discover how the battle of Ft. Montgomery might have unfolded as we attempt to retrace the route of the 1777 attack, taking a look at first hand accounts. Develop some of your own theories concerning the mysteries of Ft. Montgomery.

2.5 mi. Moderate (Some rocky terrain, inclines. Not suited for child under 12.) Optional: hike a side leg up the Popolopen Torne for sweeping views of the Hudson River and Bear Mountain.

1 mi. Difficult (steep, rocky; hiking boots required.) Enjoy film/exhibit in Visitor Center. Site admission: $3 adult; $2 senior/student; child 12 and under free.

Sun. 9/14, 1:30 pm. Palisades Pkwy. north to end; follow the Popolopen Creek and take a stroll across the Bear Mountain Bridge. Bring lunch.

152. FORTS AND BRIDGES

Local Hudson River historian Ray Phillips leads a trek through the remains of a Revolutionary War fortification at Fort Montgomery overlooking the Hudson River. Hike through the scene of a fierce battle against the British in 1777, visit an old mining site near Popolopen Creek and take a stroll across the Bear Mountain Bridge. Bring lunch.

2.5 mi. Moderate (some short, steep sections of rocky terrain; not suited for child under 12.) Sat. 9/20, 9 am. Sponsored by Hudson Highlands Land Trust.

153. WALKING TOUR OF FORT CLINTON

History buffs and just plain curious folks will delight in joining our knowledgeable trailside docents for a 1-hour walking tour, recounting the 1777 Revolutionary War battle for Fort Clinton, one of the Twin Forts of the Popolopen. You'll retrace the steps of the battle, see the last remaining pieces of Fort Clinton at the West Redoubt, and experience the superb archeological collection from both Forts Clinton and Montgomery in our unique history museum. Trailside Museums site admission: $1 ages 13 and up; $0.50 ages 6-12; free 5 and under. Moderate (Asphalt trail surface with a few inclines; accessible. Not suited for child under 7.)

Sun. 9/21, noon. Palisades Pkwy. north to end; exit to Rt. 9W south; follow signs for Bear Mt. Park entrance. Parking $6 per vehicle. Walk (approx. 0.5 mi. to Trailside Museums and Zoo; meet guide in amphitheater. Public: Coach USA/Shortline bus departs Port Authority at 8:45 & 11:15 am. From Bear Mt. Inn, walk north on paths on east side of Hessian Lake; follow signs for zoo to concrete ramp beside bathhouse; take ramp down to tunnel under Rt. 9W; walk past pool; zoo entrance is on your left. (845) 786-2701 x 293.)
154. HIKE INTO 1777 HISTORY  Follow the “warpath” the British took in 1777 to attack Forts Clinton and Montgomery. This history hike at Bear Mt. passes through the pre-Revolutionary hamlet of Doodletown, by a picturesque lake and up to a stunning Hudson River vista overlooking the Twin Forts. While you lunch at the overlook, your guide, local historian Larry Menchini of the Save Washington’s Lookout Committee, will tell about the British naval strategy. Hike includes the panorama offered from Perkins’ Peak. Bring lunch/water. 7 mi. Moderate-strenuous (some uphill). Sat. 9/27, 10 am. Palisades Pkwy to Exit 19 at Bear Mt. State Park, follow signs to parking lot #2. Parking fee $6 per vehicle. Meet guide in parking lot. (845) 496-3804.

155. “GHOST TOWN” HIKING TOUR  With photos and maps in hand, tour the “ghost town” Doodletown, with the land steward, Mark Jelley of Hudson Valley Day Trips. See the cemeteries, sidewalks, walls and foundations with photos to show how they once appeared in the “disappeared hamlet” that was lived in continuously for over 200 years. Plus, explore its secret places such as the ancient Indian rock shelter, tree nursery, Doodletown Mine and secluded waterfalls. The hike rambles along old roads and paths, past pretty streams and through beautiful woods and rolling hills. Photos and maps will be distributed. Tour fee $5. Bring lunch/water. 6.5 mi. Moderate-difficult (half uphill, some steep parts; hiking boots recommended; not suited for children and pets). Sat. 9/20, 10:30 am. Rain date: Sat. 9/27, 10:30 am. Pre-registration and directions: (914) 556-8524; hwdaytrips@optonline.net.

156. FULLER MOUNTAIN PRESERVE HIKE  This 3-hour hike rambles through a magnificent wooded ravine up to fantastic vistas. The woods in this 255-acre pristine space preserved by the Orange County Land Trust are home to several unusual plants, many mammals, an abundance of bird life and frogs, toads and salamanders who live in and around Fuller’s Brook, which winds through the preserve. Promises to be an interesting hike if you don’t mind getting your feet wet! Bring lunch/water. 2 mi. Moderate (Uneven rocky trail; shallow water in spots; wear appropriate shoes. Hike not suited for child under 8 unless frequent hiker.) Sat. 9/13, 10 am. Rt. 17 (Quickway) to exit 124 to Rt. 17A/94 thru Warwick; when Rt. 17A turns off, stay on Rt. 94 to L onto Rt. 21/Warwick Turnpike (ShopRite Mall on corner); stay on Rt. 21 approx. 1.7 mi to L onto Bowen Rd. to entrance 0.75 mi. on right at bottom of hill. (845) 744-6047.

157. STERLING FOREST FIRE TOWER HIKE  Join environmental educator Doc Bayne on a 3-hour road hike up to one of the last operational fire towers in New York State. The trail passes the historic ruins of an iron mining venture that operated for almost 200 years (1735 –1923), then climbs to an elevation of 1300 feet and the 60 foot steel tower. Built in 1922 by the New York State Department of Conservation, the tower is still used today to locate fires in Sterling Forest and Harriman State Parks. Weather permitting, you can climb to the top of the tower and be rewarded with 70 to 80-mile vistas of distant mountain ranges.

The Mount. Filling up lives with opportunities and fueling the local economy. It’s what we do.

There’s no telling how far you can go with a college degree. For nearly 50 years Mount Saint Mary College has been giving our students a ‘high-octane’ education. We are proud of our more than 12,000 alumni, many of whom live and work in the region in education, nursing and health care, social services, finance, media and public relations, palliative care and many more career fields.

We are equally proud of the role the Mount plays in the economic vitality of the region. With a $54 million operating budget, the college has a local and regional economic impact estimated at approximately $120 million.
and the New York City skyline. Picnic at the tower, then descend enjoying magnificent views of Sterling Lake and surrounding highlands through openings in the woodlands. Bring own lunch/water. 4 mi. Moderate (hiking boots recommended; not suited for child under 7). Sat. 9/13, 12 noon. View video and exhibits on the Park at Visitor Center. I-87 (NYS Thruway) to Exit 16 (Harriman) to Rt. 17 to 17A in Tuxedo; turn L onto Long Meadow Rd. and follow signs 3 mi. to Frank Lautenberg Visitor Center, 116 Old Forge Rd. (meeting place). Register: (845) 351-5907. 🏝️ 🌱

158. THE BIRDS OF STONY POINT FIELD BATTLE Discover the amazing variety of birds who call Stony Point Battlefield home on this early morning walk led by Rockland Audubon Society members Alan and Della Wells. First-time birders are welcome, as well as experienced ones. We’ll amble for 2.5 hours, stopping for sightings. Bring field glasses if possible. No fee. 2 mi. Easy. (Mostly level terrain; only one hill. Not suited for child under 5.) Sat. 9/27, 8 am. Palisades Pkwy. To Exit 15 to County Rt. 106 to Rt. 9W; turn L on Rt. 9W and go thru village of Stony Point; turn R on Park Road and follow signs to site entrance. (845) 786-2521. 🏝️ 🌿

159. STONY POINT LIGHTHOUSE TOUR Walk out the peninsula to the historic Stony Point Lighthouse that has guarded the narrow entrance to the Hudson Highlands since 1826. Climb the two ladders to the lantern from whose height you enjoy lofty river views. Hear a talk about the lighthouse and its keepers, and view historic photos and documents. 1.5 mi. Easy (but steep walk up drive from parking lot). Not suited for child under 10. Sat. 9/27 & Sun. 9/28, 12 noon. Palisades Pkwy. To Exit 15 to County Rt. 106 to Rt. 9W; turn L on Rt. 9W and go thru village of Stony Point; turn R on Park Road and follow signs to site entrance. Parking fee $5 per car; attendant will direct you to parking lot to meet tour leader. Public: Coach USA 9W bus; walk approx. 1 mi. to site from drop-off. (845) 786-2521. 🏝️ 🌿

160. STONY POINT BATTLEFIELD WALK Follow the footsteps of the American patriots who captured the British garrison at Stony Point on July 15, 1779. The event comes to life again as you walk the trails that lead to key features of the fortifications, hear about the patriots’ strategy and look over maps. 1.5 mi. Easy (but steep walk up drive from parking lot). Not suited for child under 10. Sat. 9/27 & Sun. 9/28, 2 pm. View exhibits on the Battle of Stony Point and the Stony Point Lighthouse in the Battlefield Museum. Artillery demonstration and firing of the garrison cannon at 3 pm. Follow driving and public transport directions for #159 above. 🏝️ 🌿

161. WEST HOOK HIKE WITH THE SUPERVISOR Clarkstown Supervisor Alex Gromack invites you to join him on this 2-hour hike to the top of West Hook Mountain where you’ll be rewarded with scenic views of Hook Mountain, the Hudson River and the Tappan Zee Bridge. All “Supervisor’s Walk” participants will also be rewarded with T-shirts and light refreshments. Bring water. 2.3 mi. Moderate (Some steep sections; hiking boots required. Not suited for child under 10.) Sat. 9/20, 10 am. Rain date: Sat. 9/27, 10 am. NYS Thruway north: cross Tappan Zee Bridge to Exit 11; at light; L onto Rt. 9W north 1 mi. to L onto Christian Herald Rd.; go 0.25 mi. to Nyack High School on left (meeting place). NYS Thruway south to Exit 11; L at end of ramp onto Rt. 59; at 1st light, L onto Rt. 9W north and follow above directions. Palisades Pkwy south to NYS Thruway to Exit 11; follow directions above. (845) 639-6200; I_Pedersen@town.clarksprintf.us. 🏝️ 🌱

162. HOOKED ON HOOK MT. Historic Hook Mountain was the center of thriving quarrying and ice-making operations in the 19th and early 20th centuries. Today it features spectacular Hudson River vistas from the heights of 400 to 700-foot sheer cliffs from which you may spot the annual hawk migration. Savor the vistas while you learn about the history on this hike led by Chris Connolly of the Adirondack Mountain Club, Ramapo Chapter. The loop hike traverses New York’s Long Path to Rockland Lake and returns on a path along the shoreline. Bring lunch/water; hiking boots required. 7.4 mi. (5 hrs.) Moderate-difficult (initial steep climb with uneven rocky trail surface; not suited for child under 12). Sun. 9/21, 10 am. I-87 (NYS Thruway) to Exit 11; follow signs for Rt. 9W north; after hospital, R on 5th Ave.; go the “T” at end; L onto B’way; L onto Larchdale Ave. to L onto Midland Ave. to R onto Radcliff Dr.; park on street; meet leader there. (201) 321-6605-9465; c.connolly77@verizon.net. 🏝️ 🌱

163. VIEWPOINTS AND VISTAS AT LITTLE STONY POINT The Hudson Valley River’s scenery has been the source of inspiration for landscape artists for centuries. Join renowned painter and local resident Don Nice as he shares his own artistic perspective on a walk that reveals some truly breathtaking Hudson River vistas. Sponsored by the Hudson Highlands Land Trust. Bring lunch. 2 mi. Moderate (Flat with one short steep ascent; not suited for child under 10). Sat. 9/13, 9 am. From Rt. 301/9D intersection in Cold Spring, take Rt. 9D north 1 mi.; park in lot across from entrance. (845) 264-3358; info@hhlt.org. 🏝️ 🌱

164. BANNERMAN’S CASTLE KAYAK AND HARD HAT TOUR Kayak with guides from Hudson Valley Outfitters 3 miles to Pollepel Island and the ruins of Bannerman’s Castle for a hard hat tour of this arsenal, built in the early 1900s. We’ll enjoy a picnic (waterproof lunch provided) on the island before we head back. Tour cost: $120. With Russ Faller of the ADK Mid-Hudson Chapter. Register ASAP: (845) 265-0221; info@HudsonValleyOutfitters.com. 🏝️ 🌱

165. CONSTITUTION ISLAND FAMILY DAY Spend a delightful day on this historic island. Enjoy hayrides, horse and carriage rides, bird walks and hikes to view a Revolutionary War redoubt. See live animals from the Bear Mt. Zoo, and raptors from Teatown Reservation in Westchester. Bring a picnic and plan to stay for the day. Shuttle bus transport to the island every 15 minutes. Admission (includes all rides/parking): adult $10; senior/child 16 and under; child under 6 free. Sat. 9/27, 10 am - 3:30 p.m. From Bear Mt. Bridge, north on Rt. 9D 11 mi. to Rt. 9D/301 in Cold Spring; turn L onto Main Street; go .5 mi.; turn L to Metro-North RR Station parking lot; shuttle bus pick-up at all south. Public: Metro-North Hudson line to Cold Spring. (845) 446-8676; info@constitutionsland.org. 🏝️ 🌱

166. HUDSON HIGHLANDS GREENWAY TRAIL If you want to see a peaceful path through the woods and along the rivers, take a hike on the Hudson Highlands Greenway Trail. Public: Metro-North Hudson line to Cold Spring; walk down Market St. and follow above directions. Register by 9/26: www.Active.com. Information: (845) 803-4145; info@HudsonHighlandsTriathlon.org. 🏝️ 🌱

167. PADDLING IN CONSTITUTION MARSH With Russ Faller of the ADK Mid-Hudson Chapter in the lead, enjoy a leisurely paddle in the unique surroundings of Constitution Marsh, a failed wild rice farm. As we paddle around looking for remnants of the rice farm, skittering mummichogs may jump around your boat. Birds also abound in the marsh, so bring your binoculars. All the while, drink in striking views of the Hudson Highlands and West Point. Après-paddle refreshments in Cold Spring. Bring lunch, water, sunscreen, hat. Use own boat and PDF; or on-site rentals available from Hudson Valley Outfitters: (845) 265-0221; kayak@hudsonvalleyoutfitters.com. Renters should say they’re on Mid-Hudson ADK trip. Approx. 8 mi. (4 hrs.). Moderate (some paddling experience required due to boat traffic getting to marsh; low bridge). Sun. 9/26, 9:10 am. I-84 to Exit 11 to Rt. 9D south; at jct. Rt. 9D/301, R into Village of Cold Spring; at bottom of hill just before RR tracks, turn L and follow road over tracks to L at “T” junction; park in Metro-North lot at bottom of hill. Public: Metro-North Hudson line to Cold Spring. Meet leader on grass in Foundry Cove Park lot. RR lot and river. Limit 10 boats. Register by 9/24, but sooner is better: russoutdoors@yahoo.com. 🏝️ 🌱
168. BOSCobel WOODLAND TRAIL RAMBLE Join horticulturist Rita Jo Riehle for a “talk and walk” on the Frances Stevens Reese Woodland Trail that winds through woodlands up to a scenic overlook with views of Constitution Marsh Sanctuary, West Point, the Hudson Highlands and Hudson River. The 2-hour program includes identifying trees and discussing their effects on plant life on the woodland floor, native vs. non-native species, and problems such as deer, erosion, invasive plant species and more. Grounds fee: $8 adult; $5 child 6-14. Approx. 2 mi. Easy-moderate (not suited for child under 5). Sat. 9/13, 10:30 am. Optional tours of Federal style mansion 10 am - 4:15 pm. $15 adult; $12 senior; $7 child 6-14 (includes grounds). From intersection Rt. 9D-301 in Cold Spring, Rt. 9D south 1 mi. to entrance on right. From Bear Mt. Bridge, Rt. 9D north 8 mi. to entrance on left; meet at Carriage House. Public: Metro-North Hudson line to Cold Spring; walk 1.5 mi. or taxi (845-265-8294). Pre-registration suggested but not required: (845) 265-3638 x 115; info@boscobel.org.


170. MANITOGA LOST POND HIKE This 2-hour guided loop hike to Lost Pond leads you through the delightful 75-acre woodland landscape created over a 30-year period by industrial designer Russel Wright from a former granite quarry. Winding paths pass by giant boulders, through masses of mountain laurel and blueberries, cross a rustic bridge over a rushing stream and ascend to views of the Hudson River. Bring water. Trail maintenance $5 donation requested. 2 mi. Moderate. Sun. 9/14, 2 pm. Palsades Pkwy to Bear Mt. Bridge, on east side of bridge, L onto Rt. 9D north 2.5 mi.; turn R into entrance road to Visitor Center. From I-84, Exit 11 to Rt. 9D south to Cold Spring; continue south approx. 4 mi. on Rt. 9D to entrance on left; meet in parking lot. Register by 9/12: (845) 424-3812; lmas@russelwrightcenter.org.

171. LIVING THEATER IN THE WOODS Experience an innate kinship with the land as you explore the grounds of Manitoga, a former granite quarry transformed into a living theater by noted landscape artist Russel Wright. Mid-Hudson ADK member Michele Van Hoesen leads the hike through this charming woodland of paths that wind through lush woodlands and ascend to an asian, a “planned view” or opening in the trees through which you get a spectacular view of the Hudson River. Bring lunch/water, snacks. Trail maintenance donation $5. 4 mi. Moderate Hiking boots or sturdy footwear required. Not suited for child under 8). Sat. 9/27, 10:30 am. Follow directions for #170 above. Register by 9/20: (845) 691-7442; michelelv8@yahoo.com.

172. THE NIGHT RIDE OF SYBL LUDINGTON Follow the compelling tale and trail of teenager Sybil Ludington, a Revolutionary War heroine celebrated as the female Paul Revere. When the British launched a surprise attack on Danbury in April 1777, Sybil volunteered to venture out in the night to rally the scattered members of the Dutchess County militia on behalf of her father, the militia commander. Vincent Dacquoins, author of Sybil Ludington, A Call to Arms, hosts this bus tour (45-min.pre-tour talk) and offers a dramatic rendition of her night time ride. Tour fee: $20 adult; $10 child (includes T-shirt). Sponsored by the Institute of History, Archaeology and Education Sat. 9/27, 11-2. From north: Taconic Pkwy. south to I-84 East approx. 9 miles to Exit 18 to R onto Rt onto R 311; go to traffic light and turn L onto Rt. 52 thru Carmel [Rt. 52 becomes Route 6]; take Route 6 (by going straight at traffic light) and follow into Mahopac. Library is on the right (north) side just after light at the East Lake Blvd. intersection. From south: Taconic State Pkwy. to Mahopac/Shrub Oak Exit; east on Rt. 6 approx. 6 mi. to Mahopac Library on left (about 1 block past light at town’s main intersection.) Registration required by 9/22: (914) 933-0440; feinmanp@ihare.com.

173. GOLDEN APPLE BICYCLE TOUR Enjoy a carefree, self-paced ride on the uncluttered, scenic roads of Northern Westchester. You’ll pedal through horse country and quaint villages, and by stunningly beautiful reservoirs. Pick your own tour from 25, 50, 75, 100 and 125-mile routes with terrain becoming hillier according to distance. Every turn is marked; frequent food stops; SAG wagons and emergency bike repair. Post-tour, enjoy lunch and socializing from 1 pm. Tour benefits Friends of Karen, a local charity for terminally ill children, and the New York Bicycling Coalition, a leader in New York statewide advocacy. Tour fee: $25 until 9/3; after $35 or day of tour at Goldens Bridge RR Station. Register: www.westchestercyclub.org/goldenapple. Easy to very difficult. (Not suited for child under 10 unless in bike tandem or buggy.) Sun. 9/14, 7-10 start. From north: I-84 to I-684, Exit 8 to L onto Hardscrabble Rd. to L at 1st light on Rt. 22 south to Goldens Bridge; follow signs to Metro-North RR Station; from south: I-87 to I-684 north to Exit 6A; L L onto Rt. 22; follow signs to station. Public: Metro-North Harlem line to Goldens Bridge. 888-777-8229; goldenapple@westchestercyclub.org.

174. HISTORY WALK AT JOHN JAY HOMESTEAD Take a “history walk” on the rolling landscape of the farm and retirement home of John Jay, first Chief Justice of the U.S. and second governor of New York. During the walk of this New York State Historic Site, your guide will talk about the 150-year history of farming on the property. You’ll visit some of the 10 historic farm buildings that survive and enjoy views of meadows, woodlands, gardens, a pond and more. Landscape history walk free. 1 mi. Moderate. Sat. 9/27 & Sun. 9/28, 2 pm. House tours till 4 pm. House tour fee: $7 adult; $5 senior/student; children up to age 12 free. 1684 to Exit 6 to Rt. 35 east, go 0.25 mi. to Rt. 22 south and approx. 1.5 mi. to site on left. Meet on main house front porch. Public: Metro-North Harlem line to Katonah. Limited taxi service available. (914) 232-5651.

175. WESTCHESTER WILDERNESS WALK Enjoy a wilderness walk on nature trails that wound their way through woodlands and woodlands with rare plants, dramatic rock formations, soaring tulp trees and dozens of different species of birds. Your guide from the Westchester Land Trust, which established the preserve, will describe the flora and fauna, and the “grass roots” efforts that saved this beautiful area from development. Bring water/snack. Two level hikes offered: 2 mi. moderate; 5 mi. difficult. Sun. 9/21, 12 noon. L 684 to Exit 4; go east approx. 4 mi. on Rt. 172 thru Bedford Village and turn R at traffic light at Mobil Station onto Long Ridge Rd.; go 2 mi. and turn L onto Upper Shad Rd.; go .25 mi. to trailhead parking entrance on left. (914) 241-6346 x 22.

176. HIKE UP ANTHONY’S NOSE Running parallel to the Hudson River, the Camp Smith Trail to Anthony’s Nose offers spectacular views that make this strenuous hike, with its many elevation gains and losses, worth the work. The view from Anthony’s Nose is as famous as its name! Hike leaders Michael and Marianne Hume of the N.Y. – N.J. Trail Conference and the maintainers of the Camp Smith Trail will take time to stop at viewpoints so you can enjoy the stunning scenery of the Hudson Highlands and Hudson River flowing below. Bring lunch/water/windbreaker in daypack. 3.7 mi. Difficult. Sun. 9/28, 9:30-2:00. From east side of Bear Mt. Bridge, park on river side of Rt. 9D just north of bridge.

177. HUDSON FERRY-GO-ROUND Explore the lively scene in Westchester’s Hudson River towns by boat. Take a ferry to events happening in Peekskill, Ossining, Haverstraw and Sleepy Hollow. High speed ferries will run a continuous loop between these Hudson River communities with free bus transportation at ferry landings to downtown events: Peekskill’s Road Knights Car Show, Ossining’s Arts-On-Main, Haverstraw’s International Street Fare, and the Sleepy Hollow Street Fair. Ferry departs approx. every 40-60 minutes. All-Day pass: $10 adult; $5 senior; free for child under 17 with ticketed adult. Sun. 9/14, 11-6. For more information on ferry/directions to ferry docks: www.ferrygoround.com.

178. SEARCHING FOR SEA GLASS Come join the Croton Point Nature Center staff as we explore the Hudson River shoreline to discover sea glass. Find out how it is formed, their color variations and how common or uncommon the pieces we discover might be. Then create your own personal sea glass pendant. 1 mi. Easy. Sat. 9/13, 1 pm. Rt. 9A to Croton Point Ave. exit; follow Croton Point Ave. west (toward Hudson River) over the bridge as it turns into the park entrance road. $8 parking fee; $4 with Westchester Parks pass. Meet guide in large parking lot. Public: Metro-North Hudson line to Croton-Harmon; walk approx. 1 mi. on Croton Point Ave. (914) 862-5297.

Lower Hudson River Valley
**179. FALL WARBLER MIGRATION MEADOW WALK** Join Croton Point Nature Center Curator Scott Williamson for a bird walk on Croton Point’s meadow known as a Westchester County birding “hot spot.” We’ll especially keep our eyes on the skies for warblers who use the Hudson River as a flyway migrating in the fall and spring. Besides birds, you’ll enjoy gorgeous vistas of the Hudson River and the Palisades. 3 mi. Moderate. Sat. 9/20, 8am. Follow driving/public transport directions for #178. Parking $8; $4 with Westchester Parks pass. Meet guide in large parking lot. (914) 862-5297.

**180. FALL SEINING BY THE BAY** Put on your rubber boots or rugged sandals and join Croton Point Nature Center Curator Scott Williamson for a “fishing expedition” on the Hudson River. We’ll hike down to the riverside, enjoying the view of Havervorst Bay, then, with nets in hand, we’ll walk in water at low tide to look for life in the river and identify our “catches of the day.” 1 mi. Easy Sat. 9/27, 1 pm. Follow driving/public transport directions for #178. Parking $8; $4 with Westchester Parks pass. Meet guide in large parking lot. (914) 862-5297.

**181. BENEDICT ARNOLD – MAJOR ANDRE CONSPIRACY TOUR** Follow the trail of the most famous episode of treason in American history! As you visit significant landmarks connected to the Arnold-Andre conspiracy, guide Dennis Corcoran, dressed in Revolutionary War garb, will tell how the plot unfolded, including the compelling tale of three American Patriots who outwitted Major Andre resulting in his capture. The 6-hour bus tour stops at Croton Point Park and Patriots’ Park in Tarrytown, then crosses the Hudson River to Tappan to view George Washington’s headquarters at the DeWint House and the site of Andre’s execution. Enjoy a buffet lunch with mimosas at the “1776 House” and hear the tale of Andre’s imprisonment there told by the restaurant’s proprietor. Bus fee: $15; buffet lunch with tax/tip: $25 [paid at restaurant]. Easy-moderate walking. Sun. 9/28, 10-4. From south: Rt. 9A to Croton Point Ave. exit; R at light, turn R into shopRite parking lot. Park in front of lot near school bus. From north: Rt. 9A to Croton Point Exit; turn L and follow directions above. Pre-registration required. Send check for $15 bus fee by 9/20 to: Dennis Corcoran, 90 Weskora Ave., Pleasantville, NY 10570. (914) 769-8819.

**182. EXPLORE THE HUDSON BY SAIL** Join members of the Ossining Community Sailing Club for a 2-hour scenic sail up the Hudson River from Louis Engle Waterfront Park to Croton Point Bay and the entrance to the Croton River. Non-sailors are welcome! Boats will be handled by club members and life jackets provided. You’ll drink in wonderful views of the Palisades cliffs, Croton River estuary, Tappan Zee Bridge and Tappan Zee, the widest part of the Hudson River, so be sure to bring your camera! Poetry about the Hudson River will be given as handouts to participants who are invited, but not required, to read aloud while on board. Fee $10. Group limit: 13. Bring water/snack, sunscreen, light waterproof jacket/sweater; wear non-slip shoes (no high heels). Sat. 9/27, 2 sails: 10 am & 2 pm. Rain date: Sun. 9/28. From north and south, Rt. 9 to Ossining; take Main St. west towards river and over train tracks at railroad station; at bottom of ramp, turn R towards Louis Engle Waterfront Park (parking). Meet boats at ramp next to Ossining Boat and Canoe Club. Registration required by 9/15: (914) 523-4230; suedonnelly53@yahoo.com.

**183. RIDE THE RIVER IN A POLICE BOAT** Find out what it’s like to ride in a New York City police boat! Rescued from the bottom of the Passaic River, Launch 5 is a retired police boat now used for many purposes from rescues to training exercises and educational adventures. Enjoy a one-hour tour aboard the boat on the Hudson River in the Ossining-Corton area, learn about the programs the crew offers and drink in great views on the water. Sat. 9/27, 2 tours 10 am & 2 pm. Rain date: Sun. 9/28. From north and south, Rt. 9 to Ossining; take Main St. west towards river and over train tracks at railroad station; at bottom of ramp, turn R towards Louis Engle Waterfront Park (meeting place). Reservations by 9/15 gregporteus@gmail.com.

**184. INSIDE VIEW OF THE AQUEDUCT** This in-depth adventure allows you to descend into the Weir Chamber of the Old Croton Aqueduct (1842), an engineering marvel in its time and the first major water supplier to New York City. On this “ insider’s tour,” you’ll get to stand in the Aqueduct itself, see its size and hear about its construction. The “insider’s view” includes a video about the history of the Aqueduct prior to going down into the tunnel. Sponsored by Friends of the Old Croton Aqueduct. Easy (stairs involved). Sat. 9/13, 1 pm. Rt. 9 north or south to Ossining; turn onto Broadway (across from Croton Ave (Rt. 133), just before/after Main St. depending on whether you’re going north/south); meet at the Joseph G. Caputo Community Center, 95 Broadway. (914) 693-0529.

**185. ALL AROUND TEATOWN** Explore the diverse terrain of Teatown Reservation, an 834-acre nature preserve. This 2-hour hike passes through many habitats including a red maple swamp, hilltop field, tussocked grasses and mature forest. Your guide will identify native trees and tell about invasive species. 2.5 mi. Moderate (Uneven terrain; one steep descent. Not suited for child under 6.) Sat. 9/13, 1 pm. Taconic Pkwy. to Rt. 134-Ossining exit; Rt. 134 west 0.2 mi to R onto Spring Valley Rd.; bear L at Y-intersection to Teatown Lake Reservation parking lot on right after Tudor style buildings. Meet in Nature Center. Register by 9/12. (914) 762-2912 x 135; pbock@teatown.org.

**186. DOWN ON THE FARM AT TEATOWN** Take a hike on a trail that winds past the 33-acre Teatown Lake to the fields and meadows of Cliftwood Farm where we’ll view the chickens, explore the apple orchard and enjoy a picnic lunch. On our return, we’ll climb Teatown Hill to view the Hudson River and perhaps spot migrating hawks from our high perch. Bring lunch/water. Members free; non-members $5. 4-5 mi. Moderate (some uneven rocky terrain; one steep ascent on loose rock; not suited for child under 10). Sat. 9/27, 10-2. Follow driving directions for #185. Meet in Nature Center. Register by 9/26. (914) 762-2912 x 135; pbock@teatown.org.

**187. MR. ROCKEFELLER’S ROADS** Explore the historic carriage roads built by the Rockefellers almost 100 years ago on this hike at the Rockefeller State Park Preserve. Designed to complement the landscape, the carriage roads were created to allow the user to experience and enjoy the natural wonders of the area. On this 3-hour ramble (which includes a lunch break), we’ll visit the three stone-arch bridges that span the Pocantico River, and hike along the 13 Bridges Loop where the carriage road crosses Gray Brook on thirteen small bridges. Bring lunch/water. Trail use fee: $5 adult; $4 senior 62+; $3 child 6-12. Parking $6 per vehicle; free with Empire Passport. 5 mi. Moderate (not suited for child under 10). Sat. 9/20 & Sun. 9/21, 10 am. Rt. 9 to Rt. 117 east for approx. 1 mi.; Preserve entrance is second right turn. Parking fee $6 per car. Meet at Visitor Center. Register by 9/19: (914) 631-1470; Aleksander.Jarosz@oprh.state.ny.us.

**188. LYNDHURST: LEGENDS AND LORE OF OUR 19TH CENTURY LANDSCAPE** An outstanding example of 19th century Romantic landscape design, Lyndhurst is filled with stories from the past like the Legend of the Linden Tree. Walk the landscape’s park-like expanse with Judy Beil, Curator of Education, hear the tales of Lyndhurst and visit six selected sites including the weeping beeches, the Fern Garden and our recreated Vintage Rose Garden where you’ll learn about the Victorians’ love affair with roses. Grounds fee $4. 0.75 mi. Easy. Sun. 9/28, 2 pm. Before or after, visit the Carriage House Cafe or picnic on the lawn at Lyndhurst, a National Trust for Historic Preservation property. Tour the residence, designed by Alexander Jackson Davis and considered one of America’s finest Gothic Revival Mansions. Mansion tour: $10 adult; $9 senior; $4 age 12-17 with adult; under 12 with adult free. From west: I-287 east across Tappan Zee Bridge; exit immediately after toll to Exit 9 (Rt. 9-Tarrytown); L turn off ramp onto Rt. 9 south; go approx. 0.5 mi to R turn into Lyndhurst. (914) 631-4481; lyndhurst@nhtp.org.

**189. THE ROMANTIC LANDSCAPE OF SUNNYSIDE** Author Washington Irving wrote to his brother Peter on July 8, 1835: “You have been told no doubt of a purchase i have made of ten acres, lying at the foot of Oscar’s farm, on the river bank. It is a beautiful spot, capable of being made a little paradise.” Take a gentle walk with a costumed guide and learn about Irving’s Romantic style estate, Sunnyside, on the banks of the Hudson River. Your guide will take you to his favorite spots in the landscape and you’ll tour the public rooms in Irving’s Cottage as well. An Historic Hudson Valley Site. Fee: $15 adult; $10 senior; $6 child 5-17. 1 mi. Easy Sat. 9/20, 10:30 am. I-87 (NYS Thruway) across Tappan Zee Bridge and exit immediately after toll to Exit 9 (Rt. 9-Tarrytown); L at light, turn L onto Rt. 9 south; go 1 mi to light and R turn into West Sunnyside Lane; turn R and continue to parking area. Meet at Museum Shop. (914) 591-8763.

**190. THE ROCHEMBOURNE RAMBLE** Walk a wooded trail to the historic Oss’d House property in Greenwich which served as headquarters for French General Rochambeau for six weeks in 1770 while Gen. George Washington and his Continental Army camped less than a mile away. At the site, Robert J. Stackpole, President of the New York Sons of the
American Legion Chapter, will talk on the restoration work being done on the Odell House, an early 1700s tenant farmhouse, and dedicate two new Heritage New York signs that tell about the house and the encampment. Brochures will be available for a self-guided tour to other historical markers along the Washington-Rochambeau Revolutionary route through Ardsley to Dobbs Ferry. An optional guided walk will be offered to the Hart’s Brook Nature Preserve, the former Gaisman Estate, where you’ll learn about the Preserve’s history and its network of hiking trails. Approx. 2 mi. Easy/moderate. Sat, 9/27, 1:30 pm. I-86 to Exit 4 to Rt 100A south towards Hartsdale in Greenburgh; R at Ridge Rd. for approx.1 mi. to Ridge Road County Park; meet in first parking lot. Register: (914) 993-1641; fjazz2004@yahoo.com.

191. KEEPER’S HOUSE TO HILLSIDE WOODS ON THE OCA TRAIL Visit the inside of the historic Keeper’s House, a National Historic Landmark. Then, led by a guide from Friends of the Old Croton Aqueduct, walk a section of the path on top of this landmark 19th c. tunnel south to Hilsside Woods to view bird life on Sugar Pond and a vernal pond in the woods. Bring lunch/water. 5 mi. Easy/moderate (Some hills. Not suited for child under 4.) Sun. 9/14, 10 am. Rt. 9 (B’way) to Dobbs Ferry to 15 Walnut St. Public: Metro-North Hudson line to Dobbs Ferry; walk east on Walnut St. to #15. Register by 9/7: (914) 693-0529; mavisbird500@verizon.net.

192. QUARRY LANE TRAIL WALK Join Hastings-on-Hudson in celebrating the village’s newest trail: the Quarry Lane Trail. Led by village naturalist Dr. Fred Hubbard, the walk begins at the Old Croton Aqueduct bridge-tunnel, once the site of an inclined railroad built in 1835 to haul unfinished dolomite marble limestone to docks on the Hudson River. At the trail’s end, a bus will take walkers to the Rowley’s Bridge Trail for a guided roundtrip walk through remarkably diverse natural and planted areas with reflecting pools. Enjoy a free catered lunch at 12:30 p.m., and also enjoy glorious views of the Hudson River and the Palisades. 1.25 mi. Moderate (not suited for child under 7). Sat, 9/27, 10:30 am. Rt. 9 to Hastings; south on B’way to Washington Ave. to west on Aqueduct Lane and parking lot. Public: Metro-North Hudson line to Hastings-on-Hudson; walk south on Southside Ave., uphill on Washington Ave to Aqueduct Lane. Bee-line bus #1 to Washington Ave. and uphill to Aqueduct Lane. (914) 478-3568; hohtrailso4927@aol.com.

193. FALL SCAVENGER HUNT Children will embark on an adventure as they explore the Lenoir Preserve in search of nature-related items. Staff will discuss their “treasures” with them. Sat, 9/13, 1 pm. Exit Sawmill Pkwy. to Executive Blvd. to R turn onto N. Broadway [Rt. 9] one block to L on Dudley St.; one block to Preserve entrance on left. Meet at Nature Center. Public: Westchester Bee-line Bus #6 to B’way [Rt. 9] near Dudley St. (914) 968-5851.

194. LENOIR PRESERVE HAWK WATCH Join the Hudson River Audubon Society in the field for the annual autumn hawk watch and bird count at Lenoir Preserve. We’ll search the skies for migratory raptors such as red tail hawks, osprey and broad wing hawks that use the Hudson River as a flyway.

195. LENOIR PRESERVE RAMBLE Join the Lenoir staff for a family-friendly hike around the 40-acre preserve, identifying trees and plant life as we go along. Enjoy the views of the Hudson River and Palisades from our hilltop perch. Easy. Sat, 9/20, 11 am. Follow directions for #193. (914) 968-5851.

196. EXPLORING THE FOREST FLOOR The forest floor is a habitat teeming with life. Come learn about, as well as look for some of the inhabitants of the forest floor on a family-friendly hike through the Lenoir Preserve. Easy. Sat, 9/27, 2 pm. Follow directions for #193. (914) 968-5851.

197. NEPPERHAN-SAW MILL RIVER HERITAGE TRAIL From power source to nuisance—hear the history of the Nepperhan-Saw Mill River as you follow its original path through downtown Yonkers on this 1.5-hour walk. Your guide from Philipse Manor Hall State Historic Site will tell how this Hudson River tributary, once a fishing site for the Lenape, influenced the history, development and growth of Yonkers. See the Palisades cliffs, Haas Gateway Murals and historic buildings along the way. 1.3 mi. Moderate/accessible (Sidewalks. Not suited for child under 5.) Sun. 9/21, 1 pm. Optional: Manor House tours starting at noon: adult $4, senior/student $3, child 12 and under free. Community Gallery free. From Saw Mill Pkwy, exit 5 to Yonkers Ave. west; go 1.25 mi.; turn R onto Riverdale Ave; after 3rd traffic light, L into site parking lot; additional parking in Larkin Plaza lot. Meet at northeast door of Philipse Manor Hall, Warburton Ave./Dock St. Public: Metro-North Hudson line to Yonkers; walk 2 blocks east on Dock St. Register by 9/20: (914) 965-4027x 5.

198. HUDSON RIVERAMA View the Hudson River Museum’s spectacular exhibit, “Hudson Riverama,” featuring interactive computer touch screens, videos, live animal tanks, recreated habitats and 30-foot 3D model of the Hudson River that tell the story of this wondrous waterway. Docents discuss Hudson River environments, habitats and ecology. Admission: $5 adult; $3 senior 62+; child 5-16; under 5 free. Sat. & Sun. 9/13-14, 9/20-21, 9/27-28, noon-5. Sawmill Pkwy. Exit 9 to Executive Blvd. to light and intersection with Rt. 9N [B’way]; L onto Rt. 9; at next light, R onto Odell Ave; L onto Warburton Ave. for approx. 1.3 mi. south. Public: Metro-North Hudson line to Glenwood; walk 1 block up Glenwood Ave. to L on Ravine Ave. to museum drive at end. (914) 963-4550; www.hrm.org.

199. GOWANUS CANAL-ERA BIRDER ECO-CRUISE Join the Urban Divers Estuary Conservancy on a 4-hour eco-cruise along the historic and notorious little estuarine waterway that flows in Brooklyn. We’ll paddle a unique 32-foot long shipping canoe, a vessel widely used by our earliest local indigenous people. The paddle is led by our environmental educators who will offer a fresh perspective on the history and ecology of the Gowanus and Erie Basin. Bring lunch, hat, sun-screen, windbreaker. Fee: $45 annual Conservancy membership. Sun. 9/27, 11 am. Launch site: Second/Bond St. at Canal. Public transport: F or G Train to Carroll St.; exit at Second St.; turn L on Smith, R on Second and walk straight down to canal. Register by 8/27: (718) 802-9874; theurbandivers@yahoo.com. Driving directions given at registration.

200. HARLEM RIVER ECOLOGY CENTER OPEN HOUSE/HARLEM RIVER ECO-CRUISE Discover the living nature of our urban estuary and urban watershed with a visit to the estuarium, aviary and reptarium at the Harlem River Ecology Center. See model ships and underwater artifacts. View an exhibit by wildlife photographer Rick Davis, noted for his work on raptors in New York City, and meet the artist, himself. Facility is accessible. Free. Sat. 9/27, 10-4. In the afternoon, join the eco-cruise paddle on the Harlem River to Spuyten Duyvil and the Hudson River and back. Fee: $45 annual Urban Divers Estuary Conservancy membership. UDEC Harlem River Ecology Center is at the southern end of Roberto Clemente State Park, NYC Bridge Park and River Park Towers and can be accessed from the Maj. Deegan Pkwy. and Harlem River Drives. Public: Metro-North Hudson line to Morris Hts; exit at park. For more directions: http://nysparks.state.ny.us/parks/info/ (718) 901-3331; harleriver.udec@gmail.com.

201. WALK-UP KAYAKING Get a free lesson in the basics of kayaking at the Downtown Boathouse, an all-volunteer organization dedicated to providing access to the Hudson River for everyone. We’ll give you some tips on paddling, then you’ll paddle on your own in the protected embayment in front of the Downtown Boathouse at its three New York City locations on the Hudson. Monitoring, boats and safety equipment provided. Bring bathing suit, or shorts and T-shirt; ability to swim required. Walk in, first come, first served; no reservations. Easy. 1 mi. Sat. & Sun. 9/13-14 to 10/13. Locations: Pier 40 at Houston St, 9-6; 72nd Street in Riverside Park, 9-5; Pier 96, Clinton Cove at 56th St., 9-6 pm. Information: info@downtownboathouse.org. www.downtownboathouse.org for directions.

202. PUBLIC PADDLING WITH RED HOOK BOATERS Enjoy a free 20-minute paddle in a canoe or kayak under the supervision of the Red Hook Boaters in the protected area of Louis Valentin Jr. Pier Park in Brooklyn. All equipment provided. You’ll be outfitted with a life jacket, then receive instructions on how to paddle from a Red Hook Boater who will also assist you with boarding. Then you’re free to explore the protected cave at your own pace, enjoying views of the harbor and estuary wildlife. First come, first served; no reservations. Wear bathing suit or shorts/T-shirt. The Red Hook Boaters are a volunteer organization dedicated to providing waterfront access and education to the public. Easy. Sat. 9/13, 1-5; Sun. 9/21, 10 am-2 pm. Train: F or G subway to Smith/9th St.; transfer to B77 bus [heading away from Park Slope]; get off at Conover/Collyer Sts.; walk west 2 block to park pier. Bus: B61 to Red Hook; get off at Coffey/Van Brunt St.; walk west 2 blocks to park pier. info@redhookboaters.org.
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Sponsoring Sites and Organizations

ADK Mid-Hudson Chapter
ADK Ramapo Chapter
Agroforestry Resource Center, Cornell Cooperative Extension, Greene County
Albany Heritage Area Visitors Center
Albany Rural Cemetery
American Heritage Bicycle Tours
Audubon New York
Barnerman Castle Trust, Inc.
Bardavon
Beacon Slope Club
Beaunix Findall Garden Association Inc.
Boscobel Restoration Inc.
Brinckerhoff-Putney-Palen House
Bronck Museum
Buttercup Farm Audubon Center & Sanctuary
Cary Institute of Ecosystem Studies
Catskill Center for Conservation and Development
Catskill 3500 Club
City of Beacon
City of Cohoes
Clermont State Historic Site
Cohoes Kiwanis Club
Columbia Land Conservancy
Constitution Island Association
Crawford State Historic Site
Croton Point Nature Center, Westchester Parks
DEC Hudson River Research Reserve
D & H Canal Historical Society and Museum
Downtown Boat House
Dyken Pond Environmental Educational Center
Eastern Mountain Sports Poughkeepsie
East Fishkill Historical Society
Edna St. Vincent Millay Society, Steenletop
Esopus Creek Conservancy
First Reformed Church of Fishkill
Fishkill Fencers
Fishkill Historical Society
Five Rivers Environmental Education Center
Forstyth Nature Center/City of Kingston
Fort Montgomery State Historic Site
Friends of Five Rivers
Friends of Historic Kingston
Friends of Peach Hill
Friends of the Old Croton Aqueduct
Gomez Mill House Museum
Grafton Lakes State Park
Grand Walkabout 2009 Committee
Greenburgh Greenway Committee
Greenburgh Parks and Recreation Department
Greene County Historical Society
Grinnell Library
Harlem Valley Rail Trail Association
Historical Society of Newburgh Bay and the Highlands
Historic Hudson Valley
Historic Huguenot Street
Hudson Crassing Park, Inc.
Hudson Ferry-Go-Round
Hudson Highlands Land Trust
Hudson Highlands Nature Museum
Hudson Mohawk Industrial Gateway
Hudson River Audubon Society
Hudson River Museum
Hudson River Slope Clearwater
Hudson River Valley Greenway
Hudson River Valley National Heritage Area
Hudson Valley Day Trips
Hudson Valley Outfitters
Hudson Valley Rail Trail Association
Hurlley Heritage Society
Institute of History, Archaeology and Education
John Boyd Thacher State Park
John Burroughs Association
John Jay Homestead State Historic Site
Johnny Miller Adventures
Knickershocker Historical Society
Lake Taghkanic State Park
Lark Street Business Improvement District
Launch 5
Lenoir Preserve – Westchester Parks
Locust Grove, the Samuel Morse Historic Site
Long Dock Beacon Associates
Lyndhurst
Madam Brett Homestead
Manoroga/The Russell Wright Design Center
Martin Van Buren National Historic Site
Mid-Hudson Anti-Slavery History Project
Mid-Hudson Historic Consortium
Mid-Hudson Road Runners Club
Minnewaska State Park Preserve
Mahwah-Hudson Cycling Club
Mohonk Preserve
Montgomery Place
Moreau State Park
Mount Beacon Incline Railway
Restoration Society
Mountain Top Arboretum
Mountain Top Historical Society
Mount Gulian Historic Site
National Park Service
National Purple Heart Hall of Honor Museum
New Baltimore Land Conservancy
Newburgh Art Supply
Newburgh Heritage Corridor
Development Initiative
New Netherland Museum/Replica Ship
Half Moon
New Palz Chamber of Commerce
New Windsor Cantonment State Historic Site
New York-New Jersey Trail Conference
N.Y. Chapter of SAR
NYS Bureau of Historic Sites
NYS Department of Environmental Conservation
NYS Office of Parks, Recreation and Historic Preservation
Oakwood Cemetery
Olana State Historic Site
Onondaga Runners Club
Open Space Institute, Inc.
Orange County Land Trust
Osprey & Hooing Community Sailing Club
Palsades Interstate Park Commission
Peebles Island State Park
Philipse Manor Hall State Historic Site
Poughkeepsie Greenway Committee
Pine Ridge Cross Country Ski Area
Red Hook Boaters
Rensselaer County Historical Society
Rensselaer Land Trust
Rensselaer Plateau Alliance
Rensselaer-Taconic Land Conservancy
Rockefeller State Park Preserve
Rockland Audubon Society
Roosevelt-Vanderbilt National Historic Sites
Sam’s Point Preserve
Saratoga National Historical Park
Saugerties Lighthouse Conservancy
Save Washington’s Lookout Committee
Scenic Hudson, Inc.
Schodack Island State Park
Schuyler Mansion State Historic Site
Spindle City Historic Society
Springside Landscape Restoration
Sterling Forest State Park
Stony Field Battlefield State Historic Site
Stony Kill Farm Environmental Education Center, NYSDEC
Storm King Adventure Tours
Sunnyside
Taconic State Park
Teatown Lake Reservation
The Beacon Institute for Rivers and Estuaries
The Children’s Museum of Science and Technology
The Nature Conservancy, Eastern New York Chapter
The Stillwater Blockhouse
Thomas Cole National Historic Site
Town of Claryville
Town of LaGrange Conservation Advisory Council
Town of Poughkeepsie
Town of Schodack
Town of Wappinger
Trailside Museums and Zoo, Bear Mt. SP
Troy Cemetery Association, Inc.
Underground Railroad History Project of Capital Region, Inc.
Urban Divers Estuary Conservancy
Van Schaick Island Neighborhood Watch
Van Wyck Homestead
Village of Fishkill
Village of Hastings
Village of Kinderhook
Village of Tivoli
Wallkill Valley Rail Trail Association
Wallkill River Rail Trail Association
Wappinger Greenway Committee
Wappinger Trail Committee
Washington Park Association
Washington’s Headquarters State Historic Site
Waterford Historical Museum & Cultural Center
Westchester County Parks, Recreation and Conservation
Westchester Cycle Club
Westchester Land Trust
Wilderness Preservation