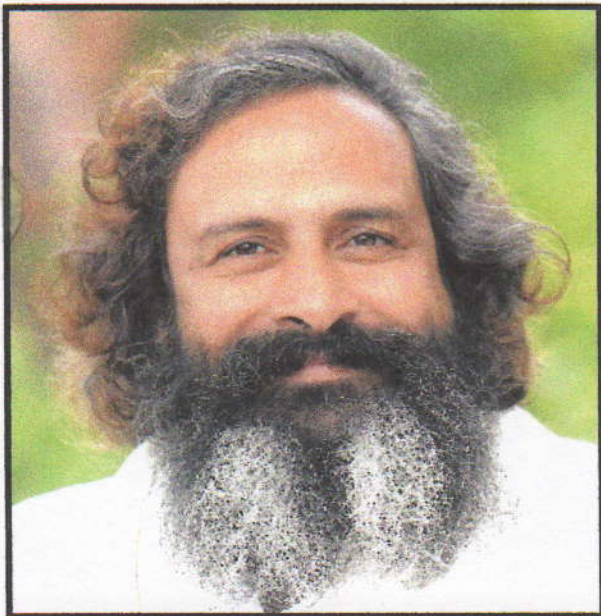


- Journey Within -

Introduction to Sant Mat Meditation

You can begin to learn about the infinite truths that are within every human being in a free one hour talk on the Sant Mat spiritual path and the Inner Light and Sound Meditation.



Sant Baljit Singh

Saturday, August 18th
11am to 12noon
Rancho Bernardo Library
17110 Bernardo Center Dr.
Rancho Bernardo, CA

or

Sunday, August 19th
2pm to 3pm
La Jolla Library
7555 Draper Ave.
La Jolla, CA

For information please call: 520-298-1986 or 1-877-MEDITATE
www.knowthyselfassoul.org

Introductory Talk presented by authorized Representatives of Sant Baljit Singh.