



## Coming to Palm Springs area BodyTalk with Mary Shields Ph.D.

**When:** Sat., February 13, 10:00 am – 6:30 pm  
**Where:** Center of Motion  
41555 Cook St., #160, Palm Desert, CA 92211  
**Directions:** [www.centerofmotion.org](http://www.centerofmotion.org)

### Health Empowerment in 10 Minutes!

Discover the most exciting new approach to health care!

*When the body Talks it can Heal itself.  
Health can really be that simple!*



Is for laypersons and healthcare professionals.

**Parents** Can use Access to help their children improve their learning disorders and everyday challenges such as colds, flu, allergies and minor scrapes & cuts.

**Healthcare Pro** Such as nurses, physical therapists, massage therapists and acupuncturists can use the Access Program to enhance their practice.

**Sick/ill/Pain** Those who are sick, ill and in pain of all ages can use Access to improve their health and relieve their pain.

**BodyTalk** Is **SAFE, FAST & EFFECTIVE**, and is a wonderful addition to any wellness program.

### TOPICS

**Cortices** help improve and balance the communication between the two halves of the brain improving the efficiency of the brain.

**Switching** can help restore inattentiveness, poor decision-making, confusion, making silly mistakes, mood swings, coordination, etc.

**Hydration** helps correct the body's ability to fully use the water it has available.

**Body Chemistry** stimulates the immune system to address viruses, bacteria & allergies.

**Reciprocals** helps reestablish the balance of the structures of the body and can have a significant effect on many forms of injuries, arthritis, circulatory issues, coordination patterns, problems with the spine, and chronic pain.

**Fast Aid** resolves simple issues. It is used as a stand-alone technique. In serious conditions, it is designed to be used safely until specialized health care arrives.

...and **MORE**



**Who: Mary Shields, Ph.D.  
Certified BodyTalk Instructor**

Cost: \$125. **EarlyBird: 15% off if paid in full by 2/3/10.** Non-refundable \$25 deposit required to hold your space. NCBTMB: eligible for 7 ce.

### R E G I S T R A T I O N

Name \_\_\_\_\_  
(As you would like it to appear on your certificate)

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email: \_\_\_\_\_

Circle payment method:      Check      Money Order      Cash      PayPal

Send to: Anne Berry P.O. Box 2235, Palm Desert, CA 92261

Make checks payable to **Pathways to Healing & Wisdom**

**Contact: Anne Berry 714-349-3914 berrya@aol.com**

Visit [www.bodytalksystem.com](http://www.bodytalksystem.com) to **PRE-REGISTER** and for more information.

**Note:** If cancellation is necessary, deposit may be applied to other courses with the instructor.