



## Vegetarian- and Vegan-Friendly Restaurants in SLO County

### San Luis Obispo

Restaurant	Cuisine	Address	Phone	Hours	Comments
<b>Thai Elephant</b>	Thai	1815 Osos St, San Luis Obispo, 93401 (at train station roundabout)	805-545-5996	Tues-Thur Lunch 11-3, Dinner 4:30-9 Fri Lunch 11-3, Dinner 4:30-10 Sat-Sun 11:30-10. Closed Mon.	Items can be made vegan. Formerly Vegan Spices.
<b>Thai Classic</b>	Thai	1011 Higuera St, San Luis Obispo, 93401 ( at Santa Rosa)	805-541-2025	Lunch: 11-3, Dinner: 4-10.	Vegetarian/Vegan menu section.
<b>Vraja's Kitchen and Bliss Cafe</b>	Indian/Italian/ Greek Menu changes	1035 Chorro St, San Luis Obispo, 93401 (at Higuera)  <a href="http://www.vrajasvegankitchen.com/">http://www.vrajasvegankitchen.com/</a>	805-704-9110	Lunch: Tues-Sat 12-3, Dinner: Wed 5-9, Thur 6-9 at Farmer's Market, Fri 7:30-10	All Vegan menu. Take out. Only a few small tables.
<b>Oasis</b>	Mediterranean and Middle Eastern	675 Higuera St, San Luis Obispo, 93401 (at Broad)  <a href="http://www.oasisrestaurantslo.com">http://www.oasisrestaurantslo.com</a>	805-543-1155	Tues-Sun 11-9 Closed Mon.	Vegan items clearly marked on the menu.
<b>Pita Pit</b>	Middle-eastern, western, fast food	858 E. Foothill, San Luis Obispo, 93405  <a href="http://www.pitapitusa.com">http://www.pitapitusa.com</a>	805 543 7482	Sun-Wed 10:30am-midnight, Thurs-Sat 10:30 am - 3 am	Several veg options, each pita custom made



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<b>Novo</b>	Brazilian/ Mediterranean/ Asian Upscale Bistro	726 Higuera St, San Luis Obispo, 93401 (at Broad) <a href="http://novorestaurant.com">http://novorestaurant.com</a>	805-543-3986	Lunch: Daily 11-2:30 Late Lunch: Daily 2:30-5 Dinner Daily from 5:00pm Late Night Menu: Fri & Sat 10:00pm - midnight Sunday Brunch & Lunch: 10-2:30	Vegetarian/Vegan options.
<b>Koberl at Blue</b>	Upscale Wine Country Dining	998 Monterey St, San Luis Obispo, 93401 (at Osos) <a href="http://www.epkoberl.com/">http://www.epkoberl.com/</a>	805-783-1135	Dinner: Daily 5-10 Appetizers: Sun-Wed 4-10 Thurs-Sat 4-11	Ask for the Vegetarian Menu. Most can be made Vegan.
<b>Big Sky</b>	American	1121 Broad St, San Luis Obispo, 93401 (between Higuera and Marsh) <a href="http://www.bigskycafe.com/">http://www.bigskycafe.com/</a>	805-545-5401	Mon-Sat 7am-10pm Sun 8am-9pm	Veg options marked on menu. Most can be made Vegan.
<b>The Natural Cafe</b>	American	698 Higuera St, San Luis Obispo, 93401 (at Broad) <a href="http://www.thenaturalcafe.com/">http://www.thenaturalcafe.com/</a>	805-546-9200	Daily 11-9	Veg menu section. Most can be made Vegan.

Please let us know of changes or additions: [ccveggies@gmail.com](mailto:ccveggies@gmail.com)



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<b>Smiling Dog Cafe</b>	Eclectic Cafe	1227 Archer St, San Luis Obispo, 93401 <a href="http://smilingdogyogaslo.com/cafe">http://smilingdogyogaslo.com/cafe</a>	805-546-9100	Mon-Fri Lunch 11-3 Sat Brunch 10-2	All Vegetarian/ Vegan menu. Menu varies daily.
<b>Linnaea's Cafe</b>	Coffee House	1110 Garden St, San Luis Obispo, 93401 (at Higuera St) <a href="http://www.linnaeas.com">http://www.linnaeas.com</a>	805-541-5888	Breakfast: 6:30-11 weekdays; 6:30am-2 weekends Lunch: 11:45-6 weekdays Dinner: 6-10 weekdays	All Vegetarian.
<b>Shalimar Restaurant</b>	North Indian	2115 Broad St, San Luis Obispo, 93401 (at Branch) <a href="http://www.shalimarslo.com/">http://www.shalimarslo.com/</a>	805-781-0766	Lunch: Tues-Sun 11:30-3 Dinner: Tues-Sun 5-10 Closed Mon.	Vegetarian/Vegan options.
<b>Petra</b>	Mediterranean	1210 Higuera St, San Luis Obispo, 93401 (at Toro) <a href="http://www.petraslo.com">http://www.petraslo.com</a>	805-439-1999	Daily 10:30am-10:30pm	Vegetarian/Vegan options.
<b>Wild Donkey Cafe</b>	Greek Mexican	1131 Broad St. San Luis Obispo 93401 <a href="http://www.thewilddonkey.com">http://www.thewilddonkey.com</a>	805-788-0898	Mon-Fri 11am-9pm Sat-Sun 11:30am-9pm	Several vegetarian options, easily veganized



**Central Coast Vegetarian Network**  
Compassion Through Community

North County					
Restaurant	Cuisine	Address	Phone	Hours	Comments
<b>Thai Elephant</b>	Thai	7320 El Camino Real, Atascadero, 93422 (at Highway 41) <a href="http://www.thaielephantonline.com/">http:// www.thaielephantonline.com/</a>	805-466-6515	Mon-Thur 11-9 Fri 11-10 Sat-Sun 11:30-9	Vegetarian Lovers menu section. Can be made Vegan.
<b>Thai-riffic</b>	Thai	7965 El Camino Real Atascadero, 93422 (at Curbaril)	805-462-8424	Lunch: Mon-Fri 11-2, Dinner: Mon-Sat 4:30-8 Closed Sunday.	Veg options.
<b>Basil Thai</b>	Thai	828 11th St, Paso Robles, 93446 (at Pine)	805-238-9945	Mon-Thur Lunch 11-2:45, Dinner 5-9:15 Fri Lunch 11-3:15, Dinner 5-9:45 Sat 12-9:45 Sun 12-9:15	Veg options.

Hwy 1 - Los Osos-Morro Bay, Cambria					
Restaurant	Cuisine	Address	Phone	Hours	Comments
Shine Cafe	Cafe	415 Morro Bay Blvd, Morro Bay, 93442 (at Monterey) <a href="http://www.sunshinehealthfoods-shinecafe.com/">http://www.sunshinehealthfoods- shinecafe.com/</a>	805-771-8344	Mon-Fri: 11-5 Sat: Breakfast 9-11, Lunch 11-5 Sun: Breakfast 10-12, Lunch 12-4.	All Vegetarian/ Vegan menu.



Hwy 1 – Los Osos–Morro Bay, Cambria					
Restaurant	Cuisine	Address	Phone	Hours	Comments
Robin's Restaurant in Cambria	Handcrafted Global Cuisine	4095 Burton Dr, Cambria, 93428 <a href="http://www.robinsrestaurant.com/">http://www.robinsrestaurant.com/</a>	805-927-5007	Open Daily Lunch: 11-3:50 Early Dinner: 4-4:50 Dinner: Sun-Thur 5-9, Fri-Sat 5-9:30 Sunday Brunch: 11-3:50	Vegetarian/ Vegan options. All Vegan prix-fixe dinners twice yearly.
Wild Ginger	Asian, Pacific Rim	2380 Main Street, Cambria, 93428 <a href="http://wildgingercambria.com/">http://wildgingercambria.com/</a>	805-927-1001	Lunch: 11-2:30 Dinner: 5-9 Sunday Dinner Only. Closed Thursday.	Veg options & daily Vegetarian specials.

## Additional Local Food Sources:

**Farmers' Markets:** all over the county. See <http://www.slocountyfarmers.org/> for locations, days, and times.

### Baked goods:

- Sweet Alexis - offers allergy-free baked goods. See <http://www.sweetalexis.com/> for location, open times, online ordering.
- Wholesome Chow - sells vegan and gluten-free baking mixes at farmers' markets and online, offers cooking classes and more - see <http://www.wholesomechow.com/>
- Cupcake Madness - online only, based in Arroyo Grande - see <https://www.facebook.com/pages/Cupcake-Madness/>
- The Joycup Co. - peanut butter cups, most of which are vegan (some contain honey). See <https://thejoycupco.com/index.html>