



Aum Omega 3 Sublingual D Product Guide

Why Aum Omega 3 Sublingual D:

Aum Omega 3 Sublingual D is a pleasant light in texture and lemon flavoured formula. This bio available Omega 3 is a mammalian source (harp seal) of EPA, DHA and DPA. DPA is only found in mammalian sources. The structure of the oil allows these forms to be directly utilized by our bodies, as they do not require conversions. Aum Omega 3 provides a readily available, easily absorbable form of well-balanced Omega's for our health. EPA, DHA and DPA support the development of the brain, eyes and nerves, and have a direct beneficial effect on cardio-vascular health. Omega 3 and 6 are Essential Fatty Acids, an essential nutrient because our bodies cannot produce it. Omega 6 (can create inflammation in the body) and Omega 3 (reduces inflammation in the body) remain "good fats" as long as they are balanced in our bodies. Aum's Omega 3 supplements supply Omega 6 and 3s in a ratio of 1:1. All diseases have an inflammatory component. Omega 3s plays a key role in reducing inflammation. Per teaspoon, Aum Sublingual D provides 1,000 IU of Vitamin D3 from a natural source.

Features	Benefits
Mammalian Source	<ul style="list-style-type: none"> Provides EPA, DHA & DPA. DPA is unique to mammals and similar to what is found in mother's breast milk Unique to the Harp seal oil: nature's natural blood thinner
Ratio: 1:1 Omega 6 to Omega 3	<ul style="list-style-type: none"> Provides balance back to the body to a 1 to 1 ratio. Currently most individuals have an abundance of Omega 6 (causes inflammation) to Omega 3 (lowers inflammation)
Void of Toxins	<ul style="list-style-type: none"> The Harp seal oil is found not to contain any toxins or chemicals so there is no risk of absorbing heavy metals such as mercury
Sublingual Formulation	<ul style="list-style-type: none"> 80-85% absorption as compared to 40-50% absorption if taken in a capsule
Natural Source of Vitamin D3	<ul style="list-style-type: none"> Provides 1,000 IU of D3 per teaspoon Canadian Cancer Society supports Vitamin D intake at these levels
Raw and Whole Formulation	<ul style="list-style-type: none"> Undenatured stable product Natural Product Number (NPN) issued by Health Canada
Eco Conscious	<ul style="list-style-type: none"> Harp seals are caught in the wild and not farmed Controls seal population, reversing depletion of fish stocks

Omega 3 Comparisons

Fish Oil

- Natural ratio of 10:1 (Omega 6 to Omega 3) creating more inflammation in the human body
- Provides EPA and DHA but no DPA
- Due to the lack of conversions in the human body, fish oils won't provide the Omega 3 forms required by the human body
- Can be toxic with heavy metals and other toxins
- Can become rancid

Plant Source

- Due to the lack of conversions in the human body, plant oils won't provide the Omega 3 forms required by the human body
- Provides ALA

Krill Oil

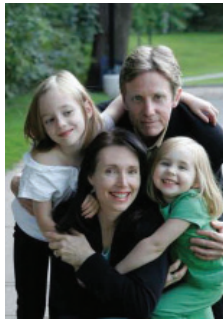
- Small short lived fish so less time to accumulate toxins but has similar properties as the fish oil

TestimonialsAnA



Gavyn had many signs of ADHD when he started SK. He has been on various medications from SK until now in Grade 4. He started taking Auum Sublingual D the first week in

March...just once daily before school. At the same time his medication was completely stopped. I think the omega 3 is working well because his school has not called at all. They are unaware that he is off his meds. Previously if his meds were forgotten, the school always called about his behaviour. I am going to ask the school to start giving him a lunchtime dose. He has no problem taking it...holds it for 45 seconds at least and likes the flavour. ~ *Stephanie*



Several months ago, I was introduced to Auum and I started to take Sublingual D the same day plus I gave it to my children. My youngest daughter was three and a half at the time. We would sing a tune while holding the omega 3 under the tongue and watch the clock to finish 45 seconds. We had fun! I must admit, I did not monitor for any outcomes but within three weeks I noticed that my daughter now knew the whole alphabet and most of the sounds. Previously, she only knew her letters J and O (her nickname was JoJo). Personally, I felt taller and gained more mental clarity in only days. I was impressed.

As someone with a background in nutrition, I appreciate that the Auum omega 3 formulas provide DPA which is a key essential building block in the brain. DPA is passed to children through their mother's breast milk. Many children are deficient because of not being breastfed or having less than optimal nutrition.

I highly recommend this product to everyone, especially the children and the women who will one day have their own children. I believe that our health is our greatest asset and giving health to children, the generation of the future, is a beautiful thing. ~ *Cheryl Millett BSc RNCP*

“After consuming my first bottle of omega I found that my dry flaking skin has completely disappeared.” ~ *Susan L.*

“With a background in fitness and health I know how important Omega 3 is. I have taken high levels of fish oil for years. When I had recent blood work my cholesterol levels were excellent, but I didn't feel any different. Since taking the Sublingual D, I HAVE noticed severely reduced muscle discomfort in my hips. I have also noticed that my sleep has improved without taking any sleep aid (I normally take a UBER MAG to help me sleep).

This product truly IS amazing and I am making sure all my clients take it.” ~ *Heather C.*

“As a health care professional, Auum omega 3 products captured my attention. I was intimately involved in a 2 year / 3 phase study, following developmental improvements of 42 children who had exhibited a variety of behavioural/learning issues. The overall results were not only astounding, but each child regardless of age or problem responded positively in one or more areas. I now have committed myself to sharing this most important knowledge to everyone I meet. I believe Auum has discovered the most important scientific breakthrough of our time. I strongly support the need for this product for everyone from pre-conception to old age.

I have witnessed miracles.”

Sue Charbonneau, RN
Clinical Research & Client Services



Contact Information:

Angela Shim CNP, CMA

Core Vitality Coach

416-723-7324 email: angela@vibrantbalance.com

www.AuumOmegas.com Distributor ID: 1150452 Vibrant Balance