



Write Your Life Story Motivating Workshop Will Inspire You to Start Writing Your Own Biography!

Writing your biography is a way to figure out who YOU used to be and how YOU got to be who you are today. You may think such writing is for the rich and famous. That's not true. Every person, no matter who they are or what they have achieved, has an interesting story to tell.

As you start collecting and writing your own stories, you will elevate yourself to a higher ground of wisdom and perspective and begin to see how fascinating and significant your life really is.

Read Why Should YOU Write Your Life Story: <http://tinyurl.com/whymemoirs>

You will Learn

- ❖ Learn to plot your story
- ❖ How to tap into memories
- ❖ How to write between the lines and use the power of suggestion
- ❖ The dos and don'ts of dialogue and humour
- ❖ How to work through grief, separation, job loss, conflict
- ❖ Examining the many layers of your story

+ Dr Taebi will explain emotional need for writing your journal

+ Max Haroon will talk about of Videotaping your memoirs



Speaker

After writing her own story, 'The Sand Angel', Lesley Ann Marcovich discovered first-hand what a gift telling your story can be. Lesley Ann went on to ghostwrite stories for others. Stories about: farm life in Nova Scotia, surviving the trenches in WWII, growing up in Scotland in the thirties, experiencing the harsh realities of racism in Canada. Now she shares her investigative techniques in "The Biography Workbook" (*signed copy of the book will be available to purchase at \$40, some discount will be provided*).

Date and Time

Wednesday: November 4, 2009, from 6:00 pm to 8:30 pm

Location

Rexall Centre (Weston Produce Plaza) 9625 Yonge Street (at Weldrick Road). Richmond Hill)

Registration & Details

Your investment- \$20

<http://www.meetup.com/inspirationalbookclub/calendar/11586719>

For more information, contact Max Haroon: email max@FriendsofHeart.org
or phone 416-891-4937

About **Friends of Heart** is a collaborative group of kindred spirits that empowers life by sharing our cumulative knowledge and wisdom. We focus on the body/mind/ soul entity and raising awareness. Visit: www.FriendsofHeart.org



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