

What do you have to lose?

Join a fun **Weight Loss Challenge** to help you reach your weight-loss goals!

You could even win a cash prize if you are one of the top achievers in your Challenge!



IN A 12-WEEK COURSE YOU WILL GET:

- Group support to cheer you on
- Your own personal coach
- A free meal plan
- Helpful tips and information on good nutrition and long-term health

Class size is limited, so call now and reserve your spot!

Join the Challenge for only \$39

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Starts Tues, March 30th 7 pm

207 E. Northern Lights, Ste. 121

To pre-register or more information call:
907-306-1828 | www.akweightlosschallenge.com