






## Dashing Whippets Metric Marathon: Turn by Turn Directions

City Hall Park (Lower Manhattan) to Astoria Park (Astoria, Queens)

ALWAYS STAY ON LEFT SIDE OF STREET UNLESS OTHERWISE NOTED

K / Mile	Directions	Landmarks
0.0K 0.0M	START in City Hall Park – run up bridge on central bridge path (stay on right)	Subway: R to City Hall, 4/5/6 to City Hall, 2/3 to Park Place, A/C to Chambers. Meet at fountain.
1.8K 1.1M	Stay on <b>MAIN BRIDGE PATH</b> – follow path as it bears right toward Tillary / Downtown Brooklyn	Welcome to Brooklyn
2.4K 1.5M	At TILLARY, keep going <b>straight on ADAMS St</b> (cross from bridge path to left side of Adams)	Traffic light at Tillary. Stay on LEFT side of street
2.8K 1.8M	At Adams & Fulton, <b>TURN LEFT onto FULTON St</b>	Across from Borough Hall Park
4.0K 2.5M	At Fulton & Lafayette, <b>TURN LEFT on LAFAYETTE</b>	Just past Fort Green Place
5.9K 3.6M	At Lafayette & Bedford, <b>TURN LEFT onto BEDFORD</b>	One block after Skillman
6-9K 4-5M	Stay on BEDFORD as it goes through Williamsburg	Continue over BQE and under W'sburg Bridge
8.9K 5.5M	At Bedford & S 1 St, <b>TURN RIGHT onto S 1st St</b> . Go <b>one block</b> , then <b>TURN LEFT ONTO DRIGGS Ave</b>	First turn is just past Bedford & S 2nd St
9.0K 5.6M	At Driggs & Grand, <b>PAUSE FOR FLUID BREAK</b> . Then head west on Grand (back toward Bedford)	Brooklyn Running Co is at 222 Grand St near the corner or Driggs Ave
9.6K 6.0M	At Grand & Kent, <b>TURN RIGHT ONTO KENT St</b>	 Two blocks before making this turn, look for bathroom at Sheridan Playground
10.7K 6.7M	At Kent & Franklin, <b>BEAR LEFT onto FRANKLIN St</b>	Just past N 14th St
11.4K 7.1M	At Franklin & Greenpoint Ave, <b>TURN RIGHT onto GREENPOINT Ave</b> (stay on left side)	 Two blocks before making this turn, look for bathroom at American Playground
11.9K 7.4M	At Greenpoint & McGuinness Blvd, <b>TURN LEFT onto McGUINNESS Blvd</b> (stay on left side)	One block after Eckford St
12.5K 7.7M	Stay on McGuinness – <b>ENTER PULASKI BRIDGE AT McGUINNESS &amp; EAGLE</b> (on left / west side)	Block after Green and Freeman St
13.3K 8.3M	Cross Pulaski Bridge on west (left) side. At bottom, <b>TURN RIGHT onto JACKSON Ave</b>	CAREFUL! Lots of crossing traffic
14.8K 9.2M	At Jackson Ave & Queens Blvd, <b>CROSS QUEENS BLVD &amp; TURN LEFT TO QUEENSBORO PLAZA N.</b>	Just past Orchard and West St, cross under elevated train line. CAREFUL! Lots of traffic
15.1K 9.4M	At Queensboro Plaza North & Crescent / 25 St, <b>ENTER QUEENSBORO RUNNING PATH</b>	Thirsty? Hot? Hungry? Recharge at Dunkin' Donuts near entrance to bridge
16.4K 10.2M	Run up bridge path (stay on right) – <b>TURN AROUND WHEN YOU ARE ABOVE ROOSEVELT ISLAND</b>	NO MARKER! Turn around when the east edge of Roosevelt Island is below you
17.6K 10.9M	Run down bridge path (stay on left side) – exit path and <b>TURN LEFT onto CRESCENT / 25th St</b>	Share the path with cyclists and other runners
18.6K 11.6M	At Crescent St & 36 Ave, <b>TURN LEFT onto 36th Ave</b>	One block past 37th Ave
19.5K 12.1M	At 36 Ave and Vernon Blvd, go straight to <b>CROSS ROOSEVELT ISLAND BRIDGE</b>	 Just before Vernon, bathroom at Spirit Playground, 36 Ave and 9 St (on left)
19.9K 12.3M	At end of bridge, <b>TURN AROUND</b> to head back	Do NOT enter parking structure!
20.3K 12.6M	At Roosevelt Island Bridge & Vernon Blvd, <b>TURN LEFT onto VERNON Blvd</b>	 Bathroom / fountains ahead at Rainey Park, Vernon Blvd & 34 Ave (on left)
21.8K 13.6M	At Vernon Blvd & 8 St, <b>TURN LEFT onto 8th St</b>	One block after 30th Road, across from Main St
22.0K 13.7M	At 8 St & 27 Ave, <b>TURN RIGHT onto 27th Ave</b>	Make turn at top of little hill
22.2K 13.8M	At 27 Ave & 12 St, <b>TURN LEFT onto 12th St</b>	One block after 9th Street
22.5K 14.0M	Go straight on 12 St as it <b>BECOMES SHORE Blvd</b>	Road name changes
24.1K 15.0M	At Shore Blvd & 20 Ave, <b>TURN RIGHT on 20th Ave</b>	One very long block after 21th Ave
24.5K 15.2M	At 20 Ave & 21 St, <b>TURN RIGHT onto 21st St</b>	One short block after 20th St
25.8K 16.0M	At 21 St & Hoyt Ave, <b>TURN RIGHT onto HOYT Ave</b>	Block after 24th Ave and 24th Road
26.2K 16.3M	Enter Astoria Park Track for celebratory cocktails	 Bathroom / fountains at Astoria Park. Closest subway = N at Astoria & 31st

Want a shorter run?

**9M** – Stop at E/R or 7/N train at Queensboro Plaza

**12M** – Turn right at Crescent/25<sup>th</sup> and 36<sup>th</sup> Ave, jog four blocks to N train at 36<sup>th</sup> Ave & 31<sup>st</sup> St.

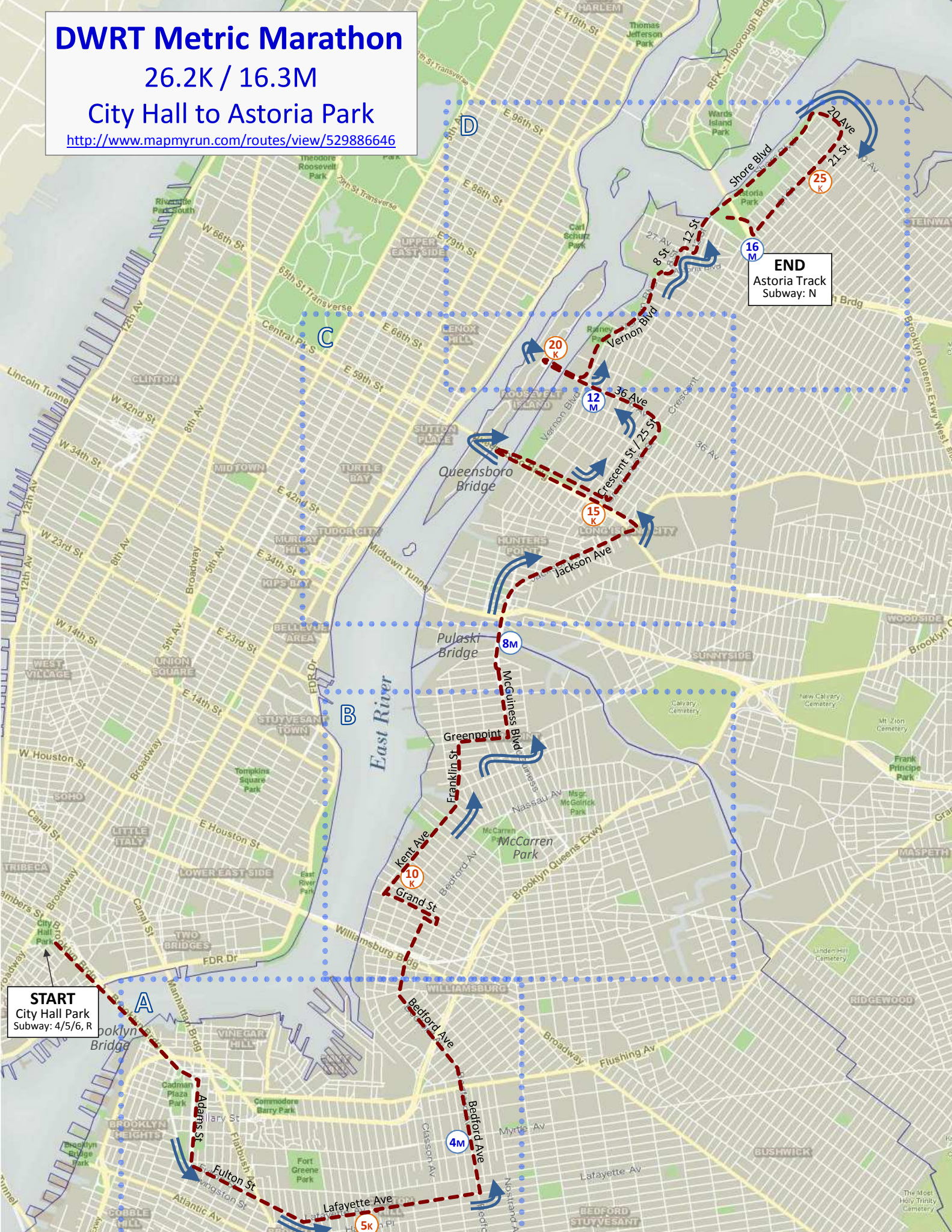
**14M** – At Shore Blvd and Astoria Park South, enter Astoria Park track immediately on your right

# DWRT Metric Marathon

26.2K / 16.3M

City Hall to Astoria Park

<http://www.mapmyrun.com/routes/view/529886646>



**START**  
City Hall Park  
Subway: 4/5/6, R

**END**  
Astoria Track  
Subway: N