

Plant Identification Books:

**Field Guide to Wildflowers by Roland Barth and Neal Ratzlaff.
Published by Fontenelle Nature Association. ISBN 0-9748014-0-2**

**Field Guide to Trees, Shrubs, Woody Vines, Grasses, Sedges and
Rushes by Roland Barth and Neal Ratzlaff. Published by
Fontenelle Nature Association. ISBN 0-9748014-1-0 (Note: Both
these guides can be obtained at Fontenelle Forest Nature Center)**

**Weeds of the Great Plains by Stubbendieck, Coffin, and Landholt.
Published by the Nebraska Department of Agriculture. ISBN
0939870-00-5. Easiest way to get this book is to call or write the
Nebraska Department of Agriculture.**

Recipe Book

**Wild Seasons-Gathering and Cooking Wild Plants of the Great
Plains by Kay Young. Published by University of Nebraska Press.
ISBN 0-8032-9904-4**

Herbal Medicine

**The Complete Illustrated Holistic Herbal by David Hoffmann. A
Safe and Practical Guide to Making and Using Herbal Remedies.
(There is a newer revised edition of this book available now - I don't
have the ISBN for it but it should be available from Amazon.)**

Other books of interest

**Edible Wild Plants of the Prairie by Kelly Kindscher. University
Press of Kansas. ISBN 0-7006-0325-5**

**Uses of Plants by the Indians of the Missouri River Region by
Melvin R. Gilmore. University of Nebraska Press. ISBN
0-8032-7034-8**

**How Indians Use Wild Plants for Food, Medicine & Crafts by
Frances Densmore. Dover Publications. ISBN 0-486-23019-8**

**Buffalo Bird Woman's Garden as told to Gilbert L. Wilson.
Minnesota Historical Society Press. ISBN 0-87351-219-7**