



Waiver of Liability

PLEASE READ THE FOLLOWING CAREFULLY. If you have any questions, have them answered by a Canada Outdoor World Seeker (“COWS”) organizer before signing this document.

In consideration of being granted participation in the COWS, and being permitted to participate in the activities organized by volunteers of COWS, and in full recognition and appreciation of the dangers and risks inherent in any and all such activities, I do hereby waive, release, and forever discharge all COWS organizers, volunteers, members and other activity participants from and against any and all claims, demands, actions or causes of action for costs, expenses or damages to personal property or personal injury, or death, which may result from my participation in these activities.

I understand and admit that my participation in COWS activities is voluntary. I assume full responsibility for any injuries or damages resulting from my participation in any and all COWS activities including responsibility for using reasonable judgment in all phases of participation in these activities and travel to and from any activity location. I recognize and understand that these activities may be hazardous, that my participation is solely at my own risk, and that I assume full responsibility for any resulting injuries and damages.

I recognize and understand that COWS activity organizers are volunteers, and do not necessarily have professional qualifications to lead their activities to industry standards.

I affirm that I am in good health and that I have fully disclosed any and all health concerns and/or medications that I am taking to my COWS organizer if the need be. I further declare that I will be at an appropriate level of physical fitness and physical capability to participate in any and all COWS activities that I decide to participate in from time to time. I also understand that this Waiver of Liability binds my heirs, executors, administrators, and assigns as well as myself.

I acknowledge that I have read and understand this entire Waiver of Liability, and I agree to be legally bound by it.

Dated this _____ day of _____, 20_____.

Signature of Participant

Witness by COWS Organizer

Name of Participant

Print Name of Witness