



Developing Your Intuition and Tarot

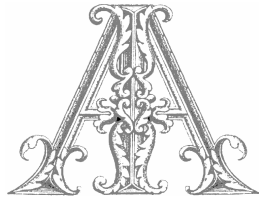
A Seminar At Tarot MeetUp Dallas

Sunday, August 20, 2006

Stephen L. Schwartz, Intuitive Coach, CPP, CPTR

<http://www.InnerAngel.com>





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Agenda

- Introduction
- What Is Intuition
- Recognizing Intuition
- Evaluating Intuition
- Developing Your Intuition
- An Exercise Involving Intuition and Tarot
- Question & Answer Session

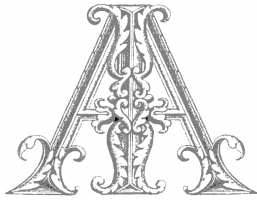




Introduction

- Stephen L. Schwartz
 - Intuitive / Spiritualist / Personal Coach
 - Professional Certifications / Practice since 1999
 - Resume at “About Stephen” @ <http://InnerAngel.com>
- Upcoming Intuitive ~ Tarot Events
 - 3 Week Workshop: Prosperity and Intuition’s Role
 - Registration starts today at <http://www.BeliefNet.com>
 - September 10th – Oct 1th
 - September 19th, 2006 – Prosperity Tele. Conference
 - Tarot Social Saturday September 23rd
 - Advanced Intuitive Tarot Class (See Tarot MeetUp)



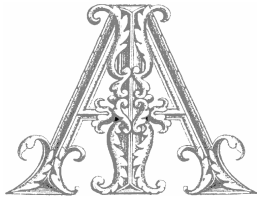


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What Is Intuition?

- “the direct knowing or learning of something without the conscious use of reasoning; immediate understanding” – Webster’s New World Dictionary
- Psychology – Bridge from one’s subconscious to their conscious self. Hypnosis is a controlled form of bridging one’s consciousness.
- Spiritualism – Message from one’s Soul (Mind) via the medium of Spirit (Eternal Essence) to our Body (Physical World).



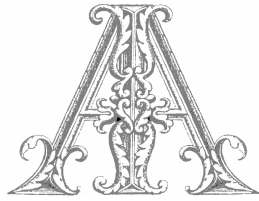


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Recognizing Intuition

- May feel like an immediate knowing / flash of insight
- Intuitive thoughts are often challenged by your rational mind:
 - That's just your imagination?
 - Where did that idea come from?
 - It's probably nothing, keep to the plan.
 - I better not, that's _____ ! (select any **Fear Based Response** - dangerous, stupid, superstitious, impractical, expensive, too time consuming, silly, etc.)
- Stemming from Senses
- Resonates, Persists, and Sharpens
- The Content of their Message



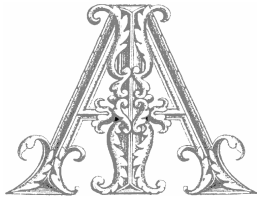


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Recognizing Intuition

- Comes from sensations instead of your reasoning:
 - **Clairvoyance** (sight ~ Mental Images and Symbolic Flashes)
 - **Clairaudience** (sound ~ Noises, Spoken Words, Music, Tones)
 - **Clairsentience** (feelings and emotions ~ Empathic Symptoms, Physical Sensations – “gut feelings”)
 - **Clairambience** (smell ~ Mental or Physical Perceptions of Fragrance or Specific Scents)
 - **Clairaliency** (taste ~ Sensations of Flavor – Sweet or Sour, Dryness of the Mouth)





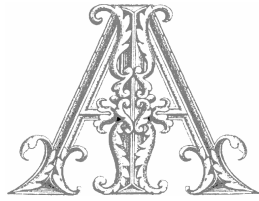
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Evaluating Intuition

Ask yourself - Does the thought / advice / message:

- Serve The Greater Good?
- Create or Honor Love – Empowers the receiver?
- Suggests, Advises – Never Demands the surrendering of free will.
- Conflict with your personal ethics?
- Make sense, is intelligent... to the point?
- Want more examples? Have more questions?... request my article on [Evaluating Inner Guidance](#).



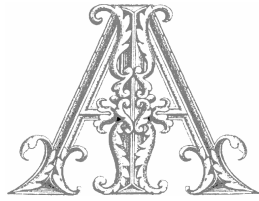


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Developing Your Intuition

- Putting more awareness into your sensations / (Tarot Readings) :
 - **Clairvoyance** (sight ~ Mental Images and Symbolic Flashes)
 - Meditation Practice, **Tarot Images**, Creative Visualizations)
 - **Clairaudience** (sound ~ Noises, Spoken Words, Music, Tones)
 - Active Listening, Selecting Stimulating Music, Self Talk, **Tarot Talk**
 - **Clairsentience** (feelings and emotions ~ Empathic Symptoms, Physical Sensations)
 - Practicing Empathy, Noticing Textures, “Gut Feelings”, **Tarot Story / Emotions**
 - **Clairambience** (smell ~ Mental or Physical Perceptions of Fragrance or Specific Scents,
 - Burning Incense, Wearing Special Perfumes, Adding Smells to Dreams, Mediations, Directed Visualizations, **Tarot Scenes and Characters**
 - **Clairaliense** (taste ~ Sensations of Flavor – Sweet or Sour, Dryness of the Mouth)
 - Adding taste to Dreams, Meditations, Directed Visualizations; **Tarot Images**





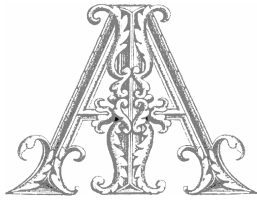
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Developing Your Intuition

(Important Principles)

- Have an open mind to their existence.
- Anticipate Success.
- Create a process for handling Intuitive Thoughts
- Don't force or pressure yourself.
- Practice Development Techniques
- Maintain a Journal of your hunches and impressions
- Act Upon Your Intuition / Honor Your Intuitive Self
- Take An Intuitive Tarot Class
- Hire an Intuitive Coach ~ *Share, Support, and Succeed!*





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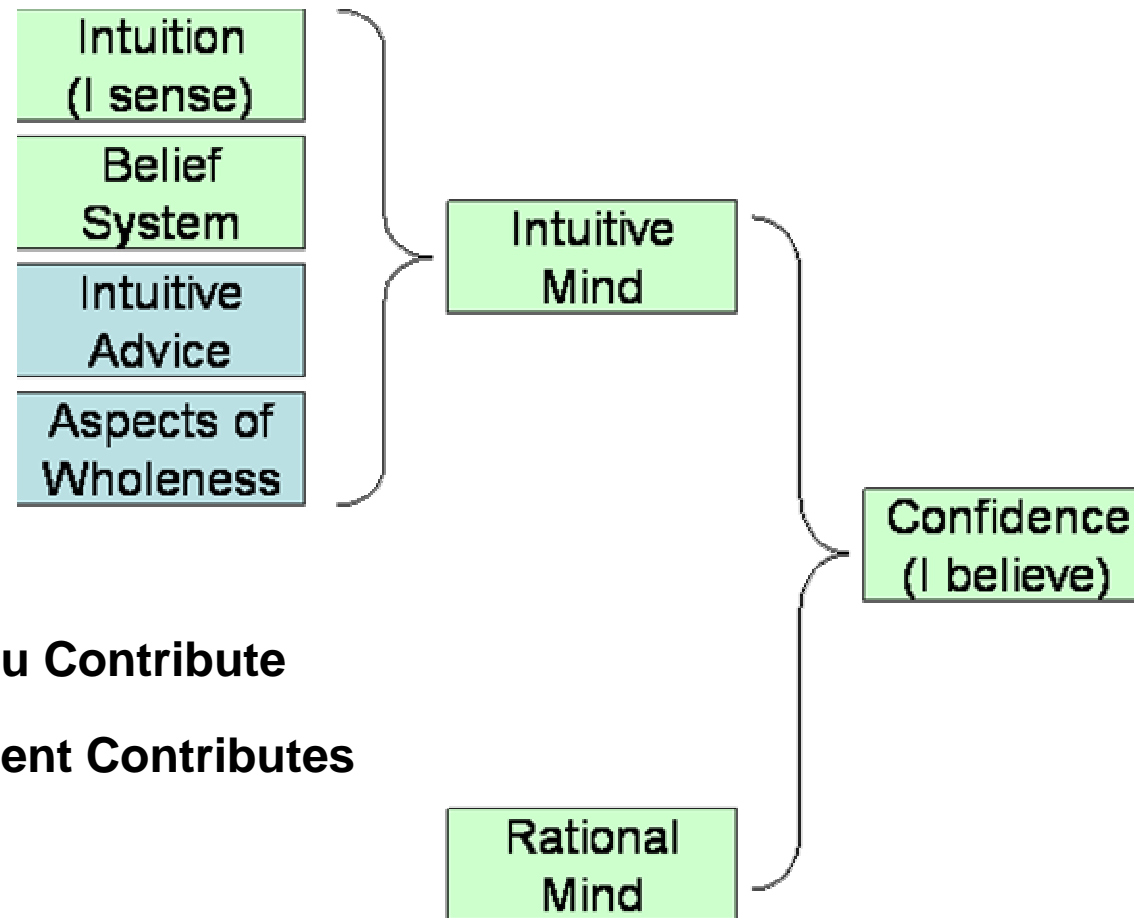
A Fun Intuitive Tarot Exercise

- Suspend Rational Judgment
- Close Eyes, Focus on Breathing, Sanctuary
- Recall Event as a Movie, Start/Stop, 3D
 - Conversation with Memorable Person
 - Allow it to sharpen
 - ? Message Being Conveyed
 - ? Mood, Feeling Conveyed
- Repeat with Tarot Card as Event



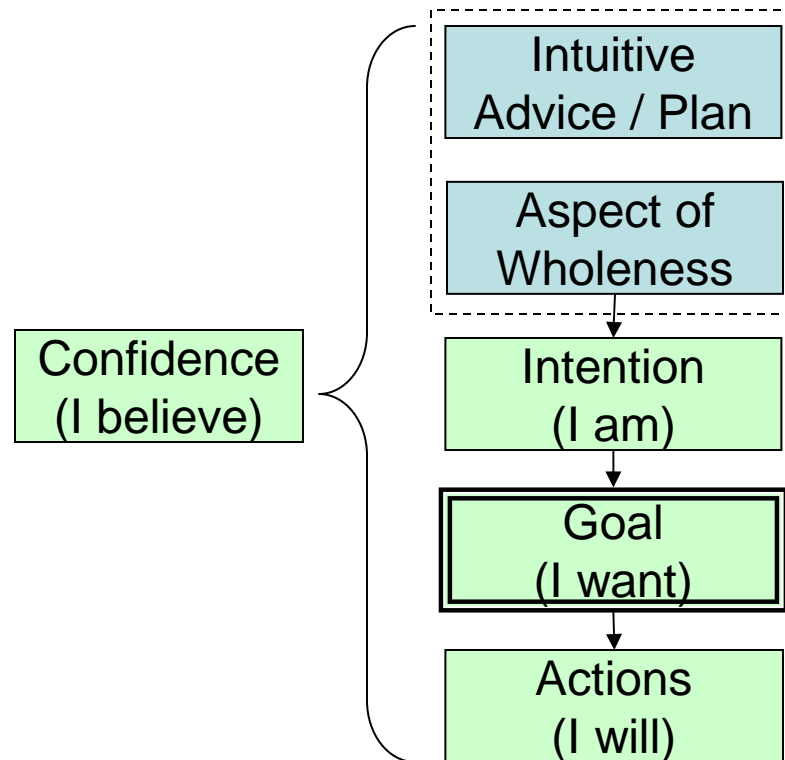


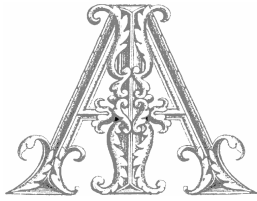
Putting Intuition To Practical Use *(In Tarot Readings!)*





Putting Intuition To Practical Use



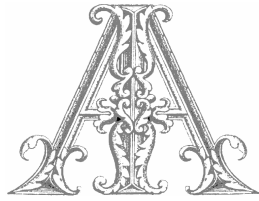


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Intuition Empowers You

- **Intuition Can Bring Meaning and Purpose to Your Life**
 - Intentions – Who you are...
 - Goals – What you want
 - Empowering Acts – What you need to do ...
 - Intuitive “Focal Points” bring Alignment / Validation / Balance



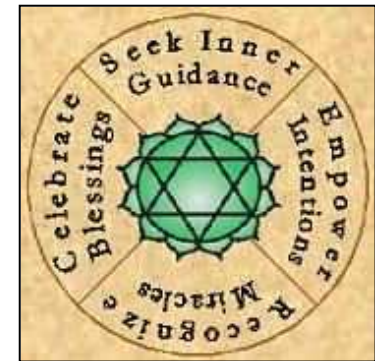


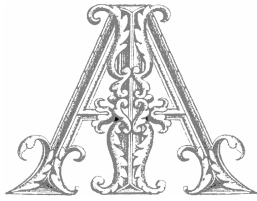
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Intuition Is A Blessing

- **Celebrate Your Blessings**

- Intuition promotes the “Good” in people and situations – healing message
- Intuitive Insights can change your life
- Provides a Blessing when acted upon – bring you closer to your (I AM) Intention.
- Builds conviction and balance

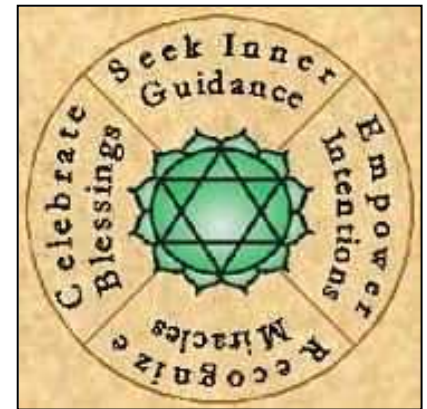




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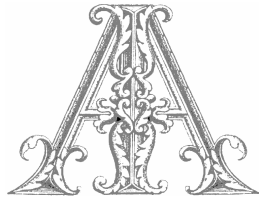
Intuition Spawns Miracles

- **Intuition provides a Quickening** -
*“The miracle is a learning device that lessens the need for time. The miracle substitutes for learning that might have taken thousands of years.” **
- **Intuition Renews You** – *“They are always affirmations of rebirth, which undo the past in the present; thus they release the future.”**
- **Intuition bolsters your Conviction** –
*“Miracles bear witness to truth. They are convincing because they arise from conviction.”**



* - [A Course In Miracles](#)



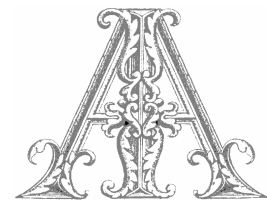


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In Conclusion

- **I encourage you to:**
 - **Develop your Intuition**
 - **Adds Clarity and Focus to your life**
 - **Provides needed confidence and balance**
 - **Be Intuitive In Your Tarot Practice**
 - **Learn to Recognize Intuitive Thoughts**
 - **Learn to Sharpen and Persist Intuitive Thoughts**
 - **Involve Your Senses Within The Tarot**
 - **Experiment - Everyone Is Unique**
 - **Put Intuition and Tarot To Use In Your Life**





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Question and Answer Session

- What Is Intuition?
- How Can I Recognizing Intuition?
- How Can I Evaluating Intuition?
- How Can I Developing My Intuition?
- Tarot As An Excellent Bridge – Clairvoyance
- Putting Intuition To Practical Use?
- Events, Sessions, Resources?

