

The Enabling Awareness™ Dynamic Reading Deck

Presented by Stephen L. Schwartz
Deck Inventor / Creator

What is a Dynamic Reading (DR) Deck?

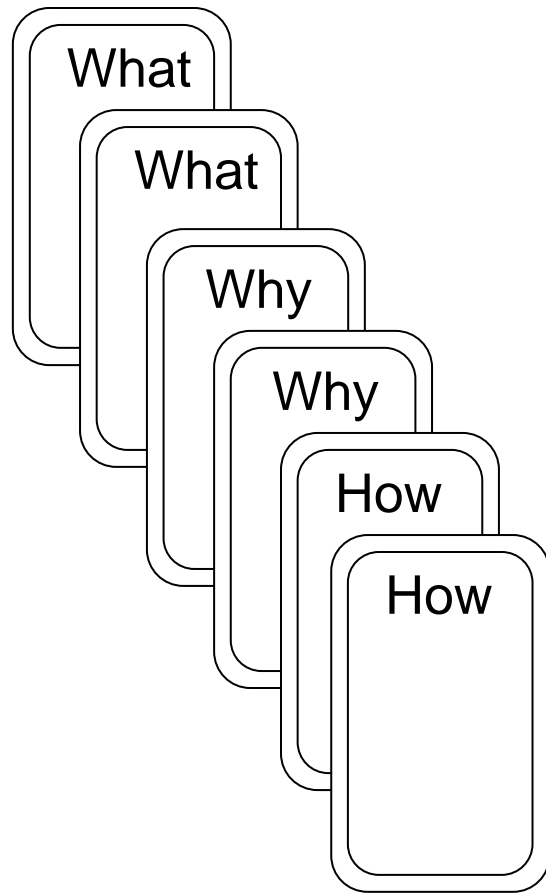
- A tool that allows anyone to dynamically address important aspects of a question, situation, or problem
- Adds structure, depth, and collaboration to any problem solving activity.
- Allows you to provide insights and guidance without memorizing specific card spreads or problem solving protocols.
- Makes better use of time through a focused and dynamically adaptable format.
- Allows a wide variety of people with different skills and talents to provide guidance and conduct problem solving sessions.

How does a Dynamic Reading (DR) Deck Work?

1. Contemplate the situation or problem you want to address and select some initial number of cards to draw (typically four cards).
2. Shuffle the DR deck placing the cards face up so their meanings can be read from your left to right. Who shuffles, cuts, or deals the DR deck depends on the level of collaboration you want.
3. Create a practical line of reasoning for addressing the situation or problem based on the meanings of the cards drawn. Emphasize repeated or similar categories and the amount of diversity.
4. Begin asking questions or providing guidance by:
 - a) Using your intuitive, coaching, psychic, management, spiritual, skills as appropriate and/or,
 - b) Using another deck like the Tarot for added meaning. Shuffle, cut and deal a paired card below each of the DR cards. Group or arrange the pairs of cards for analysis.
5. Draw one or more additional DR cards to add depth to your session as appropriate.

Dynamic Reading Example

1. The What-Why-How DR Deck
Addresses 3 Aspects of a Question



2. Seeker Contemplates
Question, Situation, or Problem
- Shuffles and Draws 4 Cards

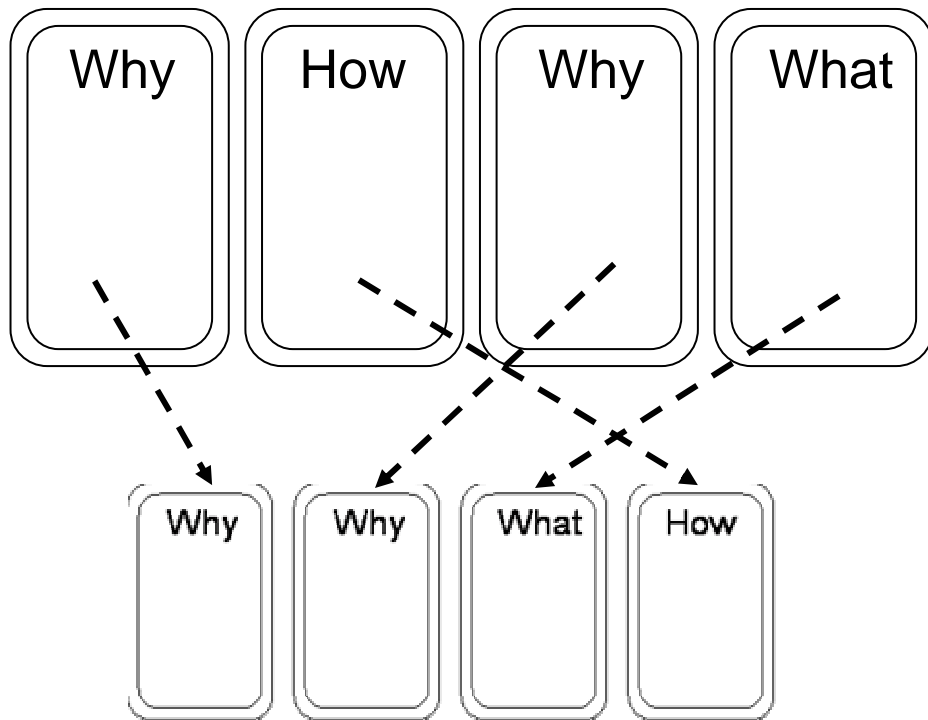


Seeker – *“What do I need to know about my relationship with Joey?”*

Dynamic Reading Example

3. Reader Analyzes Cards Drawn

Creates a practical line of reasoning,
Noting emphasis in any aspects



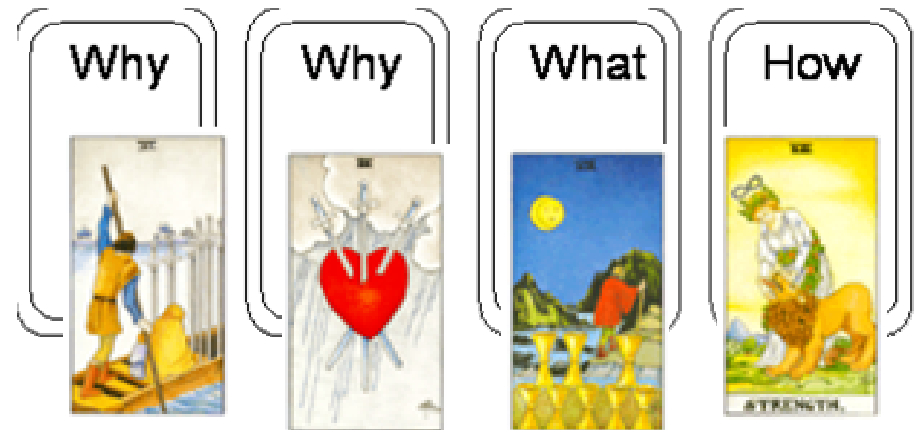
Reader - *"You need to focus on why you are in this relationship. There is a specific action you need to take and guidance on how to accomplish it."*

4. Reader Provides Guidance Based on Their Skills, Talents, and the Cards Drawn

a) Psychiatrist, Psychic, Coach, Medium, Manager

or uses another deck to add meaning and depth

b) Tarot Reader



What is Enabling Awareness™?

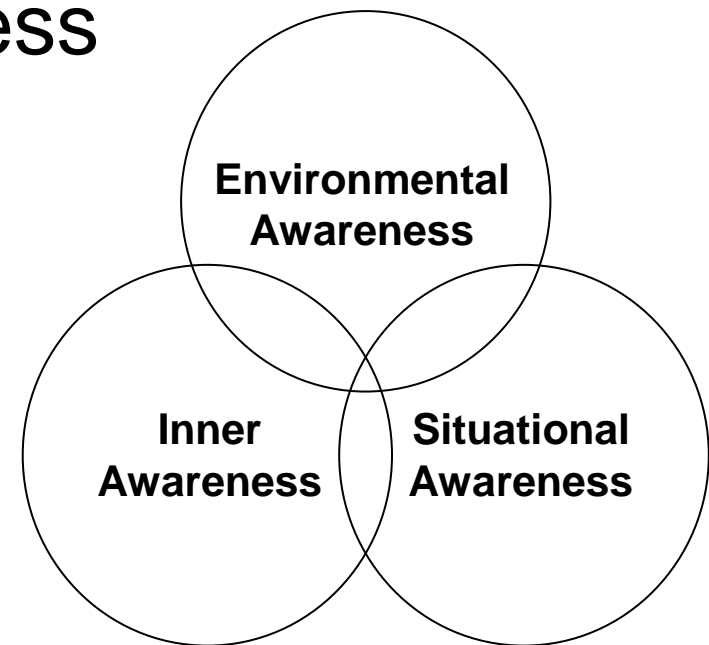
- Enabling Awareness™ is a holistic, intuitive and analytical process that empowers us to successfully recognize, understand, and respond to life's challenges and opportunities by combining multiple forms of our awareness.
- It shows and teaches us the common link intentions play in our lives and helps us recognize when one aspect of our life is impacting another.
- Enabling Awareness™ reveals the “Cause and Effect” analytical reasoning alone cannot explain and balances the metaphysical nature of intuitive reasoning with practical application.
- Enabling Awareness™ is based upon the belief that you can achieve your visions of success, happiness, and inner peace while living a balanced, meaningful life.

What is the Enabling Awareness™ deck's approach to providing Dynamic Readings?

- Offers a balanced approach to providing advice from both an intuitive and analytical reasoning perspective. Enables a smooth transition between both problem solving techniques.
- Combines the best practices and traditions of three professions whose focus is helping people succeed in life:
 - personal coaching, intuitive-spiritual practitioners, and various management fields.
- Practical tool for a wide variety of people and backgrounds:
 - any first time user, psychiatrist, psychics, business executives, spiritual mediums, personal coaches, tarot readers, and any leader of creative brainstorming or problem solving activities.

How does the Enabling Awareness™ deck accomplish this?

- Enables guidance and problem solving activities to emerge from the holistic, inter-dependant perspectives of:
 - Environmental Awareness
 - Situational Awareness
 - Inner Awareness



What is Environmental Awareness?

- Your ability to recognize, understand, and respond to people, resources, and external circumstances that are influencing your success, happiness, and inner peace.
- An understanding that:
 - Each of us are surrounded by multiple environments:
 - Body, Self, Spiritual, Relationship, Network, Financial, Physical, Nature, and Mental
 - Changes in our environments are often needed to match our inner growth and desires involving success, happiness, and inner peace.
 - We have a bi-directional relationship with our environments – we adapt to our environments while simultaneously creating environments that are a reflection of ourselves.

How does the Enabling Awareness™ deck expand your Environmental Awareness?

- Exposes limiting as well as empowering beliefs and behaviors involving people, resources, and our circumstances.
- Helps us recognize when gaps in one of our environments is negatively impacting another.
- Prepares us for the inevitable confusion, chaos, and conflicts that occurs in every environmental system
- Provides us a method for implementing environmental changes that honor who we are and our vision of success.

How does the Enabling Awareness™ deck expand your Environmental Awareness?

Environmental Awareness	Understanding, Order, Harmony	Confusion, Chaos, Conflict
Body – physical body, health, energy level, vitality	Access to health clubs, good medical facilities and specialists, taking care of body as a weekly activity, physical fit.	Lack of physical exercise, no access to health facilities, lacking access to good health care, history of health problems, health or body related handicap (diabetes, blind, speech impediment, etc.)
Self – Personality, Gifts, Talents, Strengths	Knowing your gifts, talents, and strengths. Relying on your Network and Relationships environments to fill gaps where your gifts and talents are lacking. Taking full ownership of your gifts, talents, and strengths; no false modesty or arrogance.	Ignoring the gifts, talents, and strengths that you have because you feel as if you "should have" or for some reason need to have different gifts, talents, or strengths. Trying to develop a weaker area instead of relying on your Network and/or Relationships (perhaps because of weaknesses in those areas). Believing you have gifts, talents, or strengths that in fact you don't have - being unrealistic about what your gifts, talents, and strengths really are.
Spiritual – Connection to Source, Love, Purpose, Values	Happy member of a spiritual community, Values reinforce efforts and are not in conflict, in an unconditional loving environment, feeling of spiritual unity surrounds you, have a sense of purpose in life.	Lacking membership in a spiritual community, values are in conflict with efforts, living in a judgmental or hostile (non-loving) environment, lacking a sense of spiritual connection or purpose in life.
Relationship – Family, Friends, Close colleagues, Support Personnel	All family members support efforts, has 5 close support friends as good role models relating to efforts, personal relationship with 5 other colleagues who are successful, has created a support team of others who can provide advice relating to efforts.	Lacking support from key family members, none or few supporting friendships to relate to, limited or no relationships with successful colleagues, does not have a support team that can offer advice concerning related efforts.

Environmental Awareness	Understanding, Order, Harmony	Confusion, Chaos, Conflict
Network – Community, Customers, Strategic Partners	I vital part of the community as an officer or social figure – with a great reputation, has several customers that recommend services, knows 5 or more strategic partners recommending / supporting efforts.	Lack of connection to community, has no customer references or experience, has none or few strategic partners to recommend / support efforts.
Financial – Money, Investments, Budgeting, Insurance	Understands prosperity, has a financial plan and budget, reviews financial situation regularly. Seeks expert financial advice when needed.	Ignores or avoids financial issues, trusts others or government/company systems will take care of them, rarely reviews financial situation.
Physical – Home, Office, Furnishings, Equipment / Technology, Art, Music	Has everything needed in home, office, furnishings, equipment and technology. Surrounded by beauty and art for inspiration – mood. Obtains material things for practical – empowering purposes.	Lacking adequate office, home, equipment, and/or technology for efforts. Lacking art or music in life. Acquires material things in excess or for inappropriate reasons.
Nature – Outdoors, Beauty, Seasons, Cycle of life	Spends time weekly or daily in nature. Understands the cycle of life and is comfortable with their age and role in life. Understands the cyclic nature of things. Has an appreciation for the beauty of nature.	Little connection with the outdoors. Resents current age wanting to go forward or back in time. Lacking awareness of cyclic nature of some efforts.
Mental – Beliefs, Knowledge, Ideas, Cultural Norms	Beliefs that encourage and focus on your strengths and potential, cultural traditions that foster compassion for others and community, formal education, training, certifications, degrees, creative thinking.	Limiting Beliefs that are causing efforts to fail, Lacking proper knowledge, training, or education to be successful, believe sex, race, culture, or age is the reason for failure or cause of problems.

What is Situational Awareness (SA)?

- SA comprises three levels*:
 - level 1 – recognizing key strategies, objectives, and goals important to one's circumstances,
 - level 2 – comprehending these elements and aligning them with heartfelt intentions to give them purpose and meaning,
 - level 3 – using that understanding and sense of meaning to achieve one's goals and vision of success.

* - Adapted for problem solving activities from a definition given by Endsley, M. R. 1988, Situation awareness global assessment technique (SAGAT). Proceedings of the National Aerospace and Electronics Conference (NAECON). (New York: IEEE), 789-795
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How does the Enabling Awareness™ deck expand your Situational Awareness?

- The deck helps its user:
 - Create a vision of success that is empowering and inclusive of others. This promotes inner peace.
 - Create goals, objectives and strategies based on heartfelt “I AM” intentions. This improves one’s confidence.
 - Understand the difference between intentions and goals. This allows one to better handle challenges.
 - Understand the common link “I AM” intentions provide among all three forms of awareness. This provides the balance of having multiple perspectives.
 - Understand the four core components of any objective. This helps ensure your success.

How does the Enabling Awareness™ deck expand your Situational Awareness?

Situational Awareness – Empowerment Planning
Vision of Success – Things necessary for long-term success, happiness or inner peace.
Intention (I AM) – Who you truly are or are becoming. Answers why something is important and where it fits in your life.
Goal (I want) – What you want to happen concerning obstacles, challenges or your desires. Your aspirations.
Objective Outcome – What is to be accomplished
Objective Action - How an objective will be met.
Objective Time Frame – An anticipated time duration. When something starts and when it is completed.
Objective Measure – How you qualify success for an objective.
Strategies – Techniques affecting the way you implement objectives.

What is Inner Awareness?

- Inner Awareness consists of your beliefs and perceptions about yourself.
- An understanding that:
 - These beliefs and perceptions can be expressed as “I AM” intentions.
 - These beliefs and perceptions fall within specific identities or aspects of your wholeness
 - Physical, Emotional, Ego, Social, Creative, and Perceptive
 - Through these identities and intentions you gain a better understanding of your potential and can create empowering goals and objectives.

How does the Enabling Awareness™ Deck expand your Inner Awareness?

- The deck helps its user:
 - Identify limiting as well as empowering:
 - attitudes and behaviors
 - beliefs about yourself
 - Recognize when gaps in one aspect of your life is negatively affecting others
 - Create and implement empowering goals and objectives that honor who you are and your vision of success.
 - Have clarity and confidence in your decisions and potential during life's challenges.

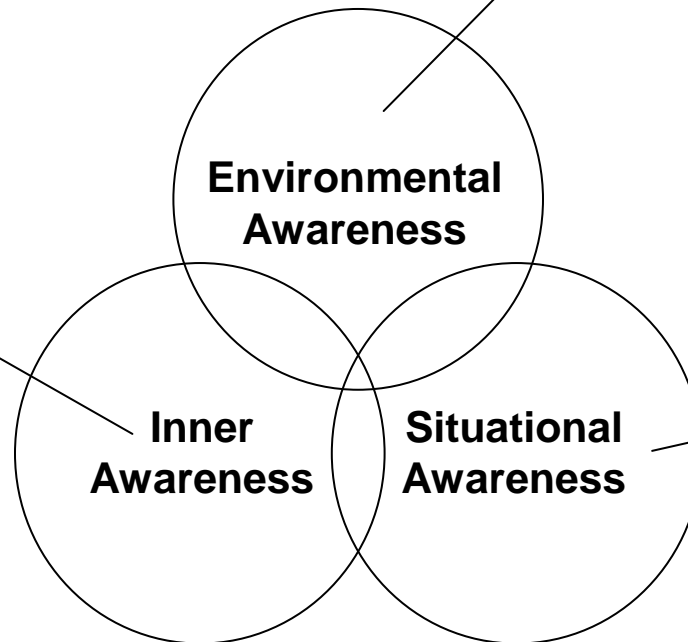
How does the Enabling Awareness™ Deck expand your Inner Awareness?

Aspects of Wholeness – Inner Awareness	
Understanding, Order, Harmony	Confusion, Chaos, Conflict
Physical Identity	
In Good Health	In Poor Health
High Prosperity Dynamic	Low Prosperity Dynamic
Vitality – Active	Lethargy – Sedentary
Good Physical Self Image	Poor Physical Self Image
Emotional Identity	
Responding	Reacting
Connection to Others	Isolation from Others
Open to change and possibilities	Resists change and closed minded
Sexual Fulfillment	Lacking Intimacy
Ego Identity	
Sense of Self / Self Acceptance	Self Conscious / Self Doubt
Charismatic Personality / Influencing Power	Forgettable Personality / Ineffective in Approaching Others
Connection to Autonomy	Dependent on Others / Group Opinion
Enthusiastic About Intentions (Your Why)	Lacking Intention and Purpose
Social Identity	
Forming Meaningful Relationships	History of Failed Relationships
Ability to Co-Create / Collaborate	Controlling / Wanting It Your Way
Successful Management of Opposites <ul style="list-style-type: none"> • Male/Female • Mind/Body • Ego/Unity • Social Diversity 	Problems dealing with opposites <ul style="list-style-type: none"> • Male or Female Dominance • Mind/Body imbalance • Ego over Unity • Stereotyping / Prejudice
Compassion	Indifference
Creative Identity	
Self-Expression / Uniqueness	Inarticulate / Ambiguity
Creativity	Lacking Originality / Lacking Ideas
Communication	Incoherent / disjointed
Art, Design, Style	Lacking Intent, Purpose, or Appeal
Perceptive Identity	
Using Intuitive and Analytical Facilities	Lacking Integrated Approach
Recognize What Is Important	Addressing Symptoms Not Causes
Self-Awareness	Overlooking Causes
Operating from Multiple Perspectives	Working From One Perspective



The Enabling Awareness™ Deck - 66 Card Composition

24 Inner Awareness Cards – Physical, Ego Social, Emotional, Creative, Perceptive

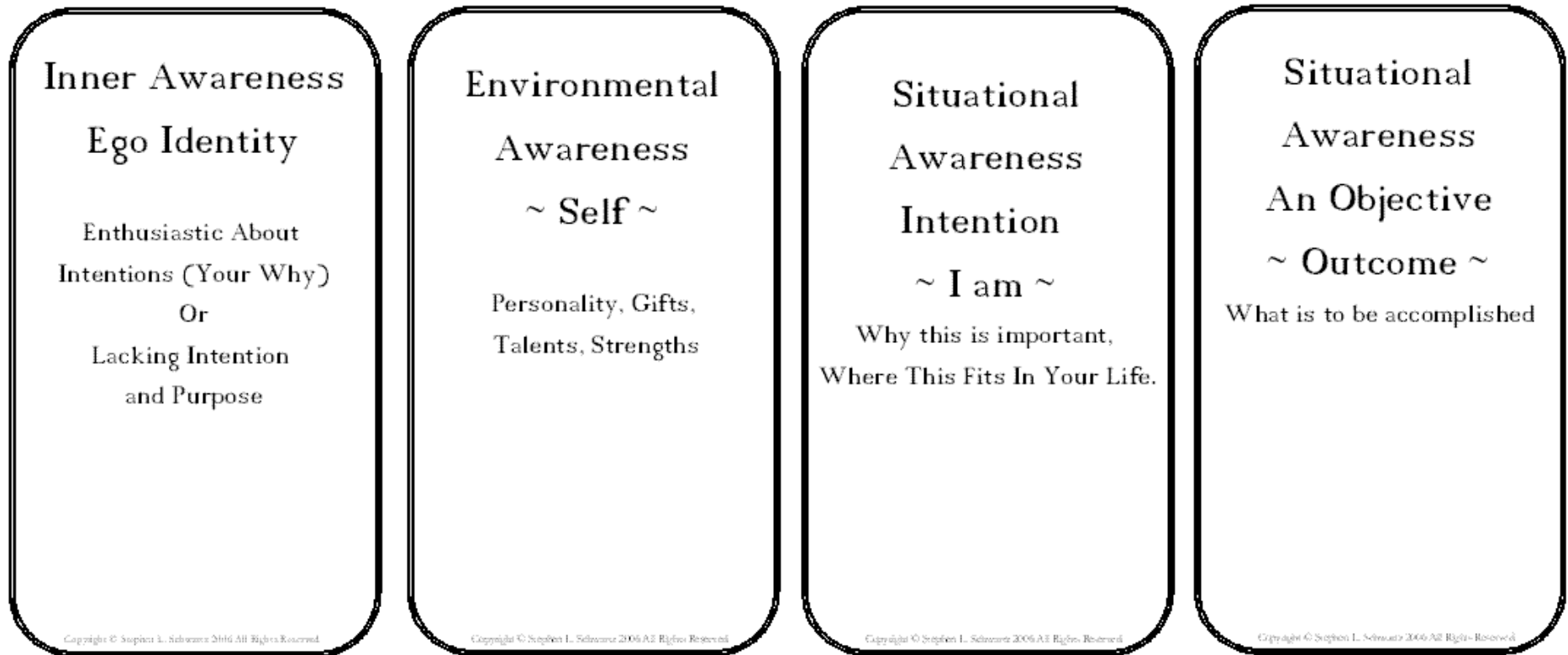


18 Environmental Awareness Cards - Body, Self, Spiritual Relationship, Network, Financial, Physical, Nature Mental

24 Situational Awareness Cards – Vision of Success, Intention, Goal, Objective, Strategies

Enabling Awareness™ Example

Seeker – “What do I need to know about my current romantic relationship?”



Reader – The Ego Identity and Intention cards tell us it is important to understand how this relationship fits into your life and brings purpose to your life. There is an issue involving how this relationship and those involved in it are influencing your sense of self and your passions in life. Finally, it is important to pick a specific objective with an outcome involving your relation. There is an important outcome you need to consider and plan.

Tarot Example

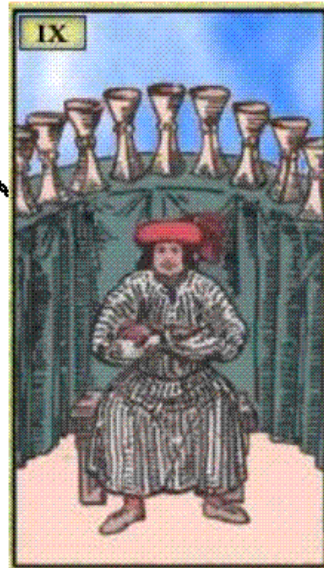
Inner Awareness
Ego Identity

Enthusiastic About
Intentions (Your Why)
Or
Lacking Intention
and Purpose



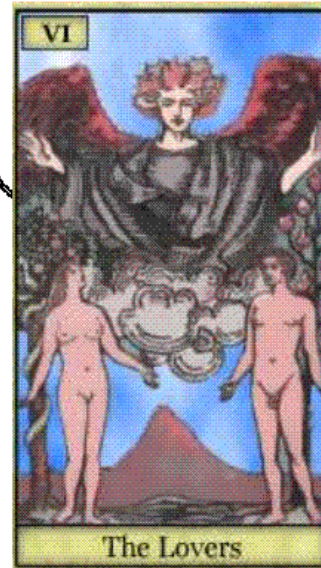
Environmental
Awareness
~ Self ~

Personality, Gifts,
Talents, Strengths



Situational
Awareness
Intention
~ I am ~

Why this is important,
Where This Fits In Your Life.



Situational
Awareness
An Objective
~ Outcome ~

What is to be accomplished

