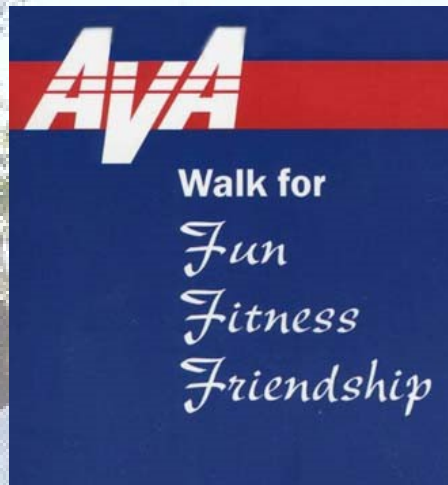


"Moving together toward a healthier America"

The AVA's 300 Clubs provide more than 3,000 Walking Events, Bikes, occasional Swims, and Snowshoes every year in most of our 50 states. All events are open to the public.



[American Volkssport Homepage](#)

AVA Walks are...

- Open to everyone - you don't have to be a member to participate.
- Non-competitive - go at your own pace.
- Can be done for free!
- A low-cost Incentive Program is available.



Placer Pacers AVA club of Auburn

If you enjoy walking for exercise or for pleasure, being outdoors, sightseeing, history, seeing new places and meeting nice people, you will love volksmarching and the Placer Pacers.

[Placer Pacers Homepage](#)



Sacramento Walking Sticks

America's Largest AVA Affiliated Walking Club!

The Sacramento Walking Sticks is the Nation's largest AVA affiliated walking club!

[Walking Sticks Homepage](#)