

Orange County Verbal Vegans

Organizational Principles and Format



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Purposes

- Promote compassion for animals
- Training and practice in:
 - Public speaking
 - Leadership
 - Diplomacy
 - Persuasion
- Education in:
 - Animal rights issues
 - Nutritional issues
 - Environmental issues
- Fellowship
- Personal empowerment



Principles

- Compassion
- Presence
- Non-ego
- Non-violence
- Education
- Practice
- Group feedback
- All are welcome – vegans, vegetarians, meat-eaters
- Opposition to use or exploitation of animals for any purpose



Mission Statement

To provide a forum where vegans, vegetarians and others can improve our skills in diplomacy, persuasion, leadership and public speaking in order to better promote compassion for animals.



Format of Meetings

Content

- Prepared (educational) speeches
- Short subjects and role playing
- Evaluations and feedback

Time

- 20 minutes
- 40 minutes
- 30 minutes



Meeting Logistics

- Day: First Thursday of every third month (December, March, June, and September)
- Time: 6:45 pm – 9:00 pm
- Location: Meetings are generally held at Orange County restaurants. Please refer to [meetup.com/verbal](https://www.meetup.com/verbal) for the location of a particular meeting.



Officers and Meeting Roles

Officers:

- Organizer
 - Promotes meetings
 - Introduces Facilitator
 - Oversees group details
- Assistant Organizer - Education
 - Determines educational needs and content
 - Plans speakers
 - Maintains literature
- Assistant Organizer - Membership
 - Recruits and tracks members
 - Maintains member directory

Meeting Roles:

- Facilitator
 - Manages meeting
 - Creates improv topics
 - Introduces speakers
- Muse
 - Speaking Tip
 - Invocation
- Speakers
 - Prepare and deliver speeches
- Improvisers
 - Deliver short talks
 - Engage in role-playing
- Timekeeper

