



Aerial Adventure Park Frequently Asked Questions:

1. What is an Aerial Adventure Park? Are there Rides?

- a. In a 10 acre wooded and open area near the base of the ski trails, the Catamount Aerial Adventure Park (CAAP) is an aerial forest challenge park consisting of 162 platforms installed in the trees and connected by various configurations of cable, wood, rope and zip lines to form bridges. There are 11 separate and distinct courses in the park elevated at heights from 8 to 50 feet with varying degrees of difficulty. The CAAP is not a Theme Park but the theme here is ALWAYS ATTACHED. Safety comes first and the fun and excitement will come naturally. The CAAP is all about active participation as there are no motorized rides in the park. The courses are designed from easier to expert and designated as Yellow, Green, Blue, Black and Double Black similar to ski trails ratings. As one progresses through the park, the bridges become less stable under your feet requiring more balance, agility, focus and arm strength. Your time in the park is not a heart pumping activity and you do not have to be a body builder to make it through the courses. Ages 7 to teens to adults to seniors find their comfort zone and seek greater challenges. There is not a “correct” way of crossing the bridges; however we leave it up to you to figure out the most efficient way of getting from platform to platform. Other than park rules, the only requirement we have is that your harness is always attached to the safety lines between each platform. At no point on a course should your harness be unattached. At least one carabineer (a high tech clip on your harness lanyard) must be attached to a safety line at all times. Your time here is all about thrills and chills, but no spills.

2. What are the days and hours of operations?

- a. The park is open from 9:00am to 5:30 pm, weather permitting. The Catamount Aerial Adventure Park (CAAP) 2011 Operating Schedule is as follows:

Spring Season: May 7th to June 12th: Saturdays, Sundays and Holidays ONLY

Summer Season: June 18th to September 5th: Daily

Fall Season: September 10th to October 30th: Saturdays and Sundays ONLY

This schedule is subject to change due to weather. For groups of 20 or more with reservations, the park can open on weekdays during Spring and Fall seasons.

3. Is there a height or age restriction?

- a. There is no height restriction. The courses are for ages 7 to Adult. However for ages 7-9, 10-11, and 12-14 there are restrictions on specific courses available for their use. The yellow, green, and blue courses have requirements of parent/adult supervision or participation depending on the age bracket and the course being used. For example, 7 and 9 year olds can use the yellow course with supervision but need to be accompanied by an adult on the green courses (1 adult per 2 children). You must be 10 years of age to use the blue courses with adult participation. A chart with participation and supervision requirements will be displayed at our registration area. Whenever adult participation is required the 1:2 adult/child ratio must be met. Regarding a weight restriction, the limit is 265 pounds.

4. Can pregnant women participate in the activities at the Catamount Aerial Adventure Park?

- a. We do not advise that pregnant women participate in the Park. If they choose to do so, it is recommended that they consult their doctor prior to their visit. If we are unable to properly fit the harness, we cannot allow participation

5. Are reservations required?

- a. Reservations are not required for individuals and you are not restricted by any time slots. Groups of 15 or more need to make reservations

6. Do I have to be really fit to do the course?

- a. Most people that lead an active lifestyle and are in good health should not have any difficulty in completing many of the courses. You are able to proceed at a pace that is comfortable to you, and you can exit the courses at many locations. Unlike the yellow and Green courses, the Blue & Black Courses are physically challenging.

7. How difficult are these courses?

- a. The courses range from easier (yellow) to expert (Double black diamond). Relative to each person's ability, the courses are very manageable but become more physically challenging as you progress to more difficult courses. If you have not been up in the air before you may be unsettled at first about being 10 feet above the ground on a yellow course or 20 feet above the ground at points on a green course. Very quickly you will begin to have fun with the challenges and the height above the ground will not be your main focus. Your focus becomes being balanced and efficient on each bridge you are crossing. You will be secure and safe in your harness as long as you are **Always Attached**. Being attached to your safety line is the most important requirement to remember and **you** are responsible to be **Always Attached**.

8. What are ticket the prices?

- a. Ages 7-9 \$29, Ages 10-11 \$39 and Ages 12 and up \$49

9. What is the time duration of a ticket?

- a. Tickets are valid for three hours. You are encouraged to be prepared prior to buying your tickets (ie. restrooms, snacks and dressed properly) so you can maximize your time in the park. Entering a course at the end of the 3rd hour and continuing that course in 30 plus minutes is allowed. Keep in mind that ticket sales end at 3:00 pm. Anyone buying tickets after 2:30pm may not get a full 3 hours in the Park. You are welcome at any time to leave the Park boundaries and return back to the park during the time period printed on your ticket.

10. Is the Adventure Park Certified?

- a. Designed by Swiss alpine mountaineers, The Catamount Adventure Park is built to the standards of the ACCT (American Challenge Course Technology) specifications and meets all safety standards as required by MA dept of Public safety. Catamount Adventure Park was designed, built, and is currently maintained by Outdoor Venture Group, LLC. You can contact them for more information at Info@outdoorventures.us or call (203) 260-4111.

11. What food services are Available?

- a. We will have a selection of Grilled items, cold sandwiches and salads available in the lodge, as well as beverages. Drinks and snacks will be available every day thru vending machines.

12. Are we allowed to bring our own food?

- a. The Restaurant at Catamount Ski Area will be serving food. You are welcome to bring your own coolers and non-alcoholic beverages. No glass bottles please.

13. What else is available on Premise?

- a. Food Services, Retail Items and Hiking is allowed for 2 or more with cell phone coverage.
- b. After the excitement of the Aerial Adventure Park, try a few casts with your fishing poles in our private bass pond to round out the day. The pond is stocked with hefty fish for catch and release. Take a photo to round out your vacation album, or just have the fun of catching a "lunker bass" for the bragging rights.

14. What clothing should I wear

- a. Well fitting clothing that does not allow anything to hang and get tangled in cables and rope. Long hair and jewelry should not be left loose. Sneakers or hiking boots are recommended. **FLIP FLOPS AND SANDALS ARE NOT ALLOWED.**

15. Can the park operate in the rain?

- a. The Adventure Park can still be fun while it is raining. However, there will be a park delay for thunderstorms and high winds. Call before you travel to confirm the operating schedule. If it is sunny near the shore, there could be thunderstorms near the mountains. It is always good to call ahead or visit the website.

16. What equipment is provided?

- a. A harness and gloves are provided with your admission ticket.

17. Are private or group lessons available?

- a. All participants will be provided appropriate training, so lessons are not required. If desired, arrangements can be made to hire a guide. If interested, please call ahead to assure a guide is available.

18. Do you offer season passes? Are discounts available to current Ski Area Pass holders?

- a. The CAAP does not have season passes. We will be offering books of 5 tickets for a discount. These discounted tickets must be purchased on line or in person and will be held for pick-up in our business office. These tickets only provide a discount and can be used on multiple days by more than one person. We will also be selling a Frequent Adventure Card for \$40 per person. This provides a \$15 discount per visit for each card holder. Although the Book of 5 and the Frequent Adventure Card is an advanced purchase, they do not provide other benefits or guarantee a reservation for the day you are here. Arriving early is always recommended.

19. What are driving directions?

- a. We are located at Catamount Ski Area on the New York/Massachusetts border in the Berkshire Mountains. For travel distances and directions, click on <http://www.catamountski.com/directions-services/directions.cfm>

20. Contact information:

- a. Adventures@catamountski.com
- b. 413-528-1262 x131 or 518-325-3200 x131

21. Are Adventure Park Gift Certificates available?

- a. Yes, these can be purchased on site or you may give us a call to order by phone.



Groups Frequently Asked Questions:

1. What are Group Prices?

- a. Group pricing is available to groups 15 or more. Pre-registration is required to qualify for group rates. Adults (ages 12 & up) ---\$44, Youth (ages 10-11) ---\$34, and Child (ages 7-9) ---\$24. Further discounts available before 10 am – Adults (ages 12 & up) ---\$39, Youth (ages 10-11) ---\$29, and Child (ages 7-9) ---\$19.

2. What are the complementary ticket policy for groups

- a. One free ticket per 15 paid tickets or 2 free for 30 or 3 free for 45, etc.

3. What times are available to schedule groups?

- a. Groups are scheduled at 9am, noon and 3pm. Please arrive ½ hour prior to your schedule time. We will remain open only until 6pm for groups scheduling for the 3pm time.

4. Can we have a Birthday Party or Family Reunion at Catamount?

- a. Birthday party packages (ages 7-11) are available with special pricing and hours. Parties have an hour and a half ticket for the park and lunch is included for a package price of \$30. Birthday party hours are 11am to 12:30pm or 12:30pm to 2pm. You may bring your own birthday cake. Be sure to have enough adults to meet the 1:2 adult/child ratio required for specific ages and courses. Adults will be required to purchase a ticket (\$30) if they are going to be on the course with the children. For birthday parties requiring a 3 hour park ticket for an additional charge there is no discount unless there are 15 or more children. Regarding large parties and family reunions we have ample space and private rooms.

5. Do you have Corporate or Team Building events?

- a. A day in the Catamount Aerial Adventure Park (CAAP) is about as far out of the office as you can get. Team building at CAAP is a self guided experience that enables participants to shed the traditional notion of working in large groups to enabling smaller groups of 2-5 helping each other to deal with personal challenges. Each individual strives to accomplish mental and physical challenges independently with the encouragement of the other group members. It is an ideal way to challenge oneself, improve concentration, build self

confidence, and increase fitness, while building trust working with others. Although at times physically challenging, the different levels allow the park to be used by all. The park is safe and monitored by trained park staff. The Catamount Aerial Adventure Park is an ideal way to improve team skills while enjoying the great outdoors. It is a fun way of creating bonds among participants, making the CAAP a great shared experience and a way to create cohesion among your team.

6. What is the Group Cancellation Policy?

- a. Your group reservation must be cancelled a minimum of 5 days prior to your scheduled visit in order to receive a refund on your group.



Guide Frequently Asked Questions:

- Our courses are intentionally designed for self-discovery making guides unnecessary compared to many other courses that are offered elsewhere throughout the world. While our hope is that both adults and children can explore together, we do have a limited number of guides for hire.
- Guides are familiar with all courses. Since our courses are designed for "self-discovery," Guides are not intended as instructors, nor can they provide any physical assistance with activities or rescue. Rather guides provide some added "Aerial" supervision. For some individuals it is just more fun to climb with another person.
- Guides can provide an added level of supervision for children on courses that only require adult supervision from the ground.
- Guides can accompany an adult (or group of adults) that would feel more comfortable climbing with someone more familiar with the course.
- Guides can provide access to courses that are rated "with adult" for that age category if there are no guardian's in the courses with your child.

What courses can be used with a guide?

- Guides can take participants ages 7 to 17 on Yellow, Green and Blue courses only.
- Guides can be hired to travel with Adults (18 and older) on all courses

What is the cost of a Guide?

- Guides are available to provide assistance on courses with you for \$50 per hour. Consistent with guardian rules, no more than 2 guests will be assigned to a guide.

Are reservations needed for a guide?

- Reservations for guides are required if you would like to hire a guide for you, your family or friends. Guide reservations need to be made 72 hours in advance and require pre-payments. Guides can be requested when you are here, but the number of guides available is limited.