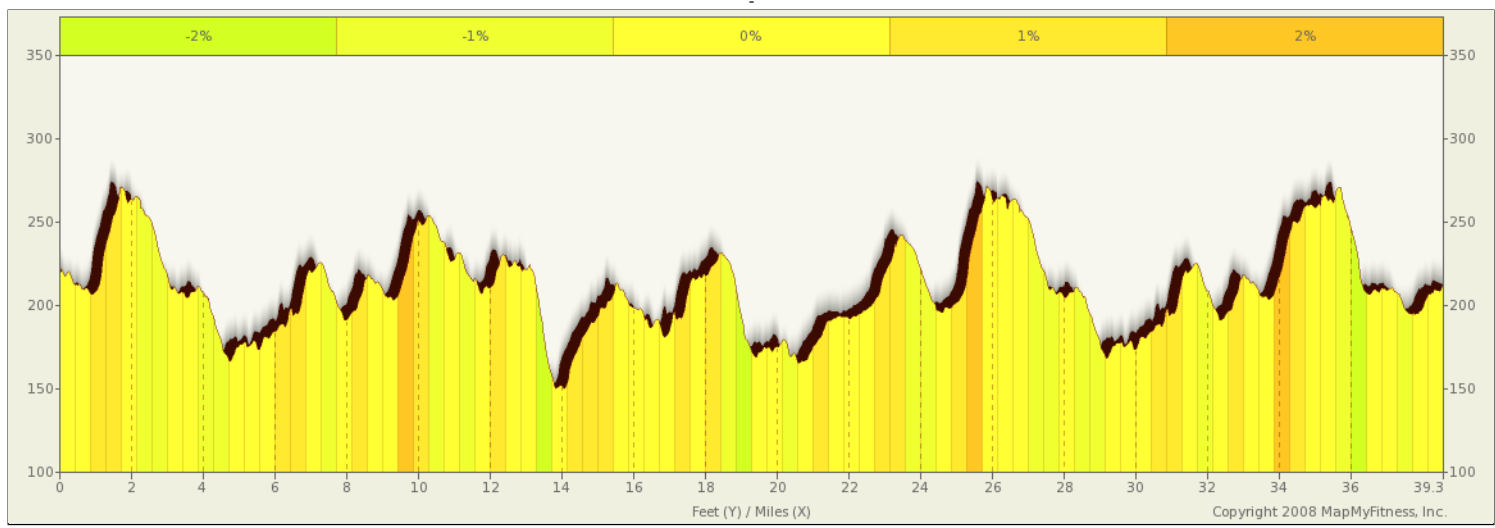
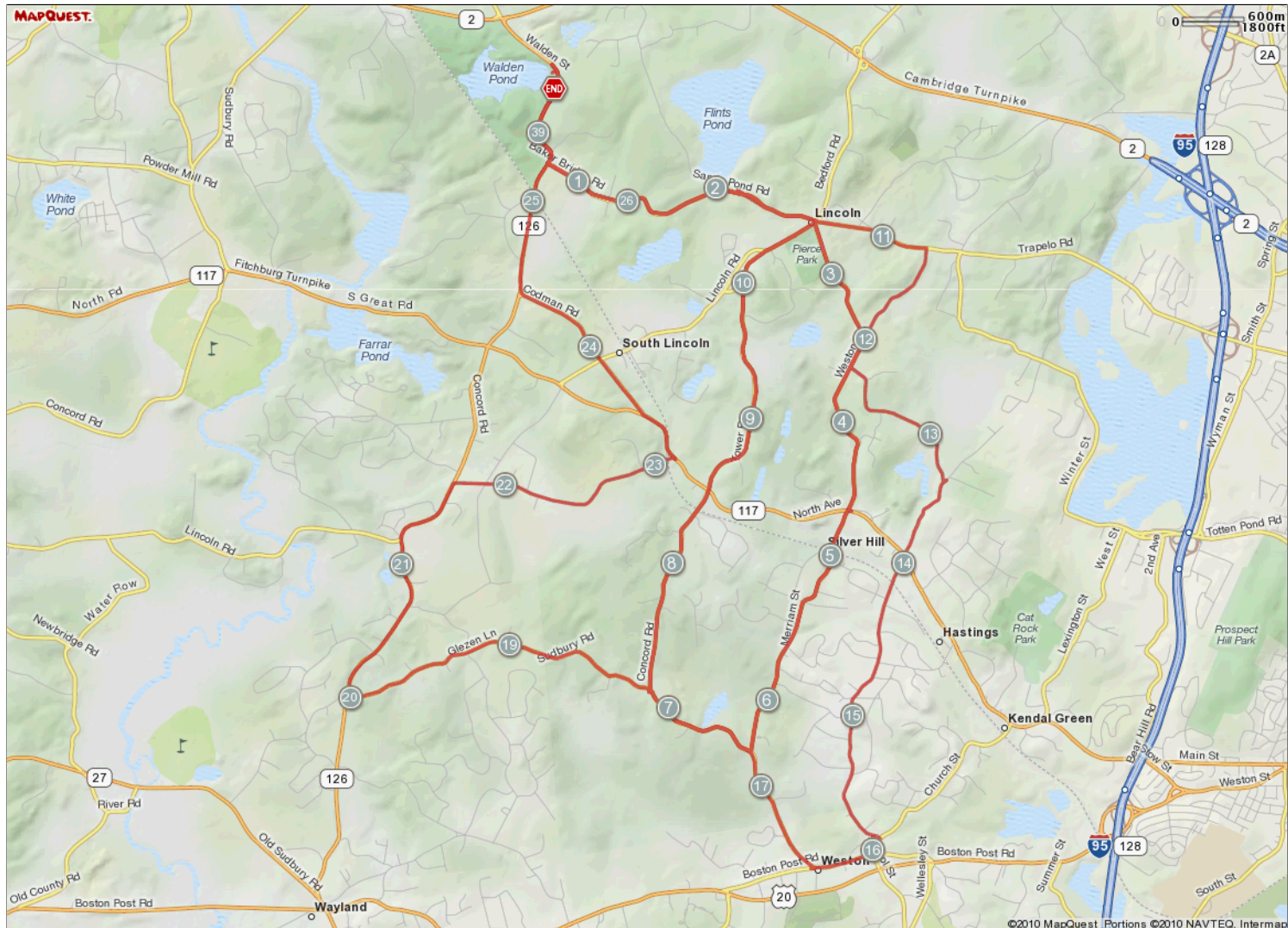


ROUTE DESCRIPTION:
Walden Tri training



ROUTE DESCRIPTION:
 Walden Tri training

Notes		
AT	FOR	NOTES
0.85 mi.		1mi 870ft Turn left at Baker Bridge Rd
2.02 mi.		3392ft Turn right at Sandy Pond Rd
2.66 mi.		77ft Turn right at Lincoln Rd
2.67 mi.		4298ft Turn left at Weston Rd
3.49 mi.		1mi 260ft Sharp right at Weston Rd
4.54 mi.		663ft Continue onto Lincoln St
4.66 mi.		228ft Turn left at Merriam St
4.71 mi.		1mi 3633ft Turn left at Merriam St
6.39 mi.		4158ft Turn left at Concord Rd
7.18 mi.		163ft Turn left at Sudbury Rd
7.21 mi.		3555ft Turn left at Sudbury Rd
7.88 mi.		2mi 2002ft Continue onto Tower Rd
10.26 mi.		1891ft Slight right at Lincoln Rd
10.62 mi.		104ft Turn right at Lincoln Rd
10.64 mi.		3593ft Turn right at Lincoln Rd
11.32 mi.		3765ft Turn right at Silver Hill Rd
12.04 mi.		276ft Sharp right at Weston Rd
12.09 mi.		1mi 1274ft Sharp right at Weston Rd
13.33 mi.		244ft Turn left at Old Conant Rd
13.38 mi.		2799ft Turn left at Old Conant Rd
13.91 mi.		267ft Turn left at MA-117 E/ North Ave
13.96 mi.		1mi 5230ft Turn left at MA-117 E/ North Ave
15.95 mi.		745ft Turn right at Church St
16.09 mi.		1870ft Continue onto Boston Post Rd
16.44 mi.		4469ft Turn left at Concord Rd
17.29 mi.		85ft Turn left at Concord Rd
17.3 mi.		4131ft Turn left at Concord Rd

Notes		
AT	FOR	NOTES
18.09 mi.		3693ft Turn left at Sudbury Rd
18.79 mi.		1mi 1572ft Continue onto Glezen Ln
20.08 mi.		1mi 3413ft Turn right at Concord Rd/ MA-126 N
21.73 mi.		1682ft Turn right at Waltham Rd
22.05 mi.		1mi 558ft Continue onto Old Sudbury Rd
23.15 mi.		2029ft Turn right at S Great Rd/ MA-117 E
23.54 mi.		1mi 316ft Turn right at Codman Rd
24.6 mi.		4564ft Turn right at Concord Rd/ MA-126 N
25.46 mi.		1mi 869ft Turn left at Baker Bridge Rd
26.63 mi.		5164ft Turn right at Sandy Pond Rd
27.61 mi.		118ft Slight right at Weston Rd
27.63 mi.		4298ft Turn left at Weston Rd
28.44 mi.		1mi 259ft Sharp right at Weston Rd
29.49 mi.		663ft Continue onto Lincoln St
29.62 mi.		1mi 3634ft Turn left at Merriam St
31.3 mi.		4131ft Turn left at Concord Rd
32.09 mi.		3555ft Turn left at Sudbury Rd
32.76 mi.		2mi 2000ft Continue onto Tower Rd
35.14 mi.		1815ft Slight right at Lincoln Rd
35.48 mi.		118ft Turn left at Weston Rd
35.51 mi.		3258ft Slight right at Weston Rd
36.12 mi.		1mi 870ft Turn right at Sandy Pond Rd
37.29 mi.		4578ft Turn left at Baker Bridge Rd
38.15 mi.		3420ft Turn left at Baker Bridge Rd
38.8 mi.		- Turn left at Baker Bridge Rd