

for the benefit of Earthsave founder, author John Robbins

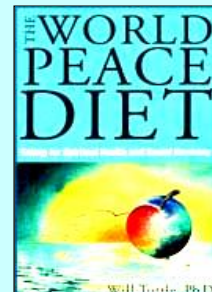
4<sup>th</sup> Annual **EARTH FRIENDLY FOOD CHOICES** Event



Sunday **May 24<sup>th</sup>** featuring live presentations by

**WILL TUTTLE, Ph. D. *THE WORLD PEACE DIET***

Will Tuttle's book, ***The World Peace Diet: Eating for Spiritual Health and Social Harmony***, is the first to make explicit the invisible connections between our meals and a broad range of problems - psychological, social, and spiritual, as well as health and environmental. It offers powerful ways we can all experience healing and peace and contribute to a positive transformation of human consciousness.



**Will Tuttle**, acclaimed pianist, composer, educator, and author, has performed & lectured widely throughout North America and Europe. His doctorate degree from the University of California, Berkeley, focused on educating intuition in adults. He has taught college courses in creativity, humanities, mythology, religion, and philosophy. He has a broad background in both Eastern and Western meditation traditions, and is a Dharma Master in the Zen tradition.



**CARYN HARTGLASS *OUR PLANET, OUR FOOD & OUR FUTURE***

**Caryn Hartglass, MS**, is **Executive Director** of **Earthsave International**, a nonprofit group that for many years has pointed out the environmental degradation caused by modern, intensive confinement animal agriculture. The **UN report** of Nov/2006, "**The Long Shadow of Livestock**", states firmly that **livestock operations create more global warming greenhouse gasses than do all forms of transportation combined!** Caryn will help us all to wake up to what is happening to our world, and will share some ideas of what we can do to help turn things around. Caryn earned a Masters degree in chemical engineering at Bucknell University, and worked in the semiconductor industry. She is the founder and Director of the Earthsave NYC chapter and is Executive Director of Earthsave International.



**Seating is limited! Advance registration suggested!**  
**May 24<sup>th</sup>**, 5:30 - 9:00 pm, **Women's Club of Catonsville**  
10 St. Timothy's Lane, at Frederick Rd. Men are Welcome!  
Light Refreshments! Doors open at 5:15. Tickets \$15 in advance, \$20 at the door. You may register at the online store at [WWW.EARTHSAVE.ORG](http://WWW.EARTHSAVE.ORG), or send check or money order to "EARTHSAVE", at 517 Talbott Avenue, Lutherville, MD, 21093.

**helps people make HEALTHIER, EARTH-FRIENDLY FOOD CHOICES by promoting a shift toward a whole foods, plant centered diet**

EarthSave Baltimore is an all volunteer operated nonprofit. EarthSave hosts the monthly **Veg Dinner Ed Series** at **Your Prescription for Health** in Owings Mills. **410-252-3043** <http://EARTHSAVE BALTIMORE.ORG>. Join us!