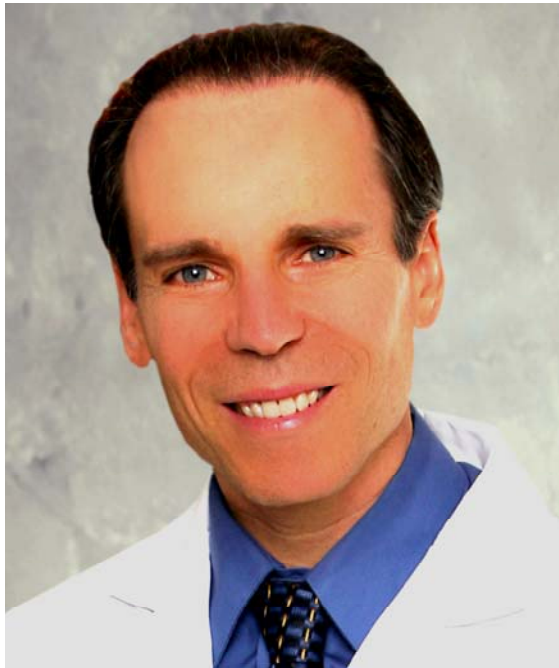


EarthSave Baltimore Dinner Series presents

Joel Fuhrman, MD speaking on...

The Eat to Live Program



Get the Doctor's
Prescription to...

- Normalize Weight
- Reverse Disease
- Live Healthier
& Longer

June 17th 6 – 9 pm

Spiritual Empowerment Center
2129 N. Charles Street, at 22nd St.

Doctor Fuhrman is a board certified family physician and author of [Eat to Live: The Revolutionary Formula for Fast and Sustained Weight Loss](#). The book and presentation are not merely for those who are overweight. They are for everyone who wants to protect their precious health, lose weight dramatically, reverse diabetes, lower blood pressure, lower cholesterol, and retard the aging process. Don't miss this life changing experience!

**Seating for this special event is limited,
and advance payment is required.**

Guests for this potluck dinner are asked to bring a dish made without animal products to serve at least 5 times the number in your party, along with a donation of \$5. Or you may attend without bringing a dish for a \$12 fee. Please make payment online at WWW.EARTHSAVE.ORG, or send your check or money order to "EARTHSAVE", at 517 Talbott Ave. Lutherville, MD, 21093.

Praise for *Eat to Live*

**"a medical
breakthrough."**

~ Mehmet Oz ~
Celebrity doctor

**"the beginning of a
genuine, scientifically
based health revolution"**

~Mark Epstein~ President,



EarthSave Baltimore is a completely volunteer operated 501-C3 nonprofit group that educates people about the powerful impact our food choices have on the environment, our health, and all life on Earth. We promote a shift toward a whole foods plant-centered diet. For information on other Earthsave activities, please call 410-252-3043 or email BALTIMORE@EARTHSAVE.ORG. And please subscribe to our free monthly email newsletter or ask to be included on our monthly phone call list.

410-252-3043

WWW.EARTHSAVE.ORG