

OUR FOOD OUR FUTURE



Sept. 13th Special Live Presentation

Michael Greger, MD

***THE LATEST NEWS
IN HUMAN NUTRITION***



***helps people make HEALTHIER, EARTH-FRIENDLY FOOD CHOICES
by promoting a shift toward a whole foods, plant centered diet.***

Come learn about the latest in cutting-edge nutrition research in an engaging multimedia presentation. Focusing on studies published just since Summer 2007 in peer-reviewed scientific nutrition journals, Dr. Greger offers practical advice on how best to feed ourselves and our families to prevent, treat, & even reverse chronic disease. **Dr. Greger is Director of Public Health and Animal Agriculture at the Humane Society of the U.S.**, and is one of the most knowledgeable, entertaining, and humorous speakers we are likely to hear. Hope you will join us!

SEATING LIMITED! ADVANCE REGISTRATION SUGGESTED! Register online at www.earthsav.org.
Saturday 9/13/08, 6-9 pm **YOUR PRESCRIPTION FOR HEALTH** 10210 S. Dolfield Rd. Owings Mills, MD
Please bring a dish made without animal products to serve five or more, along with a donation of \$5 (members \$2). Or you may attend without bringing a dish for a \$12 fee (members \$10). Please RSVP!

EarthSave also hosts monthly Vegetarian and Vegan Meetup discussion groups at restaurants in Towson & Pikesville. For email event updates: Baltimore@earthsav.org 410-252-3043 <http://earthsavbaltimore.org/>

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