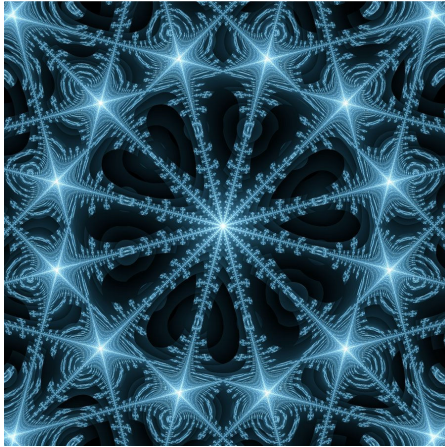




Empowering You
& Your Dreams

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We are each a unique personal matrix of different layers of energies.

Life is then an incredible cross-linked matrix of all the personal matrices.

Intuition is the communication channel that uses these connections.

Through practice we can access this intuition on cue and thus glean information from the Matrix of Life to receive the answers we most want.

Crafting Powerful Goals is a clear message of your intent

We may all have an idea of what we want to have in life but it takes attention to cause it to begin to manifest. From thoughts floating around in our head to manifestation is the creative process which we can direct through conscious use of the power of our attention. In brief, you select the thought that represents what you desire. You then write it down and shape it to be powerful. Then we do proper focus on it at different levels of your mind. We share it only with others who are capable of holding that vision for us. Then we take action on the doors of opportunities that open and listen to the guidance that comes from our intuition.

For this Tap the Matrix group you will bring with you a written goal to get help with through intuition.

If writing your goals is new to you then here are some tips and ideas:

If you know the goal then start with that. If you cannot think of a goal do this: Write down something in life that you are tired of dealing with. Take your time and write it accurately. Then take a breath and consider what would you prefer to have in its place? Write this down. You have the beginning of your goal.

Each goal becomes a specific program you are inputting into your brain, your biological computer, every time you read it, visualize it and think about it. Be as specific as you can while crafting it considering the following points.

1. Use words that make it real – no ‘will, may, can, might, try’ – these words separate you
2. Write it using present tense ‘as if’ it is already in your life – I have it now, I am it
3. Add ‘or better’ to allow for something to come in that you are not currently aware of
4. Put an emotion in the goal statement – passion – this acts as a fuel to speed up accomplishment
5. Make sure thinking about it uplifts your energy every time you read it. Do not do it for someone else.



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Write down and place your goals so that you read them a few times during the day:

- Place them on your bathroom mirror to be read at least morning and night
- Index card or sticky note on your auto dash, or in your wallet if you open it during the day or in other conspicuous spots

Set yourself up for success:

When you begin crafting goals do not start with that lifelong problem that has been following you around. Choose one that is accomplishable within your current sense of what is possible. Over time stretch yourself with bigger goals.

Choose one that is tangible or at least one that you will definitely know it when you have achieved it.

Remember: you cannot set a goal for someone else. Deal with your life.

When it is achieved check off the goal, congratulate yourself, then create a new one. The creative process is forever unfolding.

Be okay with changing your goal – alter it – modify it to make sure you are uplifted by it and it is in alignment with your intent for your life.

Here is a twist of thinking: Let the goal guide you to it. Since you have thought this goal it is yours to create. The first thought was for you to receive. That is a sign that you are capable because the Energetic Matrix always brings the resources to achieve the goal in the seed of the new thought. This means your system is ready for this. When it is a goal that stretches your achievements then that is a sign that you are to grow and expand yourself in this direction. You will be learning how to activate any new potential inside of you in order for you to create this goal.

This may sound complex and it simply is the creative process. You do not need to understand the process for it to work. And as we gain a greater understanding we gain more mastery over the process. This leads to more mastery over your own life.

This group is here for us to work together. Post a question. Suggest a discussion.

Online resources:

Austin Meetup group: <http://www.meetup.com/Tap-the-Matrix/>

Facebook page: <http://www.facebook.com/tapthematrix>

At my main website: www.MindTechnology.com – click the link on the left for Tap the Matrix!

Additional real time information will be posted at my Curious Mind News blog: www.curiousmindnews.com