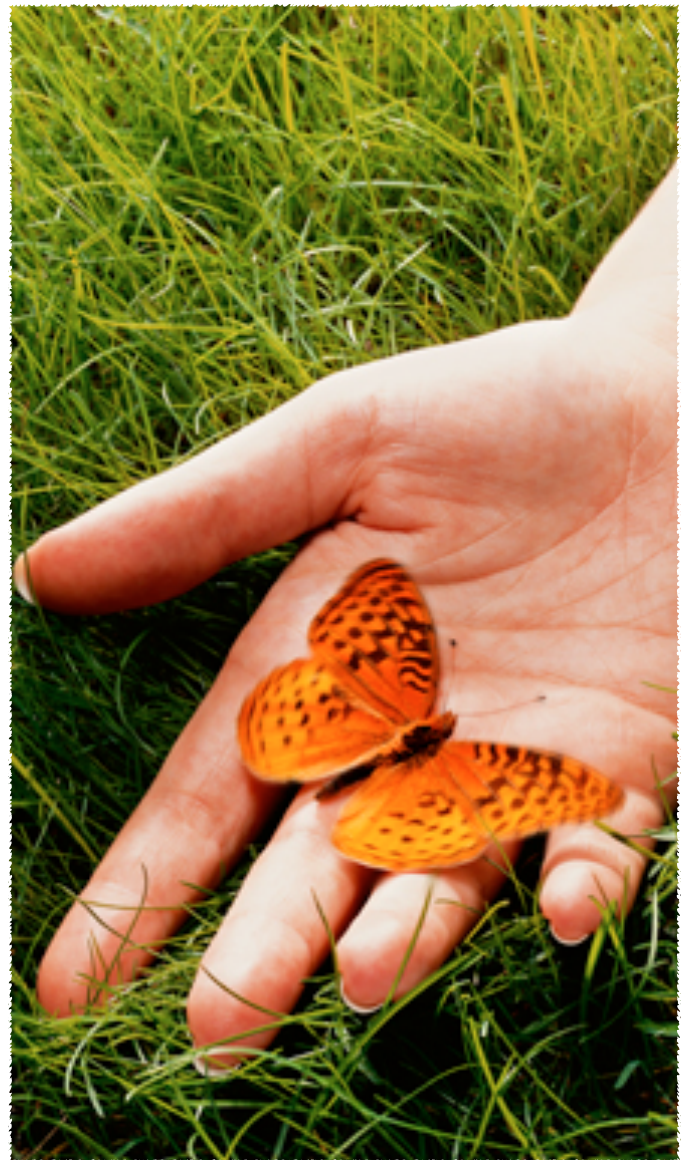


Wellness in All Dimensions



Thyroid Assessment and Nutritional Management Thursday, February 23 6.30 pm Free Seminar in Encinitas

In this informative seminar, the following topics will be discussed: Understanding Thyroid Function, Interpreting Thyroid Lab Markers, Autoimmune Thyroid: an often missed diagnosis, Formulas to Support the Thyroid, Diet and the Thyroid, Understanding Thyroid Hormone Replacement, The effects of Iodine on thyroid and more.

The presenter is Bryan Stern L.Ac., one of the leading holistic practitioners in the U.S.

[meetup.com/wellness-in-all-dimensions-san-diego](https://www.meetup.com/wellness-in-all-dimensions-san-diego)

Community Room
San Diego County
Credit Union

501 North El Camino Real
Encinitas, CA

Free Parking

