



YOU'RE INVITED!

MEET RUNNERS & ATHLETES IN
SAN DIEGO RUNNING TECHNIQUE



WHAT:

What running shoes are best for you - traditional or minimalist shoes? part I

WHEN:

Wednesday, February 22, 2012 at 5:15 PM

WHERE:

Road Runner Sports

5617 Paseo Del Norte #100
Carlsbad, CA 92008

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RSVP online at meetup.com/San-Diego-Running-Technique-Injury-Prevention/



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