



The British American Business Council, Northern California  
Invites you to participate in:

***“Brits to Breakers”!***  
***(Brits running the Bay to Breakers)***

**Sunday 17th May 2009**

**Race Start Time: 8am**

Join fellow members of the BABC - *the ‘Brits to Breakers’ Team* - in running, jogging (or walking) through San Francisco, from the Embarcadero to the Golden Gate Park on a sunny Sunday morning in May!

[Route Map](#)    [General Race Info](#)

This event will be loads of fun! Come join us for a jog up San Francisco’s legendary hills! To join the team and receive your specially designed ‘Brits to Breakers’ t-shirt and registration discount: [Click Here](#) *(please express your interest by Friday 3rd April 2009)*

**‘Brits to Breakers’ is supported by:**



**COURSE DESCRIPTION:**

Bay to Breakers is a 12K (7.46 miles) course. From sea level at the Embarcadero the course rises steeply along Hayes Street Hill. Around the 2.5-mile mark runners climb an 11.15% grade between Fillmore and Steiner, bringing them to the highest point in the race, approximately 215 feet above sea level. The remainder of the course gradually flows alongside the Panhandle and through Golden Gate Park.

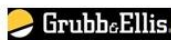
**Registration Information:**

Registration Fee includes race entry, timing, participant t-shirt & entrance to ING Footstock (the post race concert & festival in Golden Gate Park).

Discounted entry fee to be paid directly to Bay to Breakers once you have received your discount code from the BABC



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