What is Metaphysics?
Metaphysics is the philosophical study of first cause principals. That's a fancy way of saying How the Universe got started. The word meta means higher and beyond. Metaphysics is a philosophy of physics that tries to solve the questions that material science cannot. Thus, it is the study of life beyond physics.

How did metaphysics get started? That's a long story, and we've tried to cover it in some detail in our Metaphysical History section. For now let's put it this way; some point to the earliest thinkers of spirituality and how life relates to the spirit. For that you should study the religious philosophies of the Egyptians and ancient Chinese. Others point to Plato and Aristotle, while others look at the writings of Homer, the traditions of the Incas, the Aztecs and so on and so on. From my perspective, metaphysics didn't start at one certain point in history. Rather it has always been present in many different societies throughout history, and from the beginning of time.

New Age Metaphysics
The New Age is simply a period of time in history, like the Aquarian Age. We are in the New Age cycle at this time. This cycle period has been prophetized by famous psychics such as Nostradamus, Edgar Cayce, Lazarus and others as the time of spiritual evolution. A time when the human consciousness is given the opportunity to rise up to the God consciousness. Many Christians would call this time period the second coming of Christ. New Age believers might refer to it as the awakening of the Jesus Consciousness.

New Age Metaphysics combines the concepts and theory of first principals (the science) and the New Age cycle ideals (the faith). It is a balance between what one can experience and prove and what one believes internally as their personal truth.

Pagan Metaphysics
Pagan beliefs are built on a foundation of metaphysical principles. However, that's sort of a misnomer. Pagan beliefs existed long before the labels 'metaphysics' or 'pagan' or 'neo-pagan' were created. So if you can get past the creation of the labels, and focus on the ideals; this makes more sense. There is little difference between Pagan metaphysics and New Age metaphysics. The main diversion between the 2 paths, lie in the view of positive (good) and negative (bad) events, energy or associations. While New Agers focus on the positive, they very often don't even acknowledge the negative. Pagans, not only acknowledge the negative, they see it as being required to create balance in all things. Without it, there is an unknowing of what positive is or means. This doesn't mean they focus on negative actions. It merely means, they acknowledge it's existence.

Is Metaphysics A Religion?
Because many religions today profess to be metaphysical in nature, many people understand the word Metaphysics to be a religious sect. This is incorrect. Metaphysics is a doctrine which underlies many religions, but it also underlies philosophies, some sciences and a much literature. In most dictionaries and encyclopedias metaphysics is listed as a philosophical doctrine that defines "all things are part of each other and searches to discover first cause principals".

Metaphysical religions however, go a little farther. They imply that God is the one main source of which we are all a collection of. Without you, there is no God; but you alone are not God. All energy (including yours) is a collective mass which defines God, including good and evil, abundance and suffering. There is order, a set of principals, and many types of rituals and worships. It's these things (order, principals, rituals and worship) that defines a religion.
When Did Metaphysics Begin?
Let's start with the word metaphysics. In the scheme of life here on earth, the word is fairly new. Coined in the late 300's B.C. by Aristotle. This advanced thinker and philosopher had written and titled a book about 'Physics'. This work dealt with the knowledge of physical science for the time. It is the study and theories of physical law that revolves around the "observed world". Almost immediately after the completion of 'Physics', Aristotle began his next work, 'Metaphysics'. This one was a continuation of the first, but where physics looks at the observed world, metaphysics looks at the underlying meaning and structure of world.

Metaphysics asks: What are space and time? What is a thing and how does it differ from an idea? Are humans free to decide their fate? Is there a first cause, or God, that has made everything and put it in motion? All the basic questions that humanity has struggled with since the dawn of time. Although there are many modern day theologians who would strongly argue the point, metaphysics is the underlying foundation for all modern religions. From Wicca to Catholicism.

Who Started This Philosophy?
Well that's a little harder to answer. Certainly Pythagoras had some influence in the concepts. He founded the Pythagorean brotherhood, around 530 BC which was dedicated to reforming political, moral and social life within society based on their spiritual views. Heraclitus (who is sometimes called the Weeping Philosopher, or the Dark Philosopher) studied the theories of Pythagoras and expounded upon them with his own perceptions, is called the founder of metaphysics. Some people say Plato is the founder because of his work in philosophies and sociology. Aristotle was a student of Plato, and is also credited with being the originator of Metaphysics.

But if you look at the world as a whole, the same struggle to understand and search for the "meaning of life" was everywhere around the globe. The Egyptians had a pretty well defined set of philosophical and spiritual beliefs long before Aristotle. Plato gave rise to his views of an ancient culture that was divinely cultivated when he wrote of the legendary Atlantis and it's spiritually structured society. What of the pre-Incas and Aztecs? Their cultures were also embodied with spiritualism and mysticism of equal proportions to those written by the Greek scholars.

Most people give the main credit to Aristotle however. From my perspective, Aristotle is one of the first men to put the question "Who are we" on paper in way that was, in his time and still is today, an acceptable scientific theory for the inner workings of the universe. Probably because Aristotle was able to articulate his thoughts and his reputation as one of history's greatest thinkers, he has the credit for creating metaphysics.

But because these basic metaphysical questions are so personal, and cannot be resolved through simple study and research, many people dismiss the philosophy of metaphysics as pointless reasoning which can never find an end. Thus, even Aristotle's theories often take a back burner in class rooms of science, physics and theology. Perhaps if you include the essence of possibility, perspective, perception and experience to the quotation of study and research, some of these detractors might change their minds.

Philosophy is not just a culmination of theories and ideas the science sets out to
prove, but it's also the search for faith. Unfortunately faith and spirituality are not easily proven by physical science.

From Pythagoras, Socrates, Plato, and Aristotle We Learn Of Metaphysics. Each one of the great philosophers can find a common thread of agreement and perspective in previous history. Studies of mysticism and spirituality have existed since the dawn of time. So too have the theories and philosophies of those beliefs and the physical laws of the universe. Here are just a few of the great philosophers and how each one has added their own influences to the creation of modern day Metaphysics.

Pythagoras:
The Greek philosopher and mathematician was born in about 580 BC on the island of Samos, in the Aegean Sea. He spent many years in search of wisdom and became known as one of history's wisest of men. His theories and teachings certainly influenced later thinkers and philosophers such as Plato and Aristotle. After traveling much of the known world, Pythagoras finally settled in Crotona, Italy around 530 BC. A small Greek village that seemed perfect for a wise philosopher to sit and think.

He founded the Pythagorean brotherhood, around 530 BC as well. The brotherhood was actually a group of young men who gathered around Pythagoras, hoping to learn from his wisdom and inspired by his teachings. They were very spiritual in nature and form, dedicated to reforming political, moral, and social life within society. The group became so widely known and popular that it grew into a formidable political lobbyist machine. Because of this political impact, the brotherhood was disbanded and Pythagoras was forced to retire and leave home. He went to Metapontum, a Greek city in southern Italy where he died around 500 BC.

Unfortunately, all of the writings he made describing his views and perceptions were destroyed in one fashion or another. We know about many of his theories through the writings of others who credit Pythagoras with influencing their own work. But that makes it difficult to distinguish his theories from those of his benefactors.

The basic concepts of the Pythagoreans are that reality, at its deepest level, is mathematical in nature. That philosophy can be used for spiritual purification and that the soul can rise to union or re-union with the divine. He also believed that certain symbols have a mystical significance or spiritual 'power'. A study, research, and use of these symbols would help an individual find wisdom within themselves and a personal connection to the divine wisdom as well.

Although Pythagoras spent much of his life dedicated to his concepts of spirituality, he is more widely known for his contributions in mathematical equations. It's interesting that his dedication to proving his spiritual theory reality is mathematical, gained him more acclaim as a mathematician. His theory of the functional significance of numbers in the objective world and in music were possibly a by product to this desire of spiritual living. His followers are credited with the development of the Pythagorean theorem in geometry and the application of number relationships to music theory, acoustics, and astronomy. All of which are based on Pythagoras' principles of reality mathematics.

Heraclitus:
Born sometime around 540 BC and died around 475 BC. Little is known about this Greek philosopher, except for some of his writings which taught that life is in motion with constant change, from being to not-being. He believed that his concept is the fundamental principle of the universe, and that all things are part of one primary substance, that being the essence of fire.
Socrates:
Credited with being the first of the 3 great Greek Philosophers, (the other two being Plato and Aristotle). He was born sometime around 470 BC and died in 399 BC. in a small village outside Athens. His father was a sculpture, who tried to teach the craft to his son. But Socrates quickly moved on to find his own way in the world. He went out living life simply and frugally, needing only the bare necessities to survive. He didn't wish for power, money or material things. He just went out amongst the people to 'seek the truth'.

Not commonly known was that Socrates was actually a very courageous soldier, fighting in the Peloponnesian war. He is even credited with saving the life of The young, aristocratic military genius Alcibiades, at Potidaea.

Married to Xanthippe, known for her quick temper and tongue, the sage once jokingly said, "As I intended to associate with all kinds of people, I thought nothing they could do would disturb me, once I had accustomed myself to bear the disposition of Xanthippe."

In later years Socrates was often seen wandering the wearing a single rough woolen garment, always in bare feet and speaking with anyone who would listen. In modern times he would be labeled as arrogant and egotistical. He would ask questions, criticize answers and destroyed his 'opponent' with their own faulty argument. Today, this method of conversation is often referred to as Socratic dialogue.

Despite his method of conversation, Socrates was actually enjoyable to be with according to records and the news of the day. He was considered to be the wisest man of his time. Never taking himself too seriously, maintaining his self-control, and with during any debate of any topic. Alcibiades said of him, "His nature is so beautiful, golden, divine, and wonderful within that everything he commands surely ought to be obeyed even like the voice of a god."

"Know thyself" was the motto he is said to have learned from the oracle at Delphi. Reportedly he translated that for others as, knowing oneself is knowing goodness, despite what we present to the outside world.

Unfortunately his views were not accepted by all Athenians. Especially those in the political arena who needed a platform for their own self-serving principles. Socrates, often exposed these "leaders" as frauds, which made him many enemies. In the end, 3 of these politicians charged Socrates with "neglecting the Gods" and "Corrupting the youth of Athens". Even though many knew the charges to be false, there was little that could be done. Socrates, was sentenced to death, reportedly to die by ingesting hemlock. His final comments to the judges at his trial and sentencing were recorded in Plato's 'Apology': "The hour of departure has arrived, and we go our ways. I to die, and you to live. Which is better God only knows."

Plato:
Born around 428 BC in Athens, he was raised during the Greek conflict with Sparta known as the Peloponnesian War. His parents, Ariston and Perictione, were one of the most distinguished and aristocratic couples in the city. Because of his family position it is well assumed that he knew the great philosopher Socrates as a child. Surely the reputation and many political functions which requested the attendance of Socrates, gave the young Plato a wonderful teacher and friend. Little is known about Socrates, except through the writings of Plato. Because of this, many scholars believe Socrates was either a tutor of the young aristocrat, or that he saw the promise within the mind of this young child.

With the stature of his family behind him, many people thought Plato would be destined for a successful life in politics. Perhaps because of the death sentences
bestowed on Socrates, the younger philosopher thought better of that idea. Instead, Plato and a few of Socrates proteges left Athens after the death of their mentor and took up residence in Megara.

Reportedly, Plato traveled throughout Greece, Egypt, Italy and Sicily, but today none of this can be confirmed. Except for a brief trip to Sicily where he met and befriended Dion, the brother-in-law of the Syracuse Ruler Dionysus I. Additional reports suggest that this friendship allowed Plato return to Athens and open his Athens Academy, the forerunner to modern universities. Rumors suggest that Dionysus was so impressed with the depth, knowledge and wisdom of young philosopher, that he rewarded him with a large sum of money.

Plato did not return to Syracuse until 367 BC, when he was summoned by his old friend Dion. After the death of Dionysus I, his son Dionysus II took the throne. The son was uneducated youth, destined to fail as a ruler. Dion had hoped Plato could educate the young king. But Plato returned to Athens calling the task hopeless. He tried once more in 361 BC, but had no better luck.

It was this reward from Dionysus I, and the political influences he gained through this association, that allowed Plato to return Athens and open his Academy in the face of the judges and politicians who had sentenced his mentor to death for the same principles. The Academy wasn't just a school of philosophy, but also of law, and scientific research and mathematics. It remained open until 529 AD when it and other non-Christian schools were closed by the emperor Justinian.

Plato was the most noted and celebrated teacher of his day. His studies and body of work were taken up by countless scholars, in his later years and especially after his death. Philo of Alexandria used Plato's ideas to give a philosophical framework to Judaism. Early Christian writers eagerly embraced Plato's thought as the best available instrument for explaining and defending the teachings of the Bible and church tradition. Of the Christian Platonists, St. Augustine of Hippo was the best known and most influential of these writers. Through the teachings and writings of Avicenna and Averroes, Plato's influence migrated into Islam.

Aristotle:
Born in 384 BC in Stagira, on the northwest coast of the Aegean Sea. Aristotle was the son of the physician to the king of Macedonia. As such, he spent most of his boyhood in and around the royal court. His father began schooling his son in the sciences at an early age. His access to the great thinkers of Macedonia in the royal palace surely had an influence on the young philosopher as well.

By 17, Aristotle was ready to continue his education in a more formal setting. He enrolled in the Academy of Athens and was soon being called 'the mind of the school' by his mentor and teacher, Plato. During his 20 years at the academy, Aristotle through himself into the theories and studies set forth by Plato. Together they expanded not only their minds, by the views and perspectives of society as a whole. Past and present.

Aristotle left the academy in 347 BC after the death of his beloved friend and teacher. Later Aristotle would denounce many of Plato's theories, putting forth many of his own. Giving some credit to Aristotle, his research and theories truly went far beyond the original ideas and thoughts of Plato.

He became a teacher in a small school on the coast of Asia Minor, later he studied marine biology in Lesbos. Then in 342 BC, he was invited to return to Macedonian, by King Phillip II; to teach the kings 13 year-old son. For 7 years Aristotle tutored the young prince who would become known as Alexander the Great. After his coronation at 20, King Alexander bestowed a very large sum of money to his teacher.
for the purpose of setting up a school in Athens.

He gave his school the name of Lyceum and was often seen walking through it's wondrous garden. Because of this frequent sabbatical, Athenians called his school the Peripatetic (which means "to walk about") school. One of Aristotle's most important contributions was defining and classifying the various branches of knowledge. He sorted them into physics, metaphysics, psychology, rhetoric, poetics, and logic, and thus laid the foundation of most of the sciences of today.

In 323 BC a feeling of anti-Macedonian seized the city. Once again the Athenians accused their greatest philosopher of lacking reverence for the Gods. Instead of facing his detractors as Socrates did, Aristotle fled to Chalcis on the island of Euboea where he died within the year.

After his death, many of Aristotle's writings vanished or were scattered throughout western Europe. By the middle ages, the only articles known to exist were his writings of Logic. These writings became the basis of the 3 Medieval trivium: logic, grammar, and rhetoric.

By the 13th century, more writings were found and were eventually translated into Latin. The best known writings are
- 'Organon' (treatises on logic)
- 'Rhetoric'
- 'Poetics'
- 'History of Animals'
- 'Metaphysics'
- 'De Anima' (on psychology)
- 'Nicomachean Ethics'
- 'Politics'
- 'Constitution of Athens'

I'd like to thank "Gss The 1 Saint", for his inspiration and assistance in writing this article.

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Divine Creation
There are many theories, many ideals and beliefs around the world. Christianity holds to the belief that God created the Universe, man and from Adam's rib, woman. Science believes in the theory of evolution, from sludge to ape to human. Metaphysics actually combines these two theories.

In The Beginning... there was the Great Spirit, God, Goddess, the Divine - there are many names for this consciousness including "The All", "The Everything", the essence of everything in the universe. This Divine consciousness wanted to expand it's self and through it's own energy it created a physical mass.

Now there's no way we can ever know how long this took, if it was an instant, or a million years. But the creation is held in divine memory that we all have within us.

The Divine was happy with what it had done, and wanted to expand again. Once again utilizing it's being the Divine expanded the physical mass it had created from itself and the Big Bang occurred. At this point we have the concepts of belief meeting modern human science. Metaphysics teaches that each of these are the same thing and we can see that here. We have the Divine intervention of the Big Bang and the subsequent evolution there after. The Galaxies were created and life
formed on the planets. The evolution of spiritual beings began, but that evolution started from Divine touch and intervention.

The reason "God" is in all things, is because the Divine used a part of itself to create all things. I alone am not the Goddess, you are not the God. But you and I and all things in and around the universe, seen and unseen make up what the Divine is. We are all part of each other, connected, intertwined and alike.

The Divine Touch
Through out the Divine Universe life evolved and progressed in knowledge and wisdom. Many planets through out the Universe developed life and evolved into enlightened beings. Some prophets suggest the Divine had a great deal of influence over some of these civilizations, helping their progression along faster than others. Developing the Divine plan or Divine law that we all live by today. Through this process the Divine created the Celestial Star or Soul Groups that grew in great knowledge and wisdom, culminating into the most advanced enlightened beings.

The Celestial Soul Groups
From the Beginning, the universe evolved and progressed in varying stages and at various speeds. As this evolutionary process moved forward many Star or Soul Groups formed. Through their evolution, these civilizations evolved to advanced societies, learning the balance of spirit and physical incarnation. Some prophets suggest their evolutionary advancements were influenced by the Divine (God, Goddess, The All, this force has many names). Others believe their enlightenment was merely the normal cycle or process of life. But most agree that each of these groups or civilizations brought a specific function into the universe at their height.

Even though science doesn't support these theories, information gathered from many channeled readings by prophets like Edgar Cayce, Seth, Lazarus and others, have consistently provided information about the Soul Groups. In addition to the Past Life research that has been documented extensively by mainstream scientists such Dr. Raymond Moody and others we can gain a picture of these early civilizations and how they influenced life here on earth.

Along with these prophets, scientists and a myriad of metaphysical research theories have been developed that suggest the impact of the Soul Groups upon the evolution of Earth began over 600,000 years ago. At that time, the human species was evolving into an intelligent being. This would be around the 3rd root cycle. The Soul Groups came to earth to aid in the development of this intelligence. Collectively these groups are sometimes refereed to as the "Army of Spiritual Development". Each of these Soul Groups came with a specific purpose or mission of knowledge. But the reason for their coming is some what elusive.

Here's a few of the many theories, you can pick the one you like the best, or do some of your own research and add to the list:
Some prophets say the coming of the Soul Groups was needed to speed up the evolution of the human consciousness.
Some prophets suggest the Soul Groups wanted to share their enlightenment with the human species in order to share the knowledge and avoid the same pitfalls they progressed through.
Some theories suggest we are fallen Gods, who have been banished from the Divine conscious mind for mis-use of divine power and Godly sins. Our progression along our spiritual path is a means of redemption and a progression to return to the God consciousness.
Still other prophets suggest the coming was pre-ordained. The Divine's way of integrating all the created civilizations into one melting pot, so to speak. To bring all the talents, knowledge, wisdom, and universal energies together into one collective conscious mind.

This last ideal would support the "Earth, the Great experiment" theory, which permeates the teachings from many spiritual religions. What all this means to us is that we are the descendants or the re-incarnations of the souls from these groups. Many of us alive today came to this planet on mission designated by our Soul Group that was handed out long ago. Until that mission has been accomplished, we will continue reincarnating here on Earth.

So who were these Soul Groups and where were they from? We have come to know these groups as 5 enlightened civilizations. Each one named for it's place of origin within the Divine Universe.

The Octorians
These are the humanitarians. They come to teach love and compassion. They are credited with being the rescuers of post-Atlantis.

The Cyrians
These are the teachers of order. They bring to us the knowledge of science and law. They teach us to put order into things, in both the physical and spiritual terms.

The Polarians
These are the teachers of balance. They teach that everything in life exists in balance in both the physical and spiritual realms.

The Antarians
These are the pathfinders. They bring us the lessons of both astronomy and astrology. Helping us to find our way through the cycle of life.

The Pleiadians
These are the Bridge Builders or the spiritual teachers. They help us to learn how to build the bridge between the mental and spiritual brains.

This mission of spiritual integration began as the Soul Groups incarnated into human form some 600,000 years ago. Slowly working their influence over the natural evolution that was already taking place. The method provided them with the mechanism to bring their knowledge and purpose to earth where they could be shared with all the created species in a common manner. Each progression built on the previous civilization that has become known as the Root Races. Or the roots of human evolution.

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The Universal Human

The Universal Human is a period in time based on the metaphysical concepts built from the Beginning of Creation, The Soul Group integration and the Root Race evolutionary experiment. And in 1993 we entered the Energy Period of the Cosmic Cycle of the Universal Human. This is believed to the next evolutionary cycle or Root of Human Evolution.

The spiritual integration experiment has brought us to the current root of
evolution of humankind. Each progression of evolution built on the previous civilization, what we have come to know as the Root Races. Or the roots of human evolution. At this point the old adage of “survival of fittest” no longer applies. We have evolved into a state of “survival of the most spiritual”. But because as humans and spiritual souls we have free will and choice, we are making the decisions for how we progress through this period of evolution.

Unfortunately we're not off to a great start within this evolutionary cycle. The beginning of this cycle has seen an increase in religious intolerance and extreme fundamentalist activities. From a metaphysical perspective, these acts are creating a great negative karmic impact to this cycle. As many hold up their banners or rifles and proclaim their religious path as the one and only true way to Divine acceptance, they will be left behind in the spiritual Divine dimension. It doesn't matter which path you follow, be it Pagan, Christian, Muslim or some other form of spiritual belief. What will matter is how you live within balance and honor to all others around you within this world existence.

Who are we humans?
We are the culmination of both creation and evolution. Metaphysically speaking, we are not just the creation of a divine being, nor are we totally the result of scientific evolution. But rather we are combination of both. The Divine consciousness created the Universe from it's own being. In doing so, it put a piece of itself in all things; including humans. The Divine then influenced the evolution on Earth through the Soul Groups and Root Races.

The result of this was Divine evolution that established the nature of human kind. We can see this action in our own human natures. At our core humans have 3 internal natures that have melded together during this evolutionary process.

Reptilian - The Inner Most Layer
The first molecule to form and rise out of the sludge of the earth by the touch of Divine energy was reptilian. From this center of our being we carry this stage of evolution with us. Our instincts, fears and courage come from this nature of ourselves.

Primate Nature - The Center Layer
As our evolution progressed, so did our natures. We began moving onto land and experiencing life and more of the nature of ourselves. At this point our Primate essence came into being. From this nature we learned about emotions, power, family and the desire to procreate.

Man - The Outer Most Layer
Our evolution continued and we moved from mammal of the animal, to the mammal of human kind. During this time period we began learning how to Think and Respond to the world around us. It is at this level where the human essence learned to use creative energies and to step onto the creation level of the Divine. We began creating the world around us, instead of just living in it.

Continued Evolution
We are still evolving to the next level of being as the Universal Human. All over the world, people are beginning to open up their awareness and thought of spiritual balance and knowledge. Utilizing knowledge gained through the Initiation Schools and throughout history.

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What and Where Were These Schools?
The Initiation Schools were civilizations where people lived in the purest form of
their spiritual beliefs in a specific point in time in history. These
civilizations participated in evolution and karmic repayment gained during the
destruction of Atlantis. These efforts were significant to advance the individual
spirit, as well as, society as a whole.

Many of the spiritual teachers of today were people who lived during these special
times and participated in the creation or existence of these civilizations. These
souls took on a mission to work through karma and re-learning their spiritual
mission in order to help prepare our society for the 'New Age' evolution.

There were 7 original Initiation cultures. But there were also several sub-
cultures in between and along the way. An individual soul that lived through all
these initiation schools would be considered as a Master Teacher now. That
includes the Pope, wise preachers or Rabbi's, and the most enlightened
individuals, such as Edgar Cayce, Doreen Valiente, Starhawk, and so on.

So who and where were these civilizations? Here's a list of the original 7.
Tibet : They opened the original vortex to prepare the energy and set the base for
work to begin. They brought in the healing techniques and the science of life.
Egyptians : They brought in the expression of art and culture. Sort of the 'order'
and structure of living in community.
Sumerian : They helped to define the communication between societies with the
structure of language and the written word.
Pre-Mayan : They contributed architecture, community building and the science of
designing. Further setting a base for the evolution by defining a structure for
planning.
Pre-Incas : They brought in the traditions of community, a sense of legacy and
culture. A responsibility to each other and to society as a whole.
Anazazi : They contributed environmental awareness, the knowing that all living
things are connected through and by "God".
Essences : A Jewish community who contributed the form of teaching to society.
Some researchers also believe this community was responsible for the creation of
the Master Teacher Jesus.

Their are also sub-initiation schools, you might think of them as summer schools,
or schools of continuing education. The Greeks, the Mayans, the Incas and the
early civilizations of the American Indians fall into this category. All these
communities were equally spiritual in their daily living and held similar beliefs
concerning humankind and our place in the universe. You might think of these
civilizations as the societies who put into practice what the other schools
 taught.

How Do These Schools Effect Us Now?
The role of a spirit who participated in these civilizations is simply "a person
who will be willing to take the steps toward Atonement". Or a better way to say
it: To Reach for At-one-ment.

This means taking on the lessons and choices that will lead a spirit to
enlightenment and to become one with the Divine again. It's a huge commitment to
be to take on the responsibility and lessons of enlightenment. And doing so
generally means taking on the role of spiritual teacher. Providing knowledge,
wisdom and guidance for others who are also seeking enlightenment is part of that
process.

Through Atonement, Resurrection, Transformation and Service to community or
humanity, these Initiants have helped and continue to help the progression of
spirit along the enlightened path. They are the teachers, healers, Ministers and
so on who teach empowerment, who freely share their knowledge and experience with others. And that's the key to this role, Empowerment.

People who claim the title 'spiritual teacher, advisor or clergy' must provide information and guidance without control. Everyone must face their life and spiritual choices on their own terms and make their own decisions for moving forward. So a spiritual teacher who makes demands upon their student in the form of control, is taking away the ability of their student to reach for their own spiritual evolution. It is through free will and choice that we walk the path toward enlightenment and attain At-one-ment.

Metaphysical Cosmic Cycles
Every religion and belief system has its own mythos about the cycle of life. The beginning, the evolution of life, the soul and the end. There are metaphysical theories about this process as well.

Everything in life, you, me, the Universe, et al, has a spiritual body and as such contains within it a soul body or chakra body. The soul-body can open, expand and experience lessons and karma associated with a particular chakra or chakras. At any one given time, a person can be working on a situation in their life that generates energy which in turn effects a specific chakra point in their spiritual body as well. This is typically called a Major chakra lesson. But an individual doesn't work on one karmic or spiritual issue at a time. There maybe several issues associated with one particular event in your life. The extra influences are sometimes called Minor chakra lessons.

An example might be a woman who is in a serious relationship, and yet still trying to maintain "who she is". The major lesson could be one of trust, security and a need to feel grounded in a home. These lessons would effect the root chakra. The minor lesson could be one of will. A will to choose, to maintain a measure of independence without getting lost in the shadow of her significant other. This lesson would effect the will center which is the thyroid chakra point.

Just like incarnated beings, the universe also has major and minor fluctuations in energy. These moving patterns of energy generally last a certain period of time (usually 50 years) and are often referred to as the Cosmic Cycles. These are the Major cycles of the Divine Universe, the Galaxies around our planet, the planet itself and even the cycles of civilizations and societies.

Within these 50 year cycles, there exists smaller cosmic periods. These are often referred to as the Minor Cosmic Cycles, which occur every 7 years. These effect the energies of a specific chakra within the "soul body" of the cosmic association; such as the Galaxies, the planet, civilizations and societies.

The Cosmic Periods
The Cosmic Cycles started when time started. As we progress through each cycle period another one begins. When we finish one set of cycles periods, we "graduate" so to speak to a new level of energy and the cycles begin again. Energy is always moving, continuously flowing and influencing the seen and unseen Divine Universe around us.

Each period brings with it a different level of work to be done. We face these energies as we do all things in our lives, with free will and choice. These are not preordained, but they are pre-structured opportunities. We can only try to achieve the goals set within the structures by making the right choices.
Otherwise, we risk the chance of sliding backwards and repeating the lessons provided in these cycles.

1958-to-2007 Cosmic Cycle

Kundilini

What is Kundilini? Many people have different ways of naming it, but Kundilini is basically the flow of energy through the chakra stem. The energy flows in a clockwise motion from the root chakra to the crown, and back to the root. This energy stimulates each chakra point as it matures and opens.

In order for the soul to begin its work on karma or spiritual lessons, the chakra that is in line or associated with that spiritual energy must also be open and ready to join in the process for work. Kundilini stimulates the chakra center and helps prepare the point to open and release the karmic energy held within it. For instance, to work on intimate relationships on a spiritual and karmic level, the root chakra needs to be matured and open for expressing this type of sexual energy.

There are exceptions, for karmic reasons of course, but for most people, Kundilini isn't ready to open all the chakra centers until the physical body has developed and progressed to the point of puberty. (this will be discussed in a little more detail when we talk about chakras).

Chakras

Chakras are the energy vortices at a sub-atomic level of your spiritual body. They are the spiritual DNA holding the trace memories from past lives and act as the input centers for the cells of the body. The chakras are the physical manifestation of the soul in the human body. Simply put, the Chakras are the Soul in a physical sense.

There are a few different schools of thought for how many chakras there are, their exact placement and the purpose or function of each. In the Tibetan practices there are 9 major chakra centers and multiple minor chakras. Each major center carries with it a special purpose, energy and color vibration. Turning that around, these major chakra centers can also be stimulated by specific types of energy and other vibrations, such as sound and words. Edgar Cayce prophesied that by saying the Lords Prayer, all the chakras can be opened successfully for work. Click here to learn more about the Chakra System.

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Spiritual Guides

A Spirit is a being that has crossed over to the spiritual plane of existence. This can be a person or animal. Don't assume by "person" we're just talking about human beings. Metaphysics also believes that life exists on other planets, and they are governed by the same spiritual law we are here on earth.

On the ethereal plane, or spiritual plane, a spirit decides how spend its time. It continues to evolve spiritually, but it chooses how to do this. Some spirits decide to provide service to incarnated souls, in other words to us. In this capacity they provide us with guidance and support, as we need it to continue our own spiritual evolution.

During our lives, thankfully, we don't have to go through the emotional, physical and spiritual lessons of this life alone. We can gain insight into our karmic lessons or the trials and tribulations that cross our paths by raising above the physical path and looking at our spiritual path.
Other than the Great Spirits and the people we've chosen to interact with in this embodiment, we also have a few spiritual friends to help us look at these lessons from a higher level. These spiritual friends on the other side can see more of what's happening from the spiritual perspective and help give us gain insight and find guidance along the way.

We have several different types of guides depending on the culture you come from. Metaphysically speaking there are 5 basic categories or types of guides that the individual person:

1. The Relative Guide.
   This is usually a person who knew you in this lifetime. They are the relative who helps you through the day to day grind and nitty gritty processes of life. They are the soul who greets you at the door when it come your time to transition from life to death.

2. The Spirit Guide.
   This is usually a person you knew in a past life. Someone who is on the same spiritual level as yourself. This soul helps you with your higher purpose or mission in this embodiment. The karmic issues, the spiritual lessons, the gifts and talents you brought from the past into this life and so on. Their main purpose is to help you evolve your soul during this incarnation.

3. The Angels.
   Everyone has a Guardian Angel watching over them, protecting them and providing a connection to the higher divine force. Angels were never incarnated beings. They are the messengers of the Divine.

4. The Master Teacher.
   If you are destined to be a spiritual leader (it doesn't matter if it's a Catholic Pope, a Metaphysical Minister or a Spiritual Healer), you will have with you, at the appropriate time, a Master Teacher. This soul is someone who is on a higher spiritual plane than yourself. They help you with the responsibility of leadership, the dissemination, the higher more advanced spiritual evolutionary issues that a leader will need to be aware of.

5. Animal Spirit Guides
   Animal guides come in two forms. Physical messengers and personal spirit guides. Animals in the physical world are here to bring us messages, or show us which direction to take upon our current path. Animal guides in the spiritual world teach us a little more intimate detail about our personality, character traits and even our spirit and spiritual gifts. They help guide us along our spiritual path, and can even protect us on the spiritual as well as the physical. You can learn more about animals on the Animal Guide article.

With the exception of animal spirits, spirits typically do not appear to us in head-to-toe form. Rather we can see them from the torso up. This has more to do with the energy vortexes or chakra centers of the soul than anything else. It's also important to note here that a ghost is not the same thing as a spiritual being.

If you'd like to meet your spirit guides, you might try the special meditation I've created just for this purpose. I have outlined 2 meditations that might be beneficial for you, the first is set with the intent of meeting you spirit guide, the second is designed to guide you to your animal guide.
The Spiritual Realms

Etheric -
The regions of space beyond the earth's atmosphere; Upper regions of space, clear sky, air
Ethereal -(Latin aetherius)
Not of this world; spiritual. Not earthly, celestial.
Astral - {Latin astralis, astrum, star}
Of or relating to a supersensible body believed by theosophists to coexist with and survive the death of the human physical body: an astral body.

Spiritual Realms
As with anything there are many theories about the levels of the ethereal or the spiritual realms. The most common concept comes from non-pagan beliefs, Heaven and Hell. Whether or not they exist in the ethereal realm can be up for great debate depending on who you talk to. A Christian will say yes they exist and point to the 7 Soul Rays as an example.

A pagan like me, would say that's one way of looking at it, but what might be another way is to look at the connections between the 7 Cosmic Cycles, the 7 levels of energy in the Chakra system, and to the 7 Original Initiation Schools. Each of these concepts give us information concerning the connection of soul to spiritual evolution. To most pagans Heaven and Hell are what you make of your life here in this incarnated lifetime. You can create your own hell right here on earth. Consequently, you can create your own heaven as well.

The pagan view is based on Metaphysical principles and like all things there is a structure and balance. The ethereal realm does have it's levels of energy. But again there are many theories of how these are organized.

Some suggest the levels of the ethereal realm coincide with the existence of the multiple universes that science believes it has proven to exist. These are basically parallel universes that exist on different energy levels than ours. And it's where the term multi-verse comes from.

Other say there's a more organized spiritual or supernatural range of ethereal realms. And this is what I believe.

The Divine Universe
So what are these 7 levels? All together they make up the "Divine Universe". But individually they are:
The Lower realms:
Where the essence of negativity thrives. Some suggest this lowest level is for souls who have created such evil and karma for their spirits that they have been banned by the Divine consciousness to their own realm of existence. People like Hitler and various serial killers for instance. This is also the realm of the mythological Demons. You might look at this group as angels or spirits doing service in the negative ethers. They inhabit or are regulated to this lower energy
realm. They assist with the punishment of condemned souls, or play havoc with unsuspecting incarnated souls. Many believe that "soul possession" by these Demon spirits continue even today.

The physical realms:
Where we as incarnated beings exist. (Don't limit this realm to just Earth ;-) )

The "earth bound" realms:
Where ghosts exist. Learn more about Ghosts and Spirits.

The animal realms:
Where nature thrives in spirit.

The Spirit realms:
Where spirits exist. Where we go when we leave this physical incarnation.

The Angelic realms:
"The keepers of the Divine Universe", the buffer between the intense divine energy and the remaining spiritual realms. Many believe the Beings on this level have never been incarnated.

The pure energy of the divine realms:
Where the Great Spirits exist, "The God Level". (7th Heaven).

Now even in this theory you can see how someone might interpret the top realm as Heaven and the bottom as Hell. But the connotations of what those 2 places mean in our society today don't fit in this metaphysical theory. The Divine realm isn't a place you can get into just by dying. And the lower negative realm isn't a place you go to just because you're bad.

Navigating the Realms of Spirit:
Through spiritual evolution and enlightenment we can advance through many of these realms. Some believe our spiritual essence started out as a basic nature. Through evolution and enlightenment we progressed through those levels of animal intelligence until we evolved into human form.

Others believe we, as spirits, move back and forth between human form and animal form based on our deeds in each incarnation. This is a common Buddhist belief.

Another theory states that we exist as spiritual beings on the spirit realm and through enlightenment we progress within that realm until we reach a state of divine choice. The choice is pretty simple, we can chose to incarnate again for the purpose of teaching others, or we can chose to move on to the next spiritual realm and enter the Divine realm. There are those who don't believe Jesus was the "son of God" but rather a soul that chose to return to physical form to teach Divinity to others. And upon his death, his spirit moved into the Divine Realm.

But within most of these theories, there is a belief that spirits never move into the Angelic Realm. But that the beings on this level assist spirits to move between the lower realms, keeping order within the Divine universe. They also assist spirits move from the Spirit Realm to the Divine Realm when the requirements of spiritual enlightenment have been reached.

The Sub-Levels of Spirit:
Another component to some of these spiritual evolutionary theories is that each of these realms have their own 7 levels of existence. Even on the Angelic realm, these realms are described as the hierarchies and choirs. (You can read more about this in Angels Explained).

These sub-levels need to be traversed in order to move through the levels of enlightenment. This occurs through lessons on the "interconnected realms". In other words, we move between the lower realms learning lessons, repaying or redeeming karma, and learning enlightenment. But through our deeds, we can also move back as well as move forward. The interconnected realms are:
The Lower realms
The physical realms
The animal realms
The "earth bound" realms
The Soul realms
The Spirit realms
The Divine Consciousness realms

As an example, if we live an incarnation on the physical realm where we commit horrid murders, our spirit will be moved to the lower realms by the Angelic forces. From here we will be forced to start over on our spiritual evolution to enlightenment. Again there are varying theories on this. We might incarnate through the animal realms again, moving from slug to eagle or wolf, and then to human form to continue our evolutionary trials. If we fail again, we will be taken back to the lower realm by the angelic forces and kept there a little longer next time. Or we might be kept in the lower realm until our spirit comes to terms with what occurred in the physical embodiment. Through compassion, the Angelic forces move our spirit to the lowest sub-level of the Spirit Realm. And we're given another chance to incarnate in human form and evolve.

Many religions and belief systems have some form of evolutionary enlightenment theory. Buddhists, Hindu, Native Americans, Shamanism and many others. In theory even non-pagan beliefs have a form of this theory. If you're evil in life, you're sent to Hell, if you're not, you're sent to Heaven where your deeds are reviewed before you enter the Gates of Heaven.

So do your own reading and research, examine various theories and find the one that best fits your own personal views.

Understanding Energy

What Is Energy and Why Is It Important?
Everything in life has an energy pattern. From the smallest molecule to the largest planet. Einstein said "Energy is an essence of life that forms it's existence, fades, restructures it's form, and then lives again". Doesn't that describe reincarnation and the process of the soul?

Where does this energy come from? Again, Einstein theorized that all energy has a sound, a color and an intensity unique unto itself.

Example:
Look at a flame, the brown or black smoke created by the flame, has it's own warmth and sound as it travels up ward through a chimney. The warmer yellow flames that flicker on the edges of the fire and hotter reds that flow beneath them both have a certain sound. The more intense blues that hover just above the burning embers can whistle with heat as they produce their glowing light. But the most intense part of a flame, the one part that encompasses all the others, is white.

Sort of makes you think about that Divine White light everyone talks about. The Divine energy is after all the collection of everything.

Energy has several characteristics that we can recognize and work with. It
generates a vibration, which in turn creates a sound and a color. For instance, when scientists talk about the frequency of a certain type of energy, they are talking about its sound.

Einstein also gave us a clue for creating energy. He said “Thought is energy. To create it, just use your imagination.” To make a connection to the higher forces, you can use visualization. You can imagine it happening and indeed you are creating the energy gateway to make it happen. Have you ever thought about a friend and then had that person call you? We make connections with each other all time with energy and we don't even know it. Why not make a connection to our higher spiritual mind in the same way?

Through visualization, you can hope for a thing, wish for a thing, even dream about it and each of these methods will put that energy out into the Universe to allow it to manifest. But this isn't a new idea, doesn't the Christian Bible say “Ask and you shall receive.” Prayers, meditations, even creative visualizations all work under the same principals.

Just be careful what you ask for. You might get it. Even if it isn't for the better or highest good of all concerned. You have the ability to manifest many things. So take caution, make sure your asking for help or assistance when dealing with the desires for another. You want to ensure that what you want is really what you need for your spiritual development.

Energy Connections
Metaphysics teaches us that all things are interconnected. We are all connected through energy. Our energy touches the energy of the person next to us and to all living things around us. There are varying levels of energy that we walk through each day.

Our own energy, the energy of those around us, the energy of nature, the unseen energy from spirits, or events put into motion. Such as walking into a room where an argument was going on. You may not know what had transpired, but you can 'feel' the energy through the tension or feelings that were being expressed before you got there. This is all energy that we walk into every day and typically never give a second thought to.

By the same token, our physical being is connected to the spiritual world around us through our own internal energy centers, or our Chakra system. Through this connection we are always part of the greater Divine Universe and we are able to utilize that connection when needed.

“Feeling“ Energy
When we talk about 'feeling' energy in metaphysics we're talking about using all your senses. Not just the physical senses, but your energy or spiritual senses.

Everyone on this planet is psychic to some degree. Some of us are just more aware of these senses than others. But just like you had to learn as a baby that a stove was hot, you have to learn how to recognize your spiritual senses as well. There are many types of spiritual senses or psychic abilities, from feeling energy to seeing it, hearing it, smell and tasting it. These psychic abilities are something we all posses at varying levels.

Energy vs. The Aura
All living things (people, plants, animals, etc.) are made up of a complex combination of atoms, molecules and energy cells. As these ingredients coexist, they generate a large magnetic energy field that can be sensed, felt and even seen around the physical body. This energy field has many characteristics, sound, color
and shape. These characteristics are what we know as the 'Aura'. Think of it this way, the energy field is the source. The characteristics of that source are the aura. We sense and feel the energy field, but we can see or hear that field through it's aura (or characteristics).

Using Energy for Good
There are many positive ways to use the energy you create. For yourself, you can use a quick visualization to protect yourself from outside influences or illness. You can use it for others in a method of holistic healing. You can use it through creative endeavors and so on.

When you light a candle for your next party, say a little prayer as you light the wick and ask God, or your guides to help you create happy positive energy to benefit the success of your party. Nothing is trivial, and nothing is too big. You have an effect on the energy patterns of the universe. As an individual and especially as a group. So give it a try and do some positive creating today.

Additional Reading:
Stone Energy
Protecting Your Energies
Clearing, Cleansing, Balancing and Protection
Raising Energy

Universal Law & Chaos

Universal Laws & Universal Chaos?
The Universal laws are absolutely necessary for a metaphysical system of the universe to work. In other words, all the laws, the concept of balance within the universe, the theory of there being a Divine universe, reincarnation, and so on, all these ideas can only work or function if there are laws that govern cause and effect. And like all things, this concept is a theory. As mortal beings, we can only 'know' facts based on our inner knowingness or belief. These laws are no more factual or invalid than the mythology of the creation of the universe in the Norse Eddas, or the Christian Bible.

With that said, what is the theory of Universal Law & Chaos? Before we can examine the Universal Laws, we need to understand what Universal Laws are and how they relate to Universal Chaos. And yes there are both. This is how balance is created within the universe.

Universal Laws were created with 'Creation', whether mankind has discovered them or not. No other laws are necessary to run the Universe. These principles have no exception (as man made laws do) and if events, situations, objects, persons, phenomena and mother nature act as if an exception exists, it is only because humanity does not understand the law in its entirety. These laws are basically rules of nature, or more accurately stated, rules of the Divine Universe. Like laws of science (gravity, relativity, etc.), the Universe laws exist to provide order in nature. Without that order, we would have no purpose, no basic concept of knowledge, wisdom or life.

Universal Chaos - where Universal Laws provide order, chaos provides balance. There are theories that Chaos existed before order was established in the universe. That the Universe was born out of chaos and thus chaos is in all things. Keep in mind that Metaphysical concepts are from the great masters (Pythagorus, Aristotle, Plato). The words and meanings are Greek. Chaos, is the creation of
perfectness consisting of indestructible, intelligent, energetic atoms (and smaller particles) not having order. Chaos is the essence of all things made in the universes, the formless void of primordial matter. Some call it chaos, others call it perfectness as mankind knows no other.

That's a concept that for humans can sometimes be hard to grasp or put your hands around. So let's break both these down into an example.

Order: Before you are born, you create a blue print of your incarnated life. You lay out the general path you want to take, the situations that need to occur to provide you opportunities for learning lessons, paying or receiving karmic debts, expanding your awareness and hopefully becoming more enlightened. This is the order of your life.

Chaos: In that incarnated life, you have free will and choice. You walk on that path established in your spiritual blue print, but like all construction, once you're building the life, situations present themselves that require choices. This is the chaos that balances the order. Your free will and choice are the chaos in your life. We only hope that we make the best choices and decisions for the evolution of our soul and spiritual growth.

If life were totally preordained, then what's the purpose of learning? What's the purpose of growing and expanding your awareness? The outcome is already known. So why not skip the process and just get to the result. But that's the point. Life IS NOT preordained. Your free will and choice create the chaos that by your decisions direct the outcome. You have the ability to continue your construction and spiritual evolution, or destroy it and face the same situation over and over until the lesson is learned.

Superior and Subordinate Laws:
There are many different laws and not all of them are Universal laws. Pick up a book from Einstein and you'll discover the laws of science, research the mind and you'll find laws of the psyche, study nature and you'll find the laws of nature. These are subordinate laws that provide support to the physical world's perception of order and function.

All the other laws, such as the law of perception, or meditation, organization and so on are established by mankind to give further form, function and detail to the superior Universal laws. They are not necessary, but for mankind, they subordinate laws give additional guidance in the detail of their principles.

The Universal Laws:
There are 23 Universal Laws that balance out the chaos of the Divine. These are Superior laws of the Divine Universe created at the time of Creation. (You might take note of the significance of the number of laws. 23 and how that can be seen in other aspects of creation; or incarnation).

1. The Law of Absorption:
All matter in the universes, regardless of it's manifested vibration, absorbs emanations from all other matter and the matter is influenced by this absorption. In other words, all things are connected, relate and affect one another.

2. The Law of Accountability:
(Also known as the Law of Return). You are accountable for what you create at the moment of creation. This accountability occurs on the physical, mental and spiritual levels and cannot be avoided.

3. The Law of Activity:
Action results from attention of thought and the nature of the action corresponds
to the nature of the attention. In other words, the seeds you sow will grow the fruit you plant. What you sow, so shall ye reap.

4. The Law of Apperception:
Conscious of being flows within all units of the Universe. Throughout all eternity, everything has a consciousness and knows its own conscious being. Thought knows it is thought, energy knows it is energy, every single unit, from the Great Cosmos to the tiniest Atom, knows what the function of it's unit is.

5. The Law of Association:
If two or more things have something in common, the 'thing in common' can be used to influence or control the other thing. The degree of control depends upon the size of the 'thing in common'. The more in common the things have, the more control can be used to influence the things.

6. The Law of Attitude:
"Attitude" is the only weapon that can harm an individual. Nothing, absolutely nothing can harm a human being, but his or her own attitude. Each experience is put in its proper perspective and hopefully resolved in a favorable manner. How you react toward those experiences, your attitude about them, determines how the experience affects you.

7. The Law of Avoidance:
Refusing to handle a highly emotional or unpleasant situation, to deny living up to one's full potential or neglecting to do something that should be done, will affect an individual's physical body and mental mind. As well as lifestyle affairs through each incarnation, until that person correctly balances with the situation.

8. The Law of Balance:
This is the Key To Life. Balance is the nature to maintaining order within the divine universe. Each entity makes choices to exist, when those choices are made in conjunction with the flow of the energy, entities and events balance is maintained.

9. The Law Of Manifestation
(Also known as the Law of Beamed Energy):
Thought is energy, focused on one central idea with one's undivided attention can be created in the mind and then physically transferred from any point of the physical body (eyes, mind, hands, etc.) to any object, subject or ethereal realm for manifestation. The energy can be directed and controlled, with certain behavioral characteristics to accomplish a given result. Mostly commonly used method in healing.

10. The Law of Catastrophe:
Also referred to in the human experience as the stage of drama/trauma. An absolute necessity for the evolutionary process, motivated by many laws of totality, when the seed cracks and growth is permitted to begin. This occurs in the human experience, and in nature.

11. The Law of Cause and Effect:
For every happening in the Universe, there is an equal and opposite reaction. (This is not to be confused with the Law of Accountability - also known as the Law of Return).

12. The Law of Center:
A basic principle in nature, that everything has a center from which it obtains
it's source energy, intelligence and pattern which is continually self-renewing. Each center is connected to every other center and to the one center from which all life is vitalized.

13. The Law of Communication:
Every unit, from the single atom to the galaxy system is "plugged into" a giant switchboard. Each unit as the ability to communicate with all other units through it's own vibrational frequency. This communication system makes it possible for all beings to have psychic possibilities, and to communicate or share information with each other on a psychic level.

14. The Law of Change:
The readiness of a situation to alter, modify, transform or convert is caused by a continual change of inner attitude. As one continues to experience situations in life, their attitude adjusts to process the experience and change occurs.

15. The Law of Consciousness:
Totality is all Consciousness, All there is - is. This is the 'conscious of being' or 'awareness of it's existence'. In other words, what we know at a given moment is reality for us as a conscious individual. What one perceives in consciousness from moment to moment is our individual reality and therefore real for us.

16. The Law of Contact (also known as the Law of Contagion):
Things, animate or inanimate, once in contact with each other will continue to act upon each other even at a distance, long after the physical contact has been made.

17. The Law of Continuity:
Nothing in the Universe ever dies, is lost or destroyed, it just changes form. Everything becomes a part of forever. Matter and Energy are never destroyed only transformed or changed.

18. The Law of Correspondence:
Each component within a system or thing retains its own characteristics and takes on the characteristics of the system or thing as a total sum of its parts. Each component then has two functions; to retrain its own characteristics and to function as the whole system or thing.

19. The Law of Cosmic Web:
Every point in space regardless of vibrational frequency connects with every other point in space and interconnects with every point of time; past, present and future.

20. The Law of Cycles:
A period of time divided into equal lengths and each length of time produces a certain definite effect upon the progressional path of each living organism, object or event. This effect repeats itself in the same order, and at the same intervals, making a circle of time for each system.

21. The Law of Duplication:
If one person can do it, it can be done by others; perhaps to a lesser or higher degree, or equally, to equalize with the activity.

22. The Law of Dying:
When a unit or entity has completed one stage or area of growth, it will gather all the knowledge from this area of growth and all the knowledge from the Group Soul of it's element and withdraw this knowledge into itself, ready to expand into enlightenment.
23. The Law of Elements:
Each unit has its own frequency, each element in that unit has its frequency of emanations connecting it to and compatible with the parent unit. When these elements are separated from the parent unit, they will still have the same emanations connecting them to the parent unit.