

Hale and Hearty Gluten Free Soups

ASPARAGUS POTATO LEEK	CRAB ASPARAGUS BISQUE	SHRIMP AND BLACK BEAN CHILI
BACON CHEDDAR CHEESEBURGER	CREAM CHICKEN WITH RICE	SHRIMP ASPARAGUS BISQUE
BAJA SHRIMP	CREAM OF BROCCOLI	SHRIMP BISQUE
BEEF STROGANOFF	CREAM OF TOMATO	SHRIMP CREOLE
BLACK LENTIL W BACON	CREAM OF WILD MUSHROOM	SOUTHWEST CHICKEN CHEDDAR
BLACK LENTIL WITH SMOKED TURKEY	CREAMY CHICKEN BROCCOLI	SPANISH LENTIL WITH CHORIZO
BOSTON BAKED BEAN	CUBAN BLACK BEAN	SPICED LENTIL W/SPINACH
BOSTON SHRIMP CHOWDER	CURRIED CAULIFLOWER	SPINACH ARTICHOKE CHEDDAR
BROCCOLI CHEDDAR	CURRIED SHRIMP AND CORN BISQUE	SPINACH BISQUE
BROCCOLI CHEDDAR MASHED	CURRY CHICKEN CHOWDER	SPINACH MUSHROOM LEEK
CAMPFIRE VEGETARIAN CHILI	CURRY CHICKEN TOMATO	STEAK AND POTATO
CAULIFLOWER CHEDDAR	FALL HARVEST VEGETABLE	SUMMER BEEF VEGETABLE
CHICKEN AND SAUSAGE JAMBALAYA	FRENCH ONION CHEDDAR	SUMMER VEGETABLE
CHICKEN AND WILD MUSHROOM STEW	GINGER CARROT ARTICHOKE	SW SHRIMP CORN CHOWDER
CHICKEN ASPARAGUS BISQUE	GINGER CRAB AND CORN	SWEET CORN AND TOMATO CHOWDER
CHICKEN BLACK BEAN CHILI	GOLDEN SUMMER TOMATO	SWEET CORN CHOWDER
CHICKEN CACCIATORE	GREEN AND YELLOW SPLIT PEA	SWEET POTATO BISQUE
CHICKEN CHILI	HALE AND HEARTY GAZPACHO	SWEET POTATO CHICKEN CHOWDER
CHICKEN CORN BISQUE	HUNGARIAN BEEF GOULASH w/o NOODLES	TEN VEGETABLE
CHICKEN FAGIOLI	HUNGARIAN WILD MUSHROOM	THAI CARROT WITH SHRIMP
CHICKEN MARSALA	ITALIAN WHITE BEAN WITH ESCAROLE	THREE LENTIL CHILI
CHICKEN MUSHROOM WILD RICE	LOADED BAKED POTATO	TOMATO BASIL W/RICE
CHICKEN POT PIE	MANHATTAN CLAM CHOWDER	TOMATO CHEDDAR
CHICKEN SAUSAGE AND SEAFOOD PAELLA	MEXICAN CHICKEN POZOLE	TOMATO EGGPLANT
CHICKEN TOMATO FLORENTINE	MOROCCAN CHICKEN	TOMATO FLORENTINE
CHICKEN VEGETABLE (PLAIN)	MOROCCAN RED LENTIL	TOMATO LENTIL
CHICKEN WILD MUSHROOM BISQUE	MULLIGATAWNY	TOMATO SEAFOOD BISQUE
CHILLED ASPARAGUS POTATO LEEK	MUSHROOM ARTICHOKE	TOMATO WILD RICE
CHILLED CARROT GINGER	NEW ENGLAND CLAM CHOWDER	TOMATO ZUCCHINI
CHILLED CUCUMBER YOGURT DILL	PHILLY CHEESE STEAK	TURKEY CHILI
CHILLED CURRIED CORN	POTATO ITALIAN SAUSAGE	TURKEY POT PIE
CHILLED POTATO LEEK	POTATO WILD MUSHROOM	TUSCAN WHITE BEAN
CHILLED ROASTED PEPPER VICHYSOISE	RHODE ISLAND CLAM CHOWDER	VEGETABLE JAMBALAYA
CHILLED SHRIMP ASPARAGUS	ROADHOUSE CHILI	VEGETARIAN BLACK LENTIL
CHILLED SPRING PEA WITH MINT	ROASTED BUTTERNUT SQUASH	VEGETARIAN SPLIT PEA
CHILLED SUMMER TOMATO	ROASTED PUMPKIN BISQUE	WHITE BEAN BROCCOLI SDT
CHILLED TOMATO ORANGE	ROASTED VEGETABLE CHOWDER	WILD MUSHROOM FAGIOLI
CHUNKY CHICKEN CHOWDER	ROMAN TOMATO S&P	WINTER CHICKEN
CHUNKY POTATO LEEK	SAUSAGE AND BLACKBEAN	WINTER RUSSIAN BEEF
CLASSIC BEEF STEW	SEAFOOD CHOWDER	WINTER VEGETABLE
CLASSIC BLACK BEAN	SEAFOOD JAMBALAYA	YELLOW LENTIL WITH CURRIED CHICKEN
CLASSIC MINESTRONE (no pasta)	SEAFOOD POTPIE	ZUCCHINI EGGPLANT CHICKPEA
COCONUT SHRIMP	SENEGALISE CHICKEN	
CRAB AND TOMATO	SHELLFISH BOUILLABAISE	

Gluten Statement: The soups on the “Gluten-Free Soup List” are NOT guaranteed to be 100% Gluten-Free. This list has been compiled from information obtained directly from “Gluten-Free Information” websites as well as from our vendors’ product labels. Information on product labels and “Gluten-Free” websites changes from time to time and therefore the “Gluten-Free Status” may change as well. In addition, our soups are not prepared in a “Gluten-Free” kitchen. We will continue to keep all dietary information as up to date as possible. Also, should you have any questions or concerns about Gluten Allergies, Celiac Disease or your own health consult a doctor or healthcare specialist.