

L'annam

Vietnam Restaurant

GLUTEN-FREE MENU

Welcome to the Gluten-Free Menu at L'annam. We have trained our staff on how meet your dietary GF needs. Many of our GF dishes are made without Soy Sauce on our regular menu. However to ensure compliance to your needs we ask that you request "No Soy Sauce" on all dishes and request a bottle of GF Soy Sauce for your table. Our Lemongrass, White, Curry, Nouc Cham sauces and Carrot Dressing are naturally Gluten-Free. Make sure your dish has only one of these sauces.

APPETIZERS

Request Nouc Cham Sauce

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| 3. GOI CUON (Summer Roll)
Soft salad roll, filled with shrimp, bean sprouts, lettuce, fresh herbs and rice vermicelli.
Request Nouc Cham Sauce. | 5.95 |
| 4. GOI CUON CHAY (Vegetable Summer Roll)
Soft salad roll, filled w. julienne vegetables, fresh herbs and rice vermicelli
Request Nouc Cham Sauce. | 5.95 |

SOUPS

- | | | |
|--|------|------|
| 17. HOT & SOUR SOUP – with pineapple, tomato, celery, straw mushrooms, bean sprouts, fresh herbs and a choice of: | | |
| | One | Two |
| Fish and Shrimp | 4.25 | 7.75 |
| Chicken | 4.25 | 7.75 |
| Vegetables | 4.25 | 7.75 |
| 18. CURRY SOUP (LA SA TOM) – with coconut milk, rice vermicelli & herbs and choice of: | | |
| | One | Two |
| Fish and Shrimp | 4.25 | 7.75 |
| Shrimp | 4.25 | 7.75 |
| Chicken | 4.25 | 7.75 |
| Vegetables | 4.25 | 7.75 |
| 19. PHO – A hearty oxtail broth w. rice noodles, sliced filet of beef, served with basil, and bean sprouts Request No Housin Sauce and GF Soy Sauce for Dipping. | | |
| | One | Two |
| | 4.25 | 7.75 |
| 20. MEIN GA – Steamed grandma recipe of chicken broth w. clear noodles, chicken, coriander and scallions. | | |
| | One | Two |
| | 4.25 | 7.75 |

MASLAN SALAD

Served with GF Carrot Dressing

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| 22. STEAMED CHICKEN SALAD | 6.95 |
| 23. STEAMED SHRIMP SALAD | 7.50 |
| 24. STEAMED CALAMARI SALAD | 6.95 |
| 25. HOME MADE SPICY PICKLE SALAD | 5.25 |
| 26. HOUSE SPECIAL SALAD | 6.95 |

CURRY

Request without Pancakes made from Wheat

28. **CURRY TOM** – Vietnamese red curry with jumbo prawns, okra, onions, bell peppers. 13.95
Request without Pancakes made from Wheat.
29. **CURRY** – With string beans, eggplant, onions and peppers
- Chicken 11.95
 - Mussels 11.95
 - Okra 9.75
30. **CURRY RAU CAI** – Selected East / West veg. stirred fried with our special curry sauce with clear rice noodles in a casserole. 9.75
Request No Soy Sauce
32. **ROYAL SEAFOOD CASSEROLE** – Jumbo prawns, scallops, calamari, mussels with okra, eggplant, bell peppers, onions with clear rice noodles in curry sauce. . . Request No Soy Sauce. 15.95

CHICKEN

White Meat Only

35. **GA XAO XA OT** – Stir fried chicken in lemongrass sauce with onions, bell peppers and chili sauce. 11.95
36. **GA XAO GUNG** – Old fashioned Vietnamese style sautéed white meat chicken with onions, bell peppers, ginger and sauce 11.95
39. **SESAME CHICKEN** – Traditional Vietnamese chicken in house sauce. 11.95

VEGETARIAN

40. **DESIGNING DISH** - Select 1 or 4 vegs. for bamboo steamed or sautéed. 9.75
- | | | |
|---------------|--------------|-----------------|
| Carrot | Tofu | Broccoli |
| Spinach | Zucchini | Eggplant |
| String Bean | Baby Corn | Baby Bok Choy |
| Snow Pea Pods | Napa Cabbage | Water Chestnuts |

ADD: SHRIMP 3.00 CHICKEN 2.00 JUMBO SHRIMP (8 PCS) 5.00

GF SAUCE CHOICES: WHITE / LEMONGRASS / HOUSE CURRY

- 42A. **SAUTED SPINACH** - Request No Soy Sauce. 9.75
- 42B. **GRILLED EGGPLANT** - Request No Soy Sauce 9.75
- 42C. **STRING BEAN** - Request No Soy Sauce 9.75

PORK

44. **THIT XAO XA** – Stir-fried slice pork with lemongrass, vegetables and red chili garlic sauce 11.50

BEEF

46. **BO TAI CHANH** – Vietnamese medium rare beef with lemon juice and red curry powder 12.95
50. **BO XAI SA OT** – Stir-fried sliced beef with lemongrass, served with vegetable in red chili sauce. 12.95
- 51A. **SLICED BEEF W. STRING BEANS** - Request No Soy Sauce 12.95

SEAFOOD

53. CA HAP – Steamed filet of salmon or whole fish served with lemongrass sauce. . .	18.95
54. CA NUONG – Grilled filet of salmon or whole fish marinated with lemongrass and basil.	18.95
55. CA KHO TO – Filet of fish simmered in casserole with caramel dish sauce and fresh black pepper.	13.95
56. TOM KHO TO – Country style prawn simmered in black pepper, scallion & garlic sauce with vegetables on the side.	13.95
57. TOM RAM MAN - Vietnamese prawn in garlic sauce.	13.95
60. TOM XAO XA OT – Stir fried prawn with lemongrass and red chili sauce.	13.95
62. MUSSELL XAO TOI OT – Sautéed mussels with onions, peppers in a spicy basil and garlic sauce.	12.95
63. MUC XAO TOI OT - Sautéed calamari with onions, peppers in a spicy basil and garlic sauce.	12.95
64 A. JUMBO PRAWN WITH LOBSTER SAUCE	13.95

RICE

70. COM CHIEN CA - Fried rice with shrimp, Chinese sausage, egg, bean sprouts, lettuce and basil.	8.95
71. VIETNAMESE FRIED RICE – Stir-fried rice w. pineapple chunks, shrimp, Chinese sausage, green peas, egg and scallion.	8.95
72. COM CNIEN – Fried-rice with egg, bean spouts, vegetables and choice of: Chicken or Beef: 8.50 Vegetable 9.95 Shrimp 8.50 Seafood 9.95	
73. CURRY FRIED RICE – Stir-fried rice with mix fresh veg., eggs, mushroom, basil and curry.	8.50

NOODLE

65. BUN XAO (PAD THAI) – Stir-fried rice noodles Vietnamese style with bean sprouts, egg, roast peanuts, served with Noac Cham Sauce. Request No Soy Sauce.	9.75
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4 Kinds of Noodles for Your Choice

Rice Vermicelli / Rice Noodle
Cellophane (Clear) / Chow Fun

SAIGON NOODLES DISHES

S3. SHRIMP SAUTEED WITH HOT PEPPER AND LEMONGRASS	9.75
S5. SAUTEED FRESH VEGETABLES – Request No Soy Sauce	9.50
S6. JUMBO SHRIMP WITH VEGETABLES – Request No Soy Sauce	10.95

STIR FRIED NOODLE PLATTER

V1. SAUTEED VIETNAMESE RICE VERMECELLI – Choice of Pork, Chicken, Shrimp or Vegetables.	9.25
V2. SIGNAPORE (CURRY FLAVOR) RICE VERMICELLI – Choice of Pork, Chicken, Shrimp or Vegetables.	9.25
V3. VIETNAMESE CHOW FUN - Choice of Pork, Chicken, Shrimp or Vegetables. Request No Soy Sauce / GF Soy Sauce.	9.25

SAIGON NOODLE SOUP

S7. SLICED WHITE MEAT CHICKEN WITH VEGETABLE NOODLE SOUP	7.95
S8. SAIGON STYLE NOODLE SOUP - Choice of Pork, Chicken, Shrimp or Vegetables.....	7.95
S9. FRESH JUMBO SHRMP AND VEGETABLE NOODLE SOUP.....	9.50
S10. SEAFOOD AND VEGETABLE NOODLE SOUP	9.50
S15. YELLOW CURRY CHICKEN NOODLE SOUP	8.25
S16. TENDON OF EYE ROUND NOODLE SOUP - Pho Dac Biet Xe Lua ..	8.25
S17.BEEF BALLS WITH VEGETABLE SOUP – Pho Tai Bo Vien	8.25

SIDES

74. SOI NEP - STICKY RICE WITH COCONUT.....	
77. BAHN HOI – Steamed Angel Hair noodle with scallions, roasted peanuts and fried shallots.....	1.95
78. STEAMED YU CHOY - GREEN LEAVES – Request No Housin Sauce. .	4.95
79. STEAMED BABY BOK CHOY – Request No Housin Sauce.....	5.25
	5.25

BEVERAGES

THAI ICE TEA	2.95
YOUNG COCONUT JUICE	3.25
VIETNAMESE EXPRESSO FILTER COFFEE	2.95
VIETNAMESE EXPRESSO FILTER ICE COFFEE	2.95
GINGER ICE OR HOT TEA	1.95
LEMON ICE OR HOT TEA	1.95
FRESH LEMONAIDE SODA.....	1.95
SODA	1.50

DESSERTS

DE 1. RED BEAN ICE CREAM	4.25
DE 2. GREEN TEA ICE CREAM	4.25
DE 3. EXPRESSO ICE CREAM	4.25

L'annam
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GLUTEN-FREE LUNCH SPECIALS

\$6.95

11:30 AM – 4:00 PM

CHOOSE: WHITE OR BROWN RICE

L2. STIR-FRIED CHICKEN – with lemon grass and red chili sauce.

L3. VIETNAMESE STYLE SAUTEED CHICKEN – with ginger.
Request No Soy Sauce.

L5. SAUTEED SLICED BEEF WITH BROCCOLI - Request No Soy Sauce.

L6. SHRIMP WITH BROCCOLI - Request No Soy Sauce.

L7. CHICKEN WITH MIXED VEGETABLES - Request No Soy Sauce.

L11. SHRIMP WITH LOBSTER SAUCE

L12. CURRY CHICKEN – with string beans and onions.

L13. SESAME CHICKEN – Traditional Vietnamese chicken.

L14. PHO – A hearty oxtail soup with rice noodles, sliced beef, served with basil, and bean sprout. Request No Housin Sauce.

L15. COCONUT CURRY CHICKEN NOODLE SOUP – with coconut milk, rice noodles and vegetables.

L16. PAD THAI – Stir-fried rice noodles Vietnamese style with bean sprouts, egg, roast peanuts, served with Noac Cham Sauce.
Request No Soy Sauce.

L 20. SAUTEED CHICKEN W/ BROCCOLI – Request No Soy Sauce

\$.50 for a Soda