



most up to date news for the most incredible events including: **The Raw Spirit Festival in Maui Hawaii!!!**

Happy Heavenly Oasis is the founder and CVO (Chief Visionary Officer) of Raw Spirit Festival Inc, a 501c3 non-profit educational corporation, dedicated to spreading the bliss about living in healthy harmony. Ms. Oasis has spent years in volunteer service with such organizations as Habitat for Humanity and Mother Theresa's, though mostly volunteering at temples, ashrams, monasteries, food banks, refugee camps, farms, orphanages and others' homes. Raw vegan health consultant at spas and insight meditation guide at temples in both the Orient and Occident, Happy has also taught intuitive wild edible plants classes called "Lets Get Wild!" in more than a dozen ecosystems around the planet.

**You are invited!** Rawktober is such a super time! Bring an appetite for great fun and the best food ever! Feel free to bring a raw vegan dish whether it's simple or fancy. You may even bring a raw vegan dish with a *spooky* Halloweenish theme! But most importantly, bring, yourself, bring your friends! This is going to be a wonderful time.

Feel free to even come in costume! Costumes are optional. Happiness is mandatory!

See you there!

When: **Saturday, October 24th At 3 PM**

Where: **Lutheran Church of the Cross  
1308 N Riverside Ave  
Rialto, CA 92376**

How to find us: Look for the blue "Raw Meet Up" banner on the door of the Fellowship Hall.

Call if you need help finding us: **(909)562-2030.**

**\$10 Suggested Donation.**



We look forward to seeing you there; click on the "find us" sign if you need directions, and click below to RSVP!



**RSVP!**  
*Recipes Here!*

Wondering what you can prepare for our pot-lucks? Amazing raw recipes can be found on the web by simply clicking on the "Recipes Here!" heading. (above). There are hundreds of easy to prepare recipes to choose from.

For the best produce ever at the most affordable price, visit the **Inland Empire Organic Produce Co Op** by clicking on the circular logo to the right ->



**RAWKTOBER 2009 WITH HAPPY OASIS!**

**R**awktober 2009 is finally here! with Special guest speaker **Happy Oasis** founder of Raw Spirit Festival! This is our much anticipated raw vegan **pot luck** for the month of October!

**Happy Oasis** will be giving an awesome interactive presentation. She is the best story teller ever! There will be a discussion of raw history, zany happenings, and the

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