

The Philosopher's Stone Within You: The Difference of Living Food

By Ken Rohla

The philosopher's stone is a legendary substance that could turn inexpensive metals into gold, and create an elixir that could make humans younger, heal incurable disease, and give people god-like powers, such as bringing the dead back to life, bi-location (being in two places at once) and levitation. With the modern discovery of monatomic and microclustered elements, it appears that the substance of legends is in fact real, and does indeed have many magical properties, including amazing abilities for physical and emotional healing. The good news is, we can get these magical elements in uncooked vegetarian food, also known as living foods.

Tales of the philosopher's stone have been told from the ancient Egyptians and Hebrews to Hans Christian Anderson to modern authors, including J. K. Rowling's first Harry Potter book, *Harry Potter and the Philosopher's Stone* (renamed ...*Sorcerer's Stone* for the US market). In the 1970s, a wealthy Arizona farmer named David Hudson discovered extremely unusual ceramic forms of metals while attempting to extract precious metals from waste mining ore. After years of research and spending almost eight million dollars working with some of the world's leading scientists and labs, Hudson claimed he had found the real life elements that were the source of the legends. Hudson dubbed these ceramic metals Orbitally Rearranged Monatomic Elements, or ORMEs. These ORMEs, also called ORMUS, microclustered elements, or m-state elements, are composed of atoms clustered together in very small numbers that give the metals a ceramic appearance and seemingly magical characteristics, such as superconductivity (conducting electricity with no resistance), levitation when heated, and even invisibility when electrified. Conventional materials analysis such as spectroscopy could not properly identify these elements, and so were unknown to science until now. Hudson discovered that when ingested, m-state minerals had amazing abilities to heal the body and regenerate tissue, even regrowing severed body parts. Hudson has since patented processes for creating ORMUS, as he calls it, and his work along with recent discoveries in quantum mechanics and physiology have spawned a new field with many applications.

Out of this new knowledge, an understanding of how this new class of minerals works in food and our bodies has emerged, shedding more light on why consuming living plant material regenerates the body and mind. World leading nutritional healing centers such as Hippocrates Health Institute in Florida, Tree of Life Rejuvenation center in Arizona, and Optimum Health Institute in California have known for decades about the regenerative power of living foods. Centers like these see on a regular basis what most consider rare healing miracles, including total reversal of diseases we have been told are incurable. It is now understood that the minerals in plant tissue and juices are a crucial part of the regeneration process, because they are in the microclustered or m-state. Plants cannot suck boulders up through their roots, they act as natural filters for

mineral particles in soil, and highly charged and attractive microclustered minerals are created in the plant during photosynthesis. Physical regeneration of the body takes place at the cellular level, and microclustered minerals can get into the cells through the cell wall, help feed the cells, and remove toxins. The minerals' unique structure with enzymes, nutrients, phytochemicals, energy, and more in the plant tissue, created during the plant's growth and photosynthesis, creates a regenerative nutritional matter-energy package that is not reproducible by humans. Manmade supplements cannot duplicate this complex and delicate structure, and it is lost with cooking or the processing found with most packaged foods.

There are a few supplements emerging that contain high amounts of microclustered minerals. While not a replacement for food or herbs, some are a very effective addition for cellular regeneration. One product is natural zeolite, sold under various brands. These liquid minerals are created when hot lava from volcanoes hits cold seawater, and have long been recognized as safe for human consumption. Zeolites have been used in Asia for hundreds of years and are gaining notoriety in the west for success in healing cancer and other serious diseases. They have a remarkable ability for removing toxins from the body. Two other impressive microclustered mineral supplements are Eniva and Angstrom brands. These are a variety of specific electrically dissolved liquid minerals for supplementing mineral deficiencies, though some like calcium/magnesium may be used for alkalizing and detoxifying the body. These liquid minerals are very different from the popular liquid colloidal minerals. Colloidal mineral particle sizes are thousands of times too big to pass through cell walls, so only a small part of them are metabolized, and the rest is either flushed out of the body or gets stuck in tissue, toxifying the body.

So what raw foods are high in microclustered minerals, or ORMUS? So far, aloe vera, noni fruit, vanilla bean (not extract), bee products, sprouts, goji berries, fresh or frozen Klamath Lake blue-green algae, and spring water at the source have been identified. Pure ocean water, Dead Sea salt, and the teas of pine or larch bark also have high amounts. Growing crops with diluted ocean water increases the microclustered minerals in the plants, in the same proportions as found in the human body. So one can increase levels of microclustered minerals in food crops.

It is important to remember that whole organic food as nature intended cannot be outdone for maintaining long-term health. It is part of nature's design for our sustenance, and being part of nature, the closer we live to natural principles, the healthier and happier we are.

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