

Twin Cities Energy Healers' Meetup Group

Topic: Healing Beyond the Body: The Importance of Land Healing

Location: [Magus Books & Herbs](#)

7:12 Opening Introductions

Attendees: Kristina, Debbie Hansen, André Thomas, SchaOn Blodgett

*Also, thank you to Magus Books for supplying a sample of the Comfort Tea. It was very nice!

Kristina: From FL, use to assist in healing teachings with her mother, doesn't work well on healing ppl – so used her gifts for land/regional healing, expanded energy structure from healing house then to neighborhood then later city then state

chatting about background, what brought us here

Experience with land healing, shielding structures

7:20 Why is it important?

Not talked much about in the energy community, ppl don't notice it as they aren't as sensitive, people brush it off as they think there is nothing they can do about it

7:22 What causes land/regional energy disturbances?

In the home/at the office - arguments/negativity, clutter, decompressing from a negative day at work

Neighborhood/Region - negativity, stress, belief/cultural differences, economic conditions causing desperation/depression, physical garbage or trash, portals left open, death/murders/rape, high emotions, natural disasters?, proximity to graveyards/burial grounds, spreading of fear

7:33 Things to look for (symptoms)...

You can feel it, instinct, physical symptoms (headaches, hairs on end, dizziness, heart racing, unexplained fear, tiredness), dark spot(s), many accidents/crime, [psychometry](#), plants dying, animal issues/changes or lack thereof, insect infestations, nice ppl move out/nasty ppl move in

7:45 What can we do?

Home – using salt (open energy absorption), candles, black rocks, water, clapping, cleaning, organizing/Fung Shui, spring cleaning, hematite on top of door frames, salt on door threshold, sagings

Office – plants, arrange your desk, pictures (nature, family, to give calm and positive feelings), stones (tailored to what you need), copper, rock salt lamp, selenite candle, water fountain or fish tank, humming, meditation, intent objects,

Yard/neighborhood – intent trees, plants/garden, rock garden, community outreach, stone/shielding structure (bury stones in corners & in walk ways), burn incense outside, clean-up the trash, get to know your neighbors,

Regional – city shielding structures (be VERY careful with this though, can create disturbances with weather patterns), work with others, intent city parks, watch for and help recycle stagnant/stale energy, energy towers, get active in politics/activism, Gold Universe Reiki Energy with Crimson Earth Reiki Energy (Reiki meaning intelligent energy) formed into a 3-dimensional triquetra object used to recycle DOR and DOR-like energies.

8:45 Closing thoughts