

2008 Events at FromtheMother Farm

New Year's Greetings to you all!!

There's a great year coming up for all of us...right??? And lots of fun and educational events planned here at the Farm.

So, onto the schedule of events for this bright, shiny new year of 2008...

March 1/2/3 - The Rider's Seat Clinic - Tom Nagel & Karen Irland

Delve into how the principles of Zen meditation: posture, breath and awareness - apply to your riding. Find out just how light and responsive things can be when you get yourself one with your horse!

Contact Karen Irland: 206-801-7350 or barngirl2@comcast.net

April 11/12/13 - Dressage Clinic with Dawn Ruthven, Level IV Centered Riding Instructor and Canadian Dressage Judge.

Dawn's 3-day clinic here last year helped so many people improve their riding abilities and their test scores that we are happy to have her back again this year. This little woman is awesome!!

Now 81 years young, she brings a lifetime of riding and showing experience to share with us. (Dawn still rides 3 times a week...this is who I want to be when I grow up!!!) She has studied Centered Riding with Sally Swift since 1986 and became a Level IV Instructor in 2000. She has been a dressage judge in Canada for 28+ years and in the US for the past 10 years.

All of the credentials aside, Dawn's approach to teaching the bio-mechanics of the horse is clear and understandable, so you don't just DO something with the reins, you understand WHY you do it and HOW it should be done so as to make sense to the horse! Now, that's teaching!

Dawn will teach 7 riders in private lessons each day, as well as doing a presentation to all

the riders on Thursday evening, April 10th. All riders are encouraged to stay throughout the 3 clinic days, as what they see and learn from the other riders and horses will enhance their own rides.

All levels of dressage riders are welcome. Reply today if you want to reserve yourself a spot in this clinic!

**7 riders: \$395/rider
lecture - 7:00-9:00pm**

Auditors: \$25/day and \$10 for Thurs. Night

May 3/4 - Trick Training your Horse w/ Jackie Johnson

Jackie is one of only 4 people in North America who teaches Trick Training. Her clinic here last May was SO much fun that she came back and did 2 more in September. Now she's back again, for those of you who missed this great opportunity last year, or who want to continue learning.

Why trick training? Well, not only is it fun to have a horse who bows, rears, and lies down ON CUE, but the deepening of the horse-human partnership that goes on as you learn to do these things is incredible. It's goes far beyond the Seven Games as a means of polishing your timing and techniques. And the horses all seem to love this stuff!! (Find out more at <http://trckhrs.sasktelwebsite.net>)

Come join in the fun and find out what you and your horse can do! Reply to this E-mail to save yourself a spot!

(Horses must have good ground manners, give all four feet when asked, and be able to stand quietly.)

6 students: \$350/each

Auditors: \$25/day

June 7/8/9 - The Visible Rider Demonstration and Clinic

W/ Peggy Brown, Level IV Centered Riding Instructor

Ever since 1999, Peggy Brown has been helping riders understand how their bodies work in dynamic balance (balance in motion) with the horse. Wearing a custom painted "skeleton suit" Peggy provides an "inside view" that shows clearly when the rider is straight, balanced and using her body well. It's also easy to see what happens when she demonstrates common riding faults and how they effect the horse and rider. (Learn more: www.anatomyinmotion.com)

If you want to increase your body awareness, so you can ride better and keep riding into your 90's...this is the clinic for you. If you have trouble with a specific body part, or if your horse does, this is the clinic for you. Dressage, hunt seat, Western...all are welcome.

We were lucky enough to snag Peggy for these June dates, between her engagements in Europe. I need to confirm with her by February 1, so if you want to ride in this one, let me know right away (and deposits will be taken!)

**9 riders: \$420/each
demo**

Audit: \$25/day plus \$20 for Visible Rider

August 8/9/10/11 - Centered Riding Instructor Update Clinic w/Karen Irland, Level IV Instructor

All of us Centered Riding Instructors are required to update ourselves every 2 years, which provides great opportunities to get together and share teaching ideas and strategies. An update clinic also provides a wonderful 4 days of total immersion in Centered Riding for student riders and instructors alike!

There is unmounted body awareness work every day. Karen will teach lessons to the instructors each morning, and then the instructors will teach student riders in the afternoons.

If you are an instructor needing to update, better Reply to me right away to reserve yourself a spot. If you are a student of Centered Riding, or would like to learn more about the method, sign up to be one of the student riders. You can trailer your own horse in, or use one of the school horses.

Either way, don't miss this chance to "go deep" into Centered Riding and see some incredible results with your horse!

**9 instructors: \$475
18 student riders: \$75/day**

Audit: \$50/day

Sounds like fun, doesn't it? If you want a spot in any of these events, please Reply to this E-mail to reserve today. Or give me a call at 425-482-6666.

Hope to see you in 2008!

Lynn

(A 50% non-refundable deposit will be required to hold your spot.)

(Stall or paddock board is available during the clinics on a limited basis. School horses also available. Also, human board in The Bunkhouse.)

