

From: **hiking-620@meetup.com** on behalf of **Kate Dixon** (kdixon@ncmst.org)  
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To: hiking-620@meetup.com



## Trail News: From the NC Mountains to the Sea

January 2010

### **!Come to FMST's Annual Meeting!**

**Saturday, February 6, 2010**

**10:00 am to 3:00 pm**

**Haw River State Park, Brown Summit**

**Learn more about the trail and how to get involved**

**Cost: \$10 for lunch**

**To RSVP or learn more, contact [Kate Dixon](#), Executive Director**

### **EXCITING PROGRESS IN GUILFORD/ALAMANCE COUNTIES**

**Guilford Seeks Your Input on MST Plan  
for Newly-Acquired Land**

Guilford County is hosting a public meeting on *Tuesday, February 16* from 7:00 pm to 8:30 pm in the Media Center of *Northern High School* at 7101 Spencer Dixon Road, Greensboro to hear your ideas for a stretch of trail to be built between the Greensboro watershed lakes and the Haw River State Park. For



more information about the meeting, contact **Alex Ashton** of Guilford County. If you're interested in helping to build trail in Guilford, please contact FMST's Executive Director **Kate Dixon** to learn how to get involved.

## **New Trail Opens in Alamance County**

Future plans show the MST following trails along the Haw River in Alamance County rather than on the backroads hikers walk today. Thanks to impressive work by the **Haw River Partnership**, MST routing along the Haw is growing closer and closer.

In late 2009, the Partnership acquired a key easement connecting two tracts of public land. They also completed construction of another mile of trail between two historic mill communities - **Glencoe** and Carolina Mill. These two accomplishments will soon lead to completion of the longest stretch of continuous trail on the Haw - 3.5 miles.

*Would you be interested in helping to build more trail on the Haw River in Alamance?* FMST's new Alamance volunteer trail crew leader, Megan Squire, is looking for help. She's planning trail construction workdays to start this spring as well as a class on trail construction techniques to help new volunteers get up to speed.

Contact **Megan** to learn how to get involved.

## Stokesdale Town Council Votes to Support the Trail

**Stokesdale**, a rural community in northern Guilford County, is enthusiastic about plans for the MST to follow an abandoned railroad line through their downtown. The Town Council voted in November to support the trail and establish a Pathways, Trails and Easements Committee to work for the trail. Read more about the plans for the MST in Stokesdale in the *Northwest Observer*. To get involved, contact **Pam & Bill Lemmons**, our volunteer leaders in Stokesdale.

## MOUNTAIN TRAIL CREWS NEED YOUR HELP

The icy, frigid weather earlier this month downed many, many trees in the mountains, and long stretches of the MST are blocked.

Our volunteer trail crews will need lots of help opening the trails again for hiking. If you'd like to volunteer,

contact **Don Walton** in the Asheville area, **John Lanman** in the Boone area, and **Jim Hallsey** in the Jefferson/Wilkesboro area.



## 12-MILE TRAIL RACE TO BE HELD APRIL 10 AT FALLS LAKE

Lace on your running shoes and join us for the first annual *NC Mountains-to-Sea Trail 12-Mile Challenge @ Falls Lake* on Saturday, April 10, 2010. Thanks to **Bull City Running** for sponsoring this event. The race will

follow our beautiful trail from the Yorkshire Center on Bayleaf Church Road to the Falls Lake dam. [Register now!](#)

## [NEW HIKING GUIDEBOOK FOR THE MOUNTAINS](#)



Walt Weber has produced a new edition of his valuable MST guidebook: *Trail Profiles and Maps from the Great Smokies to Mount Mitchell*

*and Beyond*. Contact [Les Love](#) of the [Carolina Mountain Club](#) to learn how to buy your copy for \$14.95.

## [MST TO BE FEATURED ON WUNC-TV](#)

Tune in to *Our State* on WUNC-TV on Thursday, February 4 at 8:00 PM to meet Allen de Hart, FMST's founding board member, and learn what it takes to construct a 1000-mile trail across North Carolina.

## [BECOME AN MST FAN ON FACEBOOK](#)

If you're on Facebook, join us on the [FMST Fan Page](#). It's filled with photos and updates on activities, trail workdays, hiker news, and more.

## [BECOME A MEMBER OF FMST TODAY!](#)

Financial donations make this trail possible. You can join MST [online](#) (or print and mail your membership

**form).**

**Your donation will leave a legacy for future generations.**

***Thanks for your support of the trail!***

***Photo of 2009 hike on new Guilford land by Alex Ashton. Photo of down trees on the trail in Watauga County by Shelton Wilder. Photo of sun over the mountain by Brian Turner. Photos in banner by Becka Walling and Glenn Strouhal.***

**Contact Info**

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**Executive Director**

**Friends of the Mountains-to-Sea Trail**

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