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75% Of women experience itching and pain during their menstrual period which is mostly caused by the use of to sanitary Pads that are not air permeable, so they cannot reduce moisture. Sanitary pads can also harbor bacteria as they are not sterilized products.

FREE REPORT

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Sanitary Pads Are A Silent Health Threat

Did you know that most **sanitary pads** (and tampons) are made or bleached with chlorine compounds that contain trace of the organochlorine – dioxin.

The [US Environmental Protection Agency](#) (EPA) has named dioxin the most potent carcinogen known to science.

A 1996 EPA study linked dioxin exposure with increased risks for endometriosis (an infection of the uterine lining).

The EPA has also concluded that people with high exposure to dioxins may be risk for other effects that could suppress the immune system, increase the risk of pelvic inflammatory disease, reduce fertility, and possibly interfere with normal fetal and childhood development.

In overseas test, **sanitary pads** have been found to contain **400 parts per trillion (ppt) dioxin**.

Although the paper industry has maintained that such levels are too low to cause any health problems, studies have shown that dioxin appears to migrate easily out of paper products.

Fish and other wildlife have died after exposure to the incredibly small dose of 38 parts per quadrillion dioxin.

The average women use **approximately 15,000 pads over the course of her lifetime**. The effect of continual exposure to dioxin, which is forever stored in fat cells, may become cumulative and deadly.

Manufactured with Lots of Chemicals

To make a **sanitary pad**, wood pulp fibers are first dispersed in water in large tub. Most of the **chemicals and dyes required are added at this stage** (The pulp is then scraped and brushed and inserted with air to make fleecy).

Some pads contain added rayon, which also originates from wood, for extra absorbency. The cellulose in the wood is dissolved in a caustic solution, and squirted into fine jets in an acid bath (The mixture then solidifies and dries into longer fibers).

Chemical processes included de-linking recycled material, washing with detergents and bleaching. (As a result, some traces of chemical used remain in the pad).

Additives are also used to enhance the properties of the pad. These include absorbency agents and wet-strength agent – often, polysorbate and area formaldehyde.

Further bleaching, involving chlorine, may take place to achieve that glowing white look.

What You Can See

That's the part you can't see. But even the external parts on a **sanitary pad** that you can

see are all not natural.

The plastic bottom – to prevent leakage – will usually be made of polypropylene or rayon.

The non-woven fabric covering on the pad is a lightweight material which is often polypropylene or rayon.

The back has 1 or 2 strips of pressure-sensitive adhesive covered with a strip of siliconised compound paper. (The pads are then packaged in plastic bags or shrinkwrapped. And the packet itself may be printed with patterns – again, a chemical process.)

Full of Bacteria

Sanitary pads can also harbor bacteria as they are not sterilized products. In 1987, CAP's test of some popular brands sold here (*Penang, Malaysia*) found unacceptably high bacterial counts of up to 11,000 (over 10 times the international safety standard). This could lead to vaginal infection in women using the pads.

Sanitary products, like pads, can also be placed on the market without prior evidence of safety or efficacy, even in developed countries.

In Canada for example, tongue depressors, bandages and dental floss are all considered medical devices, but not **women menstrual pads!** Women are an all too easy target because they are bound by biology to menstruate for at least 35 years. Women are thus a captive market – and potentially easy victims of numerous types of sanitary pad (and tampon) trauma.

It is thus important that women know the facts so that they can seek safer alternatives – like using cloth, which is not only safer, but can also be reused many times. (in fact, women have safely relied on home-made menstrual products, using any available absorbent material, for most of history.)

Factors to be consider when select suitable sanitary napkins (sanitary pads)

1. Consider different styles, brands, sizes and thickness.

The sanitary napkin needs to cover the vulva and external female genital area, the purpose is to prevent leakage. Most pad designs accommodate a size 6 panty size. Consider a plus size, extra long or overnight protection for full coverage of larger panty sizes.

2. Select a shape or design

Select shape and design based on your lifestyle. Sanitary napkins come with or without wings and are curved or contoured to prevent leakage on the sides.

3. Consider of the absorbency rate

Think about **absorbency** and select a sanitary napkin that is very absorbent and keeps you dry and comfortable during your menstruation period. If your sanitary napkin embarrasses you by leaking then try a higher level of absorbency or a new brand.

4. Thickness for comfortable

Find the **proper thickness** depend to your level of physical activities. Some prefer thick protection while others use thin pads to serve their needs without the bulkiness.

5. Best support system for preventing slippage

Discover the best support system for preventing pad slippage. **Adhesive strips** on the bottom of the pad and wrap-around wings keep the napkin in place inside the panty. Notice how well a napkin's support lasts after exercise or exposing it to other consistent movement or moisture like sweat.

How to choose suitable sanitary napkins?

1. Air Permeable

During menstruation, the skin of the women's sensitive part is most vulnerable. Surveys have shown that 73% of the women would feel itchiness and pain on some parts of the skin during menstruation. These are mostly caused by the use of sanitary napkins which are not **air permeable**. As such, it is of critical importance to choose suitable **sanitary napkins** to ensure safety during menstruation. **Sanitary napkins** are normally made up of three layers: surface layer, absorbent layer and underlying layer. The choice of sanitary napkins should be based on considerations relating to the materials and functions of these three layers.

2. Surface Layer Consideration

Firstly, the surface layer should preferably have a cotton net surface with rapid absorption to avoid wet skin surface. The funnel type of design is better than the bucket type of design as the discharge absorbed would not back flow easily. Some sanitary pads in the market use artificial fiber as the main material for the surface, some women will have allergic problem with artificial fiber.

3. Absorbency Layer

The middle layer should have effective absorption agents that can turn the absorbed liquid discharge into a jelly-like state so that it would not back flow when pressed and would not cause the sticky feeling. Avoid to use paper pulp from recycle paper as absorbency agents, Some women with sensitive will feel uncomfortable with such materials.

4. Underlying Layer

The underlying layer should be made of air permeable materials to allow diffusion of water molecules in the gaseous state. This would keep away the moist air to effectively reduce the moisture and heat between the sanitary napkins and the body so that there is a dry and refreshed feeling.

Changing sanitary napkins to avoid troubles

Due to the special physical characteristics of women, the sanitary napkin is the women's indispensable 'friend' but this friend may bring considerable troubles when it is not treated well. For **ordinary sanitary napkin** used continuously for **two hours**, its surface may **have bacteria numbering up to 107 per square** centimeter and this contamination may seriously affect the health of the women.

Symptoms of **infection during menstruation** include mild fever, external genital infection, skin itch, ascending infections (such as vaginitis, cervicitis, pelvic inflammatory disease, endometritis etc), leukorrhagia, localized burning sensation or lower abdominal pain, or with fever, nausea; infections of urinary system including urinary tract infection, bladder infection, pyelonephritis, frequent micturition, urgent micturition, dysuria, waist sore and waist pain with fatigue or fever. These may lead to other more serious female genital diseases.

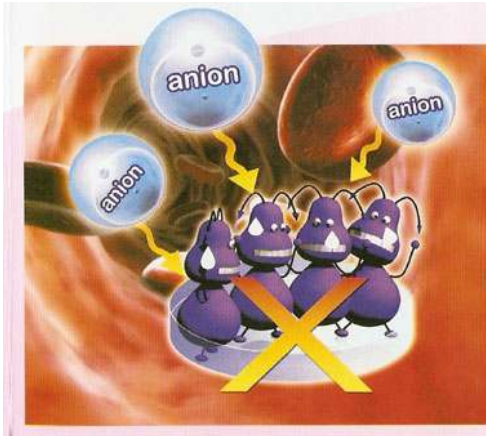
Common mistakes in the use of sanitary napkins

1. **Not washing your hands clean** before handling a new sanitary napkin. In the process of opening, flattening and putting on a sanitary napkin, the hands may bring many bacteria onto the sanitary napkin.
2. **Keeping the sanitary napkins in the wash room.** Most of the washrooms are dark and wet and bacteria growth can easily contaminate the sanitary napkins.
3. **Not paying attention to the expiry date:** In fact, the requirements for hygienic standard of sanitary napkin are very strict and the sanitary napkin is of poorer quality if it is closer to the expiry date.
4. **Buying sanitary napkins on promotion:** Generally, promotional or gift items are mostly slow moving goods which may have involved raw materials of poorer quality, less stringent test requirements, longer storage periods etc and thus their quality could not be assured.
5. **Using products on trial:** There are always new brands, new products, new materials and new concepts of sanitary napkins in the market and with aggressive promotion, consumers may be attracted into using them. For example, there is the popular sanitary napkin with dry net surface but many women with sensitive skin have complained of rashes and itchiness after use. Relying on reliable manufacturer, reliable shop, good reputation and one's own experience is still the most basic principle of common sense in choosing appropriate sanitary napkins.
6. **Using sanitary napkins with medication or fragrance:** Most doctors would not recommend such products because the medication and fragrance may have undesirable effects on the body.
7. **Using each sanitary napkin for a longer time:** For women in Asia, the number of sanitary napkins used for each menstruation is apparently lower as compared with women in Europe and America. Saving money in this way at the expense of one's own health is definitely not wise. It is best to change sanitary napkins every two hours.
8. **Preferring to have high absorption:** It is wrong to look for sanitary napkins with high absorption in the hope that sanitary napkins need not be changed frequently. This would

lead to growth of more bacteria.

The Benefits Of Negative Ion (Anion) to Health

If the air contain a low concentration of **negative ion (anion)**, symptoms such as lethargy, dizziness, migraine, depression and shortness of breath will occur.



According to the standard of World Health Organization, the concentration of negative ion (anion) in fresh air should not be less than 1000 units **negative ion (anion)** per cubic centimeter. When the concentration of **negative ion (anion)** reaches a certain level, the number of bacterial will eventually be reduced to zero.

The **negative ion (anion)** in the air posses electrodes which easily attached to the surface of bacterial. This process will produce low electric currents that eliminate them and suppresses further multiplication, thus achieving the effects of eradicating bacterial and sterilization.

The Miraculous Negative Ion (Anion) Sanitary Napkin

Every cm cubic of the **anionic padding** in each piece of **Love Moon Anion Sanitary Napkin** can release up to 5800 **negative ion (anion)**. The Intensity of **negative ion (anion)** released will effectively suppress the survival and multiplication of bacterial and viruses on the [sanitary napkins](#).

The **Negative Ion** Chip releases large amount of oxygen, has a balanced PH level and enhances hormonal balance that effectively improves incretion, strengthening immunity, reducing stress, eliminating bacterial, treating inflammation, eradicating odour, removing fatigue and ect.

The functions of the Negative Ion Sanitary Napkin

The [Negative Ion Sanitary Napkin](#) with health care functions is researched and developed wholly by Winalite. According to the investigations of the China Ministry of Health, inflammation can be reduced and sterilization takes place if there are at least 1200 **negative ions** in very cubic centimeter in the air. The negative ion chip in Love Moon **Anion Sanitary Napkin** can produce 5800 **negative ions** in very cubic centimeter when there is water or blood, and produces large quantities of dissociate oxygen. Most of the bacteria that cause gynecopathy are anaerobe, which will die within 30 seconds to 1 minute in oxygen - just as man will die without oxygen and fish will die without water within 10 minutes. Hence large quantities of negative ions and oxygen can penetrate the body easily, thus killing the very causes of diseases - bacteria and viruses. At the same time, the negative ion chip can radiate far infrared with 4-14 um wavelength, which is the right electromagnetic wave band for reducing inflammation.

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Negative ions (Anion) will move up to the womb through the vagina, improving blood circulation. Thus, the silt and blood clot stored long in the vagina can be discharged more smoothly. The womb can be repaired and improvements can be expected in 3-5 days. Then inflammation disappears and no smell is left.

Love Moon Anion (Negative Ion) Sanitary Napkin can effectively restrict the growth and survival of bacteria and viruses, activates metabolism, improves secretion, and increases immunity. They are also effective in adjusting pressure, resisting bacteria, reducing inflammation, reducing odor and removing tiredness.

You can not buy Love Moon Anion Sanitary Pads or diapers in your local store. They can only be purchased by a representative. The company is Winalite and it is the only company in the woman's sanitary products industry which is building our business using the network marketing distribution model. **This means that you not only earn income from your efforts, but you also earn income from everybody in your 4 infinite income legs of distributors.**

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