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**Introduction**

*Gifts for Moms* and *This Side Up! Family Center* have compiled this Community Resource Guide to help families find the assistance they need. There are many valuable resources in our area!

The majority of resources listed in this guide are located in Collin County, TX. However, we will include resources for other parts of the DFW Metroplex, as we find them. We recommend that you contact the service provider(s), and ask if they can provide you with the service that you need. Some of the resources in this guide may be listed in more than one category.

This guide will change on a regular basis, as we add more resources to help families. If you hear of any, please let us know!

**HealthCare Services**

**Premier Family Care, LLC**  
Same Day Appointments Available

School Physicals / Immunizations / Blood Pressure / Diabetes / Minor Injuries / Well Woman Exams / Sick Visits / In-House Lab

Phone: 972-548-2711  Fax: 972-548-2755

1836 West Virginia Parkway, Suite 100, McKinney, TX 75069

Monday-Friday 9:00am – 5:00pm

Se hablaEspanol

**McKinney Family Planning Center**

1406 North McDonald Street, Suite C

Monday, Tuesday, Wednesday, Friday – 8:00am – 5:00pm / Thursday – 9:00am-6:00pm

*Call for information for free or low cost services*

214-491-1726
Collin County Adult Clinic
2520 Avenue K, Plano, Suite 100, TX 75074
972-679-0035

For Collin County residents ages 18 and older that do not have insurance. This clinic is open on Thursday night only. You must go to the clinic on Thursday morning before 7:00am to register for an appointment for that evening. Lines begin forming as early as 5:30am. First come, first served. Patients are asked, but not pressured for, a $10 donation.

Plano Children’s Medical Clinic
1407 14\textsuperscript{th} Street, Plano, TX 75074
972-801-9689

(Daytime clinic by appointment only)

Frisco Cares Clinic
6811 Oak Street, Frisco, TX 75034
214-705-8200

http://www.friscocares.org

Our mission is to provide the highest quality, most cost-efficient health and wellness care to the underserved in our community.

Travel Shots
Passport Health – 469-241-1954
Dallas County – 214-819-2162

Medication Referral Services
972-422-1850 and 800-725-4936

Medicaid Office, McKinney
972-562-5832
901 North McDonald Street, #800, McKinney, TX 75069

Home Health Services
In-Home Care
214-720-4473

CHIP
800-647-6558
**PrimaCare Medical Centers**  
Frisco – 972-377-7878  
7227 Preston Rd., Frisco, TX 75034

McKinney – 469-952-3737  
1920 West Eldorado Parkway, Suite 100, McKinney, TX 75070

Richardson – 972-664-9888  
1810 North Plano Road, Richardson, TX 75081

Plano – 972-424-6581  
3304 Alma Drive, Plano, TX 75023

West Plano – 972-733-0095  
5076 West Plano Parkway, Plano, TX 75093

**Texas Medicaid and HealthCare Partnership**  
Find a healthcare provider who accepts Medicaid in your area.

http://www.tmhp.com

**Texas Health Steps**  
Healthcare for people ages 20 and younger who have Medicaid. Texas Health Steps gives you:

- Free medical checkups once a year.
- Free dental checkups every six months.

1-877-847-8377 (1-877-THSteps)

http://www.dhs.state.tx.us/thsteps

**Discount Prescriptions**  
Go to the following website, print a Discount Prescription card, and find a participating pharmacy near you.

http://www.caremark.com/naco

1-877-321-2652
Collin County Healthcare Services
825 North McDonald, Suite 130, McKinney, TX 75069
972-548-5532 – General Questions and Appointments
972-548-5570 – Substance Abuse Questions and Appointments
972-548-5543 – WIC Questions and Appointments

Services Include:

- Immunizations
- Travel Medicine Clinic
- Outreach Clinics
- Mammograms
- Tuberculosis Testing
- Tuberculosis Treatment
- STD Clinic
- Collin County Indigent Program
- WIC (Women, Infants and Children)
- Substance Abuse Program

Bridge Breast Center (BBC)
Http://www.bridgebreast.org 214-821-3820

Breast Cancer Cervical Cancer Screening
Eligibility requirements http://www.dshs.state.tx.us/BCCCS/eligibility.shtm#/income

Find a clinic near you http://www.dshs.state.tx.us/bcccs/locator/shtm

YWCA of Metropolitan Dallas
4144 North Central Expressway, Suite 580, Dallas, TX 75204-2169
Phone 214-584-2305/2323/2341
http://www.ywcadallas.org

Asian Breast Health Outreach Project
972-498-8601

Dental Clinic of Collin County
Serves Seniors 55+, and Children (low income) 972-633-3380

Texas Department of State Health Services
http://www.dshs.state.tx.us

Texas Poison Center Network
http://www.poisoncontrol.org
Texas Cancer Information

http://www.texascancer.info

OneSight North America

As OneSight, we exist to provide free vision care and eyewear to those in need around the world and in our own backyards. However, we do not select our patients. Instead, we rely on local charitable partners to pre-screen all patients based on visual and financial need.

If you are in need of vision care, please contact your local 501(c)(3) non-profit organization including Prevent Blindness America, Lions Club or other social service agency in your community to get help. Or, contact your local LensCrafters, Pearle Vision, Sears Optical or Target Optical to have them assist you with a charitable agency that can sponsor you by verifying you have financial and vision need.

http://www.onesight.org/na
Financial Services / Assistance

State Electrical Assistance
1-800-831-9929

Texas Department of Human Services
Programs for Needy Families, Children, Aged and Disabled. Includes food stamps, Medicaid and TANF.

972-542-5302 (This number serves Collin County only)

St. Elizabeth Ann Seton
2700 West Spring Creek Parkway, Plano, TX 75023

972-596-5505 ext. 243

Salvation Army
3528 East 14th Street, Plano, TX 75074
972-423-8254

Salvation Army of McKinney
600 Wilson Creek Parkway, McKinney, TX 75069
972-542-6694

Assistance Center of Collin County
900 East 18th Street, Plano, TX 75074
972-422-1850

Plano Community Charity
(SE Corner of Avenue K and Park Blvd.)
2540 Avenue K #200, Plano, TX 75074
972-578-0399

Prince of Peace Catholic
5100 West Plano Parkway, Plano, TX 75025
972-380-2100

Society of St. Vincent de Paul
(SW Corner of 15th Street and Alma – St. Marks)
1200 Alma Drive, Plano, TX 75075 (Serves zip codes 75074 and 75075)
972-423-4715
Our Lady of Angels  
7300 Alma Drive, Plano, TX 75023  
Ask for Sue  
972-467-9669  

First United Methodist Church  
3160 East Spring Creek Parkway, Plano, TX 75074  
972-423-4506  
Ask for Holly – one time gift per year per client  

Custer Road Methodist Church  
6601 Custer Road, Plano, TX 75023  
972-618-3450  

St. Andrews Methodist Church  
5801 West Plano Parkway, Plano, TX 75093  
972-380-8001  
Serves a five-mile radius only  

Christ United Methodist Church  
3101 Coit Road, Plano, TX 75075  
972-596-4303  

Christ Church of Plano  
4550 Legacy Drive, Plano, TX 75024  
972-618-0222  

Legacy Church  
4501 Legacy Drive, Plano, TX 75024  
972-618-4600  

Parkway Hills Baptist Church  
2700 Dallas Parkway, Plano, TX 75093  
972-403-1010
**LifeSource, Inc.**
1815 West 15th Street, Plano, TX
972-633-0165
Utilities Only – One time gift per year

**Grace Outreach**
Plano, TX 75093
Zip code 75093 only

**Frisco Family Services**
972-423-8254

**Richardson Community Services**
741 South Sherman, Richardson, TX 75081
972-234-8880

**Unemployment Offices**
Allen – 972-359-0707
Richardson – 972-234-5391
McKinney – 972-252-1200
Saint Elizabeth Ann Seton

**VITA – Volunteer Income Tax Assistance**
1-800-906-9887

**IRS Helpline**
1-800-829-1040
Food Banks

**LifeSource, Inc.**
1815 West 15th Street, Plano TX
972-633-0165

(Collin County Only)

**God’s Food Pantry**
3420 14th Street, #101, Plano, TX 75074
972-633-9777

**Plano Food Pantry**
3100 Independence Parkway, #214, Plano, TX 75075
972-424-4574

**Caring and Sharing**
Serves Zip Codes 75238 and 75243 only
214-342-6040

**Community Food Pantry**
307 Smith Street, McKinney, TX 75069
972-547-4404

**North Texas Food Bank**
The North Texas Food Bank provides assistance to families through their Partner Agencies. Go to the NTFB website to locate a Partner Agency close to you.

[http://www.ntfb.org](http://www.ntfb.org)

**Wylie Christian Food**
972-442-4341

**Allen Community Outreach**
Food Pantry, Resale Shop, Financial Assistance

Serves Allen, Lucas and Fairview  [http://www.acocares.org](http://www.acocares.org)

801 East Main Street, Allen, TX 75013  972-727-9131

**Allen Ministerial Alliance**
St. Jude Catholic Church
1515 North Greenville, Allen, TX, 75002
972-727-1177
**Minnie’s Food Pantry**  
3198 W Parker Rd Plano, TX 75075  
(972) 596-0253  
[http://www.minniesfoodpantry.org](http://www.minniesfoodpantry.org)

Minnie’s Food Pantry provides free quality food to feed families in need. Eligibility to receive food is determined by the federal income guidelines which measures a person’s need based on their income.

Based on availability, we distribute eggs, meat, peanut butter, fresh fruits, vegetables, milk, as well as non-perishable items to our clients.

**Seven Loaves Food Pantry**  
5801 W Plano Pkwy Plano, TX 75093  
(469) 385-1813

The Seven Loaves Food Pantry and CommUnity Center is committed to holistically serving people in need in Plano, Texas and Collin County. We seek to meet the basic needs for food to all who are food insecure and access to health care and social services of those at and below the poverty level.
Counseling Services

Crossroads Family Services
2600 Avenue K, #140, Plano, TX 75074

972-578-2802

- Individual, Couple and Family Counseling
- Children and teen counseling
- Teen support groups
- Minor in Possession program
- Tobacco Awareness program
- Truancy program
- Anger management
- Crime victims assistance program
- Play therapy
- Community presentations
- Volunteer opportunities
- Bilingual counselors available

LifePath Systems
3920 Alma, Plano, TX 75023

972-422-5939

Specializing in Mental Health and Developmental Delays.

Avenues Counseling Center
206 East Lamar, McKinney, TX 75069

972-562-9647

Specializing in substance abuse programs

Seay Center
6110 West Parker, Plano, TX 75093

972-498-8500

Residential substance abuse programs
Child and Family Guidance
4031 West Plano Parkway, #211, Plano, TX
972-612-5989
Specializing in Psychiatric Care

The Turning Point
P.O. Box 866754, Plano, TX 75086
1-800-886-7273

The Rape Crisis Center of Collin County

Journey of Hope
3900 West 15th Street, Suite 306, Plano, TX 75075
972-964-1600
Grief Support Center

ADAPT Community Solutions
Mental Health Crisis Line and Mobile Crisis Team
866-260-8000

Suicide Prevention Hotline
1-800-273-TALK  972-422-7233

North Texas Youth Connection
Youth age 17 and under and who are experiencing family conflict, truancy, runaway or misdemeanor behavior, and their family, qualify for free service.

http://www.ntxyouthconnection.org

24-Hour Crisis Hotline – 1-800-568-7776
201 West Boyd, Suite 105D, Allen, TX 75013
469-854-6251 or 1-800-568-7776

Victims Outreach
Supports victims of crime and violence to survive, heal and thrive.
Counseling, Navigating the Criminal Justice System, Training
214-358-5173
Alcoholics Anonymous  
http://www.aa.org

Al-Anon Family Group Headquarters  
http://www.al-anon-alateen.org

Narcotics Anonymous  
http://www.na.org

CITY House (Collin Intervention to Youth)  
Teen Shelter/Counseling Center, Ages 10-17  
972-424-4626  
http://www.cityhouse.org

Because I Love You  
Parent Support Group  
http://www.becauseiloveyou.org  
972-647-9573

National Teen Dating Abuse Hotline  
Real-time, one-on-one support  
1-866-331-9474  
http://www.loveisrespect.org

Texas Rehab Commission  
972-548-0066

This Side UP! Family Center  
1100 Capital Avenue, Plano, TX 75074, 972-633-TSUF (8783)  
http://www.thissideupfamily.org

LPC Interns on-site at This Side UP! Family Center  
Lora Kingsley (low-cost counseling for kids, teens and adults) 214-402-0981  
Annie Wallace (specializing in Art Therapy for kids) 214-236-5891
Legal Services

Legal Aid of NorthWest Texas
Administrative Office
600 East Weatherford
Ft. Worth, TX 76102
817-336-3943
http://www.lanwt.org
Legal advice, Representation, Pro bono Services, Partnerships

Who Qualifies? Free legal assistance is provided to low-income individuals who meet eligibility guidelines. Eligibility is determined case by case.

Texas Law Help Online

Texas Law Help is a website that provides common legal forms and do-it-yourself kits.
http://www.texaslawhelp.org

Collin County Law Library
Collin County Courthouse, 2100 Bloomdale Drive, Suite 10216, McKinney, TX 75071
http://www.collincountytx.gov/law_library/index.jsp
972-548-4255
Email: lawlib@collincountytx.gov
Library Hours: Monday through Friday, 8am to 5pm

Legal Advice Phone Hotlines

Texas Advocacy Project
http://www.texasadvocacyproject.org
1-800-374-4673
Free advice for family law, domestic violence, sexual assault, or stalking.

Legal Line – Dallas Bar Association
214-220-7476
Second and third Wednesday of the month from 5:30pm to 8:00pm only.

Legal Aid of NW Texas Hotline
1-888-529-5277
Monday-Friday, 9:00am-noon
Low-income only
Legal Hotline for Texans
1800-622-2520
Must be over 60 or a Medicare recipient

Access and Visitation Hotline
(for non-custodial parents)
1-866-292-4636
Monday-Friday 1:00pm – 7:00pm

Lawyer Referral Services
972-943-4736 – Collin County
972-980-0472 – North Dallas

Free Legal Clinics

Plano Legal Clinic
1-800-906-3045
6:00pm, third Thursday of the month
Salvation Army Corps Community Center
3528 East 14th Street, Plano
Low Income Applicants Only

Allen Legal Clinic
1-800-906-3045
6:00PM, second Thursday of the month
First United Methodist Church
601 South Greenville Ave., Allen
Low Income Applicants Only

Fathers for Equal Rights
http://www.fathers4kids.org
214-953-2233
8:00am – 4:00pm, Monday – Friday

Bankruptcy Court – Eastern District of Texas
972-509-1240
660 North Central Expressway, #300B, Plano, TX
(Satellite Office)

Attorney General of Texas – Child Support Division
http://www.oag.state.tx.us
email: 404.CustServ@cs.oag.state.tx.us
469-241-6500
830 East Central Parkway, #350, Plano TX
Tenants’ Rights Information
http://www.texastenant.org
214-823-2733
Texas Tenants Union

Texas Vital Statistics
Birth, death, marriage, divorce, paternity certificates
http://www.dshs.state.tx.us/vs/

Adoption Resources
http://www.adoptive.com
http://www.adoptiveinternational.org (Foreign Adoption)
Shelter Facilities

Samaritan Inn
212 McMakin, McKinney, TX 75069
972-542-5302

Hope's Door
Women's Shelter for Victims of Abuse
972-422-7233

Animal/Pet Services

TCAP – Texas Coalition for Animal Protection
Affordable Spay, Neuter and Vaccinations

http://www.texasforthem.org
940-566-5551

SPCA of Texas
Low Cost Veterinary Services

8411 Stacy Road/FM 720, McKinney, TX 75070
214-742-7722 – http://www.spca.org
Employment Services

North Central Texas Workforce Solutions
http://www.workintexas.com
http://www.texasworkforce.org
http://www.dfwjobs.com
1-888-548-WORK

- Job Listings
- Job Referrals
- Resume Assistance
- Internet Access
- Copier, Fax, Telephone, and Computers
- Resource Library
- Computer Tutorials
- Labor Market Information
- Job Search Workshops
- Community Resources and Childcare
- Career Exploration and Planning
- Career Guidance
- Education and Training Opportunities

McKinney Center
1713 W. Louisiana, McKinney, TX 75069
972-542-3381

Plano Center
1101 Resource Drive, Plano, TX 75074
469-229-0099

Personnel Agencies in McKinney

Able Body Labor
345 industrial Boulevard, Suite B, McKinney, TX 75069
972-562-9001

Goodspeed Peter Healthcare Recruiters Inc.
202 West Louisiana Street, McKinney, TX 75069
972-562-4800
Tad Resources, Intl., Inc.
901 N. McDonald Street, McKinney, TX 75069
972-562-6738

Adecco Tad Technical
901 North McDonald Street, McKinney, TX 75069
972-540-1281

Staff Right, Inc.
2414 West University, Suite 125B, McKinney, TX 75069
972-562-5627

Temps of McKinney
www.tempsofmckinney.com
www.mckinneytemp.com
500 West University Dr., McKinney, TX 75069
972-542-5586 or 972-562-6401

Employee Solutions at Encore Wire
1411 Millwood, McKinney, TX 75069
972-569-9920

Corporate Resources
321 N. Central Expressway, McKinney, TX 75070
972-562-9011

Day Labor Agent
1502 West University Drive, McKinney, TX 75069
972-547-9888

Adecco
1705 West University Drive, McKinney, TX 75069
972-548-1835

Eben Concepts
100 West Louisiana Street, #201, McKinney, TX 75069
972-562-9261

The Jacob Group
6190 Virginia Parkway and Ridge, McKinney, TX 75071
214-544-9030
Family and Parenting Services

WIC Program
- McKinney 972-548-5543
- Plano 972-633-3350
- Wylie 972-461-0813
- Frisco 972-731-9447

Childcare Assistance
214-630-5949

Parent Education Class
972-699-7742
972-519-8720

Child Protective Services (Also Adult Services)
800-252-5400 and 972-633-6600

Educational First Steps
To improve the quality and availability of early childhood education for economically disadvantaged Dallas area children.
http://www.educationalfirststeps.org
214-824-7940
2804 Swiss Avenue, Dallas, TX 75204

ADD/LD Parent Support Group of Collin County
972-396-1216 http://www.fumcallen.org/caring.php

ADD/ADHD Diagnostic and Treatment Center
Plano – 972-943-0410 http://www.docyoung.com

Autism Society of Collin County

Autism Speaks Dallas
972-960-6227 http://www.autismspeaks.org

Dallas Asperger’s Network Richardson(DANISH)
972-690-6700 http://www.aspergerinfo.org

Our Children’s Circle McKinney
Autism Support Group http://occ.deltos.com
Arc of Dallas Adventure Camp
Recreational Day Camp for children and teens with and without special needs, ages 5 – 21.
214-634-9810  http://www.arcdallas.org
**Senior Citizen Services**

**Senior Community Service Employment Program – SCSEP**
SCSEP’s mission is to provide job training and placement for people with limited financial resources who are age 55 or older, and to provide employers with trained, motivated workers.

Chris Fox 469-229-0099 ext.3233  
[cf_exwrks@yahoo.com](mailto:cf_exwrks@yahoo.com)

Valerie Phelan 972-542-3381 (leave message)  
[vp_exwrks@yahoo.com](mailto:vp_exwrks@yahoo.com)

**Meals and Wheels and CCART**
972-424-7844

**Area Agency on Aging**
1349 Empire Central, Suite 400, Dallas, TX 75247  
214-871-5065  
[http://www.dallasaaa.org](http://www.dallasaaa.org)

**Collin County Committee on Aging**
600 North Tennessee Street, McKinney, TX 75069  
972-562-6996

**Texas Department of Aging and Disability Services**
[http://www.dads.state.tx.us](http://www.dads.state.tx.us)

**Clothing**

**Plano Clothes Closet**
972-424-7844

**Salvation Army**
Avenue K, just south of Spring Creek

**Goodwill**
Alma, just north of Spring Creek

**Kid 2 Kid**
1201 W McDermott Dr #112 Allen, TX 75013  
(972) 390-1117  
[http://www.kidtokid.com](http://www.kidtokid.com)

Consignment shop just for kids. Includes baby supplies.
Cotton Closet
Intersection of Greenville and Main Street in Allen

Great consignment shop with very reasonable prices. You can find designer clothes at rock-bottom prices.

Other Resources

Department of Human Services
972-562-5832

Social Security
3250 Craig Dr., McKinney, TX 75069
972-547-1356

Community Lifeline
972-542-0020

http://www.communitylifeline.org

Community Lifeline Center serves McKinney and north Collin County residents through short-term crisis support and assistance.

Inclusive Communities Project Programs
ICP is a non-profit organization that works for the creation and maintenance of racially and economically inclusive communities, where opportunity is created through access to good schools, affordable housing, safe neighborhoods, economic opportunity and a healthy environment

3301 Elm Street, Dallas, TX 75226
214-658-1330

Skills for Small Business
Dallas County Community College District

Joyce Williams, DCCDwilliamsjoyce@dcccd.edu

The Skills for Small Business program will provide training for small private businesses in the local area. Each participating business partner will select training courses for its new and/or existing employees that will contribute to the enhancement of the business’ operations.

Housing Rehabilitation for Plano Residents
The City of Plano is committed to creating livable and sustainable community through vital neighborhoods and exciting urban centers. We strive to maintain and enhance the quality of single and
multi-family homes both in appearance and through renovation.
To apply – 972-941-7151 or http://www.planoplanning.org

The Network of Community Ministries
Emergency Services – Temporary Assistance to Families in Crisis (Richardson ISD)
Food – Rent – Bus Fare – Prescriptions – Counseling – Utilities – Temporary Shelter – School Supplies –
One Warm Coat – Big Meals for Little Kids Project – Food for Families – Nutrition Education –
Community Voice Mail – Santa’s Helpers – Mitzi Mild Fund – BookNook – Network Clothing Center
Adolescent and Children’s Clinic – Minor Acute Care and Dental Care, Minor Illnesses, Well Baby
Checkups, High School Physicals
The Seniors’ Net – Senior Interest Seminars and Private Counsel, Handyman Services, Hearts and
 Helpers, Loaves of Love, Friendly Calls, Holiday Food Boxes
741 South Sherman Street, Richardson, TX 75081
972-234-8880 http://www.thenetwork.orginfo@thenetwork.org

Dallas Metrocare Services
Providing Quality Services to People Who Live with Disabilities
1380 River Bend Drive, Dallas, TX 75247
214-743-1200
http://www.dallasmetrocare.com

DARS – Department of Assistive and Rehabilitative Services
Services for Deaf, Hard of Hearing and Communication Disorders
http://www.dars.state.tx.us
1-800-628-5115

Equest Therapeutic Horsemanship
Equest, the first therapeutic riding program in Texas, is an internationally recognized nonprofit
organization that provides therapy with horses for children and adults with physical, mental, and
emotional disabilities, as well as learning differences.
http://www.equest.org
972-412-1099
Riding Center – 3800 Troy Road, Wylie, TX 75098
REACH – Resource Centers on Independent Living
Provides services for people with disabilities so they are empowered to lead self-directed lives. REACH also educates the general public about disability-related topics in order to promote a barrier-free community.

720 East Park Blvd., Suite 104, Plano, TX 75074
972-398-1111  reachplano@reachils.org

Jewish Family Services
Jewish Family Services provides a wide range of services to all members of the community. These services include Counseling, Parenting, Assistance for Special Needs, Employment Services, Senior Citizens and more.

972-437-9950  http://www.jfsdallas.org

Toastmasters International
Local clubs that teach you how to be a better public speaker

972-849-4952  http://www.toastmasters.org

Adventure Bookshop
Used paperback books are priced at half the suggested retail price unless otherwise marked. Minimum price is $2.00.

7080 Main Street, Frisco, TX 75034  214-705-6490

Plano Children’s Theatre
1301 Custer Road #706, Plano, TX 75075  972-422-2575

Texas Unclaimed Property
http://www.ClaimItTexas.org

North Dallas Chamber of Commerce
10707 Preston Road, Dallas, TX 75230  
http://www.ndcc.org  214-368-6485

Dallas Thrive Magazine
The magazine for families living and thriving with learning differences and special needs.

http://www.dfwthrivemagazine.com

DFW Everything Family
A single place for North Texas families to find exactly what they’re looking for.

http://www.dfweverythingfamily.com
American Red Cross  
1450 Redbud Blvd., McKinney, TX 75069, 972-562-0601

Housing Authority  
603 North Tennessee Street, McKinney, TX 75069 
972-542-1003  972-562-9996

Allen Community Services  
Rent, Utilities, Food, Prescriptions

Serves Allen, Lucas, Fairview 972-727-9131

Collin County Area Regional Transit (CCART)  
972-562-4275  
http://www.ccartcc.com
Contact Information
Diane Windsor, Single Side Up! Leader

Diane Windsor is the leader of Single Side Up!, a single parent support program that is part of This Side Up! Family Center in Plano, Texas. Having been a single mom for many years, she has a heart for single parents. Diane’s goal is to empower single moms and dads by providing them with valuable tools. Single Side Up provides practical education such as finances, job/career guides, renting, home buying, and even dating!

diane@warthog.com

Stephanie Ward, Founder, Gifts for Moms

Stephanie Ward is the owner of Red Lime Media, a social media marketing company, based in Plano Texas. She is the mother of two children; 10-year-old Crissah and 8-year-old Casey. Stephanie is very passionate about the plight of single parents and spends most of her time trying to figure out permanent solutions to problems that plague parents raising children alone.

Stephanie obtained her Bachelor of Arts from San Francisco State University and worked as a journalist for a number of major metropolitan newspapers, and owner a contemporary art gallery for 18-years.

redlimemediatx@gmail.com