



Thank you everyone for making our "Truth About Cancer" event special! And sharing in a fun time! Many thanks to Everyone who participated! Click here to see the pictures!



CHOCOLATE RAW FOOD DEMO!



not really hungry? What are the origins of life-long food cravings, patterns, and preferences? How can we transform destructive eating patterns and become free of compulsive eating? What can be done to form healthier eating habits for life in children? These questions will be explored in "Overcoming the Food Imprint".

In this intriguing documentary, Valya interviews health experts, authors, teachers, psychologists, children, and people on the street.

This will be a **pot-luck event**, so feel free to bring your favorite raw vegetarian dish to share; we can all have a great meal together, chat, and see an inspiring movie!

Where: *Lutheran Church of the Cross*  
1308 N. Riverside Ave.  
Rialto, CA 92376

When: *Januray 15th at 3pm*

RSVP!



Subscribe to the Raw Success blog and receive each blog post directly to your inbox.



Chocolate demo has been moved to February! Click **HERE** for more details. We will have fun creations that you can prepare just in time for *Valentine's Day!*

Recipes Here!

Wondering what you can prepare for our pot-lucks? Amazing raw recipes can be found on the web by simply clicking *Here!* There are hundreds of easy to prepare recipes to choose from!



**Realize** that your breakfast this morning could reduce your risk of cancer? Or change a young girl's life? Or help save the planet? To whom much is given, much is required; we have been given much! To find out what you can do, click on the "Believe in Green" banner below!

Believe in Green!

Raw & Organic Mamas is a new *Meet Up Group* that has just been created by *Tosca*, so all of you "Rawsome Mommies" can click on the banner below to join!



Cancer Cure Video. Watch!

For the best produce ever at the most affordable price, visit the **Inland Empire Organic Produce Co Op** by clicking *Here!*



We will be starting The New Year with a showing of "Overcoming the Food Imprint" by Valya Boutenko!

New Years Resolutions are great to do. This is the time for many people to attempt to eat healthier, refrain from unwanted habits, or embarking on a workout program. These are all great goals, but if we all know how to eat healthier, then why don't we? Why do we sometimes reach for the refrigerator door when we're



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Pkwy #140  
Fontana, CA 92336  
909-355-3637

