

Thank you everyone for making our "Chocolate Demo Parties" special! And sharing in a fun time! Many thanks to Everyone who participated! Click here to see the pictures!

\*Wheatgrass Demonstrations!  
\*Free Samples!  
\*Community Garden  
\*Join the "Green-Hearts" Meetup!



FREE SAMPLES OF WHEATGRASS!



We have so much incredible activity in store for us in 2011! Whether you want to achieve vibrant health, learn more about raw foods, hang out, or are on a mission to save the planet, you are welcome to join us!

We are approaching Springtime with TWO WHEATGRASS PRESENTATIONS!

Wheatgrass is a highly nourishing juice that consists of 70% chlorophyll and contains 92 different minerals. There will be a demonstration on how to effortlessly GROW, HARVEST, and JUICE the BEST EVER WHEATGRASS, so that you can have it every day if you desired for mere pennies per serving! This is going to be great fun, and everyone will get FREE SAMPLES of fresh wheatgrass!

This is also a POT LUCK! So feel free



Red Brick Pizza  
16155 Sierra Lakes  
Pkwy #140  
Fontana, CA 92336  
909-355-3637



to bring your favorite raw vegan dish whether it's simple or fancy.

**Wheatgrass Demo in Riverside:**  
**When: March 12th at 3pm**  
**Where: At Goodwin's Organics**  
**191 W. Big Springs Rd Riverside, CA**

RSVP!

**Wheatgrass Demo in Rialto:**  
**When: March 26th at 3pm**  
**Where: Lutheran Church of the Cross**  
**1308 N. Riverside Ave.**  
**Rialto, CA 92376**

RSVP!

"Green Hearts" is a new meetup group in our community! They are health conscious volunteers, helping to bring quality organic food to those in need.

Their mission is to spark a passion for health in parents and their children, by teaching them how to grow their own organic fruits and vegetables! [Click Here](#) for more information and to JOIN!



**RAW SUCCESS** *Subscribe*  
The Key to 100% Raw Vegan Longevity  
Subscribe to the Raw Success blog and receive each blog post directly to your inbox.



**Community Garden will be coming soon to Rialto!** We are laying the ground work so that you can grow the healthiest food on the planet! This will be at the Lutheran Church of the Cross in Rialto! Tell your friends! More details are on the way!

Recipes Here!

Wondering what you can prepare for our pot-lucks? Amazing raw recipes can be found on the web by simply clicking [Here!](#) There are hundreds of easy to prepare recipes to choose from!



**Realize** that your breakfast this morning could reduce your risk of cancer? Or change a young girl's life? Or help save the planet? To whom much is given, much is required; we have been given much!

To find out what you can do, click on the "[Believe in Green](#)" banner below!

Believe in Green!

**Raw & Organic Mommas** is a new *Meet Up Group* that has just been created by **Tosca**, so all of you "*Rawsome Mommies*" can click on the banner below to join!



For the best produce ever at the most affordable price, visit the **Inland Empire Organic Produce Co Op** by clicking [Here!](#)

