

Out-of-body Experiences and Psychic Phenomena

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Ever have flying dreams or the sensation of floating while falling asleep or meditating? Have you ever had an unusually vivid dream that seemed lifelike or had a deep impact on you? Do you have psychic perceptions and/or sensations of "energies" from people and places? Interested in other dimensions? For thousands of years, people have reported psychic experiences and otherworldly journeys into other "places" and dimensions during their spiritual practices, spontaneously or during sleep. This talk will discuss out-of-body experiences, psychic phenomena, subtle energy, other dimensions and their implications with regard to our personal development, life purpose, etc. Learn more about the current research on these experiences, and in particular the out-of-body experience including what it is and is not, its history, how it functions, sensations and how people experience it. Understand how it affects our daily lives, unbeknownst to most of us, yet has huge implications about who we are, where we come from and what our purpose is. Explore this fascinating area of human experience on the frontier of human potential and learn how you can apply this knowledge as a tool in your life. This talk is for those who sense that there may be more to life than the physical world or are interested in human potential and investigations into phenomena such as the out-of-body experience. It is also for those who have had the experience, or those who have already had some psychic or spiritual episodes.

Gabriel Sereni is a teacher and researcher at the International Academy of Consciousness, a global non-profit research and educational organization that studies consciousness and human experience from a multidimensional perspective. He has given lectures and workshops worldwide in consciousness studies, human potential, personal growth, and psychic and spiritual experiences for over a decade. He is the coordinator of the IAC's New York center, which regularly offers courses and workshops.