



DES MOINES
acupuncture
CLINIC

improving health through balance



Abby Miller

B.S., M.S.O.M., L.Ac., ADS, Dipl. CH., NCCAOM
Licensed Acupuncturist and Board Certified

Des Moines Acupuncture Clinic Presents

ALLERGIES: Acupuncture & RAW Food

Monday, May 18, 2009 5:30 pm - 6:30 pm

TWO CONVENIENT LOCATIONS

(515) 277-9998

531 40th Street

Des Moines, Iowa 50312

202 SW Cherry Street

Ankeny, Iowa 50023

Today is the day you can start reaching your health goals. We promise to exceed your expectations by providing the compassionate expertise you deserve. Our gentle, proven approach will help you to restore your health, revive your energy and reclaim your life.

ALLERGIES/SINUS

DEPRESSION

STRESS RELIEF

FERTILITY

NECK/BACK PAIN

HEADACHES/MIGRANES

- Kick seasonal allergies with acupuncture
Discussion led by Abby Miller, L.Ac.
- Learn which foods and recipes can assist your body with dry red eyes, sneezing, “drippy nose”
- Tastings and lecture by Living Raw
Sheree Clark, Certified Raw Food Chef

ACUPUNCTURE is not just about needles & RAW FOOD is more than just medicinal

This is going to be DELICIOUS! Call 277-9998 to RSVP - Bring a friend. Includes: **tastings** and a **free canvas bag**

www.desmoinesacupunctureworks.com